

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

LAKE PARK



October 2026

Program & Location Key:**MP – Multipurpose Room/ CD – Cathedral Den Purple – Special TV Programs, Movies, Sports, etc.****Orange – Luncheons/Outings Dark Green – Special Events Blue– Physical Mobility****Red – Music Therapy Pink – Art BOLD – Special Group**

9:30 Morning News Ch.1/12 9:45 Sunday Stretches 10:15 Strength & Balance 10:30 Travel the World 12:00 Packers at Tampa Bay Buccaneers, Raymond James Stadium CH6 11:00 Mass in Chapel (Ch.956) 1:30 Card Club 2:30 Bingo! MP Room 3:30 Afternoon Social 6:00 America's Funniest Home Videos Ch.12	4	9:30 Mobility Monday 9:45 Memory Trees "Summer/Fall" 10:00 Music with John 11:00 Mass in Chapel (Ch. 956) 1:45 Baking "Sausage Pizza" 3:15 Neighborhood Social 3:15 Music & Sensory – CD 3:30 Hot Topic "Seasonal Change" 4:00 25 Words or Less Ch. 18 5:45 Walk and Talk Club 6:00 Drama Club 6:50 Hydration Social	5	9:00 Ballroom Dance – CH Alcove 9:45 Morning Stretches 10:15 News & Hydration 10:30 Sounds of Halloween 11:00 Mass in Chapel (Ch. 956) 1:30 Strength and Balance 2:00 Craft Club with Grace - CD 2:30 Rosary with Sister Pavana 3:00 Tuesday Trivia – National Parks 3:30 Mindful Movement and Hydration 4:00 TV Classics	6	9:30 Wednesday Warmup 10:00 Hydration Social 10:15 Name that Tune 11:00 Mass in Chapel (Ch. 956) 1:00 Art Therapy with Karina - Cathedral 1:30 Move & Groove to Tunes - Hoops 2:15pm Entertainment by Neal Bardele Duo – MP 3:30 This or That? 5:30 Grocery Games CH 66 6:15 Social & Life Review 5:45 Walk and Talk 6:15 Puzzle Club	7	9:30 Morning News Show Ch. 6 9:45 Music and Movement 10:15 Make Music with Madeline 11:00 Mass in Chapel (Ch. 956) 1:30 Floral Arranging 2:15 Music Appreciation 3:30 Hydration Social 5:30 Nightly News Ch.6	8	9:30 Friday Fitness 10:00 News & Hydration 10:15 Creativity – Jack O' Lanterns 11:00 Mass in Chapel (Ch. 956) 1:30 Strength & Balance (Upper) 2:15 A-MAIZE-ing Popcorn Happy Hour ft Movie Music – MP 3:30 Relaxation 5:30 Game Show Network 6:15 Social & Life Review	9	9:45 Morning Moves 10:00 Morning Chronicles 10:15 Skee – Ball 10:45 Manicures 11:15 The biggest Pumpkin Patch 1:30 Walk and Talk Club 2:00 Hyration social 2:30 October Birthday Party - MP 3:30 Decorating 6:00 National Geographic	10	
9:30 Sunday Stretches 9:45 Daily Chronicles + Hydration 10:00 Morning Puzzles 11:00 Mass in Chapel (Ch. 956) 1:30 Walk and Talk club 2:30 Bingo! MP Room 3:30 Afternoon Social 4:25 Packers vs Chicago Bears, Lambeau Field CH6 6:00 America's Funniest Home Videos Ch.12	11	9:30 Mobility Monday 9:45 Memory Trees: Halloween/Oktoberfest" 10:00 Music with John 11:00 Mass in Chapel (Ch. 956) 1:45 Baking "Pumpkin Muffins" 3:15 Music & Sensory – CD 3:15 Neighborhood Social 3:30 Hot Topic "Pumkins" 4:00 25 Words or Less Ch. 18 5:45 Walk and Talk Club 6:00 Baking Smore's 6:45 Hydration Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	12	9:00 Ballroom Dance – CH Alcove 9:30 Morning Stretches & Hydration 9:45 Jesuit Troubadours Sing-a-Long 11:00 Mass in Chapel (Ch. 956) 1:30 Strength and Balance 2:00 Craft Club with Grace – CD 2:30 Rosary with Sister Pavana 3:00 Tuesday Trivia – Candy 3:30 Mindful Movement and Hydration 4:00 TV Classics 6:00 Jeopardy & Wheel Ch. 5	13	9:30 Ageless Grace with Jenny 10:00 Hydration Social 10:15 Music Trivia 11:00 Mass– Chapel (Ch. 956) 1:00 Art Therapy with Karina - Cathedral 1:30 Move & Groove to Tunes "Beach Ball" 2:15 Bingo – MP Room 3:30 This or That? 5:30 Grocery Games CH 66 6:15 Social & Life Review	14	9:30 Morning News Show Ch. 6 9:45 Music and Movement 10:15 Positive Tunes with Madeline 11:00 Mass in Chapel (Ch. 956) 12:30pm Scenic Drive to Holy Hill – RSVP Required 1:30 Floral Arranging 2:30 Music Appreciation 3:15 Hydration Social 5:30 Nightly News Ch.6 5:45 Card Club 6:15 Arts and Crafts	15	9:30 Friday Fitness 10:00 News & Hydration 10:15 Creativity – Monster Mash 11:00 Mass in Chapel (Ch. 956) 1:30 Strength & Balance (Upper) 2:15 Tini Toast to Fall Happy Hour ft Martini Tasting - MP 3:30 Relaxation Social 5:30 Game Show Network 6:15 Social & Life Review	16	9:30 Morning News Ch.1/12 9:45 Morning Moves 10:15 Active Sport 10:45 Trivia 11:15 Tour the World 1:30 Card Club 2:30 Ice Cream Social – MP 3:30 Afternoon Social 6:00 National Geographic	17	
9:30 Morning News Ch.1/12 9:45 Sunday Stretches 10:15 Strength & Balance 10:30 Travel the World 11:00 Mass in Chapel (Ch. 956) 1:30 Walk and Talk Club 2:00 Hydration social 2:30 Bingo! MP Room 3:30 Afternoon Social 8:20 Packers vs Dallas Cowboys, Lambeau Field CH NBC	18	9:30 Mobility Monday 9:45 Remotivation "Apples2" 10:00 Music with John 11:00 Mass in Chapel (Ch. 956) 1:45 Baking "Apple Coffee Cake" 3:15 Neighborhood Social 3:15 Music & Sensory – CD 3:30 Hot Topic "An apple a Day!" 4:00 25 Words or Less Ch. 18 5:45 Baking Cookies 6:45 Hydration Social & Treat Tasting!	19	9:00 Ballroom Dance – CH Alcove 9:45 Morning Stretches 10:15 News & Hydration 10:30 Halloween Grab Bag 11:00 Mass in Chapel (Ch. 956) 1:30 Strength and Balance 2:00 Craft Club with Grace – CD 2:30 Rosary with Sister Pavana 3:00 Tuesday Trivia – Fall 3:30 Mindful Movement and Hydration 4:00 TV Classics 6:15 Random Trivia!	20	9:30 Ageless Grace with Jenny 10:00 Hydration Social 10:15 Rhythm stick games 11:00 Mass in Chapel (Ch. 956) 1:30-3:00 Community Café - Revitalize Wellness Studio 1:30 Move & Groove to Tunes - Scarves 2:15 Entertainment by Rockin' Randy – MP 3:30 This or That? 5:30 Grocery Games CH 66 6:15 Social & Life Review	21	9:30 Morning News Show Ch. 6 9:45 Music and Movement 10:15 Make Music with Madeline 11:00 Mass in Chapel (Ch. 956) 1:30 Flower Arranging 2:00 Faith Sharing – Lake Park Den 2:15 Drum Circle – MP Room 3:15 Hydration Social 5:30 Nightly News Ch. 6 5:45 Game Night 6:15 Snack Social	22	9:30 Friday Fitness 10:00 News & Hydration 10:15 Creativity – Fall Harvest 11:00 Mass in Chapel (Ch. 956) 1:30 Strength & Balance (Upper) 2:15 Fall in Wisconsin Happy Hour – MP 3:30 Relaxation 5:30 Game Show Network 6:15 Social & Life Review	23	9:30 Morning News 9:45 Morning Moves & Hydration 10:15 Noodle Ball 10:45 Halloween Trivia 11:15 Travel the World: October in New Mexico 1:30 Walk and Talk Club 2:30 Arts and Crafts 3:30 Afternoon Social 6:00 National Geographic	24	
9:45 Morning Moves 10:00 Beach Ball Toss 10:30 Hydration social 10:45 Finish the Phrase 11:00 Mass in Chapel 1:30 Walk and Talk Club 2:00 Manicures 2:30 Bingo! MP 3:30 Afternoon Social 4:25 Packers at Detroit Lions, Ford Field CH 6 6:00 America's Funniest Home Videos Ch.12	25	9:30 Mobility Monday 9:45 Calendar Review 10:00 Music with John 11:00 Mass in Chapel (Ch. 956) 1:45 Halloween Traditions 2:15 Entertainment by Craig Siemsen – MP Room 3:15 Music & Sensory – CD 3:30 Hot Topic "Halloween" 4:00 25 Words or Less Ch. 18 5:45 Stretches 6:00 Bingo night + Snack social 6:30 Card Games	26	8:00 Men's Breakfast – MP Room 9:00 Ballroom Dance – CH Alcove 9:45 Morning Stretches & Hydration 10:15 Resident Council – Lake Park Lounge 11:00 Mass in Chapel (Ch. 956) 1:30 Strength and Balance 2:00 Craft Club with Grace - CD 2:30 Rosary with Sister Pavana 3:00 Tuesday Trivia - Halloween 3:30 Mindful Movement and Hydration 4:00 TV Classics 6:00 Jeopardy & Wheel Ch. 5	27	9:30 Ageless Grace with Jenny 10:00 Hydration Social 10:15 Halloween Sing a long 11:00 Mass in Chapel (Ch. 956) 1:30 Move & Groove to Tunes - Hoops 2:15 Bingo – MP Room/ Baking Halloween "Mummy Dogs" 3:30 This or That? 5:30 Grocery Games CH 66 6:15 Social & Life Review	28	9:30 Morning News Show Ch. 6 9:45 Music and Movement 10:15 Halloween Music with Madeline 11:00 Mass in Chapel (Ch. 956) 1:30 Floral Arranging 2:15 You Pick Sing Along 3:15 Hydration Social 5:30 Nightly News Ch. 6 5:45 Water Coloring 6:15 Puzzles and UNO	29	9:30 Friday Fitness 9:45 Hydration 10:00 Creativity – Trick or Treat! 11:00 Mass in Chapel (Ch. 956) 1:30 Strength & Balance (Upper) 2:15 Halloween Costume Contest Happy Hour - MP 3:30 Relaxation 5:30 Game Show Network 6:15 Social & Life Review	30	9:30 Morning News Ch.1/12 9:45 Morning Moves 10:15 Active Sport 10:45 Trivia 11:15 Tour the World 1:30 Halloween Trivia 2:00 The Adams Family and Halloween Treats 2:30 Jack-O-Lantern Craft 3:30 Decorating for Halloween 6:00 National Geographic	31	Halloween