

Member Education Resources



Visit in your [myCalPERS](#) account to enroll in our instructor-led and online classes. Descriptions can be found on our [Member Education](#) webpage.

- **Your CalPERS & You** is for members who are new or midway through their careers.
- **Planning Your Retirement** is for members within 10 years of retirement.
- **Your Retirement Application & Beyond** is for members ready to apply for retirement.
- **Completing Your Disability Retirement Application** (online only)

Member Education and **Quick Tip** videos are found on the [CalPERS YouTube](#) channel. When reviewed in sequence, these resources build your benefit knowledge based on your career stage or you can navigate directly to a topic of your choosing.

Early Career

- [CalPERS 457 Plan: Reach Your Retirement Income Goals](#)
- [CalPERS Quick Tip - New to Membership](#)
- [CalPERS Members: Early Career Basics](#)
- [CalPERS Quick Tip - Manage Your Benefits Online](#)
- [Your myCalPERS Account for Active and Inactive Members](#)
- [Public Employees' Pension Reform](#)
- [CalPERS Quick Tip - Retirement Calculation Factors](#)
- [Retirement Income Sources](#)
- [Converting State Second Tier Service](#)
- [Pre-Retirement Survivor Benefits](#)
- [CalPERS Quick Tip - Reciprocity](#)
- [When You Change Retirement Systems](#)
- [Leaving Your CalPERS Employer](#)

Nearing Retirement

- [Your myCalPERS Account for Active and Inactive Members](#)
- [CalPERS Quick Tip - Retirement Calculation Factors](#)
- [Your Retirement Calculation](#)
- [Converting State Second Tier Service](#)
- [CalPERS Quick Tip - Reciprocity](#)
- [Retirement Planning Checklist](#)
- [CalPERS Quick Tip - Choosing a Retirement Date](#)
- [Temporary Annuity](#)
- [CalPERS Quick Tip - Cost of Living Adjustment \(COLA\)](#)
- [CalPERS Quick Tip - Retirement Estimate Calculator](#)
- [Updating Your Retirement Benefit Options](#)
- [CalPERS Quick Tip - Retire Online](#)
- [Your Online Service Retirement Application](#)
- [CalPERS Quick Tip - Working After Retirement](#)
- [Working After Retirement](#)

Member Education Resources

Already Retired

- [Your myCalPERS Account for Retirees, Beneficiaries, and Survivors](#)
- [Retiree Refresher](#)
- [CalPERS Quick Tip - Retirement Checks](#)
- [CalPERS Quick Tip - Direct Deposit](#)
- [CalPERS Quick Tip - Preparing for Tax Season](#)
- [CalPERS Quick Tip - Cost of Living Adjustment \(COLA\)](#)
- [CalPERS Quick Tip - Working After Retirement](#)
- [Working After Retirement](#)

Health Benefits

- [CalPERS Quick Tip - Health Benefits Overview](#)
- [CalPERS Quick Tip - Choosing the Right Health Plan for You](#)
- [CalPERS Quick Tip - Choosing a Health Plan](#)
- [CalPERS Quick Tip - Navigating Open Enrollment](#)
- [Health Open Enrollment](#)
- [CalPERS Quick Tip - Medicare](#)
- [Medicare & Your CalPERS Health Benefits](#)

All Members

- [CalPERS Member Education Resources](#)
- [CalPERS Quick Tip - Understanding Your Benefits](#)
- [Family Status Changes](#)
- [CalPERS Quick Tip - Birth or Adoption](#)
- [Community Property](#)
- [CalPERS Quick Tip - Special Power of Attorney](#)
- [Power of Attorney](#)
- [Preparing for a Regional Office Visit](#)
- [CalPERS Quick Tip - Service Credit Purchase](#)
- [Service Credit Purchase](#)
- [CalPERS Quick Tip - myCalPERS](#)
- [CalPERS Quick Tip - CalPERS Benefits Education Events \(CBEES\)](#)

Funding Your Retirement Future (FYRF) Class Recordings

- [FYRF for state and California State University \(CSU\) employees](#)
- [FYRF for school and public agency employees](#)

CalPERS Planning Your Financial Future Short Video Series

- [Planning Your Financial Future](#)
- [Managing Debt](#)
- [Your CalPERS Pension](#)
- [Health Care Costs](#)
- [Managing Risk](#)
- [Personal Savings](#)
- [Let Us Help](#)
- [Tax-Deferred Savings](#)
- [Getting Started](#)
- [Budgeting](#)