

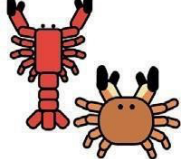
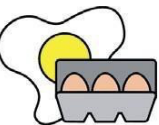
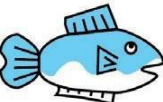
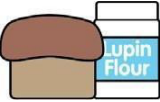




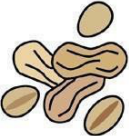

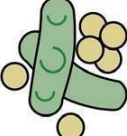

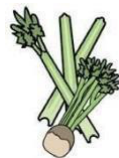

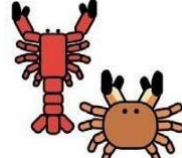
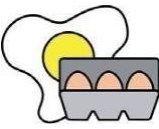
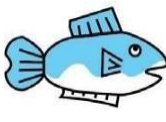
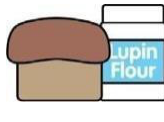




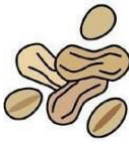

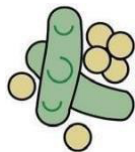



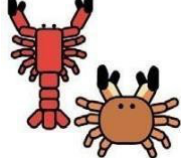
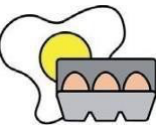

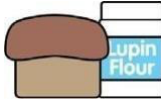












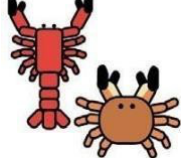
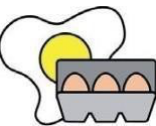

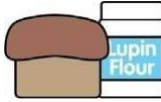




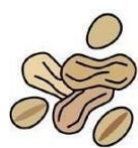



# DISHES AND THEIR ALLERGEN CONTENT

DISHES														
Base	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Sushi Rice														
Brown rice														
Sushi rice dressed													✓	
Brown rice dressed													✓	
Veg slaw														
Veg slaw dressed												✓	✓	
Quinoa														
Quinoa dressed													✓	

# DISHES AND THEIR ALLERGEN CONTENT

DISHES														
Toppings	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Seaweed Salad												✓		
Smashed avocado														
Pickled Japanese Cabbage									✓			✓	✓	
Crab Mayo		✓ wheat	✓	✓	✓								✓	
Edamame													✓	
Spring onions														
Pickled cucumber														
Mango														
Fresh pineapple														

DISHES														
Toppings	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Pickled ginger														
Shredded Carrots														
Steamed Broccoli														
Cherry Tomato														
Grilled Sweetcorn														
Fresh chilli														
Fresh coriander														
Fresh Onions														
Cream cheese							✓							

DISHES														
Toppings	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Super Seeds												✓	✓	
Tortilla chips														
Nori seaweed			✓					✓						
Crispy onions		✓ wheat												
Sesame seeds												✓		

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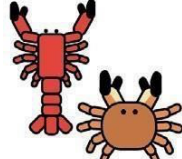
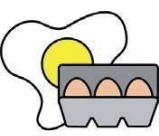
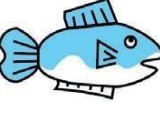
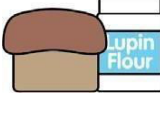






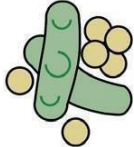

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Might contain traces of different allergens that are not stated in here! If there's a doubt, do not do the bowl.



DISHES														
Poke Bowls	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Honi Poke		✓ Wheat			✓							✓	✓	
Ahi Poke		✓ Wheat			✓							✓	✓	✓
Sriracha Salmon				✓	✓							✓	✓ Soy sauce on the base	✓
Teriyaki Chicken / Teriyaki Tofu												✓	✓	
Avocado & Mango												✓	✓	
Chicke Katsu		✓ Wheat										✓	✓	
Miso Salmon					✓				✓			✓	✓	
Gochujang Chicken		✓ Wheat							✓			✓	✓	✓
King Oyster Mushroom	✓	✓ Wheat	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
California		✓ wheat	✓	✓	✓		✓					✓	✓	✓

# Pokerritos




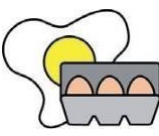
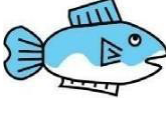
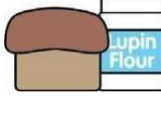

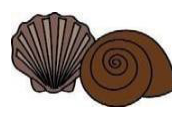
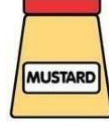

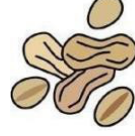

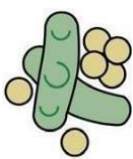

DISHES														
Pokerritos	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Chicken Katsu		✓ Wheat										✓	✓	
Salmon				✓	✓							✓	✓	✓
Tuna		✓ Sweet soy Mayo		✓	✓							✓	✓	✓
Katsu Curry Sauce		✓ Wheat										✓	✓	
Sweet soy mayo		✓ Wheat		✓									✓	

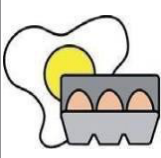

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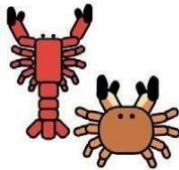
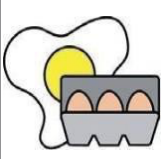
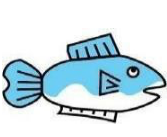
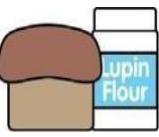






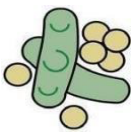



# DISHES AND THEIR ALLERGEN CONTENT

DISHES														
PROTEIN	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Salmon					✓									
Marinated tuna					✓							✓	✓	✓
Chicken														
Tofu													✓	
Miso Salmon					✓							✓	✓	
Chicken Katsu		✓ wheat											✓	
Crispy Chicken		✓ wheat										✓	✓	✓
Boiled King Prawns			✓											
Salmon tartare				✓	✓							✓	✓	✓

DISHES														
Sauces	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Chilli & Garlic sauce												✓	✓	
Sesame & Soy sauce												✓	✓	
Sriracha Mayo				✓										✓
Teriyaki Sauce												✓	✓	
Wasabi Mayo				✓					✓				✓	
Vegan Sriracha									✓					✓
Ginger & soy sauce												✓	✓	
Sesame dressing ( Japanese cabbage )									✓			✓	✓	
Sweet Gochujang Sauce		✓ wheat										✓	✓	
Curry sauce		✓ wheat											✓	
Sweet Miso Sauce												✓	✓	
Salmon tartare dressing				✓	✓							✓	✓	✓



DISHES														
Sauces	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Veg slaw dressing												✓	✓	
Soya Sauce 5ltr													✓	
Sweet soy mayo		✓ wheat		✓									✓	
Soya Sauce sachet		✓ wheat											✓	
Shoyu sauce												✓	✓	

Review date: 7/10 /2025

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