

MEMORY CARE *fact sheet*



THE LANDING
ALEXANDRIA

A UNIQUELY FULFILLING LIFESTYLE.

In Alexandria, Virginia, there's a Memory Care experience unlike any other. A place where residents lead rewarding, enriching lives filled with engaging activities. A setting where the expert care always includes empathy. A true community where luxury and wellness come together. This is Memory Care at The Landing—where the possibilities for residents are truly endless.

THOUGHTFUL, CUSTOM CARE

Our dedicated staff provide individualized care for every resident. All our associates demonstrate a deeper level of education and training in communication strategies, symptoms and progression of the disease, expert methods for creating positive outcomes from responsive behaviors and other key areas necessary to help residents thrive.

CONTEMPORARY, COMFORTABLE RESIDENCES

With private suites, our Memory Care neighborhood, these residences are designed to be both refined and familiar, providing the luxuries of a boutique hotel with the comforts of home.

ELEVATED IN EVERY WAY.

Upscale amenities and enriching experiences are bountiful at The Landing, allowing residents to thrive. For our Memory Care residents, we have additional specialized programs and services to ensure they feel right at home.



MEMORY CARE PROGRAMS

GOURMET CUISINE

Our signature Gourmet Cuisine provides residents the independence to enjoy nutritious and favorite foods by transforming traditional menu items into visually pleasing, easily handled bite-size portions.

PANTRY

The Pantry Program provides residents with personal space to store favorite snack items such as tea and scones, cookies, canned soups and crackers, allowing favorites that provide comfort and joy to always be close at hand.

EXPRESSIVE ARTS

We use music, art and movement to tap into all forms of creativity for an alternative form of communication beyond words.

PHYSICAL WELLNESS

From traditional fitness classes to innovative offerings, our physical fitness programs are tailored to individuals' abilities, preferences and needs.

LIFELONG LEARNING

With our award-winning Lifelong Learning programs, we feature dozens of classes with something for everyone, including history lessons, culinary courses, mindful meditation, art workshops and more.

LIFE HISTORIES

We recognize that everyone brings a unique life experience to our community. By using past occupations, preferred hobbies and treasured talents, we create opportunities for meaningful connections, along with feelings of true accomplishment, purpose and joy.

24/7 CARE

At our community, our trained associates are available 24 hours per day, 7 days a week for assistance.

COMMUNITY OUTINGS

With planned outings for shopping, dining, and leisure, you always have interesting options to add to your calendar.



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