



2025

AUGUST

LIFE ENRICHMENT ACTIVITIES BOOK

2	Entertainment
3	Speakers
4-5	Reoccurring Programs
6-7	Movies
8	Communications
9	Special Promotions
10-11	Wellness Calendar
12-13	Wellness Programs
14	Community Events
15	Bus Shopping
16	MU Student Activities
17	Luau
18	Book Clubs
19	Pastoral Care Activities

If you have any questions about the contents of this activities book, please reach out to Life Enrichment: Zach 414-259-3730 or Krystal 414-259-3788.



ENTERTAINMENT

Checkmate Quartet

Music

Wednesday, August 6th
6:00pm in O'Donnell Room

The Checkmate Quartet is a Wisconsin based barbershop quartet that found award success internationally. They have been singing together for decades and with that kind of chemistry it's hard to tell that they are acapella!



Ian Gould "Music Before Me"

Music

Monday, August 25th
2:00pm in O'Donnell Room

Ian Gould, hailing from the city of Belfast in the north of Ireland, embarked on his musical journey at a young age, performing in bands across Ireland, the UK, and Europe. He studied music at the University of the Highlands and Islands in Perth, Scotland. With over three decades of international performances under his belt, Ian's travels have taken him to vibrant cities, as far east as Moscow and as far west as San Francisco.

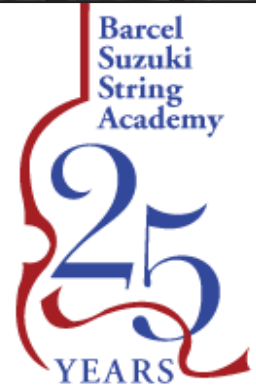


Barcel Suzuki String Academy

Music

Wednesday, August 21st
6:00pm in O'Donnell Room

The Barcel Suzuki String Academy from Wauwatosa, WI is excited to present a program of classical music, favorite show tunes, and hand clapping music! Violin students ranging in age from 4 to 17 will present a 45 minute program that will delight you and bring you joy through music.

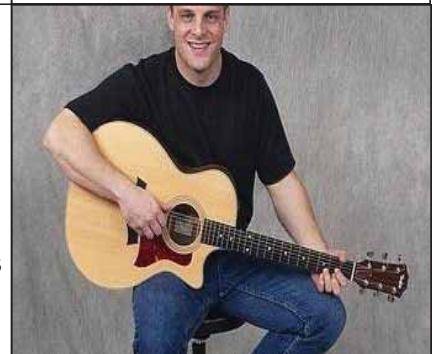


Tom Cash

Music

Wednesday, August 28th
2:00pm in O'Donnell Room

Tom Cash is a singer guitarist performing songs from 50's, 60's, to Country to current. He is a variety singer with a song list of over 1000 songs—taking requests a specialty of his.



Miss Wisconsin: Willow Newell

Presenter: Willow Newell

Tuesday, August 5th
4:15pm in The Pub

Miss Wisconsin, Willow Newell will discuss her platform as well as answer any questions you may about her or Miss Wisconsin and she will perform her talent!



SPEAKERS



Judaism, Christianity, & Islam Three Religions, But One God

Presenter: Tim Crain

July 31 2:00pm in O'Donnell Room

August 14 2:00pm in O'Donnell Room

Explore the commonality of the three religions, and their overwhelming ties.

It is not a theological based series, as Dr. Crain is a historian. Most people are familiar with the Judeo-Christian tradition, but little is known regarding Islam, yet Islam fits in well with its two sister religions of Judaism and Christianity. The objective is not to look for who has the superior religion, but rather to view how similar the three of them are and how the ties that bind them are what is most significant.



I.D. Theft Prevention

Presenter: Ben Merens

**Monday, August 4th
2:00pm in O'Donnell Room**

Ben Merens will be joining us to talk about the best ways to avoid I.D. Theft with tips, tricks and the best way to fight I.D. theft, knowledge!



Milwaukee's Three Founders

Presenter: Stephen Hauser

**Tuesday, August 5th
2:00pm in O'Donnell Room**

Milwaukee Historian Stephen Hauser will be here to talk about Milwaukee's Three Founders. Learn how three men founded three towns near each other that eventually became Milwaukee. He will also be talking about a fourth founder who is usually missed when talking about the founding of Milwaukee.



Antarctica: A Cold Environment, with Wild Life Warmth

Presenter: Resident John Harrits

**Thursday, August 7th
2:00pm in Jelen Community Room**

You are invited to join resident John Harrits, as he shares photos, stories and tales of his and his wife Sue's trip to Antarctica. The trip departed from Ushuaia, Argentina, the southernmost city in the world, and crosses the treacherous waters of the Drake Passage to the Western shore of the Antarctic peninsula. During the crossing they saw large tabular icebergs, whales, and seabirds and learned why the Drake Passage is considered some of the most treacherous waters in the World.



While in Antarctica they photographed numerous penguins, seabirds, ice flows and glaciers. They also had the opportunity to walk on sea ice inside the caldera of an active volcano, participate in shore excursions among the penguins and seals, observe a baby penguin hatching from its egg, participate in a "true" polar plunge and learn about the history of the continent.



BUS TRIP

Cousins Subs Picnic with Executive Director Jeremy Pust The New Firefly Park—Wauwatosa

Tuesday, August 19th
Meet in East Lobby at 11:00am
Returning 12:30pm

Meet Mama Rosa a “troll” nestled in Wauwatosa’s newest Park, Firefly Grove Park. Join us weather permitting to enjoy a Cousins Subs boxed lunch including a 7.5 inch sub, chips, cookie, and a drink in the park with a special guest Jeremy Pust, Executive Director of Independent Living.

Please sign up in activities book outside the bistro as space is limited the cost will be \$13 including lunch and travel.



RECURRING PROGRAMS

Sunday Singalong

Sundays, August 10th, 24th, 31st
1:00pm in The Pub

This casual resident run Sunday sing along is open to everyone! We will be singing songs from different eras.

St. Camillus Chorus Practice

Please stay tuned for the most up to date information on the St. Camillus Chorus as we navigate the search for our new director.

Dis-chords Ukulele Practice Group

Thursdays, 3:00pm in Jelen Community Room

Did you know we have our very own Ukulele group? The Dis-chords is a group of residents that are all learning the Ukuleles together all from different starting skill levels. Starting with a group of about six players has grown closer to 15 players and they want to see how big they can get. Feel free to stop by the Jelen room at 3pm on any Thursday and learn more!



Library Committee Meeting

Monday, August 11th
1:00pm / Learning Studio

The next Library Committee meeting will begin at 1 pm on August 11 in the Learning Studio. Does the print in newspapers and books seem to be getting smaller? Feel free to use our new magnifier in the library.



Lay Camillian Family

Wednesday, August 20th
2:00pm / O'Donnell Room

Video presentation by Bishop Barron on the Creed. We have Creeds to profess one's belief in the Church. Creeds declare our great faith and the fact that Jesus will come again.





RECURRING GAMES & ACTIVITIES



Fun Bridge

Fridays, 12:30-2:30pm in West Game Room

Are you looking to play bridge in a stress free, social, and neighborly environment?

We welcome all skill levels and no invite or partner need. You are welcome to sign up as a single or as a partner. Just sign up in the activity book found in the sign up nook.



Sheepshead Groups

Tuesdays Sheepshead

6:30pm-8:30pm East Game Room

Experienced players only using Leasters, and "double on the bump"

Thursday Sheepshead

2:00pm-4:00pm West Game Room

This group of players are willing to give refreshers on how to play different styles.



Monday open Crafting time!

Mondays 1-3pm in Enrichment Studio

Calling all crafters it is that time of year again! The Craft Fair is starting to create crafts for the Fair. Please stop in to help with the crafting, ideas, and general help. Everyone is welcome!



Friday Bingo!

Fridays

1:30pm in O'Donnell Room

BINGO! Is a resident run game of regular bingo and games with fun twists on what shapes are needed to win! Each card is 50 cent with no card minimum, exact change appreciated. Being resident run, BINGO! Is always looking for new volunteers!



Golf Fridays!

Fridays, at 10:00am in The East Game Room

Zach will be in charge of the computer! He will set up the driving range for you and if you would like to learn how he will teach you. Just bring your clean clubs and we have the rest!



Rummikub

Wednesdays, at 1:00pm in Enrichment Studio

Rummikub is a fun, easy, and fast paced game. It is Gin Rummy meets Dominoes! This is a tile game that acts like a card game. All players welcome!

Mexican Train Dominoes

Mondays

6:30pm in the Jelen Room

If you don't know how to play, no worries, we will teach you! Everyone is welcome to join and have fun!



DUPLICATE BRIDGE

Saturdays, 11:45am in West Game Room

Please Sign-Up in Activity Binder

This group is always looking for new players we are a group of players who enjoy playing bridge.

Charismatic Prayer Group

Sundays, at 7:15pm in the Jelen Room

The Charismatic Prayer group meets every Sunday night, and are welcoming all! No sign up required.



Watercolor Painting Class

Saturdays, at 2:30pm in Enrichment Studio

Resident Bob Caffrey is the teacher for this wonderful opportunity. Newcomers are welcome as he teaches a variety of techniques for making beautiful paintings.

Canasta Group

Sundays

1:00pm in Enrichment Studio

This is a group for experienced players to face off in the game of Canasta!



CHAT & STITCH

The 1st & 3rd Thursday Every Month
1:30pm Enrichment Studio

All are welcome to join us in knitting, crocheting, or your favorite handiwork or just sit and chat with us. We provide the yarn, needles and instructions!

Let's Play Pool

Saturdays

1:00pm in East Game Room

Join in for some friendly casual neighborhood competition anytime!



SUNDAY MOVIES

America's Sweethearts

August 3, 2:00pm

Two popular movie actors are a couple on-screen and off. But when their very public romance turns into a very private breakup, only two employees can help get them together enough to promote their last film.

Starring: Billy Crystal, Julia Roberts, Catherine Zeta-Jones, John Cusack

Romance / Rated: PG-13 (language, behavior) / Runtime: 1hr 43min



The Majestic

August 10, 2:00pm

An amnesia victim is identified as a missing, favorite-son war hero by a tiny California town. He restores the local abandoned movie palace, discovering love along the way.

Starring: Jim Carrey, Martin Landau, Bob Balaban,

Drama / Rated: PG / Runtime: 2hr 32min



Good Night, and Good Luck

August 17, 2:00pm

In the early 1950s, the threat of Communism made everyone paranoid. Exploiting those fears was Senator Joseph McCarthy. Edward R. Murrow and his producer Fred W. Friendly decided to take a stand and challenge the senator.

Starring: George Clooney, David Strathairn, Patricia Clarkson

Drama / Rated: PG / Runtime: 1hr 33min



Michael

August 24, 2:00pm

When rumors of the existence of an angel named Michael reach an exploitative newspaper, a washed-up journalist smells a scoop. He tracks down the alleged angel, but who changes whom?

Starring: John Travolta, Andie MacDowell, William Hurt, Jean Stapleton

Fantasy / Rated: PG / Runtime: 1hr 46min



Show Boat

August 31, 2:00pm

Set aboard a Mississippi River Show Boat, sweet Magnolia falls in love with a handsome gambler and rogue. Featuring music you know and a subplot of racial bigotry, this is a love story to the river, stage life, and loyalty.

Starring: Howard Keel, Kathryn Grayson, Ava Gardner

Musical / Rated: NR / Runtime: 1hr 47min



Book Thief

August 11, 2:00pm

While subjected to the horrors of World War II Germany, a young girl finds solace in stealing books and sharing them with others. In the basement of her home, a Jewish refugee is being protected by her adoptive parents. Based on the book.

Starring: Geoffrey Rush, Emily Watson

War, drama / Rated: PG-13 (violence) / Runtime: 2hr 11min



The Theory of Everything

August 18, 2:00pm

Stephen Hawking gets unprecedented success in the field of physics despite being diagnosed with motor neuron disease at the age of 21. He defeats awful odds as his first wife Jane aids him loyally.

Starring: Eddie Redmayne, Felicity Jones

Biography / Rated: PG-13 (themes)



Princess Bride

August 25, 2:00pm

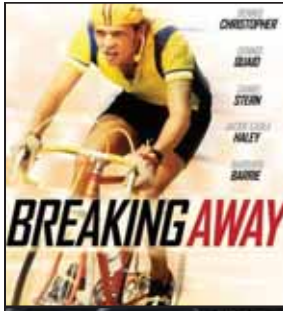
A boy's grandfather reads him the story of a farmboy-turned-pirate who encounters numerous obstacles, enemies and allies in his quest to be reunited with his true love. Based on the book.

Starring: Robin Wright, Cary Elwes, Mandy Patinkin

Fantasy, comedy / Rated: PG / Runtime: 1hr 38min



MONDAY MOVIES



THURSDAY MOVIES

Breaking Away

August 7, 6:30pm

A top-notch cyclist learns that the world's bicycling champions are always Italian. He tries to turn himself into an Italian, driving his parents crazy. But everything changes after he meets the Italian racing team. He challenges the locals the annual bike race.

Starring: Dennis Quaid, Daniel Stern, Jackie Earle Haley

Comedy, drama / Rated: PG / Runtime: 1hr 41min



Untouchables

August 14, 6:30pm

During Prohibition, Treasury agent Eliot Ness sets out to stop ruthless Chicago gangster Al Capone, and assembles a small, incorruptible team to help him.

Starring: Kevin Costner, Sean Connery, Robert DeNiro

Action / Rated: R (violence) / Runtime: 1hr 59min

The Searchers

August 28, 6:30pm

A battle-scarred Civil War veteran, accompanied by his nephew, spends years looking for his niece, who was abducted by the Comanches as a child. This film was named the Greatest American Western by the American Film Institute. Based on the book.

Starring: John Wayne, Natalie Wood, Jeffrey Hunter

Western / Rated: Not Rated



FRIDAY MOVIES

The Rookie

August 1, 6:30pm

If his high school baseball team makes the playoffs, the team's baseball coach will try out for the major leagues. It's never too late to try and make your dreams come true. Based on a true story.

Starring: Dennis Quaid, JD Evermore, Beth Grant

Sport / Rated: G / Runtime: 2hr 7min



Princess Diaries

August 8, 6:30pm

The goal in life for a very gawky teenager just wants to survive each school day with a minimum of attention. However, her estranged grandmother arrives and tells her she's a real-life princess - heir to the throne! Can she survive "princess lessons"?

Starring: Julie Andrews, Anne Hathaway, Hector Elizondo

Comedy / Rated: G / Runtime: 1hr 55min



To Sir With Love

August 15, 6:30pm

A novice teacher faces a class of rowdy working-class punks. The students try to break the teacher's spirit. Instead, the teacher treats the students as young adults

Starring: Sidney Poitier, Christian Roberts, Judy Geeson

Drama / Rated: Not rated / Runtime: 1hr 45min



Three Amigos

August 22, 6:30pm

When a villainous bandit terrorizes her small Mexican village, a damsel in distress enlists the help of three goofy singing cowboy Hollywood stars – mistakenly believing that they are as heroic in person as they are onscreen. It's a case of mistaken identity. Or is it?

Starring: Steve Martin, Martin Short, Chevy Chase

Comedy / Rated: PG / Runtime: 1hr 44min



Queen

August 29, 6:30pm

After the death of Princess Diana, Queen Elizabeth II struggles with her reaction to a sequence of events nobody could have predicted. Princess Diana died August 31, 1997.

Starring: Helen Mirren, Michael Sheen, James Cromwell

Drama / Rated: PG-13 (themes) / Runtime: 1hr 43min



RAC BOARD GENERAL UPDATE

RAC Quarterly General Update

Tuesday, August 12th
2:00pm in O'Donnell Room

Meet your new Resident Advisory Counsel, committee chairpersons, and learn about what the committees will be focused on for the next two years.

The RAC Board committees are resident run groups that focus on certain aspects of our campus including Culinary, Life Enrichment, Facilities, and Hospitality amongst others. They normally gather once a month as a committee and use resident input to create, plan, and advise administration on the needs of the residents. Joining a committee is a great way to help shape St. Camillus into a community we all are happy to call home.

Open enrollment for the 2025-2027 committee members will be explained and started at this meeting.



**WE WANT YOU
TO BECOME A RAC BOARD
COMMITTEE MEMBER**



COMMUNICATION MEETINGS

**LATEST
UPDATE**

Friday Email Blast

Every Friday Morning

The email blast is weekly email from administrative staff with important information about the upcoming week. If you are interested in getting these emails please stop by the West reception desk to update your email contact information.

Operational Update

Tuesday, August 26th
2:00pm in O'Donnell Room

The operational update is a communication based meeting in which Independent Living staff updates what will be happening in the next month.

Monthly Statement Review

Lora is available to answer resident questions regarding monthly statements.

RSVP are required.

Call **Lora Ehlert** in Accounting
(414) 259-7718 to appointment

Recycling Progress update



We have recycled
508lbs of plastics as
a community as of
July, 17th 2025

Our deadline to meet
our 1,000lb goal is
January 31st, 2026!

We are on track to our
free Trex Bench! Let's
keep recycling!

Needed....

Volunteer to help with NexTrex Plastic Recycling Program here at St. Camillus.

- Maximum two hours per week.
- Drive our recyclables to Festival Foods in West Allis every other week for our credit with NexTrex.
- Commitment for a minimum of 9 months.
- Training provided for the simple tasks of the program.
- Feel free to Pair up with a friend or neighbor and make it more fun..
- Help your neighbors receive a free bench

Please contact
Janell Manson at Ext. 8249
or Arlynn Griffin at Ext. 8274
with any questions or to volunteer.



What is acceptable to
recycle for our free bench?

ACCEPTABLE

Remove all paper labels. Must be dry and free of crumbs, grease and grime. Any color is acceptable.

- 👍 Produce bags
(including lettuce, apples, potatoes...)
- 👍 Store bags
- 👍 Ziploc-type bags
- 👍 Cereal box liner bags
- 👍 Plastic mailers
- 👍 Bread, bun, bagel bags
- 👍 Dry cleaning bags
- 👍 Newspaper bags
- 👍 2 & 4 bag plastics
- 👍 Ice bags
- 👍 Case overwrap
- 👍 Bubble wrap
- 👍 Shrink wrap

Deposit these acceptable items in the large white bins in either the West Bluemound Market or the East Business Center.

NOT ACCEPTABLE

Deposit these items that are not acceptable in with your regular trash/garbage.

- 👎 NO wet bags, or those with crumbs, grease, grime and/or paper labels.
- 👎 NO paper
- 👎 NO shiny/crinkly film
- 👎 NO salad mix bags
- 👎 NO grape bags
- 👎 NO 6- or 8-pack rings
- 👎 NO meat or cheese packaging
- 👎 NO chip bags
- 👎 NO candy/nut wrappers
- 👎 NO bulk candy bags
- 👎 NO five soft plastics
- 👎 NO pet food bags
- 👎 NO biodegradable or compostable bags
- 👎 NO personal protective equipment (PPE)
- 👎 NO hard plastics

REVITALIZEWellness

Independent Living D

Monday	Tuesday	
Morning Express Stretch East from 8:45-9:05am	Morning Express Stretch East from 8:45-9:05am	
Video Exercise West from 9:00-9:30am	Water Aerobics Pool from 9:00-9:45am	Video Exercise West from 9:00-9:30am
Ageless Grace East from 9:30-10:00am		Silver Sneakers: Strength East from 9:30-10:15am
Ageless Grace West from 1:30-2:00pm	Silver Sneakers: Chair Yoga West from 1:30-2:15pm	
Afternoon Water Aerobics Pool at 4:45pm		

Pool Daily Schedule

Pool Hours 5:00 am - 9:00 pm Daily
Closed for cleaning Fridays 7am-11am

Water Aerobics

Tuesday & Thursday at 9:00am
Wednesdays, at 4:45 pm

Lap Swimming

Daily from 8:00-9:00 am
Monday-Saturday from 1-2:00pm

Water Walking (No Jets)

Daily 10:30-11:30 am
Monday-Saturday from 2-3:00pm

Resistance Walking (With Jets)

Monday-Friday 11:30 am-12:30pm

Wellness Center Orientation (Complimentary)

Work with our Staff to become familiar with our fitness center and pool. We will provide you an overview of our state-of-the-art equipment and how to join our various classes. Waivers for use of the Center will be completed at this time.



Daily Fitness Schedule

Wednesday	Thursday	
Morning Express Stretch East from 8:45-9:05am	Morning Express Stretch East from 8:45-9:05am	
Video Exercise West from 9:00-9:30am	Water Aerobics Pool from 9:00-9:45am	Video Exercise West from 9:00-9:30am
Silver Sneakers: Stability East from 9:30-10:15am		Silver Sneakers: Strength East from 9:30-10:15am
Zoo Walk with Claire E. Lobby from 10:30-11:30am	Balance Basics East from 10:30-11:00am	
Ageless Grace West from 1:30-2:00pm	Silver Sneakers: Chair Yoga West from 1:30-2:15pm	
Yoga Flow/Mat Based East from 2:30-3:15		
Afternoon Water Aerobics Pool at 4:45pm		

Opportunities for Healthy Living

Orientation

Some are oriented to the program. We will give you a tour of the state of the art facility and our fitness programs. Revitalize Wellness is at this time.

One-On-One Coaching

(Fee \$30 per 30 min session)

Work one on one with our Senior Fitness Instructor to develop a fitness program and schedule that will assist you in your fitness goals. We will ensure you are performing exercises with good form and technique, as well as introduce new exercises.

Fitness Testing

(Complimentary)

This is an opportunity to have fitness testing in balance, and upper body and lower body strength as well as endurance. We will help guide with suggestions for fitness activities to participate in to improve functional fitness and independence.

For more information call: Revitalize Wellness (414)-259-4547



Hours of Service Revitalized Wellness



Fitness Center open 24/7

The Fitness center locks at 4:30 pm. Please use key fob to enter after hours

Independent Physicians Of Wisconsin Clinic

West Residence Suite #103
Questions? (414) 376-9687

Mondays 10:00 am-2:00 pm

(Family Nurse Practitioner)

Fridays 2:00 pm-5:00 pm

(Internal Medicine MD)

By Appointment or Walk-in
Most insurance plans accepted

Wellness Nurse Open Consultation

Tuesdays 9:30am-11:00am

Thursdays 1:30pm-3:00pm

Saturdays 8:00am-1:00pm

Consultations, minor first aid care, blood pressure checks, and preventative care.

Revitalize Wellness Center Questions? (414)-259-4547)

Fitness Center is open 24/7

Pool is open from 5:00am-9:00pm

Staffed Mon-Friday 8am-4:00pm

Signed waivers are **required**.
Key fob required after 4:30pm daily

Wellness Nurse \ Mon-Fri 8am-4:00pm \ Sat. 8am-1:00pm
East Wellness Center Questions? (414) 259-4681

Wellness Spotlights

Monthly Resources

For Your Health & Well-being

Materials in Revitalized wellness center

Gastroparesis Awareness Month and
National Immunization Awareness Month

Community Café

Summer Fun

Wednesday, August 20th 1:30pm

Revitalized Wellness Center

Join us as we reminisce on summer fun and travel and sample summer tastings. Each Community Café focuses on a variety of unique activities.

You might have one café enjoying the connections of demographic-appropriate music and dancing, while others might focus on crafts and painting. Cafés facilitate informal conversation to create new friendships or guide the participants in exercises that foster reminiscing. There truly is something for everyone.



Make an Appointment

Toe Nail Trimming

Appointments Required

WWS West

Monday August 18th / 9am-4pm

RWC East

Monday, August 11th / 9am-4pm

Appointments with trained & certified wound, skin and nail registered nurses. \$35 for a 30min session.

You can pay directly by cash, monthly statement, or card.

Toe Nail Trimmers, LLC
Phone: 262-719-0336

Hearing Aid Care

*In Partnership with Wisniewski
Custom Hearing Instruments*

Tuesday, August 19th
9:00am-12:30pm in RWC

This service includes cleaning, filter and battery change, sound adjustment and repair.

**Sign Up in Wellness Binder
Located near the Bistro**



**MAKE AN
APPOINTMENT**

Spa Day

"Unwind, Recharge, and Revitalize:
Your Spa Escape Awaits!"

Tues, August 12th / 9:00-12:30pm
Revitalized Wellness Center

**Sign Up in the Wellness Binder
Located in Alcove near the Bistro**

Partnership with IBrow Threading & Spa
Services include: Choice of facial (3 options) Massage (Upper or Lower body) Hair removal (Waxing or Threading) Henna eyebrow tint. Fees paid directly to Brow threading Price list available.

Dr. Fischer Podiatry Appointments

Dr. Jeffery Fischer, D.P.M. Nail Trimming (in your home), ingrown nails and other foot problems are addressed. Medicare approved. (please contact your provider to confirm coverage).

For an appointment call Dr. Fischer's Office at (414) 449-3338.

**To make appointments or
reservations, visit the sign up
area near the Bistro**

**Please call Revitalize Wellness
Manager, Jenny Zimpel with any
questions: (414) 259-4547.**



Revitalized Wellness Programs

Save The Date Annual Vaccinations here at St Camillus Thursday, October 16th

Mark your Calendars for our Swan Pharmacy Vaccinations this fall. This will be an opportunity to get your vaccinations; Flu, Covid, and/or RSV in one visit. If you wish to have your vaccines earlier than this date you are encouraged to reach out to your physician or local drug stores that offer vaccines. Please look for more information to come and instructions on how to sign up for appointments.



Blood Pressure Checks With nurse Kate

Saturdays, 10-11am
West Game Room

Drop by to check your blood pressure!



Marquette Student Fitness Classes

Saturdays August 9 & 30
9:30am / Revitalized Wellness Center

Join the Marquette girls for a fun and energizing series of fitness classes! We'll feature a different class theme, with each session lasting approximately 30 minutes, including a warm-up and cool-down. Our classes are designed to accommodate both seated and standing abilities, ensuring everyone can participate.

St. Camillus Area Parkinson's Support Group

Monday, August 11th
1:30pm / Jelen Community Room

Join the Parkinson's Support Group who will feature Dr. Gupta, neurosurgeon from Froedtert Hospital. Dr. Gupta will speak about deep brain stimulation, DBS. Come join this important conversation.

Alcoholics Anonymous

Tuesday at 7:00pm
The Learning Studio

For more information Call
Margaret 414.333.1534
Eddie 414.217.4000

Meet The Pharmacist

*Presented in partnership
with Froedtert Bluemound Pharmacy*

Tuesday, August 5th
Revitalized Wellness Center / 10:30am

Join for an informative session talking about all things "Supplements"! With so many out there, what should we take and what should we avoid? Presented by Kevin with Froedtert Bluemound Pharmacy. Come join the conversation.

Nordic Dancers Practice
Sundays
6:00pm-7:30pm
RWC East Studio

Colonial Dancers Practice
Saturdays
6:00-7:00pm
RWC East Studio

Sensational Sensors! Help Shape the Future of Rehab Technology! The Week Of Monday, August 18th - Friday, August 22nd

Researchers from both Marquette University and The Medical College of Wisconsin are looking for Volunteers to participate in a quick, one-time study using wearable sensors! They are creating an application that can correctly detect activities used in rehabilitation and would like to have your help in creating data for the process. Activities will include Arm Raises, Sit To Stand, Leg Raises & Marching, Walking around using your cellphone, and Simply Sitting. All Levels of physical abilities and ages are welcome. Your participation will take approximately 15-20 minutes. Please sign up for an appointed time in the Revitalize Wellness Book located in the West Residence Alcove area or feel free to walk up at the events and the students will be sure to accommodate you!!



MORE COMMUNITY EVENTS

Open Crafting Time

Every Monday / 1:00pm / Enrichment Studio

It is time to start making wonderful handmade crafts in preparation of the Craft Fair! If you are interested in donating your skills and/or time to help craft, all crafters are welcome to stop by.

Open Crafting

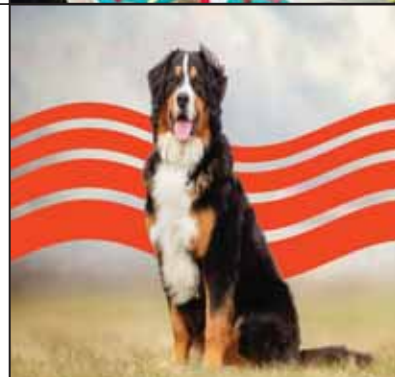


Pet Visits with Gretel

Friday, August 22nd

1:00pm In West Lobby

A sweet Bernese Mountain dog who loves to be pet and give you a little snuggle. You can almost feel your blood pressure dropping with each pet of this loving therapy dog.



Coffee & Connections

with Marquette Students

Fridays 8/1, 8/8, 8/29 in August/ 9:00am / The Pub

Kick off your Friday with coffee and conversation! Grab a seat for this casual chat with conversation dictating the topics. All are welcome and no sign up needed.

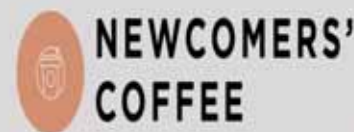


RAC Board Hospitality Newcomer Coffee!

Wednesday, August 27th

9:00am in The PUB

The RAC Hospitality Committee would like to welcome any new residents to enjoy a cup of coffee and a chance to meet some of your neighbors in a relaxed atmosphere. Feel free to join even if you have been here a while!



Recycle Beyond the Bag

Recycle your household bags & wrap into, Trex's Earth-Friendly composite decking and railings. be on the look out for large white recycle containers in the common areas and place your grocery bags, clean bread bags, & zip-lock bags. After collecting enough bags Trex will make us a bench from the recycled plastic.





ST. CAMILLUS CRAFT FAIR

Recipes needed!

July 1st to September 1st

Please drop off at East or West Desk

The craft committee would love to add your favorite recipe to our 2025 Cookbook. The cookbook will be a collaboration of resident recipes shared in one place. If you are interested in having your favorite recipe added please write down your recipe and drop it off at either the East or West desks. We Thank You for your collaboration, Happy Cooking!



2025

Craft Fair Recipe Collection Cook Book



Family recipes from generations of cooking.



UPDATE:

You will now see a wonderful new addition in the form of vision assistance in the Library. With the proceeds of the 2024 craft fair we were able to purchase a electronic magnifier device that will be available for all to use.



CRAFT FAIR BAKERS

Attention All Bakers! Our annual Craft Fair is scheduled for November 1st. Our scrumptious Bake Sale is a popular draw for shoppers. Begin reviewing your favorite baked goods recipes: pies, cakes, cupcakes, breads, cookies, etc. In September a flyer will be delivered to your door with more information.



BUS SHOPPING SCHEDULE

Every Tuesday

Departing at 1:00pm

Every Thursday

Departing at 10:00am



The Bus picks up at both East & West for each trip.

Please note:

Times are subject to change, in a case of change those signed up will be notified by phone.

Reservations are required as space is limited

West Residents

Call (414) 259-6300

East Residents

Call (414) 259-6304

Tuesday Stores

- Target
- Trader Joe's
- Sendiks
- Post Office
- Walmart

Thursday Stores

- Pick N Save
- Walgreens
- Aldi
- Tosa Library



MU STUDENT ACTIVITIES

Tech Talks

With Janie Schulz

Tuesdays, August 5, 12, & 19 @ 2:00pm in West Game Room

Stop by on Tuesday afternoons for tech troubleshooting with Marquette Student Janie Schulz! Note: for the month of August, all programming dates will consist of 1:1, drop-in style assistance. Lectures will resume next month!



Saturday Morning Zoo Walks

With Janie Schulz

Saturdays, 8/2, 8/9, 8/23, 8/30

9:30am / Meet in East Lobby

Soak up the summer sun and make your steps count with Saturday morning Zoo walks! Meet in the East lobby to walk over to the zoo together -- no tickets or membership required and everyone is welcome! Join your St. Camillus neighbors for a leisurely morning stroll with all the best views.

Brain Games

With Daija Holiday

Saturdays, 8/2, 8/9, & 8/30

10:30am in Jelen Community Room

Keep your mind sharp as a tack by participating in fun and enjoyable games! Join your neighbors to work on mind puzzles and games.

Marquette Student Fitness Classes

Saturdays August 9 & 30

9:30am / Revitalized Wellness Center

Join the Marquette girls for a fun and energizing series of fitness classes! We'll feature a different class theme, with each session lasting approximately 30 minutes, including a warm-up and cool-down. Our classes are designed to accommodate both seated and standing abilities, ensuring everyone can participate.

Matinee with Marquette Students

Saturdays, August 9 & 30th

2:00pm / Theater

Visit the theater for an early afternoon showing of a film selected by Marquette students.
August 9th: Alfred Hitchcock's The Birds (1963)
August 30th: Adam Sandler's Grown Ups

Coffee Connections

Fridays, 8/1, 8/8, & 8/29

9:00am / The Pub

Kick off your Friday with coffee and conversation! Please stop by if your interested in casual, free-flowing chats. All are welcome and no sign-up is necessary.

NATIONAL ROOT BEER FLOAT DAY



Root Beer Float and Chat

With Janie Schulz

Wednesday, August 6th

7:15pm in the Pub

Marquette student in residence Janie would love to have you join her for a late night sweet treat in The Pub. Celebrate National Root Beer Float Day on August 6th at 7:15 p.m.! Join your St. Camillus friends and neighbors for a sweet treat and time to chat.

Let's Play: Family Feud

Sunday, August 3, 10 & 17th

6:00pm / O'Donnell Room

Survey says... join us, Sunday evenings, for all sorts of Family Feud fun! Everyone is welcome - if you don't know how to play, we'll teach you - and teams will be determined by your host, Marquette Student Janie Schulz, upon arrival.

Family Feud questions and answers are generated by a random, 100-person survey panel. Teams work to reveal the most popular answers for each question and battle head-to-head in order to win the round.

LUAU PARTY



Wednesday, August, 27th
2-3:30pm Mansfelds Patio (OD if rain)

It's Party Time! Grab your most fun Hawaiian Shirts. As we snack on Luau treats and listen to the wonderful sound of the Steel Drum and Marimba with of friends Caribbean Eclipse.





NEW MARQUETTE STUDENTS

**“That person is too young to live here!”
“Who are they?”**

Not so fast, I think they do live here! We have three new Marquette Graduate students joining the community ready to jump right in continuing loved activities and starting new ones! There will be a proper introduction to the new students by flyer and in the September Activities book as they move in!

We are excited to throw a party once everyone is settled and kick off a new year of the Marquette Student in Residence Program!



BOOK CLUBS

Morning Book Club

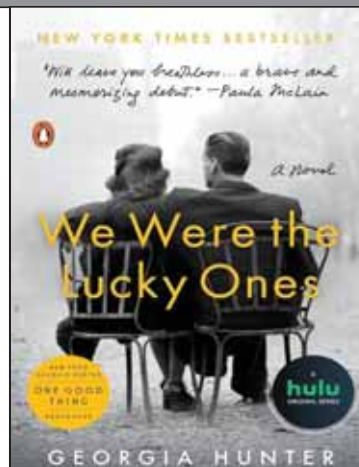
We Were The Lucky Ones by Georgia Hunter

Wednesday, September 10th

10:00am in Learning Studio

NEW YORK TIMES BESTSELLER

Inspired by the incredible true story of one Jewish family separated at the start of World War II, determined to survive—and to reunite. It is the spring of 1939 and three generations of the Kurc family are doing their best to live normal lives, even as the shadow of war grows closer. The talk around the family Seder table is of new babies and budding romance, not of the increasing hardships threatening Jews in their hometown of Radom, Poland. But soon the horrors overtaking Europe will become inescapable and the Kurcs will be flung to the far corners of the world, each trying to navigate his or her own path to safety.



Afternoon Book Club

Wednesday, **August 20** / 1:00pm in MPDR

Dragonfly by Leila Meacham

A gripping Story about five young spies embedded among the highest Nazi ranks in occupied Paris. At the end of World War II. A handful of idealistic young Americans receive a mysterious letter from the government asking them if they are willing to fight for their country.



Afternoon Book Club

Strangers in Time by David Baldacci

Wednesday, September 17th

1:00pm in Mansfelds private Dining Room

Charlie matters. Life has always been a fight for survival. Orphaned with no prospects. Charlie steals what he needs, living day to day until he can enlist in the battle against the Germans. He stumbles upon a quiet bookshop where he steals biscuits, a blank book and the money from the till, only to be seen by the owner the interactions between the characters in this story. Ride enjoyable read.



PASTORAL CARE

LITURGICAL SERVICES

San Camillo Chapel (West Residence)

MASS

Mon-Fri -11:00am SC Chapel
Saturdays -4:00pm SC Chapel
Sundays -9:30am SC Chapel

Our Lady of Perpetual Help Devotions

Mondays - after Mass - SC Chapel

Divine Mercy Devotions

Fridays - 3:30pm - SC Chapel

ROSARY

Mon-Fri - 10:30am - SC Chapel

Confession & Adoration

Postponed due to the Holiday.
Confession available by appointment.

Guardian Angel Chapel (East Residence)

MASS

Mon-Fri - 3:30pm - GA Chapel
Sunday - 10:30am - GA Chapel

Devine Mercy Devotions

Fridays - 3:00pm – GA Chapel

Our Lady of Guadalupe Chapel (North Residence)

MASS

Mon-Fri - 11:00am - OLG Chapel
Sundays - 11:00am - OLG Chapel

ECUMENICAL SERVICES

Community Chapel Worship

Guardian Angel Chapel
10:30am to 11:15am

Ecumenical Communion Services

Mondays, August 4th & 18th - GA Chapel
Pastor Perrie Dralle,
Gethsemane Lutheran Church

Clinical Pastoral Education (CPE) Students

Monday, August 11th - 10:30am - GA Chapel

Retired Rev. Szymanski, First Congregational Church

Monday, August 25th - 10:30 - GA Chapel

MORE PASTORAL CARE OFFERINGS

Weekly Scripture Sharing

Mondays 2:30pm to 3:30pm
Learning Studio

Caregiver's Support Group

2nd Wednesday, monthly

Wednesday, August 13

2:00pm to 3:00pm

Learning Studio

Connect with other caregivers to give and receive help, advice, friendship, and emotional support.

Grief Support Group

3rd Wednesday, monthly

Wednesday, August 20

2:00 to 3:30pm

Learning Studio

Journey with neighbors mourning the loss of loved ones through the ever-changing landscape of grief.

The Masses in Our Lady of Guadalupe and Guardian Angel Chapels would love your help!



Opportunities include Sacristans and Lectors particularly for Sundays, and also for Daily Masses. Training provided, and you choose your frequency!

Sacristans: help at Catholic Masses to prepare the altar and chapel for liturgical celebrations. Clean up after.

Lectors: proclaim the Word of God in a manner that can nourish and help the community to embrace God's Word.

Mass Times

Daily Masses, Monday - Friday, 11:00 a.m. (OLOG)

Daily Masses, Monday - Friday, 3:30 p.m. (GA)

Sunday Masses, 11:00 a.m. (OLOG)

Sunday Masses, 10:30 a.m. (GA)

Additional opportunities include musicians, prayer leaders, Communion ministers to the homebound, and many more. **Contact any Chaplain to learn more!**

To schedule a tour or
learn more information about
our active Life Plan Community,
please call 414.259.6310.

