



DRINKS MENU

SIGNATURE DRINKS

HIBISCUS ROSE LATTE

30 AED



VEGAN PB CARAMEL

35 AED



ALMOND HOT COCOA

32 AED



GOLDEN MILK TURMERIC

30 AED



HOT DRINKS

Espresso single	19 AED
Americano	20 AED
Cortado	20 AED
Flat White	23 AED
Cappuccino	22 AED
Café Latte	24 AED
Spanish Latte	27 AED
Café Mocha	25 AED
Matcha Latte	30 AED

POUR OVER

V60	28 AED
Chemex	28 AED



MOJITOS

Classic Lemon & Mint Mojito	25 AED
Passion Fruit Mojito	27 AED
Strawberry Mojito	27 AED
Berry Blast Mojito	30 AED

SMOOTHIES

Caribbean Kiss	25 AED
Raspberry Love	25 AED
Green Goddess	25 AED
Sunrise Detox	25 AED
Amazona Power	25 AED

OVER ICE

Espresso Freddo	20 AED
Iced Americano	20 AED
Iced Latte	25 AED
Iced Mocha	27 AED
Iced Spanish Latte	27 AED
Iced Matcha	30 AED

FRAPPES

Mocha Frappe	30 AED
Tiramisu Frappe	35 AED
Vanilla Caramel Frappe	30 AED

MILKSHAKES

Vanilla Milkshake	28 AED
Chocolate Milkshake	28 AED
Oreo Milkshake	28 AED
Strawberry Milkshake	28 AED

JUICES

Summer Fresh	25 AED
Crystal Detox	25 AED
Beet Blushed	25 AED
Fresh Orange Juice	25 AED



FOOD MENU

THE FRESH SPECIALS

AVO GLOW POT — 41 AED

Creamy avocado blended with savoury yoghurt, lemon, and chia, topped with berries, housemade granola and honey.

AVO & CHEESE MELT — 43 AED

Fresh avocado with melted cheese, cucumber, tomato, and rocket leaves in panini bread.

THE CLASSIC AVO — 39 AED

Perfectly toasted sourdough bread topped with creamy mashed avocado with lemon and coriander, finished with a sprinkle of olive oil and chilli flakes.

AVO TEMPEH STACK — 47 AED

Toasted ciabatta filled with smoky tempeh layered with greens, tomato, avocado, gherkin and topped with housemade pesto.

GARDEN AVO SANDWICH — 43 AED

Toasted ciabatta filled with creamy green hummus, topped with tomato, cucumber, mixed greens and a drizzle of pesto dressing.

BRUNCH & ALL-DAY BREAKFAST

BUILD YOUR OWN AÇAÍ BOWL — 49 AED

Pure açai topped with your choice of fresh fruits and chia seeds with honey. Pick three from the toppings below, or additional at extra charge.

Choose three: blueberries, kiwi, strawberry, banana, dried cranberries, almond flakes

Extra charge: raspberries, blackberries (+8 AED)

OVERNIGHT BISCOFF OATS — 41 AED

Overnight oats with creamy Biscoff and Greek yoghurt, topped with honey, fresh fruit and a whole Biscoff biscuit.

GREEN GODDESS PITA — 39 AED

Our signature green hummus blended with avocado, cashew, herbs, tahini, served in a warm Greek pita topped with avocado and olive oil.

BERRY BLISS PARFAIT — 43 AED

Parfait with layers of Greek yoghurt, berries and a drizzle of honey.

THE FRESH GRANOLA BOWL — 43 AED

Greek yoghurt topped with housemade crunchy granola, strawberries, blueberries, and honey.

MANGO COCONUT CHIA — 41 AED

Chia pudding made with coconut milk, layered with mango purée, topped with berries and coconut flakes.

SWEET MORNING PANCAKES — 43 AED

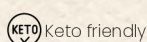
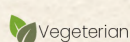
Fluffy pancakes layered with berry compote and topped with mixed berries and toasted banana slices, with chocolate sauce on the side.

SAVOURY LOADED PANCAKES — 45 AED

Warm savoury pancakes layered with bell pepper house sauce and topped with avocado, tomatoes, sweetcorn, greens and agave syrup on the side.

THE CLASSIC CREPE — 43 AED

Delicate crepe served with berry compote and toasted banana slices on the inside and topped with fresh fruit and chocolate sauce on the side.



WRAPS & PRESSED SANDWICHES

Choose bread: ciabatta or tortilla

THE HONEST FALAFEL    ————— 43 AED
housemade falafel, tomato, cucumber, pickles,
mint and tahini sauce.

THE GREEN GRILL   ————— 43 AED
Tortilla wrap filled with grilled vegetables with avocado,
spinach, feta and creamy cilantro dressing.
*Cannot be changed to ciabatta

HALLOUMI & HERB    ————— 47 AED
Grilled halloumi with cucumber, tomato and mint topped
with housemade pesto dressing.

PERI-PERI TOFU    ————— 43 AED
Spiced tofu with bell peppers, cheese, and peri-peri dressing.

BUFFALO CRUNCH    ————— 45 AED
Crispy plant-based housemade tenders tossed in buffalo
sauce with cabbage slaw, tomato, topped with garlic mayo.

PANEER TIKKA MELT    ————— 43 AED
Grilled marinated paneer with tomato, onion,
coriander and spicy mayo.

PESTO VEG MELT   ————— 45 AED
Grilled mix of vegetables layered on a pesto base and
topped with melted cheese and peri-peri sauce.

CAPRESE FRESH    ————— 49 AED
Spicy mayo base topped with buffalo mozzarella, tomato,
spinach, and pesto.

SALADS

Choose sauces: kiwi sauce, chilli lime sauce, chipotle, buffalo
sauce, peri-peri mayo, pesto, tahini, creamy cilantro, lemon
mayo mustard or lemon pomegranate

TEMPEH CRUNCH SALAD    ————— 51 AED
Mixed green leaves with edamame, cauliflower, sunflower
seeds, black sesame, cucumber and grilled tempeh.

KETO FAJITA SALAD   ————— 35 AED
Bell peppers, avocado, cucumber, cherry tomatoes, onions
and feta.

BUDDHA GARDEN SALAD  ————— 49 AED
Barley, tofu, mushrooms, lettuce, bok choy,
pickles and sesame.

THAI-MAI  ————— 47 AED
Green papaya, carrot, cucumber, cherry tomatoes,
coriander, sprouts, Holland chilli topped with
crushed peanuts.

CRISPY BUFFALO SALAD   ————— 43 AED
Lettuce topped with crispy plant-based housemade
tenders tossed in buffalo sauce, quinoa, cabbage,
and cherry tomatoes.

POWER BOWLS

Choose sauces: Kiwi sauce, chilli lime sauce, chipotle, buffalo
sauce, peri-peri mayo, pesto, tahini, creamy cilantro, lemon
mayo mustard, lemon pomegranate

WARM BUDDHA BOWL   ————— 47 AED
Quinoa, crispy tofu, mushrooms, bok choy and pickled slaw.

FREEKEH FALAFEL BOWL   ————— 45 AED
Kale and lettuce base topped with freekeh rice, falafel,
cucumber, tomato, pickles, fresh mint.

ROASTED CAULIFLOWER BOWL   ————— 43 AED
Kale topped with roasted cauliflower, feta,
cucumber, sun-dried tomatoes, croutons.

SWEET EARTH BOWL   ————— 45 AED
Spinach and kale base topped with crispy plant-based
housemade tenders, roasted and spiced sweet potato,
cherry tomatoes, feta and dates.

PASTA

Choose pasta: penne, spaghetti or fusilli

CREAMY ALFREDO    47 AED
Penne pasta folded through parmesan creamy sauce with mushrooms, corn, and green peas.

FRESH TOMATO BASIL PASTA   45 AED
Fusilli pasta in tomato sauce with broccoli, baby corn, mushrooms, basil, and parmesan.

PESTO CREAM PASTA   53 AED
Fusilli pasta in housemade creamy pesto, topped with parmesan and basil leaves.

PINK SAUCE PASTA   47 AED
Penne with a balanced blend of tomato and cream with parmesan and parsley.

PIZZA

Choose size: medium or large

FRESH STORY MARGHERITA    63 AED
Tomato base topped with fresh burrata, oregano, basil leaves and a drizzle of olive oil.

GARDEN VEGETABLE PIZZA    65 AED
Tomato base topped with melted cheese, mushrooms, bell peppers, onions, corn, jalapeños, black olives and a drizzle of chipotle sauce.

NO-MEAT FEAST PIZZA    65 AED
Tomato base topped with melted cheese, crispy plant-based housemade tenders, zucchini, bell peppers, onions. Finished with a drizzle of chilli oil and parmesan.

TACOS

PANEER TIKKA TACO    45 AED
A pair of soft tacos filled with chopped grilled marinated paneer, avocado, tomatoes, onions, pickled jalapeños and drizzled with spicy mayo and cilantro.

BUFFALO TACO   43 AED
A pair of soft tacos filled with crispy plant-based tenders tossed in buffalo sauce, chopped gherkins, bell peppers, avocado, and buffalo sauce.

JACKFRUIT TACO   41 AED
A pair of soft tacos filled with fried jackfruit tenders, feta, mushrooms, rocket, gherkins and housemade peri-peri.

VEGGIE QUESADILLA    43 AED
Toasted tortilla filled with mixed cheese, grilled mushrooms, peppers, onions and served with sour cream and tomato salsa on the side.

BURGERS & FRIES

THE KATSU BURGER    53 AED
Crispy katsu-style plant-based patty layered with cheese, tomato, lettuce, gherkins, and spicy house sauce served in a soft bun.

TRUFFLE MUSHROOM BURGER    53 AED
Juicy mushroom patty layered with slaw, gherkins, cheese, garlic mayo and truffle oil served in a soft bun.

CHARCOAL BURGER   51 AED
Charcoal bun filled with crispy mushroom patty layered with gherkins, cheese, tomato, lettuce, and spicy mayo.

SWEET POTATO FRIES  25 AED
Crisp on the outside, soft inside.

CRINKLE CUT FRIES  22 AED
Golden, crunchy, and perfectly seasoned. Customise to add spicy herbs.



DESSERT MENU

THE FRESH SPECIALS

KETO CHOCO VANILLA CAKE — 31 AED

A decadent vanilla cake, enrobed in a rich chocolate coating and adorned with a crushed hazelnut topping.

KETO CARROT CARAMEL CAKE JAR — 31 AED

A rich-flavored carrot sponge, filled with cream cheese and garnished with caramel.

KETO CHOCOLATE MOUSSE — 29 AED

A rich chocolate sponge cake accompanied by a decadent chocolate mousse.

AVOCO FUDGE SLICE CAKE — 33 AED

A decadent chocolate fudge complemented by an avocado chocolate buttercream and finished with a delicate chocolate dust.

KETO CAKES & TARTS

PERFECT CHOCOLATE — 31 AED

A rich chocolate dessert with smooth cream and roasted hazelnut.

KETO PISTACHIO FINGER — 35 AED

Chocolate and cream layered with pistachio, almond and cocoa.

ALMOND COOKIE CREAM — 29 AED

Classic almond choux pastry filled with smooth cream.

PISTACHIO COOKIE CREAM — 33 AED

Light choux pastry filled with pistachio cream.

KETO PECAN BROWNIE — 27 AED

Rich chocolate brownie made with almond flour.

KETO MATCHA BAR — 35 AED

A light almond, matcha-infused cake bar, layered with chocolate ganache and matcha cream and topped with coconut powder.

KETO TIRAMISU — 29 AED

Layers of coffee-soaked sponge with cocoa, chocolate and cream finished with a dusting of cocoa.

KETO ALMOND CAKE — 25 AED

A soft almond cake with housemade keto syrup.

KETO CHEESECAKES

STRAWBERRY CHEESECAKE — 31 AED

Creamy cheesecake with almond base and topped with strawberry jam and fresh strawberries.

BLUEBERRY CHEESECAKE — 33 AED

Creamy cheesecake with almond base and topped with blueberry jam and fresh blueberries.

MIXED BERRY CHEESECAKE — 33 AED

Creamy cheesecake with almond flour base and topped with berry jam and mixed berries.

KETO ÉCLAIRS

CUSTARD ÉCLAIR    29 AED

Almond pastry filled with smooth custard cream.

CHOCOLATE ÉCLAIR    29 AED

Almond pastry filled with rich chocolate cream.

PISTACHIO ÉCLAIR   31 AED

Almond pastry filled with smooth pistachio cream.

ALMOND ÉCLAIR    29 AED

Almond pastry filled with light roasted almond cream.

HAZELNUT ÉCLAIR    29 AED

Almond pastry filled with roasted hazelnut cream.

PROTEIN BITES

VIBE SEEDS    29 AED

A blend of dates, almonds, peanuts, pumpkin, coconut flakes, flax seeds, chia seeds, matcha powder, spirulina and vegan protein powder.

PURELY PEANUT BITES    29 AED

A combination of dates, roasted peanuts and vegan protein powder.

ALMOND POWER BITES    31 AED

Dates blended with almonds, cocoa powder and vegan protein powder.

COCO FUEL BITES    29 AED

A combination of dates, almonds, cocoa powder, coconut flakes, vegan protein powder and dark chocolate.

KETO DONUTS

CHOCOLATE DONUT   29 AED

Soft keto donut made with almond flour and topped with chocolate.

CLASSIC ORIGINAL DONUT    29 AED

Almond flour donut topped with chocolate.

PISTACHIO DONUT    29 AED

Almond flour donut finished with chocolate and pistachio.

ALMOND DONUT    29 AED

Almond flour donut finished with almond butter and toasted almonds.

PEANUT DONUT    29 AED

Almond flour donut topped with peanut butter and roasted peanuts.

EGGLESS DONUTS

WHITE CHOCOLATE AND PISTACHIO   25 AED

Soft keto donut made with almond flour and topped with chocolate.

ROASTED ALMOND CARAMEL    21 AED

Almond flour donut topped with chocolate and roasted hazelnut.

CHOCO BUENO    21 AED

Almond flour donut finished with chocolate and pistachio.

CHOCO BISCOFF    21 AED

Almond flour donut finished with almond butter and toasted almonds.

CHOCO CINNAMON SUGAR    19 AED

Almond flour donut topped with peanut butter and roasted peanuts.