



Colorado Firefighter Behavioral Health Resources

Firefighter Behavioral Health Trust

Who is eligible? All Firefighters in Colorado (includes volunteer FF)

How to Get Started:

- Find a therapist
- Use up any existing EAP-covered sessions first
- Submit a reimbursement request to the Firefighter Trust

What You'll Need to Submit for Reimbursement:

- Clinician's name & address
- Dates of sessions
- Total cost
- Type of care received (Therapy)

Unlimited sessions as long as the client continues to self-pay & submit for reimbursement. In some cases, providers may bill the Trust directly to reduce out-of-pocket expenses.

Note: You **must** use EAP-covered sessions first before using the Firefighter Trust

Website: <https://www.cfhttrust.com/behavioral>

Path4EMS – Mental Health Services for EMTs & EMRs

Who is eligible? EMTs and EMRs **statewide**

How to Get Started:

- Call Path4EMS at (720) 288-2566
- Your EMT credential is verified, and you receive a unique ID number
- Call the NFA office (or any listed provider on their site), mention your ID number, and request an appointment under Path4EMS

Good to Know:

- You do **NOT** need to use your EAP/Agency covered benefits first.
- Each individual ID number is allocated a dollar amount which can be used towards individual, couples or family sessions, or allocated to a family number.

Website: www.path4ems.org