



# Contributors

## Lauren A. Rothman

tackles your questions about dressing for the office in "Stylista Q&A" (p. 52). Find more of her musings in her "Fashion Whip" column for The Huffington Post, where she covers the meeting of politics and style, and in her book, *Style Bible: What to Wear to Work*.

### **Your go-to accessory?**

I never take off my *aritos*.

### **Fave comfort food?**

*Una tostada con croquetas de jamón.*

### **Most played on your iPod...**

The *Buena Vista Social Club* soundtrack.





# ASK A STYLIST

Cuban-American celeb consultant Lauren A. Rothman shows us how to glam up or down at work.

By JESSIE ALVINE



COACH Bag \$276  
Coach's House  
Shoe, \$110  
SHEIN  
Pant \$10



**Q** I'm on a budget! What are three wise investment pieces?

**A** "A great handbag, a chic button-down, and a flattering work-appropriate pant are three wise investment pieces. It's all about the details when selecting a good bag or top: find fun pieces with metal hardware or interesting shapes. The key to choosing office denim is to go for a clean, dark wash in a trouser cut, then far away it should look like a pant."

**Q** I want to look professional but don't want to buy a traditional black suit. What can I wear?

**A** "Power dressing is getting redefined. Whether pairing a chic sheath dress and blazer, or finding a suit in a fun color, modern workwear is anything but boring. Look for flattering cuts or details, such as a peplum waist or zippers. The most important thing about choosing a good career ensemble is fit. Most suiting can be brought now as separates, which is great if you're bigger on the top or bottom. Also, invest in a good tailor."



RED BY TAYLOR  
Dress, \$285  
Blazer, \$110  
Pant, \$10



COACH Bag \$276  
Coach's House  
Shoe, \$110  
SHEIN  
Pant \$10

**Q** I work in a fashion environment, but am not a stylist. What can I do?

**A** "It's all about the accessories! Make a statement. You can wear two things: either a conversation starter, like a wild-embellished necklace, or a classic, gorgeous go-to piece, like chunky bangles."

FOR MORE ON ROTHMAN'S STYLE TIPS, PICK UP A COPY OF HER BOOK, *STYLING: THE ART OF LOOKING LIKE A STAR*, AT [cosmopolitan.com](http://www.cosmopolitan.com).

