

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



February 2026

LAKE PARK

Program & Location Key:

Red – Music Therapy

Blue – Physical Mobility

Dark Green – Special Events

Purple – Special TV Programs, Movies, Sports, etc.

MP – Multipurpose Room/ CD – Cathedral Den

Orange – Luncheons/Outings

BOLD – Special Group

<p>9:30 Morning Moves 10:00 Active Sport – Noodle Ball 10:30 Hydration 10:45 Travel to South Korea 11:00 Mass in Chapel (Ch. 956) 1:30 Walking Club/Exercise 1:30 IMP Program with Bridget and Students 2:30 Bingo! MP Room 3:30 Afternoon Social 6:00 America's Funniest Home Videos Ch.12</p> <p>Tu B'Shevat Begins</p>	<p>1 9:30 Mobility Monday 9:45 Memory Trees "Winter/Summer Sports" 10:15 Social 10:15 Make Music with Madeline 11:00 Mass in Chapel (Ch. 956) 1:45 Baking "Ritz Peanut Butter Medal Cookies" 3:15 Neighborhood Social 3:30 Hot Topic "Winter Olympics" 4:00 25 Words or Less Ch. 18 5:45 Snack social 6:00 Card Games</p> <p>Groundhog Day</p>	<p>2 9:00 Ballroom Dance – CH Alcove 9:30 Morning Stretches & Hydration 10:15 Guess A Letter 11:00 Mass in Chapel (Ch. 956) 1:00 Yoga with Colleen – MP 2:15 Art Group w/ Grace "Valentine's Day" – CD 2:15 Tuesday Trivia – Groundhog Day 3:15 Rosary with Sister Cecilia 4:00 TV Classics 6:00 Jeopardy & Wheel Ch. 5</p>	<p>3 9:30 Ageless Grace with Jenny 10:00 Hydration Social 10:15 Music Sing Along 11:00 Mass in Chapel (Ch. 956) 1:30 Strength & Balance 2:15 Carolyn Wehner on Piano and Vocals with "Hooray for Hollywood!" – MP Room 3:30 This or That? 5:30 Grocery Games CH 66 6:30 Snack Social & Trivia</p> <p>HAPPY BIRTHDAY TOM D!</p>	<p>4 9:30 Morning News Show Ch. 6 9:45 Music and movement 10:15 Musical Memories 11:00 Mass in Chapel (Ch. 956) 1:1 Sensory Stimulation Program 1:30 Floral Arranging 2:15 Game Show or News 2:15 You Pick Sing Along - MP 3:00 Hydration Social 3:30 Neighborhood Conversations 5:30 Nightly News Ch.6 5:45 Puzzle Club 6:15 Water Colors!</p>	<p>5 9:30 Friday Fitness & Hydration 10:15 HEART Discussion 10:30 Creativity – Decorate for Valentine's 11:00 Mass in Chapel (Ch. 956) 12:30-2:00 Marquette High School Special Guests – MP Room 1:30 IMP Program with Bridget & Students 2:30 Winter Olympics Happy Hour – LAKE 3:30 Relaxation 5:30 Winter Olympics Opening Ceremony I NBC and Peacock 6:15 Social & Life Review</p>	<p>6 9:30 Morning Moves 10:00 Active Sport: Basket Ball 10:30 EZ Does It Trivia 10:45 Word Games: Similes 11:00 Roll a Word 1:15 Cinema Saturday: McLintock (1963) 1:30 Walk & Talk Club 2:00 Art Group: Valentine's Day 3:00 Card Club: Uno 6:00 Movie Night CH 87</p>	<p>7 9:30 Morning Moves 10:00 Active Sport: Basket Ball 10:30 EZ Does It Trivia 10:45 Word Games: Similes 11:00 Roll a Word 1:15 Cinema Saturday: McLintock (1963) 1:30 Walk & Talk Club 2:00 Art Group: Valentine's Day 3:00 Card Club: Uno 6:00 Movie Night CH 87</p>
<p>9:30 Sunday Stretches 10:00 Strength & Balance 10:20 Water Social 10:30 Travel the World: South Africa 11:00 Mass in Chapel (Ch. 956) 1:15 Cinema Sunday:Heartbeat (1946) 1:30 Walking Club 1:30 IMP Program with Bridget and Students 2:30 Bingo! MP Room 3:30 Afternoon Social 5:30 SUPER BOWL! Seahawks v. Patriots</p>	<p>8 9:30 Mobility Monday 9:45 Memory Trees "Winter/Spring" 10:15 Social 10:15 Make Music with Madeline 11:00 Mass in Chapel (Ch. 956) 1:45 Baking "Brownie Cup Cakes" 3:15 Neighborhood Social 3:30 Neighborhood Social & Hot Topic "Valentines Poetry" 4:00 25 Words or Less Ch. 18 5:45 Walk and Talk Club 6:00 Bean bag Toss 6:45 Hydration social</p>	<p>9 9:00 Ballroom Dance – CH Alcove 9:30 Morning Stretches & Hydration 10:15 Tuesday Trivia – Valentine's Day 11:00 Mass in Chapel (Ch. 956) 1:00 Music and Movement 1:30 Cranium Crunches 2:15 Art Group w/ Grace "Love" – CD 3:15 Rosary with Sister Cecilia 4:00 TV Classics 6:00 Jeopardy & Wheel Ch. 5</p>	<p>10 9:30 Ageless Grace with Jenny 10:00 Hydration Social 10:15 Drumming Experience 11:00 Anointing Mass for World Day of the Sick – Chapel (Ch. 956) 12pm Valentine's Day Couples Luncheon featuring Entertainment by Craig Seimse RSVP Required - MP 1:30 Strength & Balance 1:45 Music and Sensory (LP Den) 2:15 Bingo - MP 3:30 This or That? 5:30 Grocery Games CH.66 6:30 Snack Social & Trivia</p>	<p>11 9:30 Morning News Show Ch. 6 9:45 Music and Movement 10:15 Love Song Game 11:00 Mass in Chapel (Ch. 956) 1:1 Sensory Stimulation Program 1:30 Floral Arranging 2:15 Game Show or News 2:15 You Pick Sing Along - MP 3:00 Hydration Social 3:30 Neighborhood Conversations 5:30 Nightly News Ch. 6 5:45 Card Game! 6:15 Arts and Crafts</p>	<p>12 9:30 Friday Fitness 10:00 Hydration 10:15 Creativity – "It's the Cat's Meow" Day 11:00 Mass in Chapel (Ch. 956) 1:30 Strength & Balance (Upper) 1:30 IMP Program with Bridget and Students 2:15 Valentine's Happy Hour – MP 3:30 Relaxation and Valentine's Gifts! 5:30 Game Show Network 6:15 Social & Life Review</p>	<p>13 9:30 Morning Moves 10:00 Morning News 10:15 Valentines Card Making 10:45 Card Games 11:00 Hydration + Social 1:30 Walking Club 2:30 February Birthday Party – MP Room 3:30 Afternoon Social 6:00 Movie Night CH 87</p>	<p>14 9:30 Morning Moves 10:00 Morning News 10:15 Valentines Card Making 10:45 Card Games 11:00 Hydration + Social 1:30 Walking Club 2:30 February Birthday Party – MP Room 3:30 Afternoon Social 6:00 Movie Night CH 87</p>
<p>9:30 Morning Moves 9:45 Strength & Balance 10:00 Music Ball 10:30 Hydration 10:45 Travel to the Amazon Forest 11:00 Mass in Chapel (Ch. 956) 1:30 Walking Club/Exercise 1:30 IMP Program with Bridget and Students 2:30 Bingo! MP Room 3:30 Travel the World: Switzerland 6:00 America's Funniest Home Videos Ch.12</p>	<p>15 9:30 Mobility Monday 9:45 Calendar Review 10:15 Social 10:15 Make Music with Madeline 11:00 Mass in Chapel (Ch. 956) 1:45 Baking "Coffee Cake" Neighborhood Social 4:00 25 Words or Less Ch. 18 5:45 Walk and Talk Club 6:00 Chocolate Trivia 6:30 Bingo Night HAPPY BIRTHDAY NORM H! Presidents' Day (U.S.)</p>	<p>16 9:00 Ballroom Dance – CH Alcove 9:45 Jesuit Troubadours 10:15 Social 10:15 Make Music with Madeline 11:00 Mass in Chapel (Ch. 956) 12:00 Gold Rush Chicken Luncheon 1:00 Yoga with Colleen – MP 2:15 Art Group w/ Grace "Mardi Gras" - CD 2:15 Tuesday Trivia – President Day 3:15 Rosary with Sister Cecilia 4:00 TV Classics 6:00 Jeopardy & Wheel Ch. 5</p>	<p>17 9:30 Ageless Grace with Jenny 10:00 Hydration Social 10:15 Rhythm Stick Games 11:00 Ash Wednesday Mass in Chapel (Ch. 956) 1:30p Memory Café - Revitalize Wellness Studio 1:30 Strength & Balance 1:45 Music and Sensory (LP Den) 2:15 Bingo - MP 3:30 This or That? 5:30 Grocery Games 66 6:30 Snack Social Trivia</p>	<p>18 9:30 Morning News Show Ch. 6 9:45 Music and Movement 10:15 So You Think You Can Sing?! 11:00 Mass in Chapel (Ch. 956) 1:1 Sensory Stimulation Program 1:30 Floral Arranging 2:15 You Pick Sing Along - MP 2:15 Game Show or News 3:00 Hydration Social 3:30 Neighborhood Conversations 5:30 Nightly News Ch. 6 5:45 Puzzle and Coloring 6:15 Card and Word Games!</p>	<p>19 9:30 Friday Fitness 10:00 Hydration 10:15 Creativity – Cherry Pie Day 11:00 Mass in Chapel (Ch. 956) 1:00 Stations of the Cross with Sister Cecilia - Chapel 1:30 Strength & Balance (Upper) 1:30 IMP Program with Bridget and Students 2:15 Uri on Piano and Carolyn on Vocals Happy Hour - MP 3:30 Relaxation 5:30 Game Show Network 6:15 Social & Life Review</p>	<p>20 9:30 Morning Moves 10:00 Active Sport:Ring Toss 10:30 EZ Does It Trivia 10:45 Word Games: Opposites 11:00 Name That State 1:15 Winds of the Wasteland (1936) 1:30 Walk & Talk Club 2:30 Ice Cream Social - MP 3:30 Afternoon Social 6:00 Movie Night CH 87</p>	<p>21 9:30 Morning Moves 10:00 Active Sport:Ring Toss 10:30 EZ Does It Trivia 10:45 Word Games: Opposites 11:00 Name That State 1:15 Winds of the Wasteland (1936) 1:30 Walk & Talk Club 2:30 Ice Cream Social - MP 3:30 Afternoon Social 6:00 Movie Night CH 87</p>
<p>9:30 Morning Moves 10:00 Strength & Balance 10:20 Water Social 10:30 Travel the World: Canada 11:00 Mass in Chapel (Ch. 956) 1:15 Cinema Sunday Lady in a Jam (1942) 1:30 Walking Club 1:30 IMP Program with Bridget and Students 2:30 Bingo! MP Room 3:30 Afternoon Social 6:00 Winter Olympic Closing Ceremony Ch.12</p>	<p>22 9:30 Mobility Monday 9:45 Memory Trees "Presidents" 10:15 Social 10:15 Cat visits with Margo and Madeline 11:00 Mass in Chapel (Ch. 956) 1:45 Baking "Cherry Muffins" 3:30 Neighborhood Social & Hot Topic "Love is in the Air" 5:45 Walk and Talk club 6:00 UNO card game</p>	<p>23 9:00 Ballroom Dance – CH Alcove 9:45 Men's Breakfast - MP 9:45 Morning Stretches & Hydration 10:00 Resident Council – Lake Park 10:30 Udo Pet Visits! 11:00 Mass in Chapel (Ch. 956) 1:00 Yoga with Colleen – MP 2:15 Art Group w/ Grace "Animals" - CD 2:15 Tuesday Trivia – Super Bowl 3:15 Rosary with Sister Cecilia 4:00 TV Classics 4:00 25 Words or Less Ch. 18 6:00 Jeopardy & Wheel Ch. 5</p>	<p>24 9:30 Ageless Grace with Jenny 10:00 Hydration Social 10:15 Ribbon Dancing 11:00 Mass in Chapel (Ch. 956) 1:30 Strength & Balance 2:15 Neal Bardole Trio - MP Room 3:30 This or That? 5:30 Grocery Games CH 66 6:30 Snack Social & Trivia</p>	<p>25 9:30 Morning News Show Ch. 6 9:45 Music and Movement 10:15 Johnny Cash Music Appreciation 11:00 Mass in Chapel (Ch. 956) 1:1 Sensory Stimulation Program 1:30 Floral Arranging 2:15 You Pick Sing Along - MP 2:15 Game Show or News 3:00 Hydration Social 3:30 Neighborhood Conversations 5:30 Nightly News Ch. 6 5:45 Arts, crafts and Puzzles 6:15 Trivia and Snack Social!</p>	<p>26 9:30 Friday Fitness 9:45 Hydration 10:00 Creativity - A Poetic Day 11:00 Mass in Chapel (Ch. 956) 1:00 Stations of the Cross with Sister Cecilia - Chapel 1:30 Strength and Balance (Upper) 1:30 IMP Program with Bridget and Students 2:15 Love Bug Happy Hour – MP 3:30 Relaxation 5:30 Game Show Network 6:15 Social & Life Review</p>	<p>27 9:30 Morning Moves 10:00 Morning News 10:15 Active Sport: Basketball 10:45 Lucky 4 + Hydration Social 11:00 What is the Fastest Land Animal? 1:30 Walking and Talking Club 2:00 Baking Chocolate Chip Cookies 3:00 Snack + Social 3</p>	