



# TRAMONTIN'S


 *bistro*

## ALA CARTE MENU

Ala carte items are all made to order and may add an additional 20 minutes based on the item to preparation time.

 Denotes the healthier option.




### SOUPS & SALADS

Low Sodium Soup	\$2.00	\$4.00
<i>Vegetable or Chicken Noodle while supplies last</i>	Cup	Bowl
Soup of the Day	\$2.00	\$4.00
	Cup	Bowl
Side Salad with Ranch 		\$2.50
<i>Does not replace salad of the day</i>		
Salad of the Day		\$2.00

### CLASSICS

<i>All sandwiches served with lettuce, tomato, pickle, chips, fries or vegetable of the day</i>		
Beef Hot Dog		\$6.50
<i>served on a bun</i>		
Grilled Cheese Sandwich		\$6.50
<i>served on choice of white or wheat bread</i>		
Bacon, Lettuce, and Tomato		\$8.50
<i>served on choice of white or wheat bread</i>		
Chicken, Egg, or Tuna Salad		\$6.50
<i>served on choice of bread</i>		
<i>served on croissant - \$8.50</i>		
Grilled Chicken Breast 		\$10.50
<i>served on a bun with lettuce, tomato and pickle (while supplies last).</i>		
<i>Grilled chicken only - \$6.50</i>		
Cod Entrée 		\$12.00
<i>served with lemon, tartar sauce, vegetable and starch of the day</i>		
Hamburger		\$12.50
<i>½ pound certified Angus beef burger served on a bun with American Cheese</i>		
Veggie Burger 		\$6.50
<i>served on a bun with lettuce and tomato</i>		
Chicken Cutlet		\$6.50
<i>crispy fried cutlet served on a bun</i>		
Double Meat		\$4.50
<i>does not include side</i>		

### SIDES

Cottage Cheese 	\$3.00
Fresh Seasonal Fruit Cup 	\$3.00
French Fries	\$2.50
<i>substitute sweet potato fries for \$3.50</i>	
Potato Chips	\$2.50
Steamed Carrots	\$1.00
Whole Fruit 	\$0.75
<i>banana, apple, or orange</i>	
Jello	\$0.75

### DESSERTS

Dessert of the Day	Prices Vary
Ice Cream	\$1.25
<i>ask server for daily offerings</i>	per scoop
Assorted Cookies	\$1.50 each

### BEVERAGES

Coffee or Tea	Complimentary
Milk	\$1.00
Coke Products	\$1.50
Lemonade or Iced Tea	\$1.50
Juice	\$2.00
<i>cranberry, apple, orange, tomato, V-8</i>	
Silvergate House Wine	\$5.00
	per glass
<i>White Wine - Pino Grigio, Moscato, Chardonnay, Sauvignon Blanc</i>	
<i>Red Wine - Merlot, Pinot Noir, Cabernet Sauvignon</i>	
Tap Beer	\$3.00
<i>Miller High Life, Miller Lite, non alcoholic</i>	