

FLYING FORWARD

SINGAPORE FLYING DISC ASSOCIATION ANNUAL REPORT

FINANCIAL YEAR 2025











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Message from the President

Dear Flying Disc Community,

The past 18 months have been a landmark period for our Association. Together, across Ultimate Frisbee and Disc Golf, we have advanced as a community, strengthened our foundations, and achieved recognition at national, regional, and global levels. These milestones were made possible only through the dedication of our athletes, coaches, volunteers, partners and support of SportsSG, SNOC and ActiveSG - and I thank you all for being part of this journey.

Governance

One of our most significant achievements has been attaining National Sports Association (NSA) status under the Singapore National Olympic Council (SNOC) and Sport Singapore. This milestone formally recognises Flying Disc as part of Singapore's sporting ecosystem and raises our responsibility to serve the community with integrity.

We strengthened our governance framework through the adoption of the updated Constitution recommended by SNOC, and the development of our Code of Governance - setting out principles and best practices for accountability and transparency. To support this, we rolled out a suite of policies, including the Coach's Code of Ethics, Media Guidelines, and Financial Policies, with a comprehensive Vendor Management Policy to come. We also

appointed an external auditor, successfully completing audits of our financial accounts covering September 2022 to March 2025.

In parallel, we expanded our commitment to safe and respectful sport by fully adopting the SafeSport Program and appointing Safeguarding Officers, ensuring that athlete welfare is at the heart of everything we do.

<u>Grassroots</u>

Grassroots development remains our cornerstone. Ultimate Frisbee continues to see strong growth in both primary and secondary schools, and we are working tirelessly to secure the sport's inclusion in the National School Games. Beyond schools, social leagues, corporate events, and community initiatives remain important platforms for introducing new players to Flying Disc and building an enduring sporting culture.

Coaching

Coaches are the backbone of our sport. This year, we expanded our Coaching Certification program, supported by NTUC uTAP and SkillsFuture funding, making it more affordable and accessible for aspiring coaches. The Coach's Code of Ethics provides a strong framework for conduct and standards, while the establishment of the Women in Sport Committee underscores our commitment to inclusivity and leadership



development. These steps lay the groundwork for building a stronger academy pathway and a deeper bench of qualified coaches.

<u>Performance</u>

Our athletes have delivered inspiring performances on both the regional and world stage. Singapore ended 2024 ranked 10th globally in Flying Disc, and our national teams have shone in international competition. Key achievements include:

- Our Mixed Division (open age) team achieved 6th placing at the WFDF 2024 World Ultimate Championships.
- Our U20 Mixed Division team, in Singapore's debut at the WFDF 2024 World Junior Ultimate Championship, achieved an outstanding 4th place finish.
- Our U24 Mixed Division team won a historic Silver Medal at the WFDF 2023 World Under-24 Ultimate Championship.

Looking ahead, we are expanding our youth development with the introduction of a U17 program.

This momentum is matched by a breakthrough at home and in the region. Flying Disc has been

confirmed as a Demonstration Sport at the 33rd SEA Games 2025, with Disc Golf formally integrated into the competition structure. Locally, and for the first time from 2025 onwards, our student athletes will also be eligible for the Colors Awards (Distinction) under the Singapore Schools Sports Council — an important recognition of their excellence and commitment. The formation of the Athletes Commission ensures that their voices continue to guide our high-performance journey.

Looking Ahead

As we reflect on these achievements, it is clear that we are standing at an exciting juncture. Our governance structures are stronger, our grassroots base is expanding, our coaching pathways are deepening, and our athletes are competing with the world's best.

The journey ahead is one we must continue to walk together - as players, coaches, volunteers, parents, and partners. The spirit of Flying Disc has always been about integrity, connection, and joy. With these values as our compass, I am confident that we will continue to grow, inspire, and take Singapore Flying Disc to greater heights.

Thank you for your passion and belief in this sport. Let's keep flying forward - together.

Subhajeet Parida

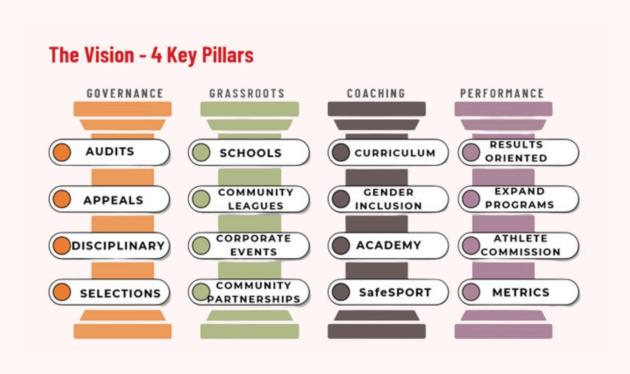
President, Singapore Flying Disc Association



About the Association

Vision

- 1. Establishing a framework of excellence for our sport in Singapore founded on FOUR key pillars
- 2. Top 3 Countries in Asia, Top 8 Countries in the World
- 3. Driving inclusion of Flying Disc in South East Asian Games





Mission

- To serve as the governing body responsible for the development of Flying Disc sports in Singapore.
- 2. To promote the growth and development of Flying Disc sports throughout Singapore.
- 3. To facilitate communication within the Flying Disc sports community in Singapore.
- 4. To undertake all activities which benefit the community in Singapore and are consistent with the aforementioned objectives.
- 5. To develop a strong foundation that provides our athletes with a platform to deliver excellence in the Sport at domestic, regional and international levels.
- 6. To uphold the Spirit of the Game (SOTG) and raise awareness in the community to evoke the Singapore Spirit.



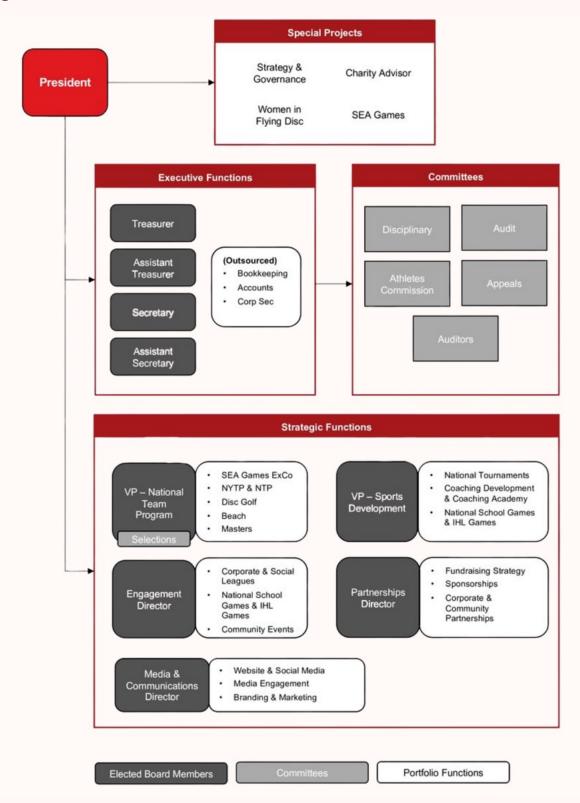
Governing Board

The Association is governed by a Board, which is a governing body responsible for overseeing and managing a society. It is also sometimes known as a Council or Management Committee. Reporting to the Governing Board, are sub-committees that look into specific areas such as audit, athletes' welfare, and media outreach.

Name	Current Board Appointment	Occupation
Subhajeet Parida	President January 2022	Senior Portfolio Manager (Asset Management)
Samuel Ee	Vice President November 2021	Regional HR Manager
Janice Yun	Secretary November 2023	Legal Counsel
Demetrius Tan	Treasurer November 2023	Accountant
Isaac Tan	Assistant Secretary January 2022	Undergraduate, Finance and Business Analytics
Vivien Xia	Assistant Treasurer January 2022	Audit and Data Science Associate
Benedict Ng	Sponsorships Director November 2023	Investment Associate
Jonathan Yeo	National Sport Development Director November 2023	National Team Coach
Jaryl Tay	Engagement Director November 2023	Management Associate
Marie Goh	Media and Communications Director February 2024 (by appointment)	Teacher



Organizational Structure





Corporate Information:

Singapore Flying Disc Association ("SFDA") was registered as a society on July 27, 2000.

Unique Registration Number: T00SS0162K

Registered Address: 6 Peach Garden, #13-06 Peach Garden, Singapore 437606

Auditors:

Yong LH Audit PAC

9 Cairnhill Road, #14-09 Cairnhill Nine, Singapore 229723

Legal Advisers:

PK Wong & Nair LLC

2 Shenton Way, #16-02 SGX Centre 1, Singapore 068804



Financial Overview

Summary of Financial Performance

Total Income: S\$134,285

Total Expenditure: \$\$105,609

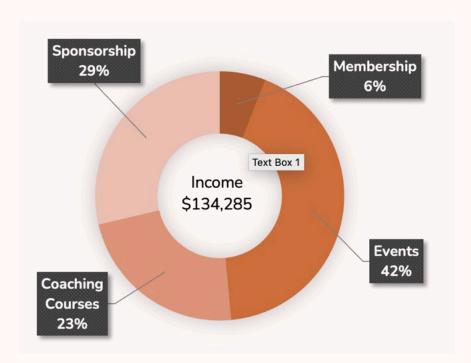
The Association achieved a significant turnaround in FY2025, posting a surplus compared to a deficit in FY2024. This improvement was driven by a strong increase in event-related revenues, sponsorships, and membership fees; reflecting growing participation and support for Flying Disc sports in Singapore.

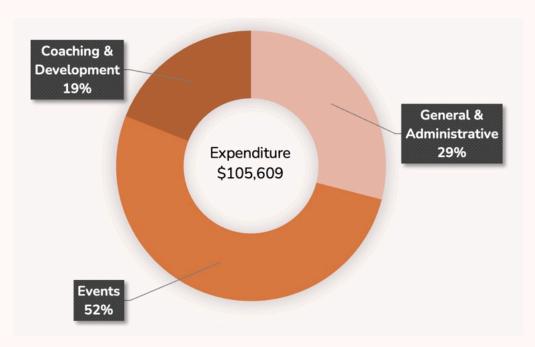
- **Revenue Growth:** Total revenue grew more than fourfold year-on-year, mainly from:
 - Events Singapore (\$\$56,939)
 - Sponsorships (\$\$38,870)
 - Coaching programmes & courses (\$\$30,350)
 - Membership fees (\$\$7,760)
- **Cost Management:** Despite higher activity levels, the Association managed general and administrative expenses prudently, resulting in a positive net result.



Major Financial Transactions

There were no extraordinary purchases of property, investments, or significant capital expenditures in FY2025. Key activities involved increased programme delivery and event organisation to expand community participation.







FY2025 Highlights and Key Events

	2024	į.
	Apr	27 Apr - Public Service Games 27, 28 Apr - Coaching Accreditation
May - IVP League 18, 19 May - InterJC 26 May - Gold & Bold	May	
24000-7400000000	Jun	Jun - IVP League 23 to 26 Jun - <u>AOBUC 2024</u> 29 Jun - Callahat
14 Jul - Club Leaders' Conference 20 to 27 Jul - <u>WJUC 2024</u> 27, 28 Jul - Racial Harmony Ultimate Frisbee Tournament	Jul	
27, 28 Jul - Pesta Sukan 2024	Aug	3, 4 Aug - Pesta Sukan 2024 17 Aug - Inter-school U17 Tournament 31 Aug to 7 Sep - <u>WUC 2024</u>
15 Sep - Whampoa Disc Golf Play Day 21, 22 Sep - SG Disc Golf Championships 28, 29 Sep - Beach Nationals	Sep	
	Oct	12 Oct - Mixed Nationals Playoffs 5, 6 Oct - SUniG 24/25 26, 27 Oct - Mixed Nationals Div 2
2, 3 Nov - Mixed Nationals Div 1 6 to 9 Nov - <u>World Team Disc Golf Championship</u> 9, 10 Dec - University Developmental Competition	Nov	26, 27 Oct - POLITE
9 to 16 Nov - <u>WMUC 2024</u>	Dec	7 Dec - Chuckfest 22 Dec - Grab Huck Score
	2025	
SEA Games NTP trials - Jan 11, 12 Singapore Sling - Jan 11, 12 IVP -Jan 18, 19	Jan	
	Feb	Gender Nationals - Feb 15, 16, 22, 23
Ultyschool - Mar 22, 23 Dover Dash - Mar 29	Mar	



Governance and Structure



The Board's role is to provide strategic direction and oversight of SFDA's programmes and objectives and to steer the Association towards fulfilling its vision and mission through good governance. As part of its role, the following matters require the Board's approval and attention:

- Approve budget for the financial year and monitor expenditure against budget;
- Review and approve financial statements;
- Regularly monitor the progress of the Association's programmes;
- Provide strategic leadership, set objectives, and ensure that the necessary plans, policies, programs and resources are in place for the Association to meet its objectives; and
- Identify and sufficiently engage the key stakeholder groups of the Association and seek their views and feedback on SFDA's strategies and policies.

Term Limit of Board

To enable succession planning and steady renewal in the spirit of sustainability of the Association, the Board has a term limit of eight consecutive years. In particular, the Treasurer has a term limit of four consecutive years. In either scenario, a Board Member who has reached the maximum tenure may only be eligible for re-election or re-appointment after a lapse of two years.



Board Meetings and Attendance

A total of four Board Meetings and one Annual General Meeting were held during the financial year. The following sets out the individual Board member's attendance at the meetings:

Name of Board Members	% of Attendance
Subhajeet Parida	100
Samuel Ee	100
Janice Yun	100
Demetrius Tan	60
Isaac Tan	100
Vivien Xia	20
Benedict Ng	40
Jonathan Yeo	100
Jaryl Tay	60
Marie Goh	100

Disclosure of Remuneration and Benefits received by Board Members

No Board members are remunerated for their Board services in the financial year.



Sub-Committees

Sub-Committee	Members
Audit Committee	Sumit Punwani
Appeals	Anirudh Baliga
Disciplinary	Noel Liu
Selections	Samuel Ee
Athletes Commission	Emily Wong (Chairman) (Outgoing) Alexander Lim Shane G Egeland
Women in Sport	Tan Min Feng
	Lesley Sim

Conflict of Interest Policy

All Board members and staff are required to comply with the Association's conflict of interest policy. The Board has put in place documented procedures for Board members and staff to declare actual or potential conflicts of interests on a regular and need-to basis. Board members also abstain and do not participate in decision-making on matters where they have a conflict of interest.



Grassroots - Sports Development



The National Sports Development Plan (NSDP) was released on 1 April 2024 featuring initiatives and strategies to promote Flying Disc at various levels. The NSDP sets the direction for growth: improving accessibility, nurturing youth and elite pathways, coaching development, Spirit of the Game (SOTG) education, and building cohesive clubs and community structures.

In FY2025, the Association had successfully implemented a number of Sports Development initiatives within the Grassroots pillar.

Schools

At the Schools level, the Association spearheaded a number of initiatives beyond traditional competitions like Inter-JC, POL-ITE, SUniG, and IVP.

The Association will be hosting an "Under-17 Inter-School Tournament" in April 2025, a one-day Flying Disc tournament which will see a total of 280 participants across 28 teams. This tournament will also serve to lay the foundation of the Association's sports development roadmap as we look to formalize the 'B' and 'C' Divisions championships in the coming years.

The Association also began the systematic introduction of Game Advisors at tertiary-level tournaments, with plans to expand this offering to local club tournaments such as Beach Nationals, Mixed Nationals and Gender Nationals. SFDA aims to make Singapore Asia's hub for Game Advisor training and has conducted a pilot run of a Game Advisor clinic in June 2024 with a second run to be conducted in October 2025. Through this initiative, SFDA hopes to



simultaneously increase the pool of local Game Advisors, further bolstering Singapore's position as Asia's hub.

To ensure the younger athletes within our community have a safe environment to compete in, the Association is also looking to launch an Umpire Program at the primary and secondary school levels. SFDA is currently formulating proper guidelines for the Umpire Program.

Community League and Corporate Events

SFDA continues building on its momentum through the annual organization of the 'Oxford League'. The 'Oxford League' will be making its third appearance in the fourth quarter of 2025, after having found success in its earlier iterations. Community leagues play a key role in our ecosystem as it allows Flying Disc athletes from different clubs or backgrounds to compete with each other and form new connections through competition.

SFDA will be introducing new leagues in FY2026 to target various groups and levels within the community.



Engagement with L'Oreal for Company Wellness Session.



Community Partnerships

SFDA has partnered with various community centres (CC) to run regular clinics for both Ultimate Frisbee and Disc Golf. Particularly, Disc Golf has been gaining traction resulting in multiple interest groups at the CC level, with Whampoa CC hosting free Disc Golf clinics monthly.

In Ultimate Frisbee, the Association has rolled out community requirements to facilitate engagement between Members and the wider community. Members of the Association are required to either host a local Ultimate Frisbee tournament, or organize clinics in partnership with local community organisations or CCs. To further foster collaboration within the community, the Association has also conducted biannual Club Leaders Conferences to engage directly with Members to gather feedback and improve its various programs and initiatives.



Coaching



Curriculum

SFDA has developed a robust curriculum for its Level 1 coaching certification in collaboration with CoachSG (Singapore Coach Excellence Programme Ultimate Frisbee Level One (Technical)). This curriculum focuses on a more technical aspect of Flying Disc sport, ensuring that certified coaches are better equipped with applicable knowledge of Ultimate Frisbee. As of March 2025, SFDA has conducted three runs of the SG-Coach Ultimate Frisbee Level One (Technical) course, with more than 60 individuals being certified through the process.



Participants in the third intake of the SG-Coach Ultimate Frisbee Level One (Technical) course.



In the upcoming financial year, the Association aims to kickstart an annual coaches conference, to encourage knowledge sharing by inviting guest speakers and organizing peer discussions. The Association is also working on putting together a guide for youth player development, beginning with Ultimate Frisbee.



Under-20 Mixed Team coaches at the World Junior Ultimate Championships 2024.



Gender Inclusion

In a concerted effort to push for female inclusion at an organizational level, SFDA has been ensuring a minimum female participation rate of 20% to 25% in any courses or programs organized by the Association.

The Association established the Women in Sport Committee (WSC) in January 2025 to better meet the needs and aspirations of women and girls in sport - mirroring SNOC's CoRE values of Courage, Equality and Respect. The Committee attended the Let's Talk about LeadHerShip Conference in February 2025 focusing on Building Resilience Skills for Women Leaders in sport. The WSC will be focusing on delivering the mission of creating opportunities that will positively impact the transformation of women and girls in and through Flying Disc sport.

Academy

In the second quarter of FY2025, the Association launched the Ultimate Coaching Academy with three different enrollment levels:

- 1. Little Flyers (ages 6–12): an 8-week program introducing Flying Disc sport to young participants with the use of simple psychomotor skills.
- 2. Beginner Course (13+ years): an 8-week fundamental course focusing on learning the basics of Ultimate Frisbee in terms of skills and rules knowledge.
- 3. Intermediate Course (17+ years): An advanced program for competitive development, with the aim of equipping participants for the transition into national competitions.

As the Ultimate Coaching Academy has just completed its pilot phase, the Association is looking to refine the processes and syllabus, with a tentative release of the updated syllabus in the first half of FY2026.



Performance



Results Oriented

The Association remains focused on delivering results as a national sports association, as we recognise that consistent performance brings about opportunities. To this end, SFDA has, in collaboration with Sports Singapore, set out a list of goals that build on one another to lead the Association towards its pinnacle competitive objective of qualifying for The World Games 2029.

For Ultimate Frisbee:

- Achieving and maintaining at minimum, a Top 10 world ranking between the years of 2025 to 2029, based on the total average of cumulative points earned across all age categories (i.e., Under-17, Under-20, Under-24, Opens/Senior categories, Masters and Grandmasters) and playing surfaces (i.e., Grass and Sand).
- Being the leader of the sport in South East Asia; placing minimally second at all key regional tournaments.
- Consistently placing within the top two at each iteration of the South East Asian Games, coupled with the aim of converting Ultimate Frisbee into a full medal sport by 2029.



For Disc Golf:

• Finishing top 3 as a country in the South East Asian Games 2025, as Singapore's first regional competition for the discipline.

As of FY2025, the Association is on par with its goals in Ultimate Frisbee (Grass), with a consistent podium finish in the biennial Asia-Oceanic championships in either the gender or mixed division, and a consistent top 10 placement in the World Flying Disc Federation's World Championships in the mixed division. In Ultimate Frisbee (Beach)

In the age group categories, Singapore has maintained its top 3 placements in the mixed divisions of the 2019 and 2023 World Under-24 Ultimate Championships, while placing 4th in the 2024 World Junior Ultimate Championships - a tournament for youths aged 19 and below.

In the Disc Golf discipline, SFDA will be focusing on growing the pool of participants within the community and encouraging participation in regional and international tournaments, before further developing the roadmap for high performance.

Expand Programs

As we work towards our goal of qualifying for The World Games 2029, the Association recognizes the need to establish and expand its current program offerings to better our prospects of qualification; to secure results in the immediate financial year while building a sustainable pipeline of athletes for the years to come.

In Ultimate Frisbee, this was effected in FY2025 through the establishment of a specialized program identifying prospective athletes for the South East Asian Games 2025, and expanding the youth program to cater for athletes aged 19 and below. The Association aims to further expand its youth program to those aged 16 and below in FY2026, with the hopes of participation in international Under-17 tournaments.

This move to start our athletes' competitive journeys earlier corresponds with global trends, where it is no longer uncommon to have athletes represent their countries in the open category from as young as 16 years old.



Systemically, SFDA also plans to establish a representative body of Disc Golf, with certified officials at the helm to conduct qualification tournaments in Singapore; which in turn would enable the Association to increase the number of qualified Disc Golf athletes for overseas participation.

The above is explored in close consultation with our Member clubs, to ensure that the Association's direction is aligned with its Members' interests.

Athletes Commission

The Athletes Commission is a vital component to our High Performance system, as it serves as the needed counterbalance to the risk of hypercompetitiveness becoming a stumbling block.

To ensure equal representation in the Athletes Commission, the Association conducts elections by categories. In FY2025, the Athletes Commission consisted of representatives from Disc Golf, as well as the opens and masters' categories for Ultimate Frisbee. The Athletes Commission aims to include representatives from the youth/age-group categories, to ensure that our youths have an avenue to be heard and be supported.

The Association believes that the establishment of an Athletes Commission makes for a robust High Performance system by promoting a conducive, supportive and sustainable environment to enable our athletes to achieve their potential.



Achievements

For this financial year, the key performance benchmarks achieved so far are as follows:

- WFDF Asia Oceanic Beach Ultimate Championships (Open Age) in June 2024: Achieved 3rd place in the Master Mixed Division, 5th in the Mixed Division, 4th in the Women's Division and 4th in the Opens Division.
- WFDF World Junior (Under-20) Ultimate Championships in July 2024: Achieved 4th place in the Mixed Division, 9th in the Women's Division, and 13th in the Opens Division.
- WFDF World Ultimate Championships (Open Age) in September 2024: Achieved 6th place in the Mixed Division, 12th in the Women's Division, and 15th in the Opens Division.
- WFDF World Team Disc Golf Championships in November 2024: Placed 22nd.



Singapore's debut at the World Team Disc Golf Championship in November 2024.



Partners and Sponsors



Our partners have been pivotal to our continued success and development as an organisation and sport. FY2025 marks our first full year of our integrated approach towards partnership engagement, which enables us to harness the scale of Singapore Flying Disc sports for stakeholders and bring forth a thoughtful coordination of our events, teams, clubs, and broader community. As we deepen our relationships with existing partners, we continue to seek opportunities to forge new ties with others - from co-branded events and bespoke workshops, to features on our national team merchandise, presence at our sanctioned events, and recognition on our social media platforms.





Participants at 2024 Oxford Challenge.

In FY2025, over a hundred participants competed in the 2nd edition of the Oxford League, held in close partnership with Oxford Orthopaedics - which has been a key supporter of Flying Disc sports over the past two years. Our partnership with Planners Inc., a financial consultant firm, continues to evolve, as they remain a pillar of our youth national team development efforts. Our events have benefitted from the invaluable help from various partners, including UFIT, Fizz Hydration, and Greatest Bags. Our gratitude also goes out to the Athletes Inspire Fund, which empowered our Under-20 national teams to succeed at the world championships in 2024.

Looking ahead, the Association is confident in the value that we can bring to our partners, and recognise the value-add for our community and national teams alike. The opportunities are endless and we are excited to continue cultivating multi-year strategic partnerships, growing together with our partners as we explore novel avenues of collaboration to spotlight our partners, amplify our presence, and complement our on-field achievements.





Planners Inc. pre-adulting workshop with players from the Under-20 National Team, 2024.



Partners featured on National Team Merchandise at 2024 World Ultimate Championships held in Gold Coast, Australia.



SFDA Partners



Sport Singapore



ActiveSG



National Instructors and Coaching Association



Oxford Orthopaedics

National Team Partners



Planners Inc.



The Sporting Edge



Greatest Bags

Event Partners







UltiScore

Fizz Hydration

UFIT



Community Outreach and Impact

SFDA believes that the true power of sport lies in its ability to unite communities, transform lives, and foster a more inclusive society. Our initiatives extend far beyond the competitive field, embedding themselves in the heartlands and touching the lives of Singaporeans from all walks of life. This is demonstrated not just by our programmes, but by the powerful stories of connection and growth they create.

A Nationwide Network of Volunteers and Workshops

Our outreach is powered by the incredible dedication of our community. In the past year alone, SFDA and its Members have contributed hours through a wide array of free clinics and workshops held in partnership with Community Centres across Singapore. Disc Golf challenges were also first introduced at ActiveSG's Pesta Sukan (Flying Disc) 2024, held at Yio Chu Kang Stadium.

"Volunteering at the Whampoa CC Disc Golf sessions showed me how sport can be a universal language. We had kids, retirees, and even families all trying it for the first time, laughing and learning together. It's more than just throwing a disc; it's about building connections."

A Volunteer from Singapore Disc Golf (SGDG)



Left: SG Disc Golf Club at Taman Jurong Community Day, March 2025. Right: Whampoa Disc Golf Play Day 2024.



These partnerships, such as the successful monthly sessions at Whampoa CC, are crucial to our mission. They provide accessible, low-barrier entry points for beginners to discover the joys of Ultimate Frisbee and Disc Golf, ensuring the sport of Flying Disc continues to grow from the ground up.

International Outreach

The Association hosted the Under-24 Ultimate and Dodge Disc athletes, coaches and team managers of the Flying Disc Federation of Hong Kong (HKFDF) as part of their international exchange program in December 2024. A weekend full of Ultimate Frisbee and Dodge Disc activities was followed by a dinner hosted by our Association's President where the athletes and staff shared their experience on the phenomenal growth of Dodge Disc in schools in Hong Kong and how the sport is supported by the Hong Kong Government. SFDA will continue to work with HKFDF and other regional associations to promote collaboration and exchange ideas for growth of Flying Disc in the region.



Moments from the SFDA x HKFDF exchange weekend.



Powerful Stories of Social Impact

Our Members are the engine of our community engagement, each required to complete an annual outreach project. This mandate has led to impactful work, some examples are:

Oasis Ultimate hosted the Racial Harmony Ultimate Frisbee Tournament (RHUFT) 2024 for the second year running, in collaboration with Harmony Circles (HC) and the Ministry of Culture, Community and Youth (MCCY). RHUFT first started as a one-day event with 200 participants, beginner clinics, and a fun "hat" category in 2023. In 2024, RHUFT became a thrilling two-day tournament at Our Tampines Hub, reaching out to more than 300 members of the public, with Guest of Honour Mr. Masagos Zulkifli, Minister for Social and Family Development, celebrating the energy, diversity, and community bonds forged through the game. RHUFT 2024 featured both competitive and recreational 5v5 matches. Players of all races and nationalities, from Singapore to Japan, Cambodia, Vietnam, and Thailand, took to the field, showcasing the unifying spirit of Ultimate.



Moments from RHUFT 2024. Photos via Oasis Ultimate.



Thirsty Camels conducted a special workshop for participants with intellectual disabilities, teaching the fundamentals of throwing in a fun, supportive environment. Disc Knights organized a bonding day, bringing children and their parents together through playful disc activities, strengthening family ties through sport.





Left: Thirsty Camels' workshop. Right: Disc Knights' bonding day.

Freakshow and Chuckies elevate the community spirit by hosting large-scale tournaments like Gold & Bold and ChuckFest, which bring together hundreds of players from different experience levels, fostering camaraderie and sporting excellence.







Group photos of the winning teams at Gold and Bold 2024. Photo via Our Tampines Hub Facebook.





Moments from ChuckFest 2024. Photos via Chuckies.

These stories underscore our commitment to using Flying Disc sports as a force for good, creating shared experiences that break down social barriers.



Earning Our Place in the Spotlight

The growing energy and professionalism within our community has not gone unnoticed. Flying Disc sport is increasingly gaining recognition in the national conversation, celebrated for its spirit and athleticism.

Recent cover stories in The Straits Times and AsiaOne have highlighted this rise, featuring Ultimate Frisbee as a premier sporting endeavour in Singapore. These features bring well-deserved attention to our athletes and help inspire the next generation to pick up a disc and join our community.

"The children were initially shy, but by the end of the day, they were running, throwing, and smiling so widely. It's incredibly rewarding to see the immediate joy this simple disc can bring."

– A Beneficiary Parent from the Disc Knights Family Bonding Day

Sustained Growth Through Community Leagues and Pick-Up

The return of weeknight Ultimate pick-up sessions in partnership with ActiveSG and the expansion of community leagues like the Oxford League are fundamental to our outreach strategy. These informal, welcoming environments are where lasting friendships are forged and where newcomers are integrated into the community, ensuring everyone has a place to play and belong.

Through this multi-faceted approach—combining structured partnerships, mandatory club-led projects, and media engagement— SFDA is committed to building a robust, inclusive, and socially impactful Flying Disc community that contributes positively to the fabric of Singaporean society.



Looking Ahead - FY2026 Goals

As we look to the next 12 months, our focus is to turn this financial year's momentum into sustained, system-level progress across schools, community, coaching, and high performance, while strengthening our responsibility as a national body.

Schools Development

We will deepen outreach to primary and secondary schools to grow participation and work with school leaders to formalise Flying Disc as a Co-Curricular Activity. We will also spotlight the Ministry of Education–SSSC Colours Awards (Distinction) eligibility from 2025 onwards, celebrating student-athletes and inspiring more youth to take up the sport.

High Performance System (HPS)

We will align our national team pathway with Sport Singapore's High Performance Sport Institute (HPSI) framework - an athlete-centric system built around carding, sports science and medicine, performance analytics, and coach development - so Team Singapore athletes receive unified, end-to-end support. This includes leveraging HPSI services and the spex ecosystem (e.g., spexScholarship, sport science/medicine, performance services) and adopting best-practice governance and assurance for HP programmes. We will also ensure our nomination and selection policies stay aligned with SNOC's major games selection criteria (citizenship/eligibility, performance standards, training commitments, and conduct).

What this means for our athletes and coaches:

- Clearer carding and progression from youth to senior squads, mapped to HPSI services.
- Stronger access to sport science/sport medicine support and data-driven performance planning.
- Selection and nominations conducted in line with SNOC's South East Asian Games criteria and good-practice examples used across National Sports Associations (citizenship/eligibility, training attendance, international benchmarks, and values/discipline).



Major Games & Global Ambition

With Flying Disc as a Demonstration Sport in the South East Asian Games 2025, we will deliver a high-quality Team Singapore campaign across Ultimate Frisbee and Disc Golf, while building the case for continued inclusion at future iteration of the Games and targeting Top-2 in the SEA Games and Top-8 in the world. Internally, we will track HP key performance indicators (ranking points, tournament placements, athlete wellness/availability, and youth-to-senior conversion).

Community Outreach

We will scale Pesta Sukan, broaden corporate and community leagues, and create entry points for new players and returning alumni. This includes coach-led community clinics, school-club connectors, and mixed-ability formats that keep the sport welcoming while strengthening club ecosystems.

Charity Status & Responsibility

As we advance our aspiration for Charity Status, we will meet the higher bar of transparency, accountability, and safeguarding expected of charities - building on our Code of Governance, SafeSport, external audit practices, and independent committees. This strengthens donor confidence and ensures community resources are stewarded responsibly for long-term growth. To this effect, the Board has committed to completing and submitting the Annual Governance Evaluation Checklist (GEC) as part of our annual submissions to the relevant authorities.



Media and Community Engagement

Overview

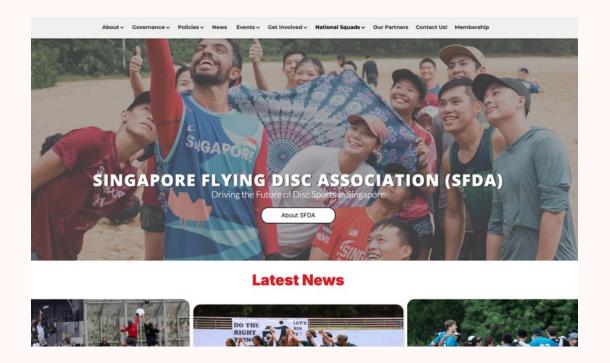
FY2025 has been a landmark year for the SFDA, not only in competition and development but also in how we share our story with the wider community. With upcoming major milestones such as the World Under-24 Ultimate Championships in June 2025, Flying Disc's debut as a demonstration sport at the 33rd Southeast Asian Games in December 2025, and the celebration of our 25th anniversary, SFDA continues to build a stronger digital home for all things Flying Disc in Singapore.



Announcement of the historic inclusion of Flying Disc as a demonstration sport at the 33rd SEA Games via SFDA's official Instagram.



We began these preparations with the launch of our revamped website in September 2024, an ongoing project that continues to expand with new resources and features. This was followed by the rebrand of our association's name over the new year, from *Ultimate Players Association* (Singapore) to Singapore Flying Disc Association, to better reflect our role in representing all Flying Disc disciplines in Singapore, including Ultimate, Beach Ultimate, and Disc Golf.



Home page of the revamped official SFDA website.

Our media efforts extend beyond coverage. We seek to highlight the athletes, volunteers, partners, and supporters who make our sport thrive. We thank our community for their continued engagement on social media and look forward to growing together for the next 25 years and beyond.



Get Involved

Volunteers

The association welcomes passionate individuals to join its Media Team (photography, videography, design, writing, and social media content creation). Members of the Media Team are given opportunities to do event coverage, work on the website and are encouraged to come up with fresh media initiatives or creative content to feature all angles of Flying Disc.

Donations

Donations will support SFDA in telling better stories, running campaigns, and creating resources for players across all levels. Contributions directly strengthen our media and development work, while also recognising the efforts of our volunteers. *More details on donation channels will be available soon on our website*.

Stay Connected

Website: https://www.sfda.sq/

Instagram: @singaporeflyingdisc https://www.instagram.com/singaporeflyingdisc/

Facebook: Ultimate Players Association https://www.facebook.com/UPASingapore/

Linktree: https://linktr.ee/singaporeflyingdisc

Contact Us:

General Enquiries	secretary@sfda.sg
National Team Enquiries	vp.ntp@sfda.sg
Sports Development and Coaching Enquiries	vp.sportsdevelopment@sfda.sg
Event Enquiries	engagement@sfda.sg
Website, Media and Media Team Enquiries	communications@sfda.sg
Partnership and Business Opportunities	sponsorships@sfda.sg
SafeSport - Safeguarding Officers	<u>president@sfda.sg</u> noel.liu.yanming@gmail.com