

PrEP Ring 101
HERChoice



WHAT IS THE PrEP RING?

The PrEP ring is a flexible ring that is inserted into the vagina.

It is a form of microbicide, which means it contains a drug (dapivirine) that helps prevent the transmission of HIV.

HOW DOES IT WORK?

The PrEP ring slowly releases the antiretroviral drug dapivirine over the course of one month. Dapivirine is effective at blocking HIV from replicating inside cells, reducing the risk of HIV infection if the virus is encountered during sexual activity.



WHO IS IT DESIGNED FOR?

The PrEP ring is designed for cisgender women who are at risk of HIV infection, particularly in areas with a high HIV prevalence. It is a discreet and user-controlled method of HIV prevention.



HOW IS IT INSERTED AND REMOVED?

The PrEP ring is inserted into the vagina and remains in place for one month. It is then removed, and a new ring is inserted. Insertion and removal can be done by the user, making it a convenient option.



DOES IT OFFER PROTECTION AGAINST OTHER STI's?

The PrEP ring is specifically designed for HIV prevention and does not provide protection against other sexually transmitted infections (STI's). It is recommended to use condoms or other STI prevention methods in addition to the ring.

EFFECTIVENESS

The PrEP ring has been shown to reduce the risk of HIV infection when used consistently and correctly. It is most effective when used in combination with other prevention methods, such as condoms.



IMPORTANCE OF CONSISTENT USE

To maximize its effectiveness, it's crucial to use the PrEP ring consistently and replace it on time. Using it daily and adhering to the one-month replacement schedule is essential.