



The Year You Make Space- For You.

*A curated series of luxury
experiences for women who are
ready to exhale, reconnect, and live
with intention.*

MODERN
Revival

Welcome

What if this year wasn't about doing more... but doing what matters?

What if we stopped managing everything and started making space—for breath, for laughter, for beauty, for real connection?

Each of our experiences are designed with care, joy, and purpose—to bring you back to yourself, month by month. With movement, meaningful conversation, and unexpected delight.

You don't need to have it all figured out. Just show up—with your curiosity, your tiredness, your joy, your questions. That's enough.


This is your invitation to make space. For what you want. For who you are. For how good life could feel.
I'll meet you there.

With love and fire,

x Mikel

Founder, Modern Revival





Luxury is in the details—you are welcomed with a signature sip, refreshing hot towel, and music that sets the tone.

Every gathering **begins with movement**—activating the body so the mind and heart can follow.

Exclusive podcast style **conversation with guest experts** aligned with the monthly theme to spark new insights.

Immediately apply insight gained with Modern Revival tools and practical skills you carry into everyday life.

Gather with women who inspire you, savoring bites and bubbles, and leave with a themed parting gift that extends the experience.

From the first sip to the last lingering goodbye, **you'll know you are exactly where you're meant to be.**

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YEAR TO MAKE SPACE

October 20, 2025

Make Space to Breathe

“And Break-up”. Our rockstar panel, includes a powerhouse family attorney and couple’s therapist who will walk through ways to spot your energy leaks and break up with what’s draining you—people, projects or patterns.

November 18, 2025

Make Space for Gratitude

“A Priest, Rabbi and Buddhist monk” (no, don’t walk into a bar) but they do walk into a salon session of enneagram type-specific reframes and “grace exits” to make space for forgiving without forgetting.

December 2, 2025

Make Space for Fun

“Make Martha Stewart green with envy.”
Discover the art of creating Stunning holiday tables, chic gift wrapping, and festive cocktails with luxury stylists. Peruse a Mistletoe Market for thoughtful last-minute finds. Shift from stress to sparkle—because December shouldn’t suck.

YOU CAN'T AFFORD ANOTHER YEAR ON AUTOPILOT

January 13, 2026

Make Space to Begin Again

“Leave the baggage at baggage claim.”

Trauma-informed psychology expert leads a salon session on breaking up with toxic shame and setting boundaries that feel like freedom. Only bring into the new year what truly lights you up.

February 21, 2026

Make Space for Desire

“Passion isn't lost—it's waiting for permission.”

An accredited sex therapist leads a provocative, permission-giving session on rekindling sensuality and reclaiming desire—that ripples through your life. (Partners welcome.)

March 10, 2026

Make Space to Be Seen

“Shrinking isn't your style.” A confidence and visibility coach leads a workshop on reframing self-doubt, owning your voice, and taking up space—without apology. What if your most magnetic move wasn't perfection, but honesty?

LISTEN TO THE PART OF YOU WHISPERING FOR MORE

April 14, 2026

Make Space for Listening

“Clarity starts with ears open, mouth shut.”

An executive communication coach takes you inside the art of listening—what it really looks like in relationships and the signals you might be missing.

Pause, to not just hear, but understand.

May 12, 2026

Make Space for Joy

“Joy isn’t a privilege—it’s your birthright.”

A leadership coach guides a session on transforming old pain into present power. Learn why joy is your nervous system’s reset, not something you earn later, and why high-achieving women need it most.

June 9, 2026

Make Space to Move

“Your body holds what your mind hides.”

A professional dance instructor takes you through a dynamic blend of functional and freeing movement—think belly dance meets embodiment. Shake off what’s heavy and let your body lead the way.

YOU GIVE EVERYTHING TO EVERYONE-IT'S YOUR TURN

A full year creates transformation in your growth, your priorities, your energy, and your joy. This is your year to make space—for lasting impact.

Perks

Priority Access to All 9 Experiences.
Your seat is guaranteed every month—
no rushing, no waiting list.

Your Circle

You'll gather with the same women each month. After each experience, your exclusive breakout circle will share updates, reflect, and go deeper. Over time, these women will become those who know your story and radically support you.

Optional Exclusive 2-Day Retreat*

A luxurious two days of restoration, reflection, and celebration.

*additional costs may apply

MODERN Revival

Modern Revival is a social wellness club
that reimagines how we gather.

We create curated, monthly experiences
that blend movement, meaningful
conversation, and conscious connection—
without feeling like therapy.

It's part social club.

Part self-discovery journey.

Our method is grounded, energizing, and
built for real life, offering just enough
structure to go deep, and just enough
freedom to feel like play.

