

2026



MARCH

LIFE ENRICHMENT | ACTIVITIES BOOK

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Questions about activities?

Call Life Enrichment:
Zach 414-259-3730 or
Krystal 414-259-3788.



Don't forget to grab your new and improved Companion Calendar!



ENTERTAINMENT & PARTIES

Discords: Spring Concert

Music: Ukulele & Piano

Tuesday, March 24th | 2 PM | O'Donnell Room

Join us for a toe-tapping afternoon of music with St. Camillus' very own ukulele group, **The Discords!**

Come enjoy familiar favorites, lively tunes, and the wonderful talent of our community musicians. Bring a friend and get ready to sing along, you won't want to miss it!

Name That Tune

Hosted by: MU student Joe Mann

Friday March 18th | 3 PM | O'Donnell Room

Get read to play NAME... THAT... TUNE! Participants will split into teams and be challenged to name popular songs based on a five second selection (for example, the five seconds before the chorus). If no one can identify the song, another five seconds will be played. The team with the most correct answers wins!

Junior League Singers

Music

Monday, March 9th | 2:30 PM | O'Donnell Room

You're invited to a special performance! Come enjoy an afternoon of inspiring vocals, classic favorites, and heartwarming harmonies. Their talent and enthusiasm are sure to brighten your day. We hope you'll join us!



St. Patrick's Day Party

Music by: **Gould & Jaeger**

Monday, March 16th | 2 PM | O'Donnell Room

Join us for a shamrockin' good time at our St. Patrick's Day Party!

Celebrate with festive fun, great company, and special musical guests **Gould & Jaeger** bringing Irish music to keep the spirit of the day going strong. Wear your green and come ready to celebrate



Carolyn Wehner

Music: Piano

Wednesday, March 18th | 2 PM | The Pub

Join us for a beautiful afternoon of music with pianist & vocalist **Carolyn Wehner**.

Sit back, relax, and enjoy an inspiring performance filled with timeless melodies. We hope you'll join us for this special musical experience!



CASINO NIGHT

TUESDAY, MARCH 24TH 3PM - 6PM

\$50.00

Enjoy Blackjack, Craps, Roulette, and Texas Hold'em Poker along with lots of other fun!

Wear your casino attire and take pictures in the photo area.

Appetizers & Limited Bar Included

Sign up will be open in the culinary book until Monday March 9th or until reservations are filled.

SPACE IS LIMITED TO 75 PEOPLE
WALK INS WILL NOT BE ALLOWED


 St. Camillus
 A Life Plan Community

Glencastle Irish Dancers

Music & Dance

Sunday, March 8th | 2:30 PM | The Pub

Feel the rhythm and celebrate the spirit of Ireland with the Glencastle Irish Dancers! Join us as we invite them for a lively 30-minute performance filled with traditional Irish music and high-energy dance.

SPEAKERS & OTHER ENTERTAINMENT

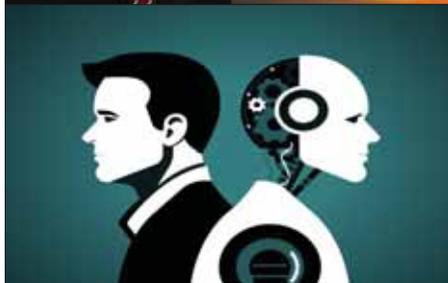


Tim Crain

7 part series

“Vietnam: America’s Longest War 1954-75’

More information on next page! (page 4)



Is AI a Threat To Humanity?

Speaker: Dennis Roscoe

Monday, March 23rd | 2 PM | O’Donnell Room

Join us for an engaging presentation, “**Is AI a Threat to Humanity?**” Explore the possibilities, challenges, and ethical questions surrounding artificial intelligence in this thought-provoking discussion. Come ready to learn, reflect, and share your perspective on one of today’s most important topics.



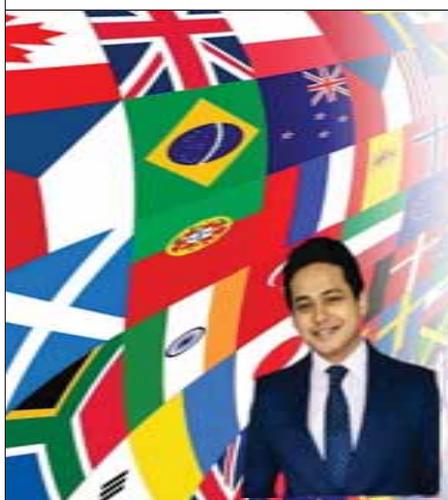
VA Benefits Speaker

Speaker: Veteran Affairs

Thursday, March 19th | 2 PM | O’Donnell Room

Join us for an informative presentation on **VA Benefits**, presented by representatives from the VA.

Learn about available services, eligibility requirements, and how to access the benefits you or your loved one may have earned. Bring your questions and take advantage of this helpful opportunity to connect directly with VA experts.



World Culture Hour

A 4-Part series with Sam Samson

Thursdays, 6:30 PM | O’Donnell Room

This March, step into an exciting exploration of the rich cultures, vibrant traditions, and fascinating histories of five incredible nations. Each week unveils a new destination, bringing stories, heritage, music, and traditions to life in a way that will make you feel like you’ve truly traveled there.

Journey Line-Up:

India		March 5th		6:30 PM		O’Donnell Room
Australia		March 12th		6:30 PM		O’Donnell Room
Israel		March 19th		6:30 PM		O’Donnell Room
Switzerland		March 26th		6:30 PM		O’Donnell Room



Lay Camillian Family: Sister Pavana

Thursday, March 19th | 2 PM | O’Donnell Room

Sister Pavana a perpetually professed religious nun in the congregation of Mother of Carmel, moved from India to the US in February 2023 and joined our campus in 2025. She serves as chaplain in skilled nursing. Her presentation will be about Lent, especially the Life of King David from the Old Testament and Temptation of Jesus.



Girl Scout Cookie Sales

Seller: Neighborhood Girl Scout

Wednesday, March 18th | 2 PM | O’Donnell Room

Support our local Girl Scouts and treat yourself at the same time! It’s Girl Scout cookie season, and your favorite classic flavors are here. Every purchase helps fund leadership experiences, community projects, and new adventures for these hardworking young entrepreneurs. Stop by, stock up, and enjoy a sweet way to make a difference!

SPEAKER SERIES

Seven-Part Speaker Series with Tim Crain **VIETNAM: AMERICA'S LONGEST WAR 1954-75**

Wednesday Nights:

March 4th	6:30 PM	O'Donnell Room
March 11th	6:30 PM	O'Donnell Room
April 1st	6:30 PM	O'Donnell Room
April 8th	6:30 PM	O'Donnell Room
April 15th	6:30 PM	O'Donnell Room
April 22nd	6:30 PM	O'Donnell Room
April 29th	6:30 PM	O'Donnell Room

March 4:

French Imperialism in Vietnam, 1880–1945

Overview of French colonial rule in Indochina, its economic and cultural impact, and the rise of Vietnamese nationalism, including early reform movements and leaders like Ho Chi Minh. Concludes with the Japanese occupation and the 1945 political crisis.

March 11:

France and Vietnam, 1946–1954

Examines the First Indochina War between France and the Viet Minh, the role of Cold War politics, U.S. financial support, the Battle of Dien Bien Phu, and the Geneva Accords dividing Vietnam at the 17th parallel.

April 1:

The United States and the Creation of South Vietnam, 1955–1960

Explores U.S. support for Ngo Dinh Diem, the formation of an anti-communist South Vietnam, cancellation of national elections, and the early insurgency that became the Viet Cong.

April 8:

Escalation Under Kennedy and Johnson, 1961–1965

Traces growing U.S. involvement, the overthrow of Diem, the Gulf of Tonkin Resolution, Operation Rolling Thunder, and the deployment of combat troops in 1965.

April 15:

Fighting the War, 1965–1968

Covers peak U.S. military engagement, search-and-destroy strategy, air power, rising casualties, and the political impact of the Tet Offensive.

April 22:

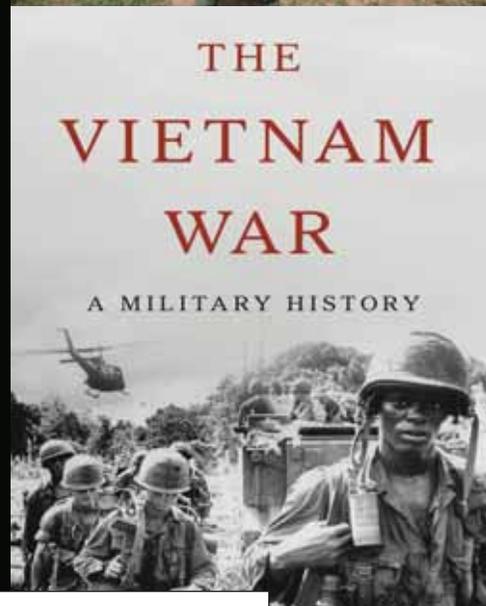
The War at Home and Vietnamization, 1968–1973

Focuses on the antiwar movement, My Lai and Kent State, Nixon's Vietnamization policy, expansion into Cambodia and Laos, and the Paris Peace Accords.

April 29:

The Fall of Saigon and the War's Legacy, 1973–1975 and Beyond

Examines the collapse of South Vietnam, the fall of Saigon, refugee crises, and the war's lasting impact on U.S. policy, Cold War politics, and public memory.



SAVE THE DATE:

Robert Neary - A Campus-Wide Neil Diamond Music Event
 Tuesday, April 21st | 2:30 PM | Mansfelds Dining Room.

You may recognize Robert Neary from his work in acting, Broadway, and music. We are thrilled to welcome Robert Neary to campus and invite you to enjoy an afternoon of great music and storytelling.



RECURRING EVENTS & GAMES

<p>Sunday Singalong Sundays 1 PM The Pub March 1,8, & 15 Feel free to join us as we sing popular songs from a variety of eras.</p>	<p>Crafty Conversations <i>Hosted by: Resident Christine Hagen</i> Fridays 9-10:30 AM Enrichment Studio Start your Fridays with conversation, creativity, and connection during <i>Crafty Conversations</i>. This relaxed, drop-in gathering is perfect for anyone who enjoys chatting while working on a craft. Bring your own project and supplies for the craft you would like to work on. Come for a few minutes or stay the whole time, all are welcome.</p>
<p>Care Squares 2nd & 4th Thursday Monthly 1 PM East Lobby Thanks to resident Carol S., Care Squares returns for a cozy hour of knitting, crocheting, and conversation. All skill levels welcome, just bring your yarn and a smile!</p>	<p>Chat & Stitch 1st & 3rd Thursday Every Month 1:30 PM Enrichment Studio All are welcome to join us in knitting, crocheting, or your favorite handiwork or just sit and chat with us. We provide the yarn, needles and instructions!</p>
<p>Pet Visit With Gretel Friday, March 6th 1 PM West Lobby This sweet Bernese Mountain Dog is a snuggle pro and loves being pet! With every tail wag and cuddle, your stress melts away, it's like a furry therapy session in motion!</p>	<p>Watercolor Painting Class Saturdays 2:30 PM Enrichment Studio Join resident artist Bob Caffrey as he shares fun techniques for creating beautiful artwork. Newcomers are always welcome, no experience needed! It is never too late to enjoy watercolors!</p>
<p>Friday Bingo Fridays 1:30 PM O'Donnell Room BINGO! With a mix of regular bingo and special patterns, St. Camillus Bingo is always a blast! Whether you are playing or one of the very appreciated volunteers. Everyone is invited!</p>	<p>Dis-cords Ukulele Practice Thursdays 3 PM Zingsheim Room Join our very own Dis-cords Ukulele Group, a lively group of 24 players who meet weekly to practice. New players are welcome. Stop by a Thursday session to learn more, try an instrument, and find out if the ukulele group is right for you!</p>
<p>Fun Bridge Fridays 12:30 PM West Game Room Are you looking to play bridge in a stress-free, social, and neighborly environment? We welcome all skill levels and no invite or partner need. You are welcome to sign up as a single or as a partner. Just sign up in the activity book found in the sign up nook.</p>	<p>Charismatic Prayer Group Sundays 7:15 PM Jelen Room Charismatic Prayer group meets every Sunday night, and welcomes everyone!</p>
<p>Rummikub Wednesdays 1 PM Enrichment Studio Rummikub is a fun, and fast paced game. It is Gin Rummy meets Dominoes! All are welcome!</p>	<p>Tuesday Sheepshead Group 6:30-8:30 PM East Game Room Experienced players only using leasters, and "double on the bump" Thursday Sheepshead Group 2-4 PM West Game Room This group of players are willing to give refreshers on how to play different styles.</p>
<p>Duplicate Bridge Saturdays 11:45 AM West Game Room Please Sign-Up in Activity Binder This group is always looking for new players.</p>	<p>Canasta Group Sundays 1:00 PM Enrichment Studio This is a group for experienced players to face off in the game of Canasta!</p>
<p>Mexican Train Dominoes Mondays 6:30 PM Jelen Room If you don't know how to play, no worries, we will teach you! Everyone is welcome to have the fun!</p>	<p>Let's Play Pool Saturdays 1:00 PM East Game Room Join in for some friendly casual neighborhood competition anytime!</p>





St. Camillus
Catholic High School

SUNDAY MOVIES

Leap Year

March 1, 2 PM

A woman travels to Ireland to propose to her boyfriend, per an Irish tradition. But after landing on the wrong side of Ireland, she enlists the help of a handsome and carefree local man to get her across the country.

Starring: Amy Adams, Matthew Goode, Adam Scott
Comedy, romance | Rating: PG | Runtime: 1hr 40min

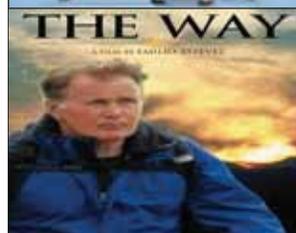


Forrest Gump

March 15, 2 PM

A warm, honest, mentally challenged man tells his life story to anyone who sits next to him at a bus stop. The flashbacks follow him through some of the highlights of modern American history. Academy Award winner for best picture. Today is the Oscar ceremony.

Starring: Tom Hanks, Sally Field, Robin Wright Penn
Drama | Rating: PG-13 (violence, themes) | Runtime: 2hr 21min



The Way

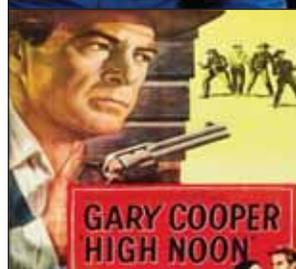
March 22, 2 PM

A man's son was killed while walking the Camino de Santiago. Rather than return home, the father decides to embark on the historical pilgrimage to honor his son's desire to finish the journey. The journey has a profound impact on him.

Starring: Martin Sheen, Emilio Estevez
Drama | Rating: PG-13 (themes) | Runtime: 2hr 1min

St. Camillus
Catholic High School

MONDAY MOVIES

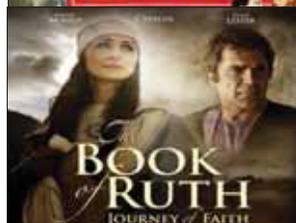


High Noon

March 2, 2 PM

A lawman stands alone to defend a town of cowardly citizens against a gang of killers seeking revenge. In one of the greatest showdowns in cinema history, the sheriff stands to lose not only the town, but also his bride.

Starring: Gary Cooper, Grace Kelly
Western | Rating: PG | Runtime: 1hr 25min



The Book of Ruth: Journey of Faith

March 23, 2 PM

Choosing to leave her homeland, the widowed Ruth follows her mother-in-law Naomi to Israel. A chain of seemingly unrelated events sets the stage for the future kings of Israel.

Starring: Sherry Morris, Carman, Eleese Lester
Drama | Rating: Not rated | Runtime: 1hr 31min



Bridgerton, Season 4

Mondays, 6:30 PM

One episode at **6:30 PM** every Monday, March 1 – April 27
Close-knit siblings of the Bridgerton family look for love and happiness in London high society.

Starring: Luke Thompson, Yerin Ha, Adam Hashmi
Drama | Rating: PG-13 (themes) | Runtime: each about 1 hour

St. Camillus
Catholic High School

SATURDAY'S MARQUETTE MATINEE



Marquette Matinee

With Daija Holliday

Matinee's start at 1:30 PM

Visit the theater for an early afternoon showing of a film selected by Marquette students.

March 7th: The Peanut Butter Falcon

March 14th: Gifted

March 21st: The Goonies

March 28th: The Man Who Knew Too Little





St. Camillus
Catholic Community

FRIDAY MOVIES

Song Sung Blue

March 6, 6:30 PM

Two musicians form a joyous Neil Diamond tribute band called Lightning and Thunder, rising from a humble garage to unexpected hometown stardom. Will their passion for music give them strength when tragedy strikes? Based on a true story with Milwaukee roots.

Starring: Hugh Jackman, Kate Hudson

Biography, musical | Rating: PG-13 (violence, themes) | Runtime: 2hr 12min



Wedding Planner

March 13, 6:30 PM

A wedding planner falls for a handsome doctor – who turns out to be the groom in the biggest wedding of her career.

Starring: Jennifer Lopez, Matthew McConaughey

Romance, comedy | Rating: PG-13 (themes) | Runtime: 1hr 43min



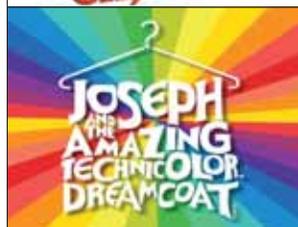
Oh, God

March 20, 6:30 PM

God comes to Earth as a modern old man but has a hard time convincing his chosen messenger that he is really God. Once convinced, the man has a hard time convincing his family and the rest of the world that he hasn't gone insane.

Starring: George Burns, John Denver, Teri Garr

Comedy | Rating: PG | Runtime: 1hr 38min



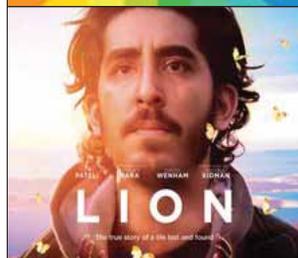
Joseph and the Amazing Technicolor Dreamcoat

March 27, 6:30 PM

A lively and colorful journey through ancient Egypt, this movie follows the rags-to-riches story of Joseph, his eleven brothers, and the coat of many colors.

Starring: Donny Osmond, Richard Attenborough, Joan Collins

Musical | Rated: PG-13 (themes) | Runtime: 1hr 18min



St. Camillus
Catholic Community

THURSDAY MOVIES

Lion

March 5, 6:30 PM

A five-year-old Indian boy gets lost on the streets of Calcutta, far away from home. He survives many challenges before being adopted by a couple in Australia; 25 years later, he sets out to find his lost family.

Starring: Dev Patel, Nicole Kidman, David Wenham, Deepti Naval

Drama | Rating: PG-13 (themes) | Runtime: 1hr 58min



Hamlet

March 12, 6:30 PM

Hamlet learns that his father, the King, has recently died and his mother has already married his uncle. The young prince is visited by the ghost of his father, who claims that he was murdered by the uncle. Now, Hamlet must decide if this is true and how he should get revenge.

Starring: Mel Gibson, Glenn Close, Paul Scofield

Drama, thriller | Rating: PG-13 (violence, themes) | Runtime: 2hr 10min



Bye, Bye, Birdie

March 19, 6:30 PM

The biggest rock & roll star of the 60's is about to be drafted. An aspiring song writer is convinced he can make his fortune and marry his girlfriend if he gets the star on the Ed Sullivan show. Two teenagers break up over the planned kiss by the star.

Starring: Dick Van Dyke, Janet Leigh, Ann-Margret

Musical | Rating: G | Runtime: 1hr 52min



Bonhoeffer: Agent of Grace

March 26, 6:30 PM

A German clergyman of great distinction actively opposed Hitler and the Nazis. He could have kept quiet but instead worked with the Resistance. His convictions cost him his life. Based on a true story.

Starring: Ulrich Tukur, Johanna Klante, Robert Joy

Drama | Rating: Not rated (violence, war) | Runtime: 1hr 30min



St. Camillus
 A Life That Counts

hairspray
 THE BROADWAY MUSICAL

The Fireside

Friday, April 24th | 9:15-4:00 PM

It's 1962 in Baltimore, and Tracy Turnblad just wants to dance. When she lands a spot on a popular TV show, she goes from outsider to local celebrity overnight. But fame isn't enough, Tracy sets out to stand up for what's right, challenge the status quo, and bring people together, all while chasing her dreams and a little romance along the way.

Winner of 8 Tony Awards, including Best Musical, *Hairspray* is packed with high energy dancing, '60s rock and roll, big laughs, and an uplifting message of acceptance and inclusion.

Come join us for a feel good show that will have you clapping, smiling, and maybe even dancing in your seat!



The Fireside

DESTINATION: The Fireside Theatre

Cost: \$150 per person

Includes:

- Lunch (options listed on the sign-up sheet)
- Ticket to *Hairspray*
- Round-trip transportation via Badger Coaches

Trip Format:

This trip will be self-guided by participants.

Itinerary | Friday, April 24

9:25 AM | Departure from the East Lobby

10:30 AM | Arrival at The Fireside Theatre

10:30 AM – 1:00 PM | Lunch

1:15 PM | Showtime

2:45 PM | Badger Coach arrival for pick-up

4:00 PM | Arrival back at St. Camillus

Important Notes:

- The trip includes a one-hour bus ride each way.
- Participants must be comfortable remaining seated for an extended period and able to board and exit the bus using stairs, as no elevator is available.
- Tickets and transportation are purchased in advance. Therefore, no refunds will be issued after sign-up.

Sign-Up Required:

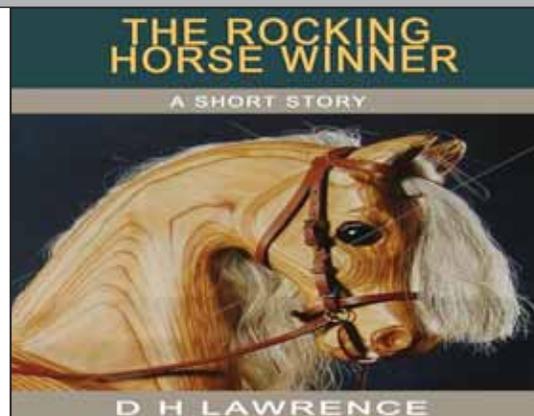
Please sign up in the Life Enrichment Activities binder outside of the Bistro by March 13.

Short Story Group

The Rocking-Horse Winner by D.H. Lawrence

Tuesday, March 17th | 1 PM | Learning Studio

D.H. Lawrence's "The Rocking-Horse Winner" is a tragic tale about Paul, a young boy who obsessively rides his rocking horse to predict winning racehorses and gain his cold, materialistic mother's love. Driven by the house's whispering demand for "more money," Paul wins vast sums with gardener Bassett and Uncle Oscar, but the frenzied pursuit leads to his fatal exhaustion after a massive, final win.

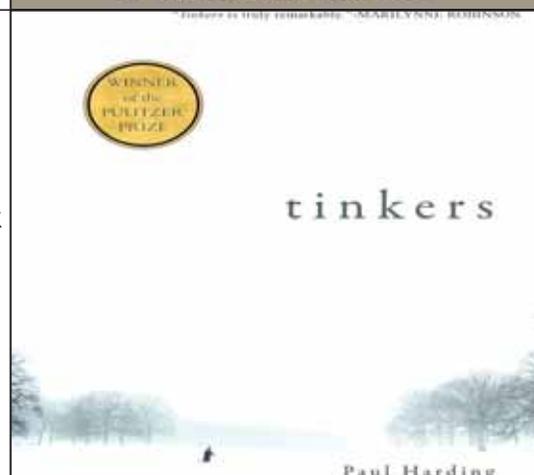


Morning Book Club

Tinkers by Paul Harding

Wednesday, March 11th | 10 AM | Learning Studio

Tinkers is Paul Harding's 2009 debut novel, a Pulitzer Prize-winning work that follows an elderly clock repairman, George Washington Crosby, as he reflects on his life and his father's struggles with epilepsy while on his deathbed. The narrative weaves together memories of his impoverished New England childhood, his father's life as an itinerant peddler, and his grandfather's religious madness, creating an elegiac meditation on love, loss, and the beauty of nature through lyrical, poetic prose.



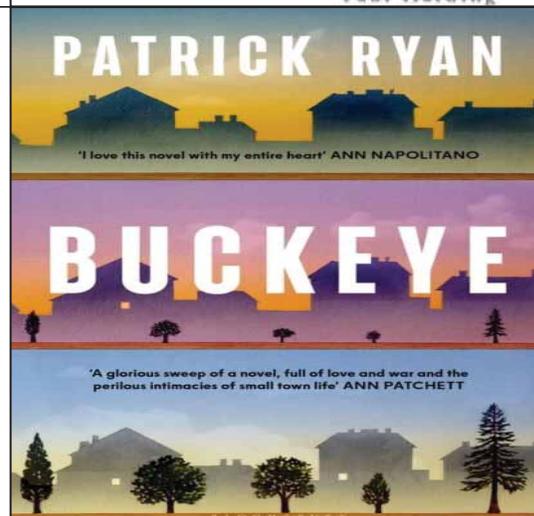
Afternoon Book Club

March's Pick

Buckeye: A Novel by Patrick Ryan

Wednesday, March 18th | 1 PM | Mansfelds Private Dining Room

Buckeye by Patrick Ryan is an intergenerational novel set in the fictional Ohio town of Bonhomie, following two families, the Jenkins and the Salts, from the end of WWII through the late 20th century, exploring how a single, impulsive act of infidelity between Cal Jenkins and Margaret Salt creates a secret that ripples through their lives and the next generation, examining themes of love, loss, identity, and forgiveness. The story is praised for its rich characters, historical sweep, and compassionate look at the human spirit, with critics comparing Ryan's style to Richard Yates.



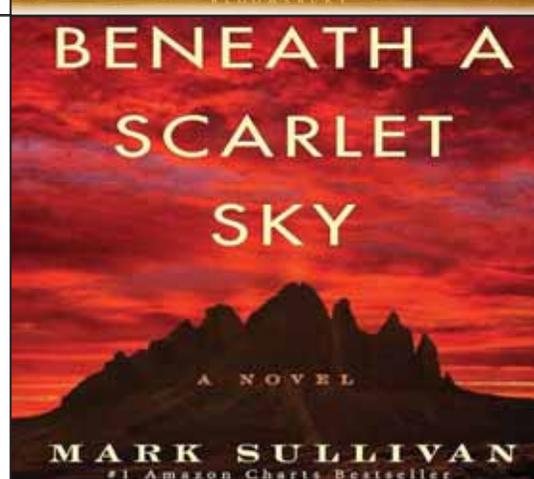
Afternoon Book Club

April's Pick

Beneath A Scarlet Sky by Mark Sullivan

Wednesday, APRIL 15th | 1 PM | Mansfelds Private Dining Room

Beneath a Scarlet Sky by Mark T. Sullivan is a historical fiction novel based on the true story of Pino Lella, an Italian teenager who becomes a spy for the Allies during WWII, working as a driver for a high-ranking Nazi official in Milan while secretly helping Jews escape to Switzerland. The book follows his journey from a normal life to becoming a hero, navigating love, danger, and the horrors of war, and is known for its blend of romance, suspense, and historical detail.



REVITALIZE Wellness

Independent Living D

Monday	Tuesday		Wednesday
Morning Express Stretch East 8:30–8:50AM	Morning Express Stretch East 8:30–8:50AM		Morning Express Stretch East 8:30–8:50AM
Video Exercise West 9 - 9:30 AM	Water Aerobics Pool 9 - 9:45 AM	Video Exercise West 9 - 9:30 AM	Video Exercise West 9:00 - 9:30 AM
Ageless Grace East 9:30 - 10 AM		Silver Sneakers: Strength East 9:30 - 10:15 AM	Stability & Strength East 9 - 9:45 AM
			Zoo Walk with Claire E. Lobby 10:30 - 11:30 AM
Ageless Grace West 1:30 - 2:00 PM	Silver Sneakers: Chair Yoga West 1:30 - 2:15 PM		Ageless Grace West 1:30 - 2 PM
Afternoon Water Aerobics Pool 4:45 PM			Afternoon Water Aerobics Pool 4:45 PM

Pool Daily Schedule

Pool Hours | 5:00 AM - 9:00 PM Daily
Closed for cleaning | Fridays 7-11 AM

Water Aerobics
Tues & Thurs | 9 AM
Wed | 4:45 PM

Lap Swimming
Daily | 8-9 AM
Mon-Sat | 1-2 PM

Water Walking (No Jets)
Daily | 10:30-11:30 AM
Mon-Sat | 2-3 PM

Resistance Walking (With Jets)
Mon-Fri | 11:30 -12:30 PM

Wellness Center Orientation

(Complimentary)

Get started on your wellness journey with a personalized introduction to our Fitness Center and Pool! Our friendly staff will walk you through our state of the art equipment, explain how to join our fitness classes, and answer any questions you may have. This is also the time to complete your Wellness Center waivers, so you're all set to begin. Come explore, get comfortable, and take the first step toward a stronger, healthier you!



REVITALIZED WELLNESS CENTER HOURS



Independent Physicians Of Wisconsin Clinic

West Residence | 103W
Questions? (414) 376-9687

Mondays | 10 AM-2:00 PM
Family Nurse Practitioner

Fridays | 2-5:00 PM
Internal Medicine MD

By Appointment or Walk-in
Most insurance plans accepted

Wellness Nurse

Mon-Fri | 8am-4:00pm
Saturdays | 8am-1:00pm

Wellness Nurse

Open Consultation

Tuesdays | 9:30-11 AM
Thursdays | 1:30-3 PM
Saturdays | 8:00-1 PM

Consultations, minor first aid care, blood pressure checks, and preventative care.

Revitalize Wellness Center

Questions? (414)-259-4547)

Fitness Center | Open 24/7
Pool Hours | 5 AM - 9 PM
Staffed Mon-Fri, | 8 AM - 4 PM

Fitness Center open 24/7

The Fitness center locks at 4:30 pm.
Key Fob required to enter after hours



WELL-BEING RESOURCES



Monthly Health & Well-Being Resources

This month stop by the Revitalized Wellness Center to find informational resources on: Deep Vein Thrombosis, Kidney Health, and Nutrition Awareness



PLEASE MAKE AN APPOINTMENT



MAKE AN APPOINTMENT

Dr. Fischer

Podiatry Appointments

(414) 449-3338

Offering convenient in-home care, including nail trimming, treatment for ingrown nails, and other foot concerns. Medicare approved, please check with your provider to confirm coverage.

Appointment Scheduling: Call Dr. Fischer's Office



Toe Nail Trimming

Friday, March 13th | 10 AM - 4 PM | West Wellness Studio
Friday, March 27th | 9 AM - 4 PM | East RWC

Appointments with trained & certified wound, skin and nail registered nurses. \$35 for a 30 min session. You can pay directly by cash, monthly statement, or card.

Toe Nail Trimmers, LLC | Phone: 262-719-0336

Spa Day

Unwind | Recharge | Revitalize

Tuesday, March 10th | 9-12:30 PM
Revitalized Wellness Center

Partnership with IBrow Threading & Spa Choose from a facial (3 options), upper or lower body massage, hair removal (waxing or threading), or henna brow tint. Fees are paid directly to IBrow Threading. Price list available.

Hearing Aid Care

Tuesday, March 17th
9 AM-12:30 PM | RWC

This service includes cleaning, filter and battery change, sound adjustment and repair, in Partnership with Wisniewski Custom Hearing Instruments

Sign Up in Wellness Binder located near the Bistro



Visit the sign up area near the Bistro to make appointments. Questions? Call Revitalize Wellness Manager, Jenny Zimpel: (414) 259-4547



REVITALIZE WELLNESS PROGRAMMING

St. Camillus

Parkinson's Support Group

Monday, March 9th | 1:30 PM | Jelen Community Room

This month we're excited to welcome Angela Giangiulio, an experienced speech therapist, who will be introducing the dynamic and empowering program, "LOUD."

Designed to build confidence and strengthen communication, the LOUD program offers practical tools in a supportive and encouraging environment.

Come be part of the discussion, ask questions, and discover how this innovative program is helping individuals find and use their voices with greater strength and clarity. Questions? Reach out to Sandy Klingensmith at sandy.klingensmith@gmail.com

Meet The Pharmacist: Dr. Kevin Lewis

Presented in partnership with
Froedtert Bluemound Pharmacy

Dr. Kevin Lewis joins us throughout the year to share valuable info on a variety of health topics, including how prescription and over-the-counter medications and supplements can support overall wellness.

At this time, we do not have his next visit date confirmed. His presentations will continue based on his availability and schedule. Please watch for flyers and community updates for the most current information on upcoming sessions.

Stability, Strength & Mobility

Wednesdays | 9 AM | RWC

Join our Marquette Physical Therapy students for a small group strength and balance training program utilizing free weights and cloth TheraBands to increase lower body and core strength.

This class is limited to 12 participants. Contact Bridget McNair at bmcnair@stcam.com or 414-259-6204 with any questions.

New Friday Fitness Opportunities

Fridays, 8:30 AM Morning Stretch
Fridays, 9:30 AM Yoga Flow/ Mat Based

We are excited to offer an additional Morning Stretch class on Fridays. Please note that Yoga Flow will no longer be held on Wednesdays and has been moved to Fridays. Be sure to check the updated Fitness Schedule in your Life Enrichment Book (page 11) for calendar update.

Community Café

Sweet Wisconsin: A Maple Café

Wednesday, March 18th | 1:30 PM | Revitalized Wellness Center

Each Community Café features its own mix of activities, from games and educational sessions to music, dancing, crafts, and painting. Cafés encourage conversation, connection, and reminiscing, so there's something for everyone.

Cafés facilitate informal conversation to create new friendships or guide the participants in exercises that foster reminiscing. There is something for everyone.

Mission Journey:

Embarking on a Virtual Lenten Journey with Jolliet & Marquette's 1673 Expedition

Starting Wednesday, February 23rd
Ending Easter Sunday, April 5th

Join us this Lent as we set out on a virtual mission journey following the historic route of Louis Jolliet and Father Jacques Marquette. Beginning at St. Ignace, at the head of Lake Michigan, and traveling south along the Mississippi River, this expedition covered thousands of miles by canoe and on foot before returning to St. Francis Xavier Mission in De Pere, Wisconsin.

Throughout Lent, residents are invited to contribute miles through the six dimensions of wellness, physical, social, intellectual, spiritual, emotional, and community.

Participation may include movement, learning, reflection, connection with others, and acts of service as we collectively "travel" the route of this remarkable 1673 journey. Weekly goals will be set, with opportunities to enter drawings for special prizes along the way.

Full journey details, including how activities count toward miles, are available in a handout. Handouts may be picked up by the East and West mailboxes!



MU Fitness Series

With Daija Holliday

Saturdays,
March 7th & 21st
9:30 AM | RWC

More info on Page 16

Dancing Groups:

Colonial Dancers

Saturdays
6 PM | RWC East Studio

Nordic Dancers Practice

Sundays
6 PM | RWC East Studio

Alcoholics Anonymous

Tuesdays | 7 PM
The Learning Studio

For more information Call
Margaret 414.333.1534
Eddie 414.217.4000

Blood Pressure Checks

With Nurse Kate

Saturdays | 10-11 AM
West Game Room

Drop by to check
your blood pressure!



COMMUNICATIONS

RAC Board General Meeting

Tuesday, March 17th | 2 PM | O'Donnell Room

The RAC Board General meeting is an open invite to all residents and staff that would like to hear what wonderful things the Resident Advisory Counsel (RAC) has been up to over the last Quarter.



Monthly Statement Review

Lora Ehlert, *AR Coordinator*, is available to answer resident questions regarding monthly statements. Call Lora Ehlert in Accounting, (414) 259-7718, to schedule an appointment to discuss your monthly statement.

Spring Lunch with Jeremy!

Join Jeremy Pust, Executive Director of Independent Living, for a casual and welcoming lunch gathering. Enjoy a plated meal, connect with fellow residents, and share stories or questions in a relaxed, friendly setting.

Operational Update

In observation of Holy Week we will host our next Operational Update **APRIL 28th** | 2 PM

The Monthly Operational Update is a community-wide meeting where members of the Administration come together to share important updates, review recent developments, and discuss what to expect in the month ahead.

To make sure everyone has the opportunity to be heard, each gathering is limited to 12 participants. When signing up, please plan to attend only one gathering per quarter so that as many residents as possible can participate.

April Dates:
(March is still a breakfast)

April 9 | 11 AM | RBPDR
April 23 | 11 AM | RBPDR

Friday Email Blast

Every Friday Morning

The weekly email blast from admin staff shares key info for the upcoming week. To subscribe, visit the West reception desk to update your info with your email contact information.

Library News

Did you know...

- The Library has a magnifier that you can use to read your materials?
- There is a collection of jigsaw puzzles in the cabinet of the West 5th floor lounge? Feel free to help yourself.
- There are more than 160 CDs and DVDs of Great Courses, audiobooks, lectures and conferences, TV series and movies in the cabinet in the lounge on the seventh floor of West? Unfortunately we do not have any CD players or DVD players to loan you. There is no checkout system. Just return the item when you are finished with it.

MSO Trip Reminder

Friday, March 6th | 9:30 AM

As a reminder for those that have purchased season tickets through the MSO we meet in the East Lobby



BUS SHOPPING SCHEDULE

The Bus picks up at both East & West for each trip.

Reservations are required, as space is limited



West Residents
Call (414) 259-6300

East Residents
Call (414) 259-6304

Please note:
Times are subject to change, in a case of change those signed up will be notified by phone.

Every Tuesday
Departing | 1:00 PM

Tuesday Stores

-Target
-Trader Joe's
-Sendiks
-Post Office
-Walmart

Every Thursday
Departing | 10:00 AM

Thursday Stores

-Pick N Save
-Walgreens
-Aldi
-Tosa Library



ROOM KEY & OFFICE UPDATES



Which Room

Chris Sosnay

Vice President – Order of St. Camillus Foundation

Chris remains located in the East Building and has moved to the former package room, directly across the hall from his previous office.

Jacque Kelnhofer

Independent Living Chaplain

Please join us in welcoming Chaplain Jacque to her new office in Independent Living. Her office is now located just behind the St. Camillus statue in the East Lobby.

East Package Room

The East Package Room has moved and is now located next door to its previous location, closer to the East Desk.

ROOM KEY:

Below you will find a list of Common area room abbreviations found on the Companion Calendar and the TVs. These abbreviations are often used when space is limited. If you have any questions reach out to the desks or Life Enrichment

OD	O'Donnell Room (West)
JCR	Jelen Community Room (East)
ZS	Zingshiem (East)
LS	Learning Studio (West)
ES	Enrichment Studio (West)
WWS	West Wellness Studio (West)
WGR	West Game Room (West)
EGR	East Game Room (East)
ELOB	East Lobby (East)
WLOB	West Lobby (West)
RWC	Revitalize Wellness Center (East)
MDR	Mansfelds Dining Rom (East)
GA	Guardian Angel Chapel (East)
SC	San Camillo Chapel (West)
PUB	The Pub (East)
AT	The Atrium (West)
TR	Theater (East)
RBPDR	Rose Bagozzi Private Dining Room (West)
RWCER	Revitalize Wellness Center Education Room
MPDR	Mansfelds Private Dining Room



RAC HOSPITALITY COMMITTEE NEWS

RAC Hospitality's Floor Rep Meetings

Friday, March 13th | Jelen Community Room

1 PM | East Floor Reps | JCR

2 PM | West Floor Reps | JCR

These floor representative meetings are hosted on an as needed basis and a used to inform the floor representatives of information that may help in their role as a Floor Representative.

RAC Board Hospitality Newcomers Coffee!

Last Wednesday Monthly | 9 AM | The PUB

New to the community, or looking to make some new connections?

Come enjoy coffee and conversation with the RAC Hospitality Committee! This friendly gathering is the perfect way to meet your neighbors, ask questions, and learn more about everything happening here at St. Camillus. Whether you're settling in for the first time or simply want to chat with someone, our Hospitality Committee is here to help you feel right at home.

RAC Board Hospitality From your Floor to Italy

Thursdays, 2/12-5/7

More information will be delivered by invite in the days leading up to your floors scheduled time.

The focus of these dinners are to meet your neighbors, and what better way than a trip to get Italian food!

The schedule is as follows:

Mar. 05 | 2W & 3W

Mar. 12 | 1W & 10W

Mar. 19 | 4E, 13E & 14E

Mar. 26 | 3E, 11E & 12E

Please note when signing up in the Culinary Book outside the Bistro that Culinary asks that you sign up under Italian Night for the date on your invitation. Culinary will know you are coming for this event based on your Apartment number.

Hospitalitynews



MARQUETTE STUDENTS IN RESIDENCE

Springtime Crafting

With Janie Schulz

Wednesdays, March 4th & 25th
9:30 AM | Enrichment Studio

Celebrate the season with spring-themed art, crafts and decorations! Join us for a relaxing, no-pressure crafting experience featuring cheerful, easy-to-make spring art projects. All materials are provided, and activities are designed with beginner crafters in mind. Just bring your creativity and love for Spring — we'll take care of the rest!

Coffee & Conversations

With Daija Holliday | Fridays | 9 AM | The Pub

Kick off your Friday with coffee and conversation! Please stop by if you're interested in casual, free-flowing chats. All are welcome and no sign-up is necessary.

Brain Games

With Daija Holliday

Saturdays, 3/7 & 3/21
10:30 AM | Jelen Community Room

Keep your mind sharp as a tack by participating in fun and enjoyable games! Join your neighbors to work on mind puzzles and games.

Marquette Fitness Series

With Daija Holliday

Saturdays, March 7th & 21st
9:30 AM | Revitalize Wellness Center

Join the Marquette students for a fun and energizing series of fitness classes! We'll feature a different class theme, with each session lasting approximately 30 minutes, including warm-up and cool-down. Our classes are designed to accommodate both seated and standing abilities, ensuring everyone can participate.

Name That Tune

With Joe Mann

Wednesday March 25th | 3 PM | O'Donnell Room

Get ready to play NAME... THAT... TUNE! Participants will split into teams and be challenged to name popular songs based on a five second selection (for example, the five seconds before the chorus). If no one can identify the song, another five seconds will be played. The team with the most correct answers wins!

TEDx Series

With Jacob Barnes

Tuesdays, 3/3, 3/17, 3/24, & 3/31 | 3:30 PM | Jelen Room

Join Marquette Student, Jacob Barnes, in a stimulating viewing of a educational talk followed by a facilitated conversation.



Karaoke Night

MU Student Host: Joe Mann

Wednesday, March 18th | 6 PM | O'Donnell Room

It's that time again! Joe will be hosting an incredible night of music and laughter, where the audience becomes the performer. Whether you're stepping up to the mic or cheering from your seat, you won't want to miss it!

Listening Party

With Joe Mann

Fridays, | 2 PM | The Pub

Join our group to listen to and discuss new and familiar music! Come in with music suggestions, join the conversation, or just listen; any way, we look forward to seeing you!

Zoo Walks

With Janie Schulz

Saturdays 3/21 & 3/28 | 9:30 AM | East Lobby

Spring is on the horizon... come make your steps count with Saturday Morning Zoo Walks! We meet in the East Lobby at 9:30 AM to walk over to the zoo together, no tickets or membership required!

Join your St. Camillus neighbors for a leisurely morning stroll with all the best views!

Notes:

- Zoo Walks will occur weather permitting. If conditions are icy, if there is excessive snowfall, or if the temperatures are below 40 degrees, this event will be cancelled see the TVs for the most up to date information.
- Marquette Student Janie will only be present for the March 21st and 28th Zoo Walks due to Spring Break!



MARQUETTE STUDENTS IN RESIDENCE

Marquette Matinee

With Daija Holliday

Matinee's start at 1:30 PM

Visit the theater for an early afternoon showing of a film selected by Marquette students.

March 7th: The Peanut Butter Falcon (2019)
 March 14th: Gifted (2017)
 March 21st: The Goonies (1985)
 March 28th: The Man Who Knew Too Little (1997)

Tuesday Game Nights

With Janie Schulz

Tuesdays 3/3, 3/24, & 3/31
 6:30 PM | Enrichment Studio

Join Marquette Student Janie Schulz for Tuesday Game Nights in March -- come learn a new game, socialize with other residents, and exercise your brain!

A variety of games will be provided, but feel free to bring a new one to share :)

MARQUETTE BASKETBALL WATCH PARTIES

Hosted by MU Jacob Barnes & Resident David Krill

JCR | Sun. March 1st | 3 PM vs DePaul
 JCR | Sat. March 7th | 11:30 AM vs UConn

Join Marquette Student, Jacob Barnes, and Resident, David Krill in the Jelen Community Room to cheer on the Marquette Men's Basketball team! Everyone is welcome to all of our Marquette watch parties whether you are a fan of Marquette or basketball! Bring your own snack and beverage and one to share if you would like. We Are... Marquette!

World Culture Hour

With Sam Samson

Thursdays, 6:30 PM | O'Donnell Room

This March, step into an exciting exploration of the rich cultures, vibrant traditions, and fascinating histories of five incredible nations. Each week unveils a new destination, bringing stories, heritage, music, and traditions to life in a way that will make you feel like you've truly traveled there.

Journey Line-Up:

March 5 — India
 March 12 — Australia
 March 19 — Israel
 March 26 — Switzerland

Lip Sync Battle

Hosted by: Sam Samson

Tuesday, March 10th | 6:30 PM | O'Donnell Room

Lights on.
 Music up.
 Stage ready.

Get set for a night where the mic isn't for singing it's for owning the performance! Join us for a high-energy Lip-Sync & Expression Night where you bring your favorite songs to life with attitude, dance moves, drama, and full-on entertainment.

How it works:

- Pick any song you love
- Perform solo or with your crew
- Add expressions, moves, props
- No singing pressure — just pure performance

Fun Awards Include:

- Best Performer
- Most Entertaining Act
- Crowd Favorite
- Best Group Performance

Whether you're dramatic, funny, stylish, or wild on stage this is your moment to shine.

Viewing of Sergei Rachmaninoff's Symphony No. 2 Performed by Oslo Philharmonic

Hosted by Jacob Barnes

Friday, March 27th | 6 PM | Jelen Community Room

Join us for a viewing of Oslo Philharmonic's performance of Sergei Rachmaninoff's Symphony No. 2. Bring a beverage and come enjoy a top-tier classical music performance right here in Jelen Community Room!

Tech Talks

With Janie Schulz

Dates below, 3 PM | West Game Room

Stop by on Tuesdays for tech troubleshooting with Marquette Student Volunteer Janie Schulz!

March Schedule:

Tues, March 3rd: Drop-in Questions & 1:1 Assistance
 Tues, March 17th: Lecture "Everything Email"
 Tues, March 24th: Lecture "(Apple Brand) Watch & Learn"



PASTORAL CARE PROGRAMMING

LITURGICAL SERVICES

MASSES, DEVOTIONS, PRAYERS

San Camillo Chapel (West Residence)

MASS

Monday - Friday at 11:00 AM
Saturday at 4:00 PM
Sunday at 9:30 AM

Our Lady of Perpetual Help Devotion

Monday, after Mass

Divine Mercy Devotion

Friday at 3:30 PM

Rosary

Monday - Friday at 10:30 AM

Confession

Adoration

First Fridays 9:30-10:00 AM First Fridays, after Mass

Guardian Angel Chapel (East Residence)

MASS

Monday - Friday at 3:30 PM
Sunday at 10:30 AM

Divine Mercy Devotion

Friday at 3:00 PM

Our Lady of Guadalupe Chapel (North Residence)

MASS

Monday - Friday at 11:00 AM
Sunday - 11:00 AM



ECUMENICAL SERVICES

Community Chapel Worship

Guardian Angel Chapel
10:30-11:15 AM

Ecumenical Communion Services

Mondays, March 2 and 16

Pastor Perrie Dralle, Gethsemane Lutheran Church

Monday, March 9 and 30

Rev. Jake Werkheiser, ELCA Pastor & Chaplain
and CPE Students / Chaplain Interns

Monday, March 23

Rev. Barry Szymanski, Congregational Minister

MORE PASTORAL CARE OFFERINGS

Caregiver's Support Group

2nd Wednesday, monthly

Wednesday, March 11

Learning Studio
2:00-3:00 PM

Connect with other caregivers to give and receive help, advice, friendship, and emotional support.

Scripture Sharing

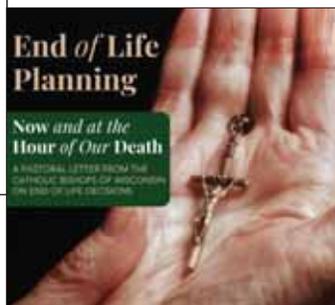
All Mondays in March
Learning Studio
2:30-3:30 PM

Explore the Sunday Gospels with Fr. Naveen

Now and At the Hour of Our Death

Wednesday, March 25

O'Donnell Room
2:00-3:00 PM



Outreach Coordinator for the Archdiocese of Milwaukee Catholic Cemeteries, Jim Schutte, will be here to walk residents through the Rite of Christian Burial, the Church's teachings on cremation, and answer any questions.

Contemplative Prayer

Song * Silence * Scripture

Thursday, March 26

Guardian Angel Chapel
1:30-2:00 PM

Stations of the Cross

Tuesdays of Lent (*now through March 31*)

- Guardian Angel Chapel at 2:30 PM

Fridays of Lent (*now through March 27*)*

- San Camillo Chapel after 11:00 AM Mass
- *Except March 6 when it will begin at 10:30 AM

This devotional is a mini pilgrimage in which we recall and meditate on specific events from Christ's sufferings and death on his last day.

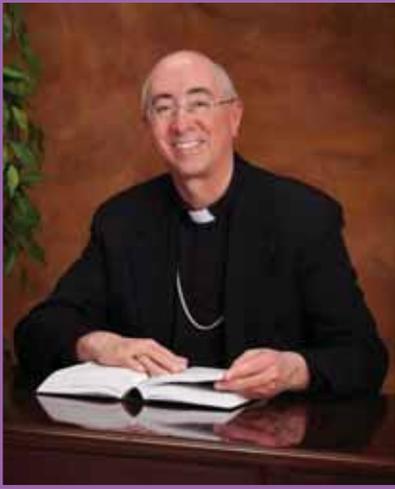
Questions?

Call Chaplain Jacque (414) 259-3754
Email: jkelnhofer@stcam.com

A Lenten Day of Recollection

presented by
The Most Reverend James T. Schuerman

Holy Monday, March 30
San Camillo Chapel



Most Reverend James T. Schuerman was born April 5, 1958. He attended St. Joseph's Grade School, Lyons, Wis., Burlington Jr. High School, and Burlington High School. He enrolled in Saint Francis de Sales Seminary College from 1976 to 1980, earning a Bachelor's of Arts degree and, after attending Saint Francis de Sales Seminary for his first year of theology from 1980 to 1981, was selected for studies at the University of Innsbruck, Austria, earning his Masters of Theology. He was ordained to the priesthood on May 17, 1986, by Archbishop Rembert G. Weakland, O.S.B.

Most Reverend Schuerman was named Auxiliary Bishop of the Archdiocese of Milwaukee by Pope Francis on January 25, 2017.

Bishop Schuerman speaks German and is highly fluent in Spanish, which has aided his ministry in the southwestern area of the archdiocese where there is a growing population of Hispanic Catholics. In 2012, he received the archdiocesan Vatican II Award for Service to the Priesthood.

Morning

10:00 to 10:30 AM Presentation I
 10:30 to 11:00 AM Rosary
 11:00 to 11:45 AM Mass

Afternoon

1:30 to 2:00 PM Presentation II
 2:00pm Reconciliation & Prayer

HOLY WEEK MASS SCHEDULE



PALM SUNDAY | March 29

- 4:00 PM (Saturday) San Camillo Chapel
- 9:30 AM | San Camillo Chapel
- 10:30 AM | Guardian Angel Chapel

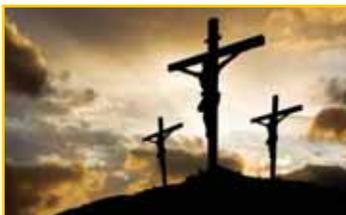
HOLY THURSDAY | April 2

- 3:30 PM | Guardian Angel Chapel
- 7:00 PM | San Camillo Chapel



GOOD FRIDAY | April 3

- 2:00 PM | San Camillo Chapel
- 3:30 PM | Guardian Angel Chapel



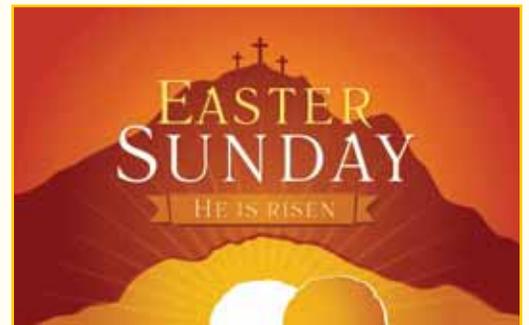
EASTER MASS SCHEDULE

HOLY SATURDAY (Easter Vigil) | April 4

- 7:00 PM | San Camillo Chapel

EASTER SUNDAY | April 5

- 9:30 AM | San Camillo Chapel
- 10:30 AM | Guardian Angel Chapel



Alleluia! Alleluia! Alleluia!

To schedule a tour or
learn more information about
our active Life Plan Community,
please call 414.259.6310.

