

Course

Neurodevelopmental Therapy (NDT) – Bobath Baby

Advanced Course «Neurodevelopmental Therapy (NDT) Bobath Baby» course focusing on supporting infants and their families

The “Bobath Baby” training programme enables participants to develop the knowledge, skills and competencies required to provide therapeutic support for infants and babies up to the age of 18 months who present with sensorimotor developmental disorders and/or are at risk of neurological developmental delays.

This is a baby- and family-centred approach based on clinical reasoning in accordance with the NDT-Bobath concept. This concept is founded on the observation and analysis of the baby's sensorimotor behaviour, its impact on the baby's ability to interact with their environment, and its implications for other aspects of their development.

Successful completion of the training qualifies participants to provide therapeutic care for babies, from newborns up to 18 months of age, in accordance with the criteria of the European Bobath Tutors Association (EBTA).

Course content

The content is based on the latest knowledge in the fields of child development, motor behaviour, learning theories, biomechanics and neuroscience.

The following topics are covered:

- Analysis of posture and movement, and their implications for the various areas of a child's development
- Problem-solving (application of the Bobath 'Clinical Reasoning' process), taking into account the child's context and personal factors
- Therapeutic procedure, development of a treatment plan and implementation of treatment techniques in accordance with the NDT-Bobath concept and tailored to the individual needs of babies and infants up to the age of 18 months
- Cross-disciplinary collaboration
- Treatment incorporating Evidence-based medicine (EBM) and Evidence-based practice (EBP)
- Assessment procedures
- Medical principles
- Pedagogical, psychological and social foundations
- Collaboration with parents, family and/or other key support figures



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Course structure

The total training duration is 178 hours, of which 78 are face-to-face. The course is designed to be undertaken whilst in employment. The programme is divided into three 4-day blocks, from Friday to Monday inclusive. The intervals of a few weeks between blocks are intended to allow participants to apply the knowledge and skills acquired in their day-to-day work.

The quality of the training is ensured by the teaching team certified by the EBTA and the collaboration and support of medical experts in their fields.

This is a highly practice-oriented course with a solid theoretical foundation

Clinical sessions with babies and their families

These placements, carried out in small groups and supervised by a Bobath teacher/therapist with experience in treating babies, form an integral part of the course.

Participants have the opportunity to suggest their own patients for these practical sessions. If you are interested, please contact the course coordinator.

- **Demonstrations** – presentations of children in line with objectives tailored to the current learning outcomes
- **Interactive workshops** – focused on the analysis of posture, movement and activity, as well as planning and reflection on practice
- **Video analysis and group discussions** – designed to develop clinical reasoning
- **Models of collaboration between parents and therapists** – exploring communication and shared decision-making
- **Teaching methods** – designed to facilitate knowledge acquisition and practical development. They encourage self-analysis and are tailored to participants' individual needs.

Course materials and current literature are provided in electronic format.

Assessment

Learning outcomes are assessed through formative and summative assessments throughout the course.

Assignments are to be completed outside of contact hours.

The final project is a case study accompanied by a video.



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Certification

Participants receive the “Bobath Baby” certificate from the European Bobath Tutors Association (EBTA), which certifies completion of the course and the successful completion of its summative assessments. This certificate is issued electronically via the Swiss Association for the Teaching of Neurodevelopmental Therapy according to Bobath (SAKENT/ASEND).

Physiotherapists, occupational therapists, speech and language therapists and doctors who have completed the ‘Bobath Babies’ training are qualified to treat, in accordance with the Bobath concept, babies with sensorimotor and neurological developmental disorders and/or at risk of cerebral palsy, independently. In this context, they support and work in close collaboration with the family and the multidisciplinary team caring for the child.

Dates

Block 1	29., 30., 31. January 2027, 1. February 2027
Block 2	5., 6., 7., 8. March 2027
Block 3	30. April, 1., 2., 3. May 2027

Costs

SAKENT/ASEND – Members (Collective and individual members): **CHF 3'200.-**
Non-members: **CHF 3'400.-**

Venue

Block1 CHUV Development Unit, Rue du Bugnon 21, 1011 Lausanne.
Block 2 and Block 3 cabinet “Pôle Enfants” Rue Derrière Chapelle 5, 1530 Payerne

Language

The main language of instruction will be determined by the preference of the majority of participants in between English or French. Translation can be provided, if necessary, in German and English /French
Written assignments may be completed in French, German or English.

Target audience

Physiotherapists, occupational therapists, speech and language therapists working with babies (from newborns up to 18 months of age) who have sensorimotor developmental disorders and/or are at risk of neurological developmental delays. Medical doctors interested in neuropaediatric therapeutic intervention.



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Entry requirements

- To have completed the basic paediatric Bobath training course (duration: 8 or 9 weeks)
- At least one year's experience in Bobath therapy
- Work with infants or within a team where care for infants can be arranged for the purposes of the training
- Admission «sur Dossier»: candidates who do not meet the above criteria may submit an application, which will be assessed by the teaching team.

Registration

Deadline for registration: 23. November 2026

The completed and signed application form must be sent to:

office@sakent-asend.ch

or by post to:

SAKENT/ASEND, Sekretariat, Stadthof, Bahnhofstrasse 7b, 6210 Sursee, Schweiz

An invoice for CHF 200. to cover the cost of assessing the application will be sent to candidates upon receipt of their application. This sum remains payable and is non-refundable in the event of withdrawal or a decision to refuse admission.

Cancellation terms

Once enrolment is finalised, any withdrawal must be made in writing.

The following fees apply in the event of withdrawal:

- Within two months prior to the start of the course: 50% of the total course fees
- From the start of the course: 100% of the total course fees.

Cancellation of the course by SAKENT/ASEND: a full refund of the course fees.



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