Let's talk **HERChoice**

PARTNER CONVERSATIONS

If you choose to inform your partner on your use of the

PrEP ring: You could try explaining in your own words that using the PrEP ring is not about your relationship — it's a decision about your health.

You could also try to explain that you are trusting him by asking for his support.

Did you know that HIV is very common in our country and community? We should all think carefully about how we can prevent HIV.

I've heard a lot about women using the PrEP ring to help prevent HIV. It reduces the risk of getting HIV and won't have any impact on you.



Did you know that there are now a lot of different ways to prevent HIV?

What do you know about these additional HIV prevention methods?

I've been thinking about using a prevention method to make sure I'm protected against HIV, and I need one that I can use well.

The PrEP ring has been recommended for women to help prevent HIV.

I've been thinking about using a prevention method to make sure I'm protected against HIV.

The PrEP ring has been recommended for women to help prevent HIV. It will just be like using other medication to prevent getting sick or to prevent pregnancy.

Did you know that HIV is very common in our country and community? We should all think carefully about how we can prevent HIV.

I would really like your support. Using the PrEP ring will help me prevent HIV. Many people my age are getting HIV, so I want to be as safe as I can be.

Did you know that there are now a lot of different ways to prevent HIV? What do you know about these additional HIV prevention methods?

I've heard that using the PrEP ring for women is just like any other method we have to prevent HIV.

I've been thinking about using a prevention method to make sure I'm protected against HIV, and I need one that I can use well.

The PrEP ring was recommended to me by a health care provider who educated me about it. I made the decision on my own because it's about my health and it won't have any impact on you.

I've been thinking about using a prevention method to make sure I'm protected against HIV.

The PrEP ring has been recommended for women to help prevent HIV. It will just be like using other medication to prevent getting sick or to prevent pregnancy. Using it is an investment in my health and the future of our relationship!

I've been thinking about using a prevention method to make sure I'm protected against HIV, and I need one that I can use well so I've started using the PrEP ring.

I use the PrEP ring it because many people my age are getting HIV and I like that I can use this method well for my own protection.

TIPS

- Your safety matters. If you don't think it is safe to tell your partner, it is okay to wait until you think it is or don't tell them at all.
- Picking your timing is important. Try to find a time when he's in a good mood, you're both sober, and you have some privacy. This must not be a rushed conversation.
- If you're worried that he may get angry or could be violent, try to find a place where you can easily leave or get help if you need to.
 - Try practicing what you're going to say.
 - If you have any friends who are using the PrEP ring and have told their partners, you could ask them for advice.