

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



# February 2026

## LAKE PARK

### Program & Location Key:

**Red – Music Therapy**

**Blue– Physical Mobility**

**Dark Green – Special Events**

**Purple – Special TV Programs, Movies, Sports, etc.**

MP – Multipurpose Room/ CD – Cathedral Den

**Orange – Luncheons/Outings**

**BOLD – Special Group**

<p>9:30 Morning Moves</p> <p>10:00 Active Sport – Noodle Ball</p> <p>10:30 Hydration</p> <p>10:45 Travel to South Korea</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:30 Walking Club/Exercise</p> <p>1:30 IMP Program with Bridget and Students</p> <p>2:30 Bingo! MP Room</p> <p>3:30 Afternoon Social</p> <p>6:00 America's Funniest Home Videos   Ch.12</p> <p>Tu B'Shevat Begins</p>	1	<p>9:30 Mobility Monday</p> <p>9:45 Memory Trees "Winter/Summer Sports"</p> <p>10:15 Social</p> <p>10:15 Make Music with Madeline</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:45 Baking "Ritz Peanut Butter Medal Cookies"</p> <p>3:15 Neighborhood Social</p> <p>3:30 Hot Topic "Winter Olympics"</p> <p>4:00 25 Words or Less   Ch. 18</p> <p>5:45 Snack social</p> <p>6:00 Card Games</p> <p>Groundhog Day</p>	2	<p>9:00 Ballroom Dance – CH Alcove</p> <p>9:30 Morning Stretches &amp; Hydration</p> <p>10:15 Guess A Letter</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:00 Yoga with Colleen – MP</p> <p>2:15 Art Group w/ Grace "Valentine's Day" – CD</p> <p>2:15 Tuesday Trivia – Groundhog Day</p> <p>3:15 Rosary with Sister Cecilia</p> <p>4:00 TV Classics</p> <p>6:00 Jeopardy &amp; Wheel   Ch. 5</p>	3	<p>9:30 Ageless Grace with Jenny</p> <p>10:00 Hydration Social</p> <p>10:15 Music Sing Along</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:30 Strength &amp; Balance</p> <p>2:15 Carolyn Wehner on Piano and Vocals with "Hooray for Hollywood!" – MP Room</p> <p>3:30 This or That?</p> <p>5:30 Grocery Games   CH 66</p> <p>6:30 Snack Social &amp; Trivia</p> <p>HAPPY BIRTHDAY TOM D!</p>	4	<p>9:30 Morning News Show   Ch. 6</p> <p>9:45 Music and movement</p> <p>10:15 Musical Memories</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:1 Sensory Stimulation Program</p> <p>1:30 Floral Arranging</p> <p>2:15 Game Show or News</p> <p>2:15 You Pick Sing Along - MP</p> <p>3:00 Hydration Social</p> <p>3:30 Neighborhood Conversations</p> <p>5:30 Nightly News   Ch.6</p> <p>5:45 Puzzle Club</p> <p>6:15 Water Colors!</p>	5	<p>9:30 Friday Fitness &amp; Hydration</p> <p>10:15 HEART Discussion</p> <p>10:30 Creativity – Decorate for Valentine's</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>12:30-2:00 Marquette High School Special Guests – MP Room</p> <p>1:30 IMP Program with Bridget &amp; Students</p> <p>2:30 Winter Olympics Happy Hour – LAKE</p> <p>3:30 Relaxation</p> <p>5:30 Winter Olympics Opening Ceremony   NBC and Peacock</p> <p>6:15 Social &amp; Life Review</p>	6	<p>9:30 Morning Moves</p> <p>10:00 Active Sport: Basketball</p> <p>10:30 EZ Does It Trivia</p> <p>10:45 Word Games: Similes</p> <p>11:00 Roll a Word</p> <p>1:15 Cinema Saturday: McLintock (1963)</p> <p>1:30 Walk &amp; Talk Club</p> <p>2:00 Art Group: Valentine's Day</p> <p>3:00 Card Club: Uno</p> <p>6:00 Movie Night CH 87</p>	7
<p>9:30 Sunday Stretches</p> <p>10:00 Strength &amp; Balance</p> <p>10:20 Water Social</p> <p>10:30 Travel the World: South Africa</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:15 Cinema Sunday:Heartbeat (1946)</p> <p>1:30 Walking Club</p> <p>1:30 IMP Program with Bridget and Students</p> <p>2:30 Bingo! MP Room</p> <p>3:30 Afternoon Social</p> <p>5:30 SUPER BOWL! Seahawks v. Patriots</p>	8	<p>9:30 Mobility Monday</p> <p>9:45 Memory Trees "Winter/Spring"</p> <p>10:15 Social</p> <p>10:15 Make Music with Madeline</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:45 Baking "Brownie Cup Cakes"</p> <p>3:15 Neighborhood Social</p> <p>3:30 Neighborhood Social &amp; Hot Topic "Valentines Poetry"</p> <p>4:00 25 Words or Less   Ch. 18</p> <p>5:45 Walk and Talk Club</p> <p>6:00 Bean bag Toss</p> <p>6:45 Hydration social</p>	9	<p>9:00 Ballroom Dance – CH Alcove</p> <p>9:30 Morning Stretches &amp; Hydration</p> <p>10:15 Tuesday Trivia – Valentine's Day</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:00 Music and Movement</p> <p>1:30 Cranium Crunches</p> <p>2:15 Art Group w/ Grace "Love" - CD</p> <p>3:15 Rosary with Sister Cecilia</p> <p>4:00 TV Classics</p> <p>6:00 Jeopardy &amp; Wheel   Ch. 5</p>	10	<p>9:30 Ageless Grace with Jenny</p> <p>10:00 Hydration Social</p> <p>10:15 Drumming Experience</p> <p>11:00 Anointing Mass for World Day of the Sick – Chapel (Ch. 956)</p> <p>12pm Valentine's Day Couples Luncheon featuring Entertainment by Craig Seimsen</p> <p>RSVP Required - MP</p> <p>1:30 Strength &amp; Balance</p> <p>1:45 Music and Sensory (LP Den)</p> <p>2:15 Bingo - MP</p> <p>3:30 This or That?</p> <p>5:30 Grocery Games CH.66</p> <p>6:30 Snack Social &amp; Trivia</p>	11	<p>9:30 Morning News Show   Ch. 6</p> <p>9:45 Music and Movement</p> <p>10:15 Love Song Game</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:1 Sensory Stimulation Program</p> <p>1:30 Floral Arranging</p> <p>2:15 Game Show or News</p> <p>2:15 You Pick Sing Along - MP</p> <p>3:00 Hydration Social</p> <p>3:30 Neighborhood Conversations</p> <p>5:30 Nightly News   Ch. 6</p> <p>5:45 Card Game!</p> <p>6:15 Arts and Crafts</p>	12	<p>9:30 Friday Fitness</p> <p>10:00 Hydration</p> <p>10:15 Creativity – "It's the Cat's Meow" Day</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:30 Strength &amp; Balance (Upper)</p> <p>1:30 IMP Program with Bridget and Students</p> <p>2:15 Valentine's Happy Hour – MP</p> <p>3:30 Relaxation and Valentine's Gifts!</p> <p>5:30 Game Show Network</p> <p>6:15 Social &amp; Life Review</p>	13	<p>9:30 Morning Moves</p> <p>10:00 Morning News</p> <p>10:15 Valentines Card Making</p> <p>10:45 Card Games</p> <p>11:00 Hydration + Social</p> <p>1:30 Walking Club</p> <p>2:30 February Birthday Party – MP Room</p> <p>3:30 Afternoon Social</p> <p>6:00 Movie Night CH 87</p> <p>Valentine's Day</p>	14
<p>9:30 Morning Moves</p> <p>9:45 Strength &amp; Balance</p> <p>10:00 Music Ball</p> <p>10:30 Hydration</p> <p>10:45 Travel to the Amazon Forest</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:30 Walking Club/Exercise</p> <p>1:30 IMP Program with Bridget and Students</p> <p>2:30 Bingo! MP Room</p> <p>3:30 Travel the World: Switzerland</p> <p>6:00 America's Funniest Home Videos   Ch.12</p>	15	<p>9:30 Mobility Monday</p> <p>9:45 Calendar Review</p> <p>10:15 Social</p> <p>10:15 Make Music with Madeline</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:45 Baking "Coffee Cake"</p> <p>Neighborhood Social</p> <p>4:00 25 Words or Less   Ch. 18</p> <p>5:45 Walk and Talk Club</p> <p>6:00 Chocolate Trivia</p> <p>6:30 Bingo Night</p> <p>HAPPY BIRTHDAY NORM H!</p> <p>Presidents' Day (U.S.)</p>	16	<p>9:00 Ballroom Dance – CH Alcove</p> <p>9:45 Jesuit Troubadours</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>12:00 Gold Rush Chicken Luncheon</p> <p>1:00 Yoga with Colleen – MP</p> <p>2:15 Art Group w/ Grace "Mardi Gras"- CD</p> <p>2:15 Tuesday Trivia – President Day</p> <p>3:15 Rosary with Sister Cecilia</p> <p>4:00 TV Classics</p> <p>6:00 Jeopardy &amp; Wheel   Ch. 5</p> <p>Ramadan Begins</p> <p>Mardi Gras</p> <p>Chinese New Year (Year of the Horse)</p>	17	<p>9:30 Ageless Grace with Jenny</p> <p>10:00 Hydration Social</p> <p>10:15 Rhythm Stick Games</p> <p>11:00 Ash Wednesday Mass in Chapel (Ch. 956)</p> <p>1:30p Memory Café - Revitalize Wellness Studio</p> <p>1:30 Strength &amp; Balance</p> <p>1:45 Music and Sensory (LP Den)</p> <p>2:15 Bingo - MP</p> <p>3:30 This or That?</p> <p>5:30 Grocery Games 66</p> <p>6:30 Snack Social Trivia</p>	18	<p>9:30 Morning News Show   Ch. 6</p> <p>9:45 Music and Movement</p> <p>10:15 So You Think You Can Sing?!</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:1 Sensory Stimulation Program</p> <p>1:30 Floral Arranging</p> <p>2:15 You Pick Sing Along - MP</p> <p>2:15 Game Show or News</p> <p>3:00 Hydration Social</p> <p>3:30 Neighborhood Conversations</p> <p>5:30 Nightly News   Ch.6</p> <p>5:45 Puzzle and Coloring</p> <p>6:15 Card and Word Games!</p>	19	<p>9:30 Friday Fitness</p> <p>10:00 Hydration</p> <p>10:15 Creativity – Cherry Pie Day</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:00 Stations of the Cross with Sister Cecilia - Chapel</p> <p>1:30 Strength &amp; Balance (Upper)</p> <p>1:30 IMP Program with Bridget and Students</p> <p>2:15 Uri on Piano and Carolyn on Vocals</p> <p>Happy Hour - MP</p> <p>3:30 Relaxation</p> <p>5:30 Game Show Network</p> <p>6:15 Social &amp; Life Review</p>	20	<p>9:30 Morning Moves</p> <p>10:00 Active Sport: Ring Toss</p> <p>10:30 EZ Does It Trivia</p> <p>10:45 Word Games: Opposites</p> <p>11:00 Name That State</p> <p>1:15 Winds of the Wasteland (1936)</p> <p>1:30 Walk &amp; Talk Club</p> <p>2:30 Ice Cream Social - MP</p> <p>3:30 Afternoon Social</p> <p>6:00 Movie Night CH 87</p>	21
<p>9:30 Morning Moves</p> <p>10:00 Strength &amp; Balance</p> <p>10:20 Water Social</p> <p>10:30 Travel the World: Canada</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:15 Cinema Sunday Lady in a Jam (1942)</p> <p>1:30 Walking Club</p> <p>1:30 IMP Program with Bridget and Students</p> <p>2:30 Bingo! MP Room</p> <p>3:30 Afternoon Social</p> <p>6:00 Winter Olympic Closing Ceremony   Ch.12</p>	22	<p>9:30 Mobility Monday</p> <p>9:45 Memory Trees "Presidents"</p> <p>10:15 Social</p> <p>10:15 Cat visits with Margo and Madeline</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:45 Baking "Cherry Muffins"</p> <p>3:30 Neighborhood Social &amp; Hot Topic "Love is in the Air"</p> <p>5:45 Walk and Talk club</p> <p>6:00 UNO card game</p>	23	<p>9:00 Ballroom Dance – CH Alcove</p> <p>7:45 Men's Breakfast - MP</p> <p>9:45 Morning Stretches &amp; Hydration</p> <p>10:00 Resident Council – Lake Park</p> <p>10:30 Udo Pet Visits!</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:00 Yoga with Colleen – MP</p> <p>2:15 Art Group w/ Grace "Animals" - CD</p> <p>2:15 Tuesday Trivia – Super Bowl</p> <p>3:15 Rosary with Sister Cecilia</p> <p>4:00 TV Classics</p> <p>4:00 25 Words or Less   Ch. 18</p> <p>6:00 Jeopardy &amp; Wheel   Ch. 5</p> <p>HAPPY BIRTHDAY GORDON C!</p>	24	<p>9:30 Ageless Grace with Jenny</p> <p>10:00 Hydration Social</p> <p>10:15 Ribbon Dancing</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:30 Strength &amp; Balance</p> <p>2:15 Neal Bardele Trio - MP Room</p> <p>3:30 This or That?</p> <p>5:30 Grocery Games   CH 66</p> <p>6:30 Snack Social &amp; Trivia</p>	25	<p>9:30 Morning News Show   Ch. 6</p> <p>9:45 Music and Movement</p> <p>10:15 Johnny Cash Music Appreciation</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:1 Sensory Stimulation Program</p> <p>1:30 Floral Arranging</p> <p>2:15 You Pick Sing Along - MP</p> <p>2:15 Game Show or News</p> <p>3:00 Hydration Social</p> <p>3:30 Neighborhood Conversations</p> <p>5:30 Nightly News   Ch. 6</p> <p>5:45 Arts, crafts and Puzzles</p> <p>6:15 Trivia and Snack Social!</p> <p>HAPPY BIRTHDAY SUE H!</p>	26	<p>9:30 Friday Fitness</p> <p>9:45 Hydration</p> <p>10:00 Creativity - A Poetic Day</p> <p>11:00 Mass in Chapel (Ch. 956)</p> <p>1:00 Stations of the Cross with Sister Cecilia - Chapel</p> <p>1:30 Strength and Balance (Upper)</p> <p>1:30 IMP Program with Bridget and Students</p> <p>2:15 Love Bug Happy Hour – MP</p> <p>3:30 Relaxation</p> <p>5:30 Game Show Network</p> <p>6:15 Social &amp; Life Review</p>	27	<p>9:30 Morning Moves</p> <p>10:00 Morning News</p> <p>10:15 Active Sport: Basketball</p> <p>10:45 Lucky 4 + Hydration Social</p> <p>11:00 What is the Fastest Land Animal?</p> <p>1:30 Walking and Talking Club</p> <p>2:00 Baking Chocolate Chip Cookies</p> <p>3:00 Snack + Social</p> <p>3:30 Travel to Ireland</p> <p>6:00 Movie Night CH 87</p>	28