

INFORM & EMPOWER

Cyber Safety & Digital Wellbeing

FOUNDATION | TERM 1, 2026
INFORMATION FOR PARENTS & CARERS

Here's what we covered:

- When we're sharing a device with another person, it is helpful to have different roles, such as driver and navigator.



- There are things we can do to ensure our devices don't get damaged.

SONG: The Silly Moose



Some conversation starters:

- What do you think makes someone a good 'hands-off helper' when sharing a device?
- Why is it important to be careful with devices, like carrying them with two hands or keeping food and drinks away?
- Can you tell me how you take care of devices at school or at home?



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