### THIS IS AN EMERGENCY LIST FOR THOSE IN CRISIS

## There is always help!

For immediate life-threatening mental health issues please call!

# 911 OR 988

Call or text 988 to contact the Suicide Prevention Mental Health Hotline 24/7

Please contact any L858 Resiliency Members

Your Privacy and Safety are our #1 Concern!!

## Please contact **ANYONE** of the following individuals

#### CALL OR TEXT 24/7

Ray Mix	(303) 549-3534
Shaun Rondinelli	(303) 748-5846
Justin Cox	(720) 273-9122
Jacob Mills	(720) 245-3024
Taylor Bradford	(303) 621-5730
Jerry Byxbe	(616) 490-3378
Michael Happ	(719) 640-3281
Scott Reeves	(303) 807-1501

WE ARE HERE FOR YOU & WE CAN DO THIS TOGETHER!