

BEAT THE HEAT

COOLING STATIONS + SAFETY TIPS

FREE PLACES TO COOL DOWN WHEN TEMPERATURES
BECOME DANGEROUS

COOLING STATION HOURS



FAIRMONT COMMUNITY CENTER

251 BLANTON ST.

MONDAY 10AM-2PM
TUESDAY 6PM-9PM
THURSDAY

WEDNESDAY 10AM-2PM
FRIDAY

SATURDAY 10AM-5PM



CITY PARK COMMUNITY CENTER

601 CAMP NORTHERN RD.

MONDAY 10AM-2PM
TUESDAY 6PM-9PM
THURSDAY

WEDNESDAY 10AM-2PM
FRIDAY

SATURDAY 10AM-5PM



FLINT RIVER REGIONAL LIBRARY

800 MEMORIAL DR.

MONDAY 9AM-9PM
THURSDAY

TUESDAY 9AM-6PM
WEDNESDAY
FRIDAY
SATURDAY

STAY SAFE IN EXTREME HEAT



STAY HYDRATED

DRINK WATER EVEN BEFORE
YOU FEEL THIRST



GET INSIDE

USE AIR CONDITIONING AND
LIMIT SUN EXPOSURE



CHECK ON OTHERS

WATCH SENIORS, CHILDREN,
NEIGHBORS, AND PETS

HEAT STROKE IS A MEDICAL EMERGENCY CALL 911
KNOW THE SIGNS

- HOT, DRY SKIN
- RAPID, STRONG PULSE
- CONFUSION OR FAINTING
- POSSIBLE UNCONSCIOUSNESS

QUESTIONS?

CALL 770-228-2129
EMERGENCY MANAGEMENT