

2026



Life Enrichment | Activities Book

JANUARY



- 2 Entertainment
- 3 Speakers
- 4-5 Recurring Programs
- 6-7 Movies
- 8 Communications
- 9 Special Promotions
- 10-11 Wellness Calendar
- 12-13 Wellness Programs
- 14 Breakfast w/Jeremy
- 15 Bus Shopping
- 16-17 MU Student Activities
- 18 Book Clubs
- 19 Pastoral Care Activities

Questions about activities?

Call Life Enrichment:
Zach 414-259-3730 or
Krystal 414-259-3788.

Don't forget to grab you new and
improved Companion Calendar!



MUSIC & ENTERTAINMENT

Neal Bardele Duo

Music

Thursday January 15 | 2 PM | O'Donnell Room

Neal Bardele Duo delivers a polished, feel good blend of acoustic favorites, classic hits, and crowd pleasing melodies. With smooth harmonies and versatile musicianship, they create an engaging atmosphere perfect for listening, singing along, or simply enjoying the moment. This duo brings warmth, talent, and timeless music that audiences instantly connect with.



Flipsyde

Music

Wednesday, January 14th | 2 PM | O'Donnell Room

Pat Dillelt of Flipsyde is a dynamic guitarist known for soulful playing, rich tone, and effortless versatility. Pat creates an engaging, upbeat atmosphere that draws listeners in and keeps them entertained. With polished guitar skills and a relaxed, personable style, Pat Dillelt delivers music that connects across generations.



Dave Adler

Music

Thursday, January 22nd | 2 PM | The Pub

Pianist Dave Adler brings elegance, energy, and versatility to every performance. From timeless standards to contemporary favorites, his expressive playing creates a warm, engaging atmosphere that audiences truly enjoy. With a polished, inviting style and natural stage presence, Dave Adler delivers piano music that is both memorable and deeply enjoyable.



Will Ulrich

Music

Tuesday, January 6th | 2 PM | O'Donnell Room

Will Ulrich brings a laid back, feel good vibe to every performance. Mixing familiar favorites with crowd pleasing tunes, he creates a relaxed and fun atmosphere that's easy to enjoy. With his friendly style and natural connection with the audience, Will makes every show feel welcoming and upbeat.



Cream City Clarinets

Music

Friday, January 30th | 2 PM | O'Donnell Room

The Cream City Clarinets offer a refined and engaging program that highlights the rich, expressive sound of the clarinet. Blending classic selections with familiar favorites, they create an enjoyable listening experience that is both polished and approachable. Their performances bring warmth, balance, and a high level of artistry to any setting.



SPEAKERS & LECTURES



Administration of Justice & The Rule of Law Issues

Speaker James Santelle

Monday, January 12th | 2 PM | O'Donnell Room

In this interactive discussion of some of the most significant rule of law issues and challenges of these days, Mr. Santelle will identify and analyze, through a non-partisan, a-political lens the delivery of justice concepts to which we should all be attentive.

Invoking specifically some of the high-visibility actions of our three branches of our federal government, the executive, the legislative, and the judicial and the reported news events that follow from them, he will examine and offer for consideration a discrete number of fundamental constitutional doctrines including, separation of powers and the checks & balances in 2026 and beyond.



Mr. Santelle will enthusiastically encourage questions and inquiries about these related topics, in much that same way that contemporary students in our law schools nationwide are wrestling with understanding, consuming, and making sense of the trappings of government and the prerogatives, the choices, and the responsibilities of the people it serves.

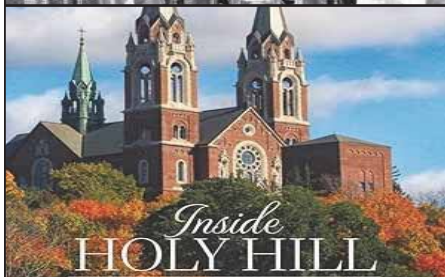


State Fair Through the Decades

Speaker: Milwaukee Historical Society

Friday, January 23rd | 1 PM | O'Donnell Room

Step back in time with a fascinating presentation on the rich history of Wisconsin State Fair Park, exploring its origins, traditions, and lasting impact on our state. This engaging talk brings to life the people, events, and milestones that shaped one of Wisconsin's most beloved landmarks.



Inside Holy Hill

Author: Cornel Rosario

Tuesday, January 20th | 2 PM | Jelen Community Room

The beauty and serenity of the church and its grounds, grottoes and statues have drawn visitors and pilgrims to Holy Hill for over 150 years. This lavishly-illustrated presentation takes us through each of the three shrines that have successively been built on the summit of this very special hill.

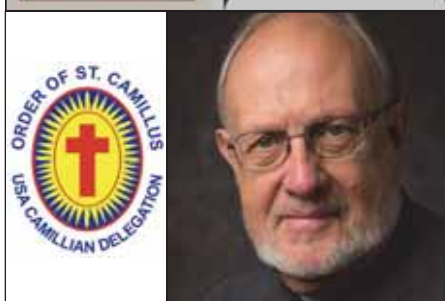


Helen Perry Curtis & The European Trip of a Lifetime

With Author Laura Gellott

Thursday, January 15th | 10 AM | O'Donnell Room

Join us for an engaging Author Speaks event that weaves together memoir, history, and literary detective work. Discover the true story behind a beloved childhood book and meet the extraordinary woman whose life inspired a generation to see Europe, and possibility, through new eyes.



Lay Camillian Family

Wednesday, January 21st | 2 PM | O'Donnell Room

Ignatian Spirituality

Fr. Charles Kestermeir, SJ, will offer an engaging overview of Ignatian Spirituality, exploring the core values at the heart of Jesuit life and their ministries. This presentation will highlight how these principles guide service, reflection, and discernment, and may be of special interest to graduates of Marquette University and Marquette High School.

Everyone is Welcome!

Our Life Enrichment events are open to all! We invite residents, families, and friends to join us for engaging programs, fun activities, and meaningful experiences. Come connect, learn, and enjoy, there's something for everyone, we just ask that if you invite people you also join them!

Room Bookings for Private events

We have several sized rooms good for one on one meetings all the way to rooms that fit 100+ people available for reservation. There is no fee attached to booking a room for you next private event and it is easy as reaching out to Zach or Krystal in Life Enrichment. Whether you need a room today for a visit from your attorney or have a 100th birthday party in a month, we can help secure a room!

Zoo Pass

Life Enrichment has two zoo passes courtesy of the St. Camillus Foundation both separately are good for a group of 8 people and parking for one car. As the weather gets warmer they get more popular keep in mind the more advance notice we have the better chance they are available. Let us know a date and time block you are interested in and we will sign you up!

New Companion Calendar

You will notice that the January 2026 companion calendar found in the East Mail Room, and under the daily TV Message board in the West at the beginning of the month have a new look! The striking change is that the entire month is on one page keeping the font size large enough to read. It is perfect for your fridge, or coffee table.

The Operational Update

Ran by Administration "The Operational Update" is a meeting that the entire community is invited to. During this meeting representatives from multiple departments chat with the group about different things that have happened in the past month, or things that will be happening in the coming month/s.

Inquiring Minds Question Form


These forms found at either desk are for questions you would like addressed. They are retrieved by Jeremy *Executive Director of Independent Living* weekly and brought to the department that closest represents the questions for answering. Please reach out to Jeremy directly by email jjust@stcam.com or by phone at 414-259-7711. If it is a matter that needs immediate attention please speak directly to the East or West Desk.

RAC Quarterly Update

The RAC (Resident Advisory Counsel) is a group of voted in residents that chair several committees that have a direct correlation with the operations of St. Camillus and act in an advisory role to the Administration of St. Camillus. They hold a quarterly update 4 times a year to share with everyone what they have and will be working on. Everyone in the community is invited to join.

Piece of the puzzle forms

These forms found at the East and West Desks are just another way for you to recognize a staff member/s you feel have gone above and beyond to meet the needs of you or the greater St. Camillus Community. These forms are turned into the desk and make their way down to HR to be entered into a monthly drawing for a monetary prize as recognition for that team member for going above and beyond!



EVERYONE IS WELCOME

PRIVATE EVENT

Milwaukee County Zoo

JANUARY 2026

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

OPERATIONAL UPDATE

Question:


Please pass this completed form to a side table or the moderator.

Name _____

E-mail _____

(Optional)

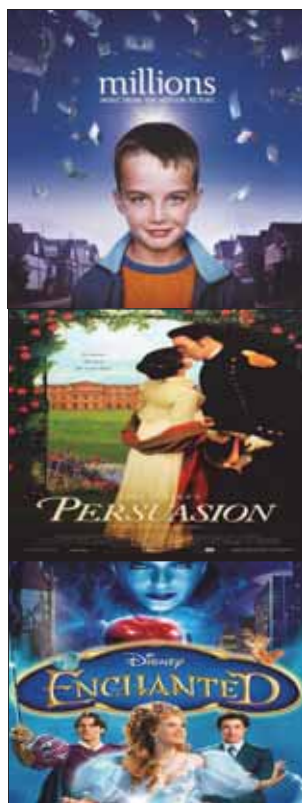
QUARTERLY UPDATE





RECURRING EVENTS & GAMES

<p>Pet Visit With Gretel Friday, TBD 1 PM West Lobby</p> <p>This sweet Bernese Mountain Dog is a snuggle pro and loves being pet! With every tail wag and cuddle, your stress melts away, it's like a furry therapy session in motion!</p>	<p>Care Squares 2nd & 4th Thursday Monthly 1 PM East Lobby</p> <p>Thanks to resident Carol S., Care Squares returns for a cozy hour of knitting, crocheting, and conversation. All skill levels welcome, just bring your yarn and a smile!</p>	 
<p>Friday Bingo Fridays 1/2 & 1/16 1:30 PM O'Donnell Room</p> <p>BINGO! With a mix of regular bingo and special patterns St. Camillus Bingo is always a blast! Whether you are playing or one of the very appreciated volunteers everyone is invited!</p>	<p>Chat & Stitch 1st & 3rd Thursday Every Month 1:30 PM Enrichment Studio</p> <p>All are welcome to join us in knitting, crocheting, or your favorite handiwork or just sit and chat with us. We provide the yarn, needles and instructions!</p>	
<p>Fun Bridge Fridays 12:30 PM West Game Room</p> <p>Are you looking to play bridge in a stress free, social, and neighborly environment?</p> <p>We welcome all skill levels and no invite or partner need. You are welcome to sign up as a single or as a partner. Just sign up in the activity book found in the sign up nook.</p>	<p>Tuesday Sheephead Group 6:30-8:30 PM East Game Room</p> <p>Experienced players only using leasters, and "double on the bump"</p> <p>Thursday Sheephead Group 2-4 PM West Game Room</p> <p>This group of players are willing to give refreshers on how to play different styles.</p>	 
<p>Rummikub Wednesdays 1 PM Enrichment Studio</p> <p>Rummikub is a fun, easy, and fast paced game. It is Gin Rummy meets Dominoes! This is a tile game that acts like a card game. All players welcome!</p>	<p>Mexican Train Dominoes Mondays 6:30 PM Jelen Room</p> <p>If you don't know how to play, no worries, we will teach you! Everyone is welcome to join and have fun!</p> <p>Charismatic Prayer Group Sundays 7:15 PM Jelen Room</p> <p>The Charismatic Prayer group meets every Sunday night, and are welcoming all! No sign up required.</p>	
<p>Duplicate Bridge Saturdays 11:45 AM West Game Room Please Sign-Up in Activity Binder</p> <p>This group is always looking for new players. We are a group of players who enjoy playing bridge</p>	<p>Canasta Group Sundays 1:00 PM Enrichment Studio</p> <p>This is a group for experienced players to face off in the game of Canasta!</p> <p>Let's Play Pool Saturdays 1:00 PM East Game Room</p> <p>Join in for some friendly casual neighborhood competition anytime!</p>	 
<p>Watercolor Painting Class Saturdays 2:30 PM Enrichment Studio</p> <p>Join resident artist Bob Caffrey as he shares fun techniques for creating beautiful artwork. Newcomers are always welcome, no experience needed! It is never too late to enjoy watercolors!</p>	<p>MSO Trip Reminder MSO prelude series will continue in February of 2026</p>	



FRIDAY MOVIES

Millions

January 2 | 6:30 PM

A 7-year-old finds a bag of Pounds just days before the currency is switched to Euros. He and others must consider ethics, being human, and the role of the soul – and learn what they are really made of.

Starring: Alex Etel, Lewis McGibbon, James Nesbitt
Drama | Rating: PG | Runtime: 1hr 38min

Persuasion

January 9 | 6:30 PM

A young couple's romance is thwarted by a scheming socialite. Eight years later, will their second chance at love be ruined by social conventions?

Starring: Amanda Root, Ciaran Hinds
Romance | Rating: PG | Runtime: 1hr 44min

Enchanted

January 16 | 6:30 PM

A fairy tale comes to life. Princess-to-be Giselle is banished from her animated land and thrust into the very unmagical, live-action world of modern-day Manhattan. A cynical lawyer comes to her aid, and is ultimately enchanted by the joyful innocent woman.

Starring: Amy Adams, Patrick Dempsey, James Marsden, Susan Sarandon
Romance | Rating: PG | Runtime: 1hr 47min

Undertaking Betty

January 23 | 6:30 PM

Betty thinks the only way to break from her two-timing scoundrel of a husband is to fake her own death. With the help of the local undertaker, she arranges for a quiet funeral. But nothing goes as planned!

Starring: Alfred Molina, Brenda Blethyn, Christopher Walken
Comedy | Rating: R (themes) | Runtime: 1hr 34min

Marry Me

January 30 | 6:30 PM

Two music superstars are getting married before a global audience of fans. But seconds before her vows, she learns that he has been unfaithful. She instead decides to marry a stranger in the crowd.

Starring: Jennifer Lopez, Owen Wilson
Romance | Rating: PG-13 (language, themes) | Runtime: 1hr 52min



MONDAY MOVIES

Man On the Inside – Season 2

Mondays | 2 PM

A mature widower goes undercover and meets a variety of characters while solving mysteries.

Starring: Ted Danson, Mary Elizabeth Ellis
Comedy | Rated: PG-13 (themes)

Monday, January 5: Season 2, Episodes 1-3
Monday, January 19: Season 2, Episodes 4-6
Monday, January 26: Season 2, Episodes 7-8



**SATURDAY
MOVIES
>>>**

Marquette Matinee

2 PM | Theater

Visit the theater for an early afternoon showing of a film selected by Marquette students.

2 PM in Theater:

January 10th: Animal Crackers

January 17th: Wake Up Dead Man: A Knives Out Mystery

January 24th: The Grey (2011)



SUNDAY MOVIES

Last Holiday

January 4 | 2 PM

A store clerk is faced with the news that she will soon die from an incurable illness. She travels to a swanky resort and embraces life to the fullest.

Starring: Queen Latifah, Timothy Hutton, Gerard Depardieu, LL Cool J

Rated: PG-13 (themes) | Runtime: 1hr 51min



CODA

January 11 | 2 PM

When the family's fishing business is threatened, Ruby finds herself torn between pursuing her musical passion and her fear of abandoning her deaf parents.

Starring: Emilia Jones, Marlee Matlin, Troy Kotsur

Drama | Rating: PG-13 (language, themes) | Runtime: 1hr 51min



Wake Up Dead Man

January 18 | 2 PM

Detective Benoit Blanc returns for his most dangerous case yet.

The same detective was in Knives Out and Glass Onion.

Starring: Daniel Craig, Glenn Close, Josh O'Connor

Mystery | Rating: PG-13 (violence, language, themes) | Runtime: 2hr 24min



Gentlemen Prefer Blondes

January 25 | 2 PM

These glamorous showgirls have everything a girl could want – except engagement rings. In a quest for true love, the two set sail on a luxury-liner bound for France.

Olympic team try to get involved.

Starring: Marilyn Monroe, Jane Russell, James Coburn

Comedy | Rating: Not Rated | Runtime: 1hr 31min



THURSDAY MOVIES



Phantom of the Opera

January 1 | 2 PM

A young soprano becomes the obsession of a disfigured and murderous musical genius who lives beneath the Paris Opéra House. A fateful love triangle develops that results in splendor and suspense.

Starring: Gerard Butler, Emmy Rossum, Patrick Wilson

Drama, Musical | Rating: PG-13 (violence, themes) | Runtime: 2hr 23min



In-Laws

January 8 | 6:30 PM

The daughter of mild-mannered dentist is engaged to the son of a volatile mystery man. Through a series of events, the two men are brought together on a crazy and dangerous mission that takes them from suburban New Jersey to Honduras.

Starring: Peter Falk, Alan Arkin

Comedy | Rating: PG | Runtime: 1hr 43min | NOTE: No subtitles



Trading Places

January 15 | 6:30 PM

Two elderly millionaires make a bet that pits environment vs. biology. A streetwise hustler gets dragged off the street and into the high life. Meanwhile, a privileged young broker gets tossed onto the mean city streets. Can they survive, and even get revenge?

Starring: Eddie Murphy, Dan Ackroyd, Jamie Lee Curtis, Don Ameche, Ralph Bellamy

Comedy | Rating: R (language, themes) | Runtime: 1hr 56min



The Jane Austen Book Club

January 22 | 6:30 PM

Six friends gather to distract themselves from various losses and challenges. They decide to read all of Jane Austen's books. The relationships of all the members reflect the elements of the author's novels, leading to romance, temptation, and peace.

Starring: Emily Blunt, Jimmy Smits, Kathy Baker, Lynn Redgrave

Drama | Rating: PG-13 (themes) | Runtime: 1hr 46min



Ghost and the Darkness

January 29 | 6:30 PM

An Irish engineer is sent by British railroad officials to oversee construction of a vital bridge in 1890s East Africa. When the worksite is terrorized by man-eating lions, he teams up with a famed American hunter to bring down the savage, seemingly supernatural beasts.

Starring: Michael Douglas, Val Kilmer, Tom Wilkinson

Thriller | Rating: R (violence) | Runtime: 1hr 49min



RECURRING EVENTS

Friday Bingo Updates

Bingo 1st & 3rd Fridays Monthly starting in January

We want to share an important update regarding our Bingo schedule. Due to a shortage of available volunteers, we will be moving from weekly Bingo to a twice-monthly schedule, held on the 1st and 3rd Fridays of each month. We know how much many of you enjoy this time together, and we're committed to keeping Bingo fun, lively, and well-supported. This new schedule will allow us to continue offering the best experience possible while we work toward building our volunteer team.

If you are interested in volunteering please reach out to Zach in Life Enrichment 414-259-3730 Thank you for your understanding, and we look forward to seeing you at our next Bingo Friday!

BINGO

12	25	41	51	63
3	30	37	54	66
7	21	FREE	56	74
1	26	35	50	69
10	17	45	47	64

MILTON BRADLEY COMPANY
Springfield, Massachusetts

Lay Camillian Family

Wednesday, January 21st | 2 PM | O'Donnell Room

Ignatian Spirituality

Fr. Charles Kestermeir, SJ, will offer an engaging overview of Ignatian Spirituality, exploring the core values at the heart of Jesuit life and their ministries. This presentation will highlight how these principles guide service, reflection, and discernment, and may be of special interest to graduates of Marquette University and Marquette High School.



Sunday Singalong

Sundays | 1 PM | The Pub

Feel free to join us in the Pub every Sunday in January from 1 to 1:45 pm where we will be singing songs from many eras of music. While singing is strongly encouraged we would love to have you even if humming is the most comfortable you are with singing.



Dis-cords Ukulele Practice

Practice | Thursdays | 3 PM | Jelen Community Room

Our very own Ukulele Group the Dis-cords is a growing group of 19 Ukulele players that meet every Thursday for practice. Open to new players!

If you are interested in joining the Ukulele group please stop by one of their Thursday practices and learn more about what ukulele is best for you and even try one!



Library Committee Updates

Did you know about our Library? We encourage you to take a look at the thousands of books we have! Check outs and ins are as easy as can be for your next read!





CARD SALE

FRIDAY, JANUARY 30th
10AM - 1PM | SUNROOM

HANDCRAFTED GREETING CARDS
IN SEVERAL STYLES INCLUDING:

- ALL OCCASIONS
- BIRTHDAY CARDS
- THANK YOU CARDS
- GREETING CARDS
- KIDS CARDS
- VALENTINES DAY
- SYMPATHY CARDS
- ST. PATRICKS DAY



REVITALIZEWellness

Independent Living D

Monday	Tuesday		Wednesday
Morning Express Stretch East 8:30–8:50AM	Morning Express Stretch East 8:30–8:50AM		Morning Express Stretch East 8:30–8:50AM
Video Exercise West 9 - 9:30 AM	Water Aerobics Pool 9 - 9:45 AM	Video Exercise West 9 - 9:30 AM	Video Exercise West 9:00 - 9:30 AM
Ageless Grace East 9:30 - 10 AM		Silver Sneakers: Strength East 9:30 - 10:15 AM	Stability & Strength East 9 - 9:45 AM
			Zoo Walk with Claire E. Lobby 10:30 - 11:30 AM
Ageless Grace West 1:30 - 2:00 PM	Silver Sneakers: Chair Yoga West 1:30 - 2:15 PM		Ageless Grace West 1:30 - 2 PM
			Yoga Flow/Mat Based East 2:30 - 3:15 PM
Afternoon Water Aerobics Pool 4:45 PM			Afternoon Water Aerobics Pool 4:45 PM

Pool Daily Schedule

Pool Hours | 5:00 AM - 9:00 PM Daily
Closed for cleaning | Fridays 7-11 AM

Water Aerobics

Tues & Thurs | 9 AM
Wed | 4:45 PM

Lap Swimming

Daily | 8-9 AM
Mon-Sat | 1-2 PM

Water Walking (No Jets)

Daily | 10:30-11:30 AM
Mon-Sat | 2-3 PM

Resistance Walking (With Jets)

Mon-Fri | 11:30 -12:30 PM

Wellness Center Orientation

(Complimentary)

Get started on your wellness journey with a personalized introduction to our Fitness Center and Pool! Our friendly staff will walk you through our state of the art equipment, explain how to join our fitness classes, and answer any questions you may have. This is also the time to complete your Wellness Center waivers, so you're all set to begin. Come explore, get comfortable, and take the first step toward a stronger, healthier you!

2SS Daily Fitness Schedule

Thursday		Friday	Saturday
Morning Express Stretch East 8:30–8:50 AM			
Water Aerobics Pool 9:00 - 9:45 AM	Video Exercise West 9 - 9:30 AM		
	Silver Sneakers: Strength East 9:30 - 10:15 AM		Marquette Fitness Series East 9:30 - 10:15 AM
Balance Basics East 10:30 - 11 AM			
Silver Sneakers: Chair Yoga West 1:30 - 2:15 PM			
		For more information call: Jenny Zimpel in Revitalize Wellness (414)-259-4547	

OPPORTUNITIES FOR HEALTHY LIVING

One-on-One Fitness Coaching (Fee: \$30 per 30-minute session)

Take your fitness to the next level with personalized, one-on-one coaching! Work directly with our Senior Fitness Instructor to create a customized program and schedule designed around your goals. You'll receive expert guidance on proper form and technique, learn new exercises to keep your workouts fresh, and build the strength and confidence to improve your functional independence. Invest in yourself, your health and well-being are worth it!

Fitness Testing (Complimentary)

Take advantage of this free opportunity to learn more about your balance, strength, and endurance. Our friendly fitness team will guide you through simple tests that highlight your current abilities and identify areas to build on. You'll also receive personalized suggestions for fun, effective activities to help you improve your functional fitness and maintain your independence. Come see where you shine and take the next step toward a stronger, healthier you!



REVITALIZED WELLNESS CENTER HOURS



Yes! WE ARE OPEN

Independent Physicians Of Wisconsin Clinic

West Residence | 103W
Questions? (414) 376-9687

Mondays | 10 AM-2:00 PM
Family Nurse Practitioner

Fridays | 2-5:00 PM
Internal Medicine MD

By Appointment or Walk-in
Most insurance plans accepted

Wellness Nurse

Mon-Fri | 8am-4:00pm
Saturdays | 8am-1:00pm

Wellness Nurse

Open Consultation

Tuesdays | 9:30-11 AM
Thursdays | 1:30-3 PM
Saturdays | 8:00-1 PM

Consultations, minor first aid care, blood pressure checks, and preventative care.

Revitalize Wellness Center

Questions? (414)-259-4547)

Fitness Center | Open 24/7

Pool Hours | 5 AM - 9 PM

Staffed Mon-Fri, | 8 AM - 4 PM

Fitness Center open 24/7

The Fitness center locks at 4:30 pm.

Key Fob required to enter after hours



WELLNESS SPOTLIGHTS



Monthly Resources For Your Health & Well-being

Month Insights are Thyroid Awareness and Cervical Cancer Awareness Materials in Revitalized Wellness Center



PLEASE MAKE AN APPOINTMENT



MAKE AN APPOINTMENT

Visit the sign up area near the Bistro to make appointments. Questions? Call Revitalize Wellness Manager, Jenny Zimpel: (414) 259-4547

Dr. Fischer

Podiatry Appointments

(414) 449-3338

Offering convenient in-home care, including nail trimming, treatment for ingrown nails, and other foot concerns. Medicare approved, please check with your provider to confirm coverage.

Appointment Scheduling: Call Dr. Fischer's Office



Toe Nail Trimming

Friday, January 16th | 11 AM-4 PM | West Wellness Studio

Friday, January 23rd | 9-4 PM | East RWC

Appointments with trained & certified wound, skin and nail registered nurses. \$35 for a 30min session. You can pay directly by cash, monthly statement, or card.

Toe Nail Trimmers, LLC | Phone: 262-719-0336



Spa Day

Unwind | Recharge | Revitalize

Tuesday, Jan 13th | 9-12:30 PM
Revitalized Wellness Center

Partnership with IBrow Threading & Spa Choose from a facial (3 options), upper or lower body massage, hair removal (waxing or threading), or henna brow tint. Fees are paid directly to IBrow Threading. Price list available.

Hearing Aid Care

Tuesday, Jan 20th
9 AM-12:30 PM | RWC

This service includes cleaning, filter and battery change, sound adjustment and repair, in Partnership with Wisniewski Custom Hearing Instruments

**Sign Up in Wellness Binder
located near the Bistro**



REVITALIZED WELLNESS PROGRAMMING

St. Camillus Area

Parkinson's Support Group

Monday, January 12th

1:30 PM | Jelen Community Room

Join for a presentation by Amy Strong, a fitness Instructor from Hatch Fitness. Amy will speak about fitness tips and the importance of fitness exercises for strength and balance within Parkinson's.

Questions? Feel free to reach out to: Sandy Klingensmith at sandy.klingensmith@gmail.com

Meet The Pharmacist, Dr. Kevin Lewis

Presented in partnership with Froedtert Bluemound Pharmacy

Thursday, January 15th

10:30 AM | RWC Education Room

Come and join us as we listen to Dr. Kevin inform us about health topics and how prescribed and over the counter medications/supplements can help us manage our health and improve our overall well-being.

Dancing Groups:

Colonial Dancers

Saturdays

6 PM | RWC East Studio

Nordic Dancers Practice

Sundays, 12/7

6 PM | RWC East Studio

Stability, Strength & Mobility

Wednesdays, | 9 AM | RWC

Join us for Strengthening, Stability and Mobility Training. This 45 minute program will focus on overall strength, balance and mobility to keep you on the go and to assist with falls prevention. This program is based on Sports Training and Traditional Line work.

Alcoholics Anonymous

Tuesday | 7 PM

The Learning Studio

For more information Call

Margaret 414.333.1534

Eddie 414.217.4000

Blood Pressure Checks

With Nurse Kate

Saturdays | 10-11 AM

West Game Room

Drop by to check
your blood pressure!

Everybody out of the pool & hot tub!

January 5-16 | Pool & Hot Tub | Closed

We're giving our aquatic spaces some needed TLC. The pool and hot tub area will be closed January 5–16 for scheduled systems maintenance and a full deep clean provided by an outside provider. During this time, the team will be:

- Draining and deep cleaning both the hot tub and pool
- Scrubbing down all floors and surrounding walls in the pool/hot tub area
- Performing preventative maintenance and replacement parts, along with system checks to keep everything running smoothly and safely.

We know it's a favorite spot, and we appreciate your patience while we give it a little "R & R (Repairs & Refresh)". Once we're done, everything will be fresh, sparkling, and ready for you to enjoy again. Thanks for rolling with the temporary disruption! If you have any questions, feel free to reach out.

Community Café

With Bridget McNair

Wednesday, January 21st

1:30 PM | Revitalized Wellness Center

Our Café is a wonderfully welcoming place for people with all forms of mild cognitive impairment (MCI) and their care partner for a shared experience.

Each Community Café focuses on a variety of unique activities. In one café you may experience game style activities, while others focus on education.

You might have one café enjoying the connections of demographic-appropriate music and dancing, while others might focus on crafts and painting. Cafés facilitate informal conversation to create new friendships or guide the participants in exercises that foster reminiscing. There truly is something for everyone.



COMMUNICATIONS

RAC Board General Meeting

The RAC Board General meeting is an open invite to all residents and staff that would like to hear what wonderful things the Resident Advisory Counsel (RAC) has been up to over the last Quarter.

EVERYONE WELCOME

Monthly Statement Review

Lora is available to answer resident questions regarding monthly statements.

RSVP are required.

Call **Lora Ehlert** in Accounting
(414) 259-7718 to schedule
an appointment



Operational Update

Tuesday, January 27th | 2 PMAs a reminder due to the holidays
the next Operational Update will
be held in January



Friday Email Blast

Every Friday Morning

The weekly email blast from
admin staff shares key info for
the upcoming week. To subscribe, visit the West reception desk
to update your info with your
email contact information.



ST. CAMILLUS CHORUS

St. Camillus Chorus

Lift your voice and be part of something joyful! The St. Camillus Chorus is a warm and welcoming group of residents who come together to share the gift of music, friendship, and community spirit. No previous singing experience is required, just a love of music and a desire to have fun. Rehearsals are relaxed, uplifting, and a wonderful way to connect with others while preparing for special performances throughout the year. Come join us and let your voice help fill our campus with harmony and heart!

SAVE THE DATE:

Feb, 21 | 6:30 PM | Concert





BREAKFAST WITH JEREMY



Breakfast with Jeremy!

Hosted by Jeremy Pust, Executive Director of Independent Living

February 12 | 9:30 AM | RBPDR

February 26 | 9:30 AM | RBPDR

9:30 AM | Rose Bagozzi Private Dining Room

Start your Thursday mornings with a delightful breakfast and great conversation! Join Jeremy Pust for a casual, friendly gathering where you can enjoy a plated meal, connect with fellow residents, and share stories or questions in a relaxed setting.

To ensure everyone is able to be heard the gatherings will be limited to 12 participants. Spaces are limited to one breakfast per quarter per resident, so please sign up in the Culinary binder to reserve your spot and make the most of this special opportunity.



RAC HOSPITALITY UPDATES



NEWCOMERS' COFFEE

RAC Board Hospitality Newcomers Coffee!

Last Wednesday Monthly | 9 AM | The PUB

New to the community, or just looking to make some new connections?

Come enjoy coffee and conversation with the RAC Hospitality Committee!

This friendly gathering is the perfect way to meet your neighbors, ask questions, and learn more about everything happening here at St. Camillus.

Whether you're settling in for the first time or simply want to get more involved, our Hospitality Committee is here to help you feel right at home. Share stories, swap tips, and discover what makes our community so warm and welcoming. Everyone is invited, so grab a cup, take a seat, and let's get to know each other!



BUS SHOPPING SCHEDULE

Every Tuesday

Departing | 1:00 PM

Tuesday Stores

- Target
- Trader Joe's
- Sendiks
- Post Office
- Walmart

Every Thursday

Departing | 10:00 AM

Thursday Stores

- Pick N Save
- Walgreens
- Aldi
- Tosa Library

The Bus picks up at both East & West for each trip.

Reservations are required, as space is limited



West Residents

Call (414) 259-6300

East Residents

Call (414) 259-6304

Please note:

Times are subject to change, in a case of change those signed up will be notified by phone.



MARQUETTE STUDENTS IN RESIDENCE

PACKERS WATCH PARTIES

Hosted by Janie Schulz

As the NFL enters Playoffs please stay tuned to see if there are any games to have watch parties!



MARQUETTE BASKETBALL WATCH PARTIES

Hosted by Jacob Barnes & Resident David Krill

Sun, January 4th | 1 PM | Jelen Community Room

Sat, January 10th | 1 PM | Jelen Community Room

Come watch and support Marquette Basketball in Jelen Community with your fellow Marquette Alum, fans, and current students! We are...Marquette! #GoMarquette



Karaoke Night with MU Student Host: Joe Mann

Friday, January 16th | 6 PM | O'Donnell Room

It's that time again! Joe will handle the music, and you will be both the audience and performers for an incredible night of music and laughter. You won't want to miss this amazing evening! Whether you're stepping up to the mic or cheering from the audience, it is the perfect way to end your week. Make sure to sign up by adding your song choice in the Life Enrichment binder under "Karaoke."



Open Night of Song Rehearsal

With Jacob Barnes & Jean Dregne

Friday, January 16th | 3:30 PM | O'Donnell Room

All are invited to attend an open rehearsal for Jacob Barnes & Jean Dregne's next Night of Song taking place in mid-Feb.

This will be a very casual open rehearsal style event where Jacob and Jean will be rehearsing a small part of their February programming. Please be respectful of the artists when entering/leaving the rehearsal space. Rehearsal is 3:30-4:30.



Listening Party

With Joseph Mann

Wednesdays, | 2 PM | West Game Room

Join our group to listen to and discuss new and familiar music! Come in with music suggestions, join the conversation, or just to listen; any way, we look forward to seeing you!



TEDx Series

With Jacob Barnes

Tuesdays, | 3:30 PM | Jelen Room

Join Marquette Student, Jacob Barnes, for a thought provoking TEDx series. This series aims to bring people and ideas together for inspiring conversation, fresh perspectives, and meaningful connections that spark curiosity and build community.





MARQUETTE STUDENTS IN RESIDENCE

World Culture's Hour

With Sam Samson

Saturdays | 6:30 PM | Jelen Room

World Cultures Hour with Marquette student Sam shares a dynamic and engaging look at the cultures of countries around the world. This presentation celebrates what makes each culture unique while highlighting the connections we all share. Come curious and leave inspired by the richness of our global community.

Marquette Matinee

With Daija Holliday

Visit the theater for an early afternoon showing of a film selected by Marquette students.

January 10th: Animal Crackers

January 17th: Wake Up Dead Man: A Knives Out Mystery

January 24th: The Grey (2011)

Jeopardy @ Home

With Sam Samson

Sundays | 6:00 PM | Jelen Room

Join us for a lively home-style Jeopardy! hosted by Marquette student Sam. This interactive game-show experience invites participants to test their knowledge, have some fun, and enjoy friendly competition in a relaxed and engaging setting. Come play along and see what you know!

Tech Talks

With Janie Schulz

Tuesdays, | 3 PM | West Game Room

Stop by on Tuesday afternoons for tech troubleshooting with Marquette Student and volunteer Janie Schulz! Please confirm on the TV on Tuesdays for best updates on time and location of Tech Tuesdays!



Marquette Fitness Series

With Daija Holliday

Saturdays 1/10, 1/24, & 1/31

9:30 AM | Revitalized Wellness Center

Join the Marquette students for a fun and energizing series of fitness classes! We'll feature a different class theme, with each session lasting approximately 30 minutes, including warm-up and cool-down. Our classes are designed to accommodate both seated and standing abilities, ensuring everyone can participate.



Jeopardy at Home

With Sam Samson

Sundays, 12/7, & 12/14 | 6 PM | Jelen Room

America's favorite game show comes live to St. Camillus! Join Sam and your fellow residents for an exciting, interactive, and laughter-filled game that you won't want to miss.

Coffee & Conversations

With Daija Holliday | Fridays | 9:00 AM | The Pub

Kick off your Friday with coffee and conversation! Please stop by if you are interested in casual, free-flowing chats. All are welcome and no sign-up is necessary.

Brain Games

With Daija Holliday

Saturdays, 1/3, 1/17, 1/24, & 1/31

10:30 AM | Jelen Community Room

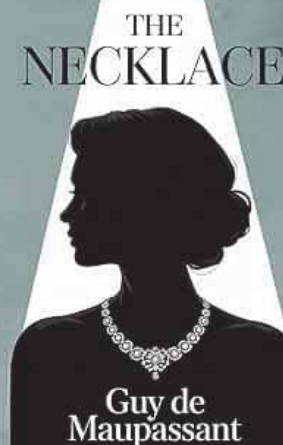
Keep your mind sharp as a tack by participating in fun and enjoyable games! Join your neighbors to work on mind puzzles and games.

BOOK CLUBS

Short Story Group

The Necklace by Guy de Maupassant
Tuesday, January 20 | 1 PM | Learning Studio

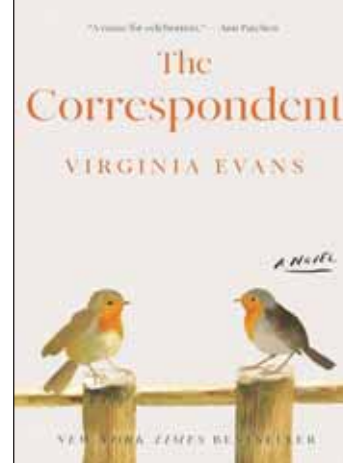
The Necklace by Guy de Maupassant is a short story about Mathilde Loisel, a woman who longs for wealth and status beyond her modest life. After borrowing what she believes is a valuable necklace for a fancy event, she loses it and spends years in hardship repaying the cost of a replacement, only to discover in the end that the original necklace was merely an imitation. The story highlights themes of pride, appearance versus reality, and the unexpected consequences of our choices.



Morning Book Club

The Correspondent by Virginia Evans
Wednesday, January 14th | 10 AM | Learning Studio

The Correspondent by Virginia Evans follows Sybil Van Antwerp, a witty, stubborn, retired court clerk who documents her life through letters and emails to family, friends, literary idols, and a shadowy figure from her past. As her eyesight begins to fail, she confronts buried regrets, a painful family history, and a long-standing grief tied to an old case. Through this correspondence, Sybil seeks reconciliation, forgiveness, and a deeper understanding of the life she's lived.

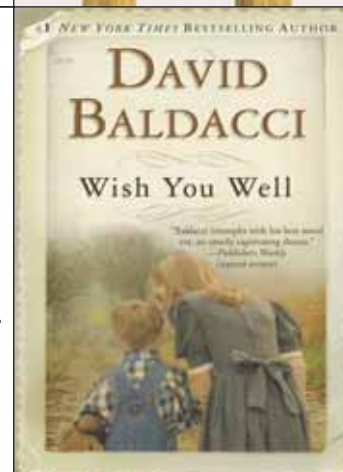


Afternoon Book Club

January's Pick

Wish You Well by David Baldacci
Wednesday January 21st | 1 PM | Mansfelds Private Dining Room

After a tragic accident leaves their father dead and their mother unresponsive, young Lou Cardinal and her brother Oz are sent from New York City to live with their grandmother, Louisa Mae, in the mountains of rural Virginia. There, they adjust to a simpler but challenging life, discovering strength, community, and the beauty of the land. As the family becomes embroiled in a legal battle with a powerful coal company threatening their home, Lou learns hard truths about loss, courage, and love. Through hardship and conflict, the children find healing and a deeper understanding of themselves and their heritage.

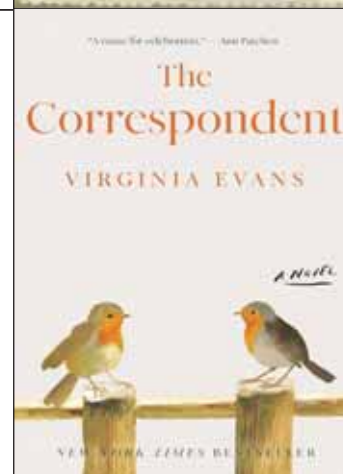


Afternoon Book Club

February's Pick



The Correspondent by Virginia Evans
Wednesday, **FEBRUARY** 18th | 1 PM | Mansfelds Private Dining Room

The Correspondent by Virginia Evans is a story told through letters and emails, focusing on retired lawyer Sybil Van Anna Warp as she confronts painful memories from her past. After rediscovering letters from old acquaintances, she is compelled to seek forgiveness and closure. The book is praised for its charming characters, emotional depth, and unique epistolary format, exploring themes of grief, regret, and the stories we tell ourselves.





PASTORAL CARE PROGRAMMING

LITURGICAL SERVICES	MORE PASTORAL CARE OFFERINGS
<p>MASSES, DEVOTIONS, PRAYERS</p> <p>San Camillo Chapel (West Residence)</p> <p>MASS Monday - Friday at 11:00 AM Saturday at 4 PM Sunday at 9:30 AM</p> <p>Our Lady of Perpetual Help Devotion Monday, after Mass</p> <p>Divine Mercy Devotion Friday at 3:30 PM</p> <p>Rosary Monday - Friday at 10:30 AM</p> <p>Confession Adoration First Fridays 9:30-10 AM First Fridays, after Mass</p>	<p>Caregiver's Support Group 2nd Wednesday, monthly Wednesday, January 14</p> <p>Connect with other caregivers to give and receive help, advice, friendship, and emotional support.</p> <p>Scripture Sharing All Mondays in January Learning Studio 2:30-3:30 PM</p> <p>Explore the Sunday Gospels with Fr. Naveen.</p> <p>Grief Support Group * New Group Forming February 2026 *</p> <p>Based on resident feedback, Pastoral Care is pleased to announce a reimagined grief support program to better fit the needs of our community. Watch for information later this month on the Chapel Boards for a 7-week program, beginning in February.</p>
<p>Guardian Angel Chapel (East Residence)</p> <p>MASS Monday - Friday at 3:30 PM Sunday at 10:30am</p> <p>Divine Mercy Devotion Friday at 3 PM</p>	 <p>How do I know when a resident has died? There is a grey Pastoral Care bulletin board located outside of each chapel. On the board, there is a section labeled "We Remember." When a resident dies, a posting is made throughout all areas of campus regardless of where they reside or die. <i>"unless otherwise requested by the family"</i></p>
<p>Our Lady of Guadalupe Chapel (North Residence)</p> <p>MASS Monday - Friday at 11 AM Sunday - 11 AM</p> 	<p>Why aren't the lights on in the chapels? Residents are welcome to be in the chapels twenty four hours/day, seven days/week. In San Camillo Chapel, the lights are set to a dim setting that illumines the outer perimeter and offers ambient light for safe movement, which may not be readily visible from outside of the chapel. Although Guardian Angel often appears completely dark, these lights are motion sensitive and will brighten upon entry. To ensure that the lights are working properly for all visitors, we kindly request that no adjustments are made to these settings.</p>
<p>ECUMENICAL SERVICES</p>	
<p>Community Chapel Worship Guardian Angel Chapel 10:30-11:15 AM</p> <p>Ecumenical Communion Services Mondays, January 5 and 19 Pastor Perrie Dralle, Gethsemane Lutheran Church</p> <p>Monday, January 12 Rev. Jake Werkheiser, ELCA Pastor & Chaplain and CPE Students / Chaplain Interns</p> <p>Monday, January 26 Rev. Barry Szymanski, Congregational Minister</p>	<p>How can I schedule a Mass intention? Intentions can be made with Fr. Naveen (ext. 3714), Chaplain Jacque (ext. 3754) or Melissa S. (ext. 3710). Please call us to schedule a Mass.</p> <p>Questions? Call Chaplain Jacque (414) 259-3754 Email: jkelinhofer@stcam.com</p>

To schedule a tour or
learn more information about
our active Life Plan Community,
please call 414.259.6310.

