

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday


# January 2026

## LAKE PARK



**Program & Location Key:**  
**Red – Music Therapy**  
**Blue– Physical Mobility**  
**Dark Green – Special Events**  
**Purple – Special TV Programs, Movies, Sports, etc.**  
**MP – Multipurpose Room**

9:30 Music and Movement  
10:00 Hydration  
10:15 Finish the Quote – NEW YEARS  
11:00 Solemnity of Mary Mass in Chapel  
1:30 Active Sport – Noodle Ball  
1:45 Hydration Social  
2:15 Cranium Crunches  
2:45 New Year's Coloring & Creativity  
3:30 Neighborhood Conversations  
5:30 Nightly News | Ch.1012  
6:00 Movie Night – Hallmark



New Year's Day

1 9:30 Friday Fitness  
9:45 Hydration  
10:00 Creativity – Boogie Day  
11:00 Mass in Chapel  
1:30 Strength & Balance (Upper)  
2:15 Happy Hour featuring Uri on Piano and Discords – OLG Chapel  
3:30 Relaxation  
5:30 Game Show Network  
6:15 Social & Life Review

2 9:30 Morning Moves  
9:45 Morning News  
10:00 Active Sport - Noodle Ball  
10:30 Trivia + Hydration  
11:00 Finish that Phrase  
11:15 Travel to New York  
1:30 Walking & Talking Club  
2:00 Baking Cake Pops  
3:30 Afternoon Social  
6:00 Movie Night CH 87

9:30 Morning Moves  
10:00 Active Sport - Golfing  
10:45 Travel to a Polar Night  
11:00 Mass in Chapel  
12:00 Packers Game vs Minnesota Vikings  
1:30 Walking Club/Exercise  
2:30 Bingo– MP Room  
3:30 Afternoon Social  
6:00 America's Funniest Home Videos | Ch.12

4 9:30 Mobility Monday  
9:45 Memory Trees “Snow/Rain”  
10:15 Social  
10:15 Make Music with Madeline  
11:00 Mass in Chapel  
1:45 Baking “Snow Ball Cookies”  
3:15 Neighborhood Social  
3:30 Hot Topic “Snow Storms”  
4:00 25 Words or Less | Ch. 18  
6:00 Jeopardy & Wheel | Ch. 5

5 9:00 Ballroom Dance – CH Alcove  
9:30 Morning Stretches & Hydration  
9:45 Jesuit Troubadours  
10:15 Daily Chronicles  
11:00 Mass – Chapel  
1:00 Yoga with Colleen – MP  
1:15 Nature Stimulation Program – Garden Room/ Den  
2:15 Art Group w/ Grace – Cathedral Den  
2:15 Tuesday Trivia – National Trivia Day  
3:15 Rosary with Sister Cecilia  
4:00 TV Classics  
5:45 Snack social  
6:00 Card Games

6 9:30 Ageless Grace with Jenny  
10:00 Social  
10:15 Music & Movement “Twister Toss”  
11:00 Mass in Chapel  
1:30 Strength & Balance  
2:15 Carolyn Wehner on Piano and Vocals with “Hooray for Hollywood!” – MP Room  
3:30 This or That?  
5:30 Grocery Games | CH 66  
6:30 Snack Social & Trivia

7 9:30 Morning News Show | Ch. 12  
9:45 Music and movement  
10:15 Elvis Music Appreciation  
11:00 Mass in Chapel  
1:1 Sensory Stimulation Program  
1:30 Floral Arranging  
2:15 Elvis Presley Documentary  
2:15 You Pick Sing Along - MP  
3:00 Hydration Social  
3:30 Neighborhood Conversations  
5:30 Nightly News | Ch.1012  
5:45 Puzzle Club  
6:15 Water Colors!

8 9:30 Friday Fitness  
9:45 Hydration  
10:00 Creativity – Peach Bowl  
11:00 Mass in Chapel  
1:30 Strength & Balance (Upper)  
2:15 Peach Themed Happy Hour - MP  
3:30 Relaxation  
5:30 Game Show Network  
6:15 Social & Life Review

9 9:30 Morning Moves  
10:00 Morning News  
10:30 Active Sport Noodle Ball  
11:15 Travel the World  
1:15 Cinema Saturday  
1:30 Walking Club  
2:30 January Birthday Party – MP Room  
3:30 Afternoon Social  
6:00 Movie Night CH 87

9:30 Sunday Stretches  
10:00 Strength & Balance  
10:30 Travel the World  
11:00 Mass in Chapel  
1:15 Cinema Sunday  
1:30 Walking Club  
2:30 Bingo! MP Room  
3:30 Afternoon Social  
6:00 America's Funniest Home Videos | Ch. 12

11 9:30 Mobility Monday  
9:45 Memory Trees “Winter/Spring”  
10:15 Social  
10:15 Make Music with Bridget  
11:00 Mass in Chapel  
1:45 Baking “French Silk Pie”  
3:15 Neighborhood Social  
3:30 Neighborhood Social & Hot Topic “Winter Sports”  
4:00 25 Words or Less | Ch. 18  
6:00 Jeopardy & Wheel | Ch. 5

12 9:00 Ballroom Dance – CH Alcove  
9:30 Morning Stretches & Hydration  
10:15 Tuesday Trivia – Winter Sports  
11:00 Mass – Chapel  
1:00 Yoga with Colleen – MP  
1:15 Nature Stimulation Program – Garden Room/ Den  
2:15 Art Group w/ Grace – Cathedral Den  
2:15 Tic Tac Toe  
3:15 Rosary with Sister Cecilia  
4:00 TV Classics  
5:45 Walk and Talk Club  
6:00 Word game – 5 things  
6:30 Noodle Ball  
7:00 Hydration social

13 9:30 Ageless Grace with Jenny  
10:00 Social  
10:15 Music & Movement “Tennis”  
11:00 Mass in Chapel  
1:30 Strength & Balance  
1:45 Music and Sensory (CS Den)  
1:30p Memory Café - Revitalize Wellness Studio  
2:15 Bingo - MP  
3:30 This or That?  
5:30 Grocery Games| CH.66  
6:30 Snack Social & Trivia

14 9:30 Morning News Show | Ch. 12  
9:45 Music and Movement  
10:15 Flip a Coin & Sing!  
11:00 Mass in Chapel  
1:1 Sensory Stimulation Program  
1:30 Floral Arranging  
2:15 Martin Luther King Jr. Documentary  
2:15 You Pick Sing Along - MP  
3:00 Hydration Social  
3:30 Neighborhood Conversations  
5:30 Nightly News | Ch.1012  
5:45 Card Game!  
6:15 Arts and Crafts

15 9:30 Friday Fitness  
9:45 Hydration  
10:00 Creativity – Appreciate a Dragon and Fig Newton's Day  
11:00 Mass in Chapel  
2:15 "Wisconsin Supper Club" Happy Hour featuring Brandy Old Fashions Happy Hour – MP  
3:30 Relaxation  
5:30 Game Show Network  
6:15 Social & Life Review

16 9:30 Morning Moves  
10:00 Active Sport – Bean bag toss  
10:30 Hydration  
10:45 Card games  
11:15 Travel to Japan  
1:30 Walking Club  
1:45 Word Game  
2:30 Ice Cream Social - MP  
3:30 Afternoon Social  
6:00 Movie Night CH 87

9:30 Morning Moves  
9:45 Strength & Balance  
10:00 Noodle Ball  
10:30 Hydration  
10:45 Travel to the Bahamas  
11:00 Mass in Chapel  
1:30 Walking Club/Exercise  
2:30 Bingo! MP Room  
3:30 Travel the World: Switzerland  
6:00 America's Funniest Home Videos | Ch.12  
Home Videos | Ch.12

18 9:30 Mobility Monday  
9:45 Calendar Review  
10:15 Social  
10:15 Make Music with Madeline  
11:00 Mass in Chapel  
1:45 Hot Topic “Top Songs in Each Decade”  
2:15pm Ada Ensemble - MP Room  
3:30 Neighborhood Social  
4:00 25 Words or Less | Ch. 18  
6:00 Jeopardy & Wheel | Ch. 5

19 9:00 Ballroom Dance – CH Alcove  
9:30 Morning Stretches & Hydration  
10:15 Tuesday Trivia – Winnie the Pooh  
11:00 Mass – Chapel  
1:00 Yoga with Colleen – MP  
1:15 Nature Stimulation Program – Garden Room/ Den  
2:15 Art Group w/ Grace – Cathedral Den  
2:15 Polar Plunge Dice Game  
3:15 Rosary with Sister Cecilia  
4:00 TV Classics  
5:45 Walk and Talk Club  
6:00 Horse Race Trivia

20 9:30 Morning Movement with Kim  
10:00 Social  
10:15 Music & Movement “Bowling”  
11:00 Mass in Chapel  
12pm Winter Wonderland Themed Luncheon - Lake Park Dining Room  
1:30 Strength & Balance  
1:45 Music and Sensory (CS Den)  
2:15 Bingo - MP  
3:30 This or That?  
5:30 Grocery Games 66  
6:30 Snack Social Trivia  
5:45 Card Game: UNO!

21 9:30 Morning News Show | Ch. 12  
9:45 Music and Movement  
10:15 Sam Cooke Music Appreciation  
11:00 Mass in Chapel  
1:1 Sensory Stimulation Program  
1:30 Floral Arranging  
2:15 You Pick Sing Along - MP  
2:15 The Sam Cooke Story  
3:00 Hydration Social  
3:30 Neighborhood Conversations  
5:30 Nightly News | Ch.1012  
5:45 Puzzle and Coloring  
6:15 Card Games!

22 9:30 Friday Fitness  
9:45 Hydration  
10:00 Creativity – Handwriting Day  
11:00 Mass in Chapel  
1:30 Strength & Balance (Upper)  
2:15 Happy Hour featuring "Call of the Wild: Songs of the Last Frontier" - MP  
3:30 Relaxation  
5:30 Game Show Network  
6:15 Social & Life Review

23 9:30 Morning Moves  
10:00 Morning News  
10:30 Active Sport: Basketball  
11:15 Travel Abroad  
1:15 Cinema Saturday  
1:30 Walking Club  
2:00 Puzzle Club  
3:00 Card Club  
6:00 Movie Night CH 87

9:30 Morning Moves  
10:00 Strength & Balance  
10:30 Travel the World  
11:00 Mass in Chapel  
1:15 Cinema Sunday  
1:30 Walking Club  
2:30 Bingo! MP Room  
3:30 Afternoon Social  
6:00 America's Funniest Home Videos | Ch.12

25 9:30 Mobility Monday  
9:45 Memory Trees “Valentines”  
10:15 Social  
10:15 Make Music with Madeline  
11:00 Mass in Chapel  
1:45 Baking “Hot Artichoke Dip”  
3:30 Neighborhood Social & Hot Topic “Winter Blues”  
4:00 25 Words or Less | Ch. 18  
6:00 Jeopardy & Wheel | Ch. 5

26 9:00 Ballroom Dance – CH Alcove  
7:45 Men's Breakfast - MP  
9:45 Morning Stretches & Hydration  
9:45 Jesuit Troubadours & Pet Visit!  
10:15 Daily Chronicles  
11:00 Mass – Chapel  
1:00 Yoga with Colleen – MP  
1:15 Nature Stimulation Program – Garden Room/Den  
2:15 Art Group w/ Grace – Cathedral Den  
2:15 Tuesday Trivia – Winter Wonderland  
3:15 Rosary with Sister Cecilia  
4:00 TV Classics  
5:45 Uno Card game & Social

27 9:30 Morning Movement with Kim  
10:00 Social  
10:15 Music & Movement “New Year's Match Up”  
11:00 Mass in Chapel  
1:45 Music and Sensory (CS Den)  
1:30 Resident Council – Lake Park  
2:15 Bingo - MP  
3:30 This or That?  
5:30 Grocery Games | CH 66  
6:30 Snack Social & Trivia

28 9:30 Morning News Show | Ch. 12  
9:45 Music and Movement  
10:15 Dolly Parton Music Appreciation  
11:00 Mass in Chapel  
1:1 Sensory Stimulation Program  
1:30 Floral Arranging  
2:15 You Pick Sing Along - MP  
2:15 The Dolly Parton Story  
3:00 Hydration Social  
3:30 Neighborhood Conversations  
5:30 Nightly News | Ch.1012  
5:45 Arts, crafts and Puzzles  
6:15 Trivia and Snack Social!

29 9:30 Friday Fitness  
9:45 Hydration  
10:00 Creative Story Telling - Spare Day  
10:15 Penguin Bowling  
11:00 Mass in Chapel  
1:30 Strength and Balance (Upper)  
2:15 Coca Cola Floats Happy Hour – MP Room  
3:30 Relaxation  
5:30 Game Show Network  
6:15 Social & Life Review

30 9:30 Morning Moves  
10:00 Music Ball  
10:30 Memory Lane  
10:45 Simon says  
11:00 Travel to Minnesota  
1:30 Walking Club  
2:00 Baking Cinnamon Rolls  
3:30 Hydration + Social hour  
6:00 Movie Night CH 87

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