

Dear Parents & Carers,

In 2026, your child will take part in Inform & Empower's Cyber Safety & Digital Wellbeing program.

They will participate in termly live-streamed incursions that focus on topics such as :

- Digital Literacy
- Healthy Digital Habits
- Critical Thinking
- Cyberbullying
- Online Security
- Upstanders
- Help-seeking
- Consent
- Artificial Intelligence

Inform & Empower is endorsed by the eSafety Commissioner as a Trusted eSafety Provider.

Together for a safer and more positive digital world,

Team I&E



Parent Support

You, the parents and carers, will be given resources to support conversations with your children at home. Your school will send home information each term that outlines what your child learned about in class and how you might open up important conversations.



Student Surveys

In Years 3–6, Inform & Empower will invite students to complete short, anonymous surveys about their digital habits. No identifying information, such as a student's name or school, is collected.

Participation is optional, and parents or students may opt out at any time by informing the school.

Example questions include what online games students play, how much time they spend online, and what they think are the best and worst parts of the internet.

Survey responses are used to improve Inform & Empower programs, and aggregated (non-identifiable) results may be shared publicly.