

NorthernVirginia



Guide: Lauren Rothman's shares her favorite hidden gems

onsultant, stylist, author and speaker has favorite spots in Tysons and

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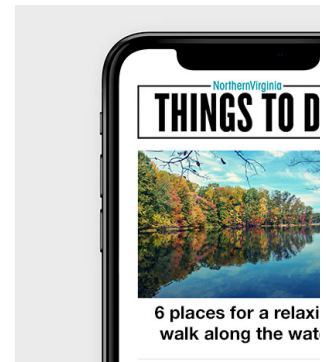




Photo by Christin Boggs Peyper

It's literally Lauren Rothman's job to keep up with style trends. The fashion consultant, stylist, author and speaker is the woman behind many of the D.C. region's best dressed politicians, corporate leaders and celebs. But when she's not with clients, you can find the *Rule Bible* author and McLean resident at some of her favorite NoVA hot spots. Here, she shares her secrets.

What's your style philosophy?

Your smile is your number one accessory and the best way to own a room is to walk in confident.

Shop 'til you drop

Love to shop! Not only is it my job, it's my favorite pastime. I love Roman in Sons Corner. They have the most unique pieces. Burberry this season is amazing and has the most fab accessories for cooler weather.

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Photos by Christin Boggs Peyper

These [SEE](#) sunglasses define my signature style—edgy yet classic! Metallics are hot this season and these [Kendra Scott](#) lacquers add the perfect splash of sparkle. I often layer them on top of my mani to make it last longer!

Favorite date night spot

Photo by Rey Lopez

My husband and I love [Assaggi Osteria](#) for date night and their sister restaurant next door, [Assaggi Pizzeria](#), is our go-to for family night.

It's so relaxing to say spaaaaa

[Lamander Resort & Spa](#) is my home away from home. Visiting their spa is such a stress release. I especially love to sip Champagne by the fireplace at the outdoor hot tub after a massage.

My favorite spot when family is in town

[Penhill Winery](#) in Middleburg.

My stress with the most

Lauren Rothman will be at [Kiskadee](#) in Del Ray Thursday, Nov. 8, from 7–9 p.m. “I’ll be sharing style tips on how to ‘Look Hot for the Holidays in the Season’s Most Wearable Trends.’”

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