



Plan of Care- Allergies

This form is to be completed by a parent, guardian, or caregiver to support a student with allergies in the AYS Program.

Process: Plan of Care forms are completed during enrollment to support each child's success. When additional information or planning is needed, families may be invited to an intake meeting with the Site Leader and Regional Manager to discuss supports, answer questions, and set clear, shared expectations. Forms are valid for a period of two years.

Purpose: Daily allergy management and emergency readiness.

Student Information:

Student Name	
Date of Birth	
Age	
Program Site / Location	
Date Plan Completed	
Review Date	

Condition Overview:

Describe your child's allergy/allergies in your own words	
Type of allergy (food, environmental, insect, medication, other)	
Known allergens	
Does your child see a medical professional for allergies?	
Medical professional contact information	

Medication Support:

Does your child require medication for allergies?	
Medication name, dosage, and timing	
Does your child have an epinephrine auto-injector (EpiPen)?	
Will medication need to be administered during AYS program hours?	
Will medication be needed during non-school days at AYS?	

*Parents/guardians must complete a Medication Authorization Form and provide medication in the original container.

How does this condition affect your child's time at AYS?:

How might allergic reactions appear during program activities or routines?	
Known triggers or exposure risks at program (foods, materials, activities, environment)	

Supports and Accommodations:

Supports or accommodations that help keep your child safe	
Food or activity restrictions	
Environmental or supervision supports	

Triggers/ Warning Signs:

Early warning signs staff should watch for: <ul style="list-style-type: none">• Hives or rash• Itching or swelling• Stomach pain, vomiting, or diarrhea• Sneezing, coughing, or runny nose• Complaints of throat tightness
Signs of severe allergic reaction (anaphylaxis): <ul style="list-style-type: none">• Trouble breathing or swallowing• Swelling of face, lips, or tongue• Dizziness or fainting• Rapid spread of hives• Loss of consciousness

Staff Response Guidelines:

Step-by-step staff response for allergic symptoms: <ul style="list-style-type: none">• Stop exposure to allergen immediately• Stay with the child and monitor ABC (Airway, Breathing, Circulation)• Follow the child’s Plan of Care• Administer medication as prescribed *parents should provide any additional specific steps that need to be taken for their student
Post-episode care: <ul style="list-style-type: none">• Continue monitoring• Notify parent/guardian immediately• Document the incident per program policy

Medication Instructions:

Use of epinephrine or other medication instructions	
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Emergency Procedures:

When should staff call 911?	
Emergency response steps	

Additional Information:

Additional information you want staff to know	
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Parent/Guardian Signature:

Parent / Guardian Name	
Signature	
Date	