# December 2025

## LAKE PARK

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|---|---|---|---|---|
| **Program & Location Key:**<br>**Red – Music Therapy**<br>**Blue– Physical Mobility**<br>**Dark Green – Special Events**<br>**Purple – Special TV Programs, Movies, Sports, etc.**<br>**MP – Multipurpose Room** | **1**<br>9:30 Mobility Monday<br>9:45 Memory Trees "Rain/Snow"<br>10:15 Social<br>10:15 Make Music with Madeline<br>11:00 Mass in Chapel<br>1:45 Baking **"Liena's Gingerbread Cookies"**<br>3:15 Neighborhood Social<br>3:30 Hot Topic "History of Gingerbread"<br>4:00 25 Words or Less \| Ch. 18<br>6:00 Jeopardy & Wheel \| Ch. 5 | **2**<br>**9:00 Ballroom Dance - CH Alcove**<br>9:30 Morning Stretches & Hydration<br>10:15 Winter Pictionary<br>11:00 Mass – Chapel<br>**1:00 Yoga with Colleen – MP**<br>1:15 Nature Stimulation Program – Garden Room/ Den<br>**2:15 Art Group with Grace – MP**<br>2:15 Tuesday Trivia – National Cookie Day!<br>2:45 Starts with "L"<br>**3:15 Rosary with Sister Cecilia**<br>4:00 TV Classics<br>**4:30p-6:00p Lake Park Family Christmas Party** | **3**<br>**9:30 Ageless Grace with Jenny**<br>10:00 Social<br>**10:15 Music & Movement "Balloon Ball"**<br>11:00 Mass in Chapel<br>1:30 Strength & Balance<br>1:45 Music & Sensory (Cathedral Den)<br>2:15 Bingo - MP<br>3:30 This or That?<br>5:30 Grocery Games \| CH 66<br>6:30 Snack Social & Trivia | **4**<br>9:30 Morning News Show \| Ch. 12<br>9:45 Music and movement<br>10:15 Music Appreciation<br>11:00 Mass in Chapel<br>1:1 Sensory Stimulation Program<br>1:15 Floral Arranging<br>2:15 The Bishop's Wife<br>2:15 You Pick Sing Along - MP<br>3:00 Hydration Social<br>3:30 Neighborhood Conversations<br>5:30 Nightly News \| Ch.1012<br>5:45 Puzzle Club<br>6:15 Water Colors! | **5**<br>9:30 Friday Fitness<br>9:45 Hydration<br>10:00 Creativity – Snowball Toss<br>11:00 Mass in Chapel<br>1:30 Strength & Balance (Upper)<br>**2:15 Happy Hour featuring Uri on Piano - MP**<br>3:30 Music and Relaxation<br>5:30 Game Show Network<br>6:15 Social & Life Review | **6**<br>9:30 Morning Moves<br>10:00 Christmas Painting<br>10:30 Music Ball<br>11:00 Word Game<br>11:15 Travel to Outer Space<br>1:30 Walking Club<br>2:00 Card Club<br>2:30 Finish the phrase<br>3:30 Afternoon Social<br>6:00 Movie Night CH 87 |
| **7**<br>9:30 Morning Moves<br>10:00 Active Sport - Noodle ball<br>10:45 Travel to the Sahara desert<br>11:00 Mass in Chapel<br>1:30 Walking Club/Exercise<br>**2:30 Bingo– MP Room**<br>**3:25 Packers Game vs Bears**<br>3:30 Afternoon Social<br>6:00 America's Funniest Home Videos \| Ch.12 | **8**<br>9:30 Mobility Monday<br>9:45 Memory Trees "Red/Green/Gold"<br>10:15 Social<br>10:15 Make Music with Madeline<br>11:00 Mass in Chapel<br>1:45 Baking **"Peanut Butter Blossoms"**<br>3:15 Neighborhood Social<br>3:30 Hot Topic "Holiday Movies"<br>4:00 25 Words or Less \| Ch. 18<br>6:00 Jeopardy & Wheel \| Ch. 5 | **9**<br>**9:00 Ballroom Dance - CH Alcove**<br>9:30 Morning Stretches & Hydration<br>10:00 AL Choir Caroling Room to Room<br>10:15 Tuesday Trivia – Winter Wonderland<br>11:00 Mass – Chapel<br>1:00 Yoga with Katie<br>1:30 Hydration Social<br>**2:00pm DSHA Angeliers Choir - Guadalupe Chapel**<br>**3:15 Rosary with Sister Cecilia**<br>4:00 TV Classics<br>5:45 Snack social<br>6:00 Puzzles<br>**HAPPY BIRTHDAY LUDY!** | **10**<br>**9:30 Ageless Grace with Jenny**<br>10:00 Social<br>**10:15 Music & Movement "Twister Toss"**<br>11:00 Mass in Chapel<br>1:30 Strength & Balance<br>2:15 Bingo - MP<br>3:30 This or That?<br>5:30 Grocery Games \| CH 66<br>6:30 Snack Social & Trivia | **11**<br>9:30 Morning News Show \| Ch. 12<br>9:45 Music and Movement<br>10:15 Christmas Song Game<br>11:00 Mass in Chapel<br>1:1 Sensory Stimulation Program<br>1:15 Floral Arranging<br>2:15 It's a Wonderful Life<br>2:15 You Pick Sing Along - MP<br>3:00 Hydration Social<br>3:30 Neighborhood Conversations<br>5:30 Nightly News \| Ch.1012<br>5:45 Puzzle Club<br>6:15 Water Colors! | **12**<br>9:30 Friday Fitness<br>9:45 Hydration<br>10:00 Creativity – The Colors of Christmas<br>11:00 Mass in Chapel<br>**1:30pm Red Carpet Walk in the Guadalupe Chapel Hallway**<br>**2:15 Ol' Blue Eyes Happy Hour – Lake Park Dining Room**<br>3:30 Music and Relaxation<br>5:30 Game Show Network<br>6:15 Social & Life Review | **13**<br>9:30 Morning Moves<br>10:00 Active Sport – Bean bag toss<br>10:45 Word Game<br>11:15 Travel to Paris<br>1:30 Walking Club<br>1:45 Uno Card Game<br>**2:30 December Birthday Party – MP Room**<br>3:30 Afternoon Social<br>6:00 Movie Night CH 876:00 Movie Night CH 87 |
| **14**<br>9:30 Sunday Stretches<br>10:00 Strength & Balance<br>10:30 Travel to Alaska<br>11:00 Mass in Chapel<br>1:15 Cinema Sunday<br>1:30 Walking Club<br>**2:30 Bingo! MP Room**<br>**3:25 Packers Game vs Broncos**<br>3:30 Afternoon Social<br>6:00 America's Funniest Home Videos \| Ch. 12<br>Hanukkah Begins | **15**<br>9:30 Mobility Monday<br>9:45 Memory Trees **"Winter/Fall"**<br>10:15 Social<br>10:15 Make Music with Bridget<br>11:00 Mass in Chapel<br>1:45 Baking "Christmas Cookie Cut Outs"<br>**3**:30 Neighborhood Social & Hot Topic "Name that Christmas Song"<br>4:00 25 Words or Less \| Ch. 18<br>6:00 Jeopardy & Wheel \| Ch. 5<br>**HAPPY BIRTHDAY SUSAN MITCHELL!** | **16**<br>**9:00 Ballroom Dance - CH Alcove**<br>9:30 Morning Stretches & Hydration<br>**9:45 Jesuit Troubadours**<br>11:00 Mass – Chapel<br>**1p-4p Reindeer Event in the MP Room and Veranda – Reservations Required**<br>**3:15 Rosary with Sister Cecilia**<br>4:00 TV Classics<br>5:45 Walk and Talk Club<br>6:30 Trivia Tuesday - Mystery<br>6:45 Word game – 5 things<br>**HAPPY BIRTHDAY JOYCE!** | **17**<br>**9:30 Ageless Grace with Jenny**<br>10:00 Social<br>**10:15 Music & Movement "Tennis"**<br>11:00 Mass in Chapel<br>1:30 Strength & Balance<br>**1:30p Memory Café - Revitalize Wellness Studio**<br>**2:30p Tom and Evan Leahy "Celtic Christmas - Guitar and Vocals – MP**<br>3:30 This or That?<br>5:30 Grocery Games\| CH.66<br>6:30 Snack Social & Trivia | **18**<br>9:30 Morning News Show \| Ch. 12<br>9:45 Music and Movement<br>10:15 So You Think You Can Sing?!<br>11:00 Mass in Chapel<br>1:1 Sensory Stimulation Program<br>1:15 Floral Arranging<br>2:15 You Pick Sing Along - MP<br>2:15 The Bells of St. Mary's<br>3:00 Hydration Social<br>3:30 Neighborhood Conversations<br>5:30 Nightly News \| Ch.1012<br>5:45 Puzzle and Coloring<br>6:15 Card Game: UNO! | **19**<br>9:30 Friday Fitness<br>9:45 Hydration<br>10:00 Creativity – Christmas Card Signing!<br>11:00 Mass in Chapel<br>1:30 Strength & Balance (Upper)<br>**2:15 Peppermint White Hot Chocolate Happy Hour - MP**<br>3:30 Music and Relaxation<br>5:30 Game Show Network<br>6:15 Social & Life Review | **20**<br>9:30 Morning Moves<br>10:00 Active Sport – Bean Bag Toss<br>10:30 Hydration + social<br>10;45 Name that State<br>1:30 Walking Club<br>**2:30 Ice Cream Social - MP**<br>3:30 Afternoon Social<br>6:00 Movie Night CH 87<br>**TBA Packers Game vs Bears** |
| **21**<br>9:30 Morning Moves<br>9:45 Strength & Balance<br>10:00 Lucky 4<br>10:45 Travel to Islands<br>11:00 Mass in Chapel<br>1:30 Walking Club/Exercise<br>**2:30 Bingo! MP Room**<br>3:30 Travel the World: North Pole<br>6:00 America's Funniest Home Videos \| Ch.12<br>Home Videos \| Ch.12<br>Winter Begins | **22**<br>9:30 Mobility Monday<br>9:45 **Calendar Review**<br>10:15 Social<br>10:15 Make Music with Madeline<br>11:00 Mass in Chapel<br>1:45 Baking **"Thumbprint Cookies"**<br>3:15 Neighborhood Social<br>3:30 Hot Topic "Christmas Poetry"<br>4:00 25 Words or Less \| Ch. 18<br>6:00 Jeopardy & Wheel \| Ch. 5 | **23**<br>**7:45AM Men's Breakfast - MP**<br>**9:00 Ballroom Dance - CH Alcove**<br>9:30 Morning Stretches & Hydration<br>10:15 Tuesday Trivia – Christmas<br>11:00 Mass – Chapel<br>**1:00 Yoga with Colleen – MP**<br>1:15 Nature Stimulation Program – Garden Room/ Den<br>**2:15 Art Group with Grace – MP**<br>2:15 Christmas Tunes and Toss<br>**3:15 Rosary with Sister Cecilia**<br>4:00 TV Classics<br>5:45 Walk and Talk Club<br>6:00 Christmas Trivia | **24**<br>**9:30 Morning Movement with Kim**<br>10:00 Social<br>**10:15 Music & Movement "Bowling"**<br>11:00 Mass in Chapel<br>1:30 Strength & Balance<br>2:15 Bingo - MP<br>3:30 This or That?<br>5:30 Grocery Games CH 66<br>6:30 Snack Social Trivia | **25**<br>9:30 Morning News Show \| Ch. 12<br>9:45 Snow Ball Throw<br>10:30 Christmas Social<br>**11:00 Christmas Mass in Chapel**<br>1:30 Christmas Caroling with Bridget<br>2:15 Christmas Cookies and Cocoa<br>2:30 Christmas MOVIE MATINEE<br>5:30 Nightly News \| Ch.1012<br>Christmas | **26**<br>9:30 Friday Fitness<br>9:45 Hydration<br>10:00 Creative Story Telling<br>10:15 Noodle Ball<br>11:00 Mass in Chapel<br>1:30 Strength and Balance (Upper)<br>**2:00 Dance Party Happy Hour - MP**<br>3:30 Music and Relaxation<br>5:30 Game Show Network<br>6:15 Social & Life Review<br>Boxing Day (Canada)<br>Kwanzaa Begins | **27**<br>9:30 Morning Moves<br>10:00 Noodle Ball<br>10:45 Trivia<br>11:15 Travel to Peru<br>1:30 Walking Club<br>2:00 Puzzle Club<br>3:00 Card Club<br>3:30 Afternoon Social<br>6:00 Movie Night CH 87 |
| **28**<br>9:30 Morning Moves<br>10:00 Strength & Balance<br>10:30 Travel to Transylvania<br>11:00 Mass in Chapel<br>**12:00 Packers Game vs Ravens**<br>1:15 Cinema Sunday<br>1:30 Walking Club<br>**2:30 Bingo! MP Room**<br>3:30 Afternoon Social<br>6:00 America's Funniest Home Videos \| Ch.12 | **29**<br>9:30 Mobility Monday<br>9:45 Memory Trees **"New/Old"**<br>10:15 Social<br>10:15 Make Music with Madeline<br>11:00 Mass in Chapel<br>1:45 Baking **"Cheesies for New Years"**<br>**3**:30 Neighborhood Social & Hot Topic "Resolutions"<br>4:00 25 Words or Less \| Ch. 18<br>6:00 Jeopardy & Wheel \| Ch. 5 | **30**<br>**9:00 Ballroom Dance - CH Alcove**<br>9:45 Morning Stretches & Hydration<br>10:15 Tuesday Trivia – New Year's<br>11:00 Mass – Chapel<br>1:00 Yoga with Katie<br>1:45 New Year's Resolutions<br>**2:15 Art Group with Grace – MP**<br>2:15 Snack and Social<br>**3:15 Rosary with Sister Cecilia**<br>4:00 TV Classics<br>5:45 Uno Card game & Social | **31**<br>**9:30 Morning Movement with Kim**<br>10:00 Social<br>**10:15 Music & Movement "New Year's Match Up"**<br>11:00 Mass in Chapel<br>**2:00pm New Year's Eve Party with the Cream City Swing Band – MP**<br>3:30 This or That?<br>5:30 Grocery Games \| CH 66<br>6:30 Snack Social & Trivia<br>New Year's Eve | | | |

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