

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

January 2026

LAKE PARK



Program & Location Key:
Red – Music Therapy
Blue – Physical Mobility
Dark Green – Special Events
Purple – Special TV Programs, Movies, Sports, etc.
MP – Multipurpose Room

<p>9:30 Morning Moves 10:00 Active Sport - Golfing 10:45 Travel to a Polar Night 11:00 Mass in Chapel 12:00 Packers Game vs Minnesota Vikings 1:30 Walking Club/Exercise 2:30 Bingo – MP Room 3:30 Afternoon Social 6:00 America's Funniest Home Videos Ch.12</p>	<p>4 9:30 Mobility Monday 9:45 Memory Trees "Snow/Rain" 10:15 Social 10:15 Make Music with Madeline 11:00 Mass in Chapel 1:45 Baking "Snow Ball Cookies" 3:15 Neighborhood Social 3:30 Hot Topic "Snow Storms" 4:00 25 Words or Less Ch. 18 6:00 Jeopardy & Wheel Ch. 5</p>	<p>5 9:00 Ballroom Dance – CH Alcove 9:30 Morning Stretches & Hydration 9:45 Jesuit Troubadours 10:15 Daily Chronicles 11:00 Mass – Chapel 1:00 Yoga with Colleen – MP 1:15 Nature Stimulation Program – Garden Room/ Den 2:15 Art Group w/ Grace – Cathedral Den 2:15 Tuesday Trivia – National Trivia Day 3:15 Rosary with Sister Cecilia 4:00 TV Classics 5:45 Snack social 6:00 Card Games</p>	<p>6 9:30 Ageless Grace with Jenny 10:00 Social 10:15 Music & Movement "Twister Toss" 11:00 Mass in Chapel 1:30 Strength & Balance 2:15 Carolyn Wehner on Piano and Vocals with "Hooray for Hollywood!" – MP Room 3:30 This or That? 5:30 Grocery Games CH 66 6:30 Snack Social & Trivia</p>	<p>7 9:30 Morning News Show Ch. 12 9:45 Music and movement 10:15 Elvis Music Appreciation 11:00 Mass in Chapel 1:1 Sensory Stimulation Program 1:30 Floral Arranging 2:15 Elvis Presley Documentary 2:15 You Pick Sing Along - MP 3:00 Hydration Social 3:30 Neighborhood Conversations 5:30 Nightly News Ch.1012 5:45 Puzzle Club 6:15 Water Colors!</p>	<p>1 9:30 Music and Movement 10:00 Hydration 10:15 Finish the Quote – NEW YEARS 11:00 Solemnity of Mary Mass in Chapel 1:30 Active Sport – Noodle Ball 1:45 Hydration Social 2:15 Cranium Crunches 2:45 New Year's Coloring & Creativity 3:30 Neighborhood Conversations 5:30 Nightly News Ch.1012 6:00 Movie Night – Hallmark</p>	<p>2 9:30 Friday Fitness 9:45 Hydration 10:00 Creativity – Boogie Day 11:00 Mass in Chapel 1:30 Strength & Balance (Upper) 2:15 Happy Hour featuring Uri on Piano and Discords – OLG Chapel 3:30 Relaxation 5:30 Game Show Network 6:15 Social & Life Review</p>	<p>3 9:30 Morning Moves 9:45 Morning News 10:00 Active Sport - Noodle Ball 10:30 Trivia + Hydration 11:00 Finish that Phrase 11:15 Travel to New York 1:30 Walking & Talking Club 2:00 Baking Cake Pops 3:30 Afternoon Social 6:00 Movie Night CH 87</p>
<p>9:30 Sunday Stretches 10:00 Strength & Balance 10:30 Travel the World 11:00 Mass in Chapel 1:15 Cinema Sunday 1:30 Walking Club 2:30 Bingo! MP Room 3:30 Afternoon Social 6:00 America's Funniest Home Videos Ch. 12</p>	<p>11 9:30 Mobility Monday 9:45 Memory Trees "Winter/Spring" 10:15 Social 10:15 Make Music with Bridget 11:00 Mass in Chapel 1:45 Baking "French Silk Pie" 3:15 Neighborhood Social 3:30 Neighborhood Social & Hot Topic "Winter Sports" 4:00 25 Words or Less Ch. 18 6:00 Jeopardy & Wheel Ch. 5</p>	<p>12 9:00 Ballroom Dance – CH Alcove 9:30 Morning Stretches & Hydration 10:15 Tuesday Trivia – Winter Sports 11:00 Mass – Chapel 1:00 Yoga with Colleen – MP 1:15 Nature Stimulation Program – Garden Room/ Den 2:15 Art Group w/ Grace – Cathedral Den 2:15 Tic Tac Toe 3:15 Rosary with Sister Cecilia 4:00 TV Classics 5:45 Walk and Talk Club 6:00 Word game – 5 things 6:30 Noodle Ball 7:00 Hydration social</p>	<p>13 9:30 Ageless Grace with Jenny 10:00 Social 10:15 Music & Movement "Tennis" 11:00 Mass in Chapel 1:30 Strength & Balance 1:45 Music and Sensory (CS Den) 1:30p Memory Café - Revitalize Wellness Studio 2:15 Bingo - MP 3:30 This or That? 5:30 Grocery Games CH.66 6:30 Snack Social & Trivia</p>	<p>14 9:30 Morning News Show Ch. 12 9:45 Music and Movement 10:15 Flip a Coin & Sing! 11:00 Mass in Chapel 1:1 Sensory Stimulation Program 1:30 Floral Arranging 2:15 Martin Luther King Jr. Documentary 2:15 You Pick Sing Along - MP 3:00 Hydration Social 3:30 Neighborhood Conversations 5:30 Nightly News Ch.1012 5:45 Card Game! 6:15 Arts and Crafts</p>	<p>15 9:30 Morning News Show Ch. 12 9:45 Hydration 10:00 Creativity – Appreciate a Dragon and Fig Newton's Day 11:00 Mass in Chapel 2:15 "Wisconsin Supper Club" Happy Hour featuring Brandy Old Fashions Happy Hour – MP 3:30 Relaxation 5:30 Game Show Network 6:15 Social & Life Review</p>	<p>16 9:30 Friday Fitness 9:45 Hydration 10:00 Creativity – Appreciate a Dragon and Fig Newton's Day 11:00 Mass in Chapel 2:15 "Wisconsin Supper Club" Happy Hour featuring Brandy Old Fashions Happy Hour – MP 3:30 Relaxation 5:30 Game Show Network 6:15 Social & Life Review</p>	<p>17 9:30 Morning Moves 10:00 Active Sport – Bean bag toss 10:30 Hydration 10:45 Card games 11:15 Travel to Japan 1:30 Walking Club 1:45 Word Game 2:30 Ice Cream Social - MP 3:30 Afternoon Social 6:00 Movie Night CH 87</p>
<p>9:30 Morning Moves 9:45 Strength & Balance 10:00 Noodle Ball 10:30 Hydration 10:45 Travel to the Bahamas 11:00 Mass in Chapel 1:30 Walking Club/Exercise 2:30 Bingo! MP Room 3:30 Travel the World: Switzerland 6:00 America's Funniest Home Videos Ch.12 Home Videos Ch.12</p>	<p>18 9:30 Mobility Monday 9:45 Calendar Review 10:15 Social 10:15 Make Music with Madeline 11:00 Mass in Chapel 1:45 Hot Topic "Top Songs in Each Decade" 2:15pm Ada Ensemble - MP Room 3:30 Neighborhood Social 4:00 25 Words or Less Ch. 18 6:00 Jeopardy & Wheel Ch. 5</p>	<p>19 9:00 Ballroom Dance – CH Alcove 9:30 Morning Stretches & Hydration 10:15 Tuesday Trivia – Winnie the Pooh 11:00 Mass – Chapel 1:00 Yoga with Colleen – MP 1:15 Nature Stimulation Program – Garden Room/ Den 2:15 Art Group w/ Grace – Cathedral Den 2:15 Polar Plunge Dice Game 3:15 Rosary with Sister Cecilia 4:00 TV Classics 5:45 Walk and Talk Club 6:00 Horse Race Trivia</p>	<p>20 9:30 Morning Movement with Kim 10:00 Social 10:15 Music & Movement "Bowling" 11:00 Mass in Chapel 12pm Winter Wonderland Themed Luncheon - Lake Park Dining Room 1:30 Strength & Balance 1:45 Music and Sensory (CS Den) 2:15 Bingo - MP 3:30 This or That? 5:30 Grocery Games 66 6:30 Snack Social Trivia 5:45 Card Game: UNO!</p>	<p>21 9:30 Morning News Show Ch. 12 9:45 Music and Movement 10:15 Sam Cooke Music Appreciation 11:00 Mass in Chapel 1:1 Sensory Stimulation Program 1:30 Floral Arranging 2:15 You Pick Sing Along - MP 2:15 The Sam Cooke Story 3:00 Hydration Social 3:30 Neighborhood Conversations 5:30 Nightly News Ch.1012 5:45 Puzzle and Coloring 6:15 Card Games!</p>	<p>22 9:30 Friday Fitness 9:45 Hydration 10:00 Creativity – Handwriting Day 11:00 Mass in Chapel 1:30 Strength & Balance (Upper) 2:15 Happy Hour featuring "Call of the Wild: Songs of the Last Frontier" - MP 3:30 Relaxation 5:30 Game Show Network 6:15 Social & Life Review</p>	<p>23 9:30 Morning Moves 10:00 Morning News 10:30 Active Sport: Basketball 11:15 Travel Abroad 1:15 Cinema Saturday 1:30 Walking Club 2:00 Puzzle Club 3:00 Card Club 6:00 Movie Night CH 87</p>	<p>24 9:30 Morning Moves 10:00 Morning News 10:30 Active Sport: Basketball 11:15 Travel Abroad 1:15 Cinema Saturday 1:30 Walking Club 2:00 Puzzle Club 3:00 Card Club 6:00 Movie Night CH 87</p>
<p>9:30 Morning Moves 10:00 Strength & Balance 10:30 Travel the World 11:00 Mass in Chapel 1:15 Cinema Sunday 1:30 Walking Club 2:30 Bingo! MP Room 3:30 Travel the World: Switzerland 6:00 America's Funniest Home Videos Ch.12 Home Videos Ch.12</p>	<p>25 9:30 Mobility Monday 9:45 Memory Trees "Valentines" 10:15 Social 10:15 Make Music with Madeline 11:00 Mass in Chapel 1:45 Baking "Hot Artichoke Dip" 3:30 Neighborhood Social & Hot Topic "Winter Blues" 4:00 25 Words or Less Ch. 18 6:00 Jeopardy & Wheel Ch. 5</p>	<p>26 9:00 Ballroom Dance – CH Alcove 9:45 Men's Breakfast - MP 9:45 Morning Stretches & Hydration 9:45 Jesuit Troubadours & Pet Visit! 10:15 Daily Chronicles 11:00 Mass – Chapel 1:00 Yoga with Colleen – MP 1:15 Nature Stimulation Program – Garden Room/Den 2:15 Art Group w/ Grace – Cathedral Den 2:15 Tuesday Trivia – Winter Wonderland 3:15 Rosary with Sister Cecilia 4:00 TV Classics 5:45 Uno Card game & Social</p>	<p>27 9:30 Morning Movement with Kim 10:00 Social 10:15 Music & Movement "New Year's Match Up" 11:00 Mass in Chapel 1:45 Music and Sensory (CS Den) 1:30 Resident Council – Lake Park 2:15 Bingo - MP 3:30 This or That? 5:30 Grocery Games CH 66 6:30 Snack Social & Trivia</p>	<p>28 9:30 Morning News Show Ch. 12 9:45 Music and Movement 10:15 Dolly Parton Music Appreciation 11:00 Mass in Chapel 1:1 Sensory Stimulation Program 1:30 Floral Arranging 2:15 You Pick Sing Along - MP 2:15 The Dolly Parton Story 3:00 Hydration Social 3:30 Neighborhood Conversations 5:30 Nightly News Ch.1012 5:45 Arts, crafts and Puzzles 6:15 Trivia and Snack Social!</p>	<p>29 9:30 Friday Fitness 9:45 Hydration 10:00 Creative Story Telling - Spare Day 10:15 Penguin Bowling 11:00 Mass in Chapel 1:30 Strength and Balance (Upper) 2:15 Coca Cola Floats Happy Hour – MP Room 3:30 Relaxation 5:30 Game Show Network 6:15 Social & Life Review</p>	<p>30 9:30 Morning Moves 10:00 Music Ball 10:30 Memory Lane 10:45 Simon says 11:00 Travel to Minnesota 1:30 Walking Club 2:00 Baking Cinnamon Rolls 3:30 Hydration + Social hour 6:00 Movie Night CH 87</p>	<p>31 9:30 Morning Moves 10:00 Music Ball 10:30 Memory Lane 10:45 Simon says 11:00 Travel to Minnesota 1:30 Walking Club 2:00 Baking Cinnamon Rolls 3:30 Hydration + Social hour 6:00 Movie Night CH 87</p>
<p>Australia Day (Observed)</p>							

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