Lunch & Dinner Adults Menu

# SOURDOUGH FLATBREADS

A folded sandwich made from our freshly baked, naturally fermented and hand-shaped pizza dough.

GRILLED CHICKEN d g h 10
Tzatziki, Tomato, Red Onion

BEEF BRISKET d g 10
Smoked Cheddar, Mustard, Red Onion, Pickles

QUINOA FALAFEL (g) (ve) 10 Red Cabbage, Carrot, Harissa, Pickles

#### PERI PERI CHICKEN (h)

1/4 Roast Chicken | 16 1/2 Roast Chicken | 21

SELECT TWO SIDES

Cajun Fries | Rice | Black Beans | Red Cabbage Slaw

SELECT YOUR SAUCE

Garlic Yoghurt (d) | Chipotle Sauce

# PLATES & BOWLS HOUSE CHEESEBURGER (d)(g)(h) Grilled Beef Patty, Cheddar, Lettuce, Tomato, Red Onion, Pickles, House Burger Sauce Add Extra Burger Patty +4 HOUSE QUINOA BURGER (9) Chickpea & Quinoa Patty, Lettuce, Tomato, Red Onion, Pickles, House Burger Sauce **CURRY BOWL** Brown Rice, Coconut Yoghurt, Onion Seeds, Coriander, Mango Chutney. Choose Tofu (ve), DONBURI BOWL (g) Pickled Ginger, Cucumber, Spring Onion, Furikake, Sushi Rice, Yuzu Dressing, Sesame Seeds. Choose Lemon Chicken (h), Miso Salmon, or Tofu (ve)

Our menus have been crafted with families in mind. Each dish has been thoughtfully made in-house, with care and without compromise, featuring the finest and freshest ingredients.



V - Vegetarian | VE - Vegan | D - Dairy | G - Gluten | H - Halal. Non Gluten Containing Options Available. If you have an allergy or any dietary requirements please notify a member of our team. Menu items may contain gluten. A discretionary service charge of 15% will be added to your bill. Scan the QR code for our Allergens Menu.

# MAKE IT A MEAL

Sourdough Flatbread With Choice Of Soup, Side Salad or Fries

FOR 12



Add Chicken (h) 4 | Prawns 5 | Tofu (ve) 3

QUINOA SUPER BOWL
Quinoa, Black Rice, Black Beans, Corn, Carrots,
Cucumber, Coriander, Crispy Corn Tortilla,
Chipotle Dressing

CAESAR SALAD

d
g
10
Baby Gem, Kale, Parmesan, Anchovy, Croutons,
Caesar Dressing

TUNA NICOISE
14

Ask Us About Our...

Tuna, Potato, Egg, Baby Gem, Red Onions, Green

Beans, Olives, Lemon Vinaigrette

SOUP OF THE DAY (g) (ve) 7
Served With Sourdough Bread

### SIDES

FRIES ve		4
SWEET POTATO FRIES	ve	4.5
CORN ON THE COB Garlic Butter	v	4
BROCCOLI ve With Lemon & Olive Oil Dressing		4

## DESSERTS

CHURROS (g) (ve) Cinnamon Sugar, Chocolate Sauce	5
CHOCOLATE BROWNIE d g v Banana Ice Cream	7
TROPICAL SUNDAE (9)	6
Caramelised Banana, Passionfruit Coulis, Pineapple, Coconut Chips, Mango Sorbet, Coconut Sorbet	