

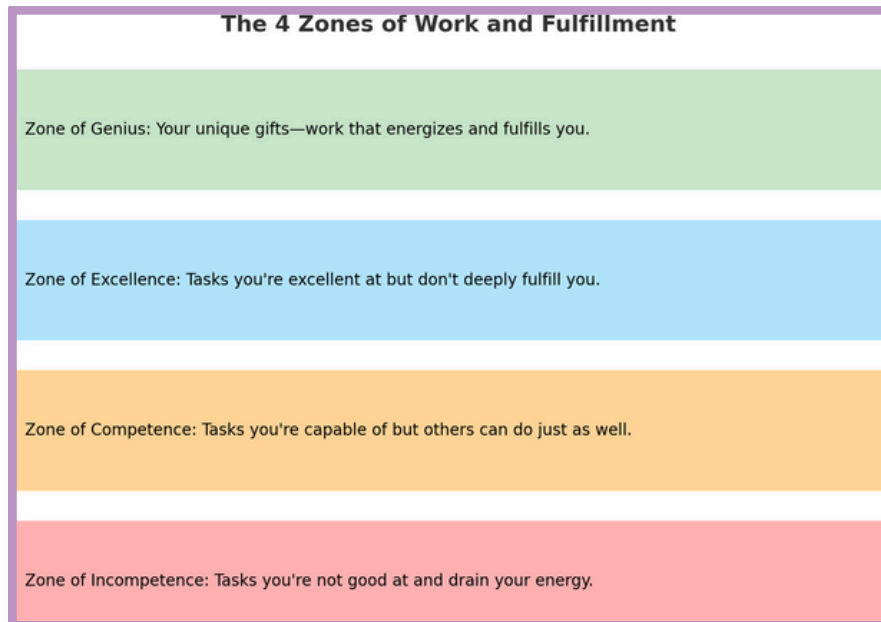
Your Genius Zone is closer than you think

Find out which zone you're living in right now and how to pivot.

At the end of your day, how do you feel?
Drained? You felt busy all day but didn't actually move forward?
Or energized? As if you were doing something that really matters to you?

That difference isn't just about how much you accomplished.
It's about the zone you were operating in.

This QUIZ will help you identify which of the four zones you are in, and how to pivot.



Quiz:

ENERGY + MOTIVATION

Q1. How do you feel at the end of a typical workday?

- A. Drained, like I'm pretending to care.
- B. Tired, but I did my job.
- C. Pretty good—I'm respected and productive.
- D. Energized and alive—like I was in flow.

NATURAL TALENT

Q2. When people compliment your work, what do they say?

- A. "Thanks for trying."
- B. "You followed instructions well."
- C. "You're really good at what you do."
- D. "You make it look effortless." or "No one does it like you."

FLOW STATE

Q3. What kind of tasks make you lose track of time?

- A. Nothing—I'm usually watching the clock.
- B. Routine things, if I'm focused.
- C. High-level problem-solving or leading a team.
- D. Creating, teaching, storytelling, designing, coaching, etc.

PURPOSE + IMPACT

Q4. Which statement feels most true for you?

- A. I'm not sure what I'm doing here.
- B. I do what I have to do to get by.
- C. I'm successful, but I'm not lit up.
- D. I know I'm here to do something unique—and I'm ready to own it.

Results:

Tally answers to see your current zone:

- **Mostly A:** You're in the Zone of Incompetence → Time to rethink what you're tolerating.
- **Mostly B:** You're in the Zone of Competence → You've outgrown your role.
- **Mostly C:** You're in the Zone of Excellence → You're capable, but stuck in the comfort zone.
- **Mostly D:** You're touching your Zone of Genius → Let's expand it

Zone of Genius

You're in your sweet spot—doing the work you're here to do, the way only you can do it.

What's Possible Now:

- Create a life and career that lights you up
- Inspire others by being fully yourself
- Keep expanding—without burning out

Next-Level Prompts:

- How can I deepen my Genius Zone?
- What do I need to say no to, to protect this space?
- Who can support me in staying in flow?

Zone of Excellence

You're successful here—but it doesn't stretch you. You're great at it, but it's not your deepest calling.

Benefits of Shifting:

- Reignite purpose and passion
- Boldly own your brilliance
- Align success with fulfillment

Reflection Prompts:

- What am I great at—but no longer growing in?
- What's the deeper work I've been avoiding?
- Where do I really want to be—even if it scares me?

Zone of Competence

You're doing things you're capable of, but someone else could do them just as well.

Benefits of Shifting:

- Free up capacity for meaningful work
- Feel more energized and present
- Make space for your real gifts

Reflection Prompts:

- What am I doing just because I always have?
- Where am I competent—but not lit up?
- What could I let go of to create space for what matters?

Zone of Incompetence

You're operating in areas that drain your energy—and don't play to your strengths.

Benefits of Shifting:

- More ease and confidence
- Say no to what drains you—without guilt
- Focus on what only you can do

Reflection Prompts:

- What am I doing out of obligation?
- Where do I feel most drained during the day?
- What would I give myself permission to stop doing?

Ready to Move Into Your Genius Zone?

Start saying YES to what energizes you, and NO to what doesn't.

Modern Revival is your guide to living in your Zone of Genius.

Our method gives you a clear path, powerful tools, and a real community to help you move from burnout and confusion... to clarity and flow.

Modernrevival.com

Credit:
Gay Hendricks. Zone
of Genius.