

Make Space for Desire

WELCOME RITUAL

Hibiscus juice; chocolate covered strawberries.

MEDITATIVE PRACTICE

Immersive sound bowls.

SALON SESSION

Passion isn't lost—it's waiting for permission.

An accredited sex therapist leads a provocative, permission-giving session on rekindling sensuality and reclaiming desire—that ripples through your life.

(Partners invited.)

PRACTICE & PLAY

Learn MR's "Desire is Data" tool to name what you want and sense it in your body. Go home with a playful practice for unblocking desire and reigniting vitality.

CLOSING & GRATITUDE

Bubbles and bites. 'Desire Kit' gift.

Saturday, February 21, 2026, 2:00-5:00pm

Lakewood Country Club