

LISTEN TO YOUR BODY

**Listen to your body
It's gonna give you clues
Listen to your body
It's looking out for you
If you get a funny feeling
It's trying to let you know
So listen to your body
And this is where to go**

Tell a trusted adult
A trusted adult
Someone who will help you
Tell a trusted adult
'Cause it's not your fault
Someone who will be
there for you

Listen to your body
Listen to your body
Listen to your body
Listen to your body...Yeah!

