



Palmyra Black Knights 2011

Student-Athlete Billet Profile Questionnaire

This questionnaire helps prospective billet families learn more about you as a student-athlete and find the best possible home match.

PLAYER INFORMATION — Who You Are

Player Name: _____

Position: _____

Shoots: Left Right

School Attending: _____

Parent/Guardian Contact: _____

PERSONALITY & CHARACTER — Locker Room Fit

How would you describe your personality? _____

Are you more: Social Quiet Independent Structured

Hobbies or interests outside hockey: _____

DAILY ROUTINE — Life Away From the Rink

Typical bedtime on school nights: _____

Morning routine description: _____

Study habits/homework schedule: _____

NUTRITION & HEALTH — Fueling Performance

Favorite meals: _____

Foods you dislike: _____

Dietary restrictions or allergies: _____

ACADEMICS — Student First

Academic strengths: _____

Areas you are working to improve: _____

Preferred study environment: _____

HOUSE EXPECTATIONS — Living Environment

Comfortable with chores? ■ Yes ■ No

Comfortable living with pets? ■ Yes ■ No

Comfortable sharing space? ■ Yes ■ No

Anything important for families to know about your routines: _____

COMMUNICATION — Team Culture

How do you prefer feedback? _____

How do you handle challenges or adversity? _____

TRANSPORTATION & SCHEDULE

Do you require rides to school or rink? _____

Typical weekly commitments outside hockey: _____

GOALS — Why You Play

Short-term hockey goals: _____

Long-term goals (hockey, academic, personal): _____

FINAL SHIFT

What would you like a billet family to know about you? _____

PBK Commitment: Our billet families support the development of disciplined, respectful, and driven student-athletes pursuing excellence on and off the ice.

SHIELDS UP.