St. Camillus Home Health & Hospice

In partnership with GREENFIELD REHAB

Therapy Service OPTIONS

Greenfield Rehabilitation Agency partners with St. Camillus Home Health to provide coordinated therapy services that support patients in achieving safe recovery at home.

ST. CAMILLUS HOME HEALTH SERVICES

Core Home Health Services

- Nursing care
- Home Health Aide
- Medication, diet and pain management
- Heart and diabetes monitoring

Specialized Programs

- Oxygen use instruction
- Wound care
- Lymphedema management
- LSVT - Parkinson's therapy

GREENFIELD REHABILITATION AGENCY THERAPY SERVICES

Physical Therapy (PT)

- Mobility, strength and balance restoration
- Fall prevention and post-acute rehab

Occupational Therapy (OT)

- Activities of daily living and independence
- Adaptive equipment and home modification
- Lymphedema

Speech Therapy (ST)

- Swallowing and dysphagia treatment
- Communication and language recovery

WHY THIS PARTNERSHIP MATTERS TO YOUR FACILITY

Our partnership delivers a fully coordinated team - nursing, home health aides, and PT/OT/ST - reducing re-hospitalizations and reinforcing your reputation for holistic continuous care.

CONTACT INFORMATION

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ARTHRITIS MANAGEMENT

Arthritis is generally defined by inflammation in the joints. The most common form of arthritis is osteoarthritis, which is degeneration of the bone and cartilage.

Symptoms

- Pain
- Join deformities
- Swelling in the joints
- Stiffness in the joints
- Tenderness
- Bone spurs

Risk Factors

- Hereditary
- Obesity
- Joint injuries
- Repetitive motion of the joint
- Female
- Age

Treatment: Medical care consists of of non-prescriptive and prescriptive medications, physical and occupational therapies, self-management and if necessary, surgery.

Self Management: Physical exercise and ultimately losing weight reduces stress on the joints and can decrease pain and improve function. Use of ice packs and heating pads can also reduce pain and stiffness.

Physical Therapy: Physical Therapy can teach you proper body mechanics to help alleviate stress on joints.

Occupational Therapy: Occupational therapists can help you protect your joints by teaching you how to use adaptive equipment effectively. They can also assess your home environment and recommend modifications to improve safety, accessibility, and independence.

Surgery: Joint surgery can remove damaged parts and replace them with new man-made parts. Replacing a joint can aid in the reduction of pain and help you move with greater ease.

GAIT PATTERNS

As people age, the way they walk, or gait pattern, often changes. These changes can be due to balance problems, medication changes, vision problems, muscle tightness or weakness, dizziness and even fear of falling.

What changes may look like that may lead to falls:

- Shorter and slower footsteps
- Sway to right or left
- Difficulty lifting feet to take a step
- One foot crossing over the other - scissor stepping
- Feeling the need to hold onto something like furniture or a railing