


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Programming Key</b> Blue – Physical Mobility/Exercise Green – Special Events Purple – Special TV Programs, Movies, Sports, etc. 	<b>9:30 Morning Moves</b> 9:45 Morning News and Views 10:15 List It! Labor Day Word Game 11:00 Mass in Chapel <b>1:30 Strength and Balance (Upper)</b> 2:00 Hydration 2:15 Lucky 4 Card Game 3:00 Afternoon Stretch & Meditation 4:00 Virtual Guided Museum Tour 5:00 Travel station Labor Day	<b>9:00 Ballroom Dance in the Chapel Alcove</b> <b>9:30 Morning Moves</b> 10:00 Hydration and News 11:00 Mass in Chapel 10:15 Labor Day History 11:00 Mass in Chapel <b>1:00 Yoga in the MP Room</b> 2:00 Hydration 2:15 Labor Day Folk Music Sing a long 3:00 Labor Day word games 4:00 Garden Tour video 5:00 Sports	10:00 Rosary Club – Den 10:00 Dance, Stretch, Breathe 11:00 Mass in Chapel <b>1:30 Strength and Balance (Upper)</b> 2:15 Bingo MP – Room 3:30 Meditation 4:00 Travel Station 5:00 TV Land	<b>9:30 Morning Moves</b> <b>10:00 Daniel Belavinsky – Classical Piano – MP room</b> 11:00 Mass in Chapel <b>1:30 Strength and Balance (Lower)</b> 2:00 Hydration 2:15 Baking club – cookies 3:00 Discussion/trivia – hydration 4:00 Famous Art work documentary 5:30 Memory Lane 6:00 EZ Trivia 6:30 Hydration	<b>9:30 Morning Moves</b> 10:00 Hydration and News/Daily agenda 10:15 Word game 11:00 Mass in Chapel <b>1:30 Strength and Balance (Upper)</b> <b>2:15 Happy Hour with Yuri on Piano – MP room</b> 3:30 Daily Review 4:00 TV Land 5:00 Hallmark Movie	<b>9:30 Saturday Stretches</b> 9:45 Morning News 10:30 Hot Potato 11:00 Trivia <b>1:30 Walking and Wheeling Club</b> 2:00 Hydration/Life History 2:30 Uno 3:30 Card Club 5:00 Action/Comedy Movie
<b>9:30 Sunday Stretches</b> 9:45 Hydration & News 10:00 Ring Toss 11:00 Mass <b>1:30 Strength &amp; Balance (lower)</b> 1:45 Hydration 2:15 Bingo 3:30 Social 5:00 Movie Grandparents Day	<b>9:30 Morning Moves</b> 9:45 Morning News and Views 10:15 Noodle ball 11:00 Mass in Chapel <b>1:30 Strength and Balance (Upper)</b> 2:00 Hydration 2:15 Brain Game – Shelf Sorting 3:00 Music Discussion 4:00 Comedy Variety Show 5:30 Memory Lane 6:00 Uno 6:30 Rhyme Game	<b>9:00 Ballroom Dance in the Chapel Alcove</b> <b>9:30 Morning Moves</b> 10:00 Hydration and News 10:15 Word Game 11:00 Mass in Chapel <b>1:00 Yoga in the MP Room</b> 2:00 Hydration 2:15 Complete the lyrics – song write 3:00 Song shares 4:00 National Geographic 5:00 TV Land	10:00 Rosary Club – Den 10:00 Movement/stretch 11:00 Mass in Chapel <b>1:30 Strength and Balance (Upper)</b> 2:15 Bingo MP – Room 3:30 Breathe/relaxation 4:00 Travel Station 5:00 Sports	<b>9:30 Morning Moves</b> 10:00 Hydration and News 10:15 Singing 11:00 Mass in Chapel <b>1:30 Strength and Balance (Lower)</b> 2:00 Book Club in the Den 3:00 Root beer float Jukebox Social 4:00 National Geographic 5:30 Life History 6:00 Arts and Crafts 6:30 Rhyme Game	<b>9:30 Morning Moves</b> 10:00 Hydration and News 10:15 Famous Hikes Discussion 11:00 Mass in Chapel <b>1:30 “Walk for Memories” Featuring Buddy Love performing classic hits – MP room and Froedtert Grounds</b> 3:30 Review of the day/relaxation 4:00 CNN CH 44 5:00 Fox Sport CH 75	<b>9:30 Saturday Stretch’s</b> 9:45 Morning News 10:00 Bowling 10:30 Word Game 11:00 On this day Reminisce <b>1:30 Walking and Wheeling Club</b> <b>2:30 September Birthday Party - MP Room</b> 3:30 Hydration 5:00 Life Movie
<b>9:30 Sunday Scarf Stretches</b> 9:45 Hydration & News 10:00 Ball Game 11:00 Mass <b>1:30 Strength &amp; Balance (lower)</b> <b>1:45 Walking and Wheeling Club</b> 2:00 Memory/Hydration 2:15 Bingo 3:30 Social 5:00 TV Land	<b>9:30 Morning Moves</b> 10:00 Hydration and News 10:15 So you think you can dance? 11:00 Mass in Chapel <b>1:30 Strength and Balance (Upper)</b> 2:00 Hydration 2:15 Starts with “A” Words 3:00 Music Discussion 4:00 Documentary of WI history 5:30 Life History 6:00 Bingo 6:30 Hydration	<b>9:00 Ballroom Dance in the Chapel Alcove</b> <b>9:30 Morning Moves</b> <b>9:45 Jesuit Troubadours Perform</b> 10:15 Hydration and News 11:00 Mass in Chapel <b>11:30 Lunch outing to Alioto’s Restaurant and bar</b> <b>1:00 Yoga in the MP Room</b> 2:00 Hydration 2:30 Music Appreciation Class 3:00 Singing 4:00 TV Land 5:00 Documentary of famous libraries	10:00 Rosary Club – Den 10:00 Noodle Ball 11:00 Mass in Chapel <b>1:30 Strength and Balance (Upper)</b> 2:15 Bingo MP – Room 3:30 Meditation/Relaxation 4:00 History of the Tango 5:00 Sports	<b>9:30 Morning Moves</b> 10:00 Hydration and News 10:15 Sing a long 11:00 Mass in Chapel <b>1:30 Strength and Balance (Lower)</b> 2:00 Drama club – “The Tango Tangle” - hydration 3:00 Sing a long/Dance Club 4:00 Nostalgic TV shows 5:30 Noodle Ball 6:00 Memory Game 6:30 Hydration	<b>9:30 Morning Moves</b> 10:00 Hydration and News 10:15 This day in History 11:00 Mass in Chapel <b>1:30 Strength and Balance (Upper)</b> <b>2:15 Oktoberfest Happy Hour in MP room</b> 3:30 Relaxation Breathe/Stretch 4:00 Lawrence Welk Show 5:00 Comedy Movie Oktoberfest Begins	<b>9:30 Saturday Stretches</b> 9:45 Morning News 10:30 Basket Ball 11:00 Dice Game <b>1:30 Walking and Wheeling Club</b> <b>2:30 Ice Cream Social MP room</b> 3:30 Social Club 5:00 Comedy Movie
<b>9:30 Sunday Stretches</b> 9:45 Hydration & News 10:00 Ball Game 11:00 Mass <b>1:30 Strength &amp; Balance (lower)</b> 1:45 Walking Club/Hydration 2:15 Bingo 3:30 Social/word game 5:00 National Geographic	<b>9:30 Morning Moves</b> 10:00 Hydration and News 10:15 October Calendar Review 11:00 Mass in Chapel <b>1:30 Strength and Balance (Upper)</b> 2:00 Hydration 2:15 Drama Club – Read a Play 3:00 Music Discussion 4:00 Travel Station 5:30 Guess The Word 6:00 The Life of the Beatles 6:30 Golf Rosh Hashanah Begins Autumn Begins	<b>7:45 Men’s Breakfast in MP Room</b> <b>9:00 Ballroom Dance in the Chapel Alcove</b> <b>9:30 Morning Moves</b> 10:00 Hydration and News 11:00 Mass in Chapel <b>1:00 Yoga in the MP Room</b> 2:00 Hydration 2:30 Drawing to music 3:00 Apple Cider/Apple discussion 4:00 National Geographic 5:00 Nostalgic Movie	<b>10:00 Resident Council - MP room</b> 11:00 Mass in Chapel 1:15 Rosary Club - Den <b>1:30 Strength and Balance (Upper)</b> 2:15 Bingo MP – Room 3:30 Meditation/Relaxation <b>4:00 National Geographic – Germany</b> 5:00 Sports channel	<b>9:30 Morning Moves</b> 10:00 Hydration and News 10:15 Sing a long 11:00 Mass in Chapel <b>1:30 Strength and Balance (Lower)</b> 2:00 Baking club – Cinnamon Raisin Monkey Bread - Hydration 3:00 History of Monkey Bread 4:00 Food Channel 5:30 Memory Lane 6:00 Uno 6:30 Meditation Experience	<b>9:30 Morning Moves</b> 10:00 Hydration and News 11:00 Mass in Chapel <b>1:30 Strength and Balance (Upper)</b> <b>2:15 Apple Theme Happy Hour – MP Room</b> 3:30 Attitude of Gratitude <b>4:00 The history of Dogs</b> 5:00 Travel Station	<b>9:30 Saturday Stretches</b> 9:45 Morning News 10:30 Noodle Ball 11:00 Dice Game <b>1:30 Walking and Wheeling Club</b> 2:00 Arts and Crafts 2:30 Uno 3:30 Rhyme Game 5:00 History Channel
<b>**WISH SOFIA JANKOWIAK A VERY HAPPY BIRTHDAY TODAY!</b> <b>9:30 Sunday Stretches</b> 9:45 Hydration and news 10:00 Dice game 11:00 Mass <b>1:30 Strength &amp; Balance (lower)</b> 1:45 Hydration\ 2:15 Bingo 3:30 Social 5:00 Travel Station	<b>9:30 Morning Moves</b> 10:00 Hydration and News 10:15 Music Trivia/Sing a long 11:00 Mass in Chapel <b>1:30 Strength and Balance (Upper)</b> 2:00 Hydration 2:15 Creative Story Telling 3:00 Music Discussion <b>4:00 National Geographic</b> 5:30 Card games 6:00 The history of Rock and Roll 6:30 Ice Cream Social	<b>9:00 Ballroom Dance in the Chapel Alcove</b> <b>9:30 Morning Moves</b> 10:00 Hydration and News 11:00 Mass in Chapel <b>12:30 Farmer’s Market Outing</b> <b>1:00 Yoga in the MP Room</b> 2:00 Hydration 2:30 Arts and Crafts 3:00 Share/discuss art work <b>4:00 National Geographic</b> 5:00 Hallmark Movie	<div>           September 2025           <div>             WHITNALL PARK SQUARE           </div> </div>			