

# Advanced Bobath Course: Advancing Neuropediatric Practice: Family-Centered NDT Bobath Approaches for Everyday Life

Language: English; translation in German and French guaranteed

Stadtspital Zürich Triemli, Switzerland

6<sup>th</sup>, 7<sup>th</sup>, 8<sup>th</sup>, 28<sup>th</sup>, 29<sup>th</sup> March 2026

## Course Discription

Are you a certified Bobath therapist ready to deepen your clinical reasoning and better support families?

This advanced training is designed to **enhance your skills in developmental support and parent guidance** for children with cerebral palsy and other neurological disorders. The course offers an intensive, practical exploration of **everyday-life-based intervention** rooted in **NDT Bobath principles**, with a strong focus on **participation and family involvement**.

## Key Learning Objectives

By the end of the course, participants will:

- Strengthen their ability to provide meaningful developmental support to parents of children with neurological disorders
- Apply advanced NDT Bobath clinical reasoning in guiding interventions tailored to everyday family routines
- Translate neurodevelopmental goals into **practical, understandable strategies** for parents and children (how to use SMART goals and GAS) in our therapeutic intervention?
- Emphasize **child participation and motivation** as key drivers of successful outcomes
- Understand and assess **how the child organises movement strategies** in context
- Work directly with **children and families** to develop hands-on, relevant skills in real time.

## Course Format

- **Highly practical** – with live clinical sessions involving **real children and families**; possibility to propose one of the own patients for the practical (necessity of prior contact with the course leader).
- **Interactive workshops** – focused on analysis, planning, and reflection
- **Video analysis and group discussion** – to enhance clinical reasoning
- **Parent-therapist collaboration models** – exploring communication and shared decision-making



SAKENT/ASEND

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Ein Engagement  
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## Target Audience

Certified Bobath therapists with experience in paediatric neurological rehabilitation seeking advanced, practice-based learning in parent-guided and participation-oriented intervention.

## Special Features

- Live practice with families in a safe, mentored environment
- Practical tools for integrating NDT Bobath into family routines
- Focus on **participation, motivation, and daily-life relevance**
- Supportive peer and faculty feedback loops

## Dates

**5 days**, full-time divided in two sessions:

### Session n°1

Friday, 6<sup>th</sup> March 2026  
Saturday, 7<sup>th</sup> March 2026  
Sunday, 8<sup>th</sup> March 2026

### Session n°2

Saturday, 28<sup>th</sup> March 2026  
Sunday, 29<sup>th</sup> March 2026

## Location

Stadtspital Zürich Triemli, Birmensdorferstrasse 497, 8063 Zürich, Switzerland

## Tutors

- Leonor Antonietti, NDT Bobath Senior Tutor and course leader (PT)
- Dominique Scherrer, NDT Bobath Tutor (PT)
- Kirsten Ursem, NDT Bobath Tutor (PT)
- Ingrid Virnot, NDT Bobath Tutor (PT)
- Eva Stephan, NDT Bobath Tutor (SLT)
- Stefanie Stock-Mühlnickel, NDT Bobath Senior Tutor (OT)

## Certificate

Participants will receive a certificate of completion accredited by the European Bobath Tutors Association (EBTA).

## Language

An average understanding of English is necessary.

Translation can be received at any time when needed by part of our team and the power points could be translated in German and French. Practical's communication with children will mainly be in German.



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## Price

CHF 1'250.- for SAKENT-ASEND-members (personal or institution).

CHF 1'400.- for others.

## Number of participants

Minimum 12 therapists, maximum 16 therapists.

## Registration

Registration until **31<sup>st</sup> January 2026** (registration form).

## Cancellation

Any cancellation must be announced in written form (by post or email).

The following compensation will be received in the event of cancellation:

Up to 1 month before the start of the course fee for the treatment CHF 100.-.

Up to 1 week before the start of the course 50 % of the course fee.

1 week before or during the course 100 % of the course fee.

In the event of illness or accident the participant needs to send a medical certification to SAKENT-ASEND to apply for refunding. SAKENT-ASEND will evaluate the situation.

## Various

Lunch: Possible to eat at the restaurant of the hospital or to bring a picnic.

Free coffee and tea are available during the breaks.



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