

# Equipment List

3 DAYS

Mountaineering



Throughout the summer season, a full range of conditions and temperatures can be expected in the New Zealand Mountains. Due to the remote nature of the terrain, clients need to be suitably prepared. Your guide will do a comprehensive gear check at your pre-trip meeting.

These are usually fly-in, fly-out trips based at backcountry huts. You will need to carry your personal gear and will be asked to assist in carrying some food and group equipment from the heli-landing site to the hut. Clients should have all their equipment packed into one bag as not all trips will have a heli landing directly to the hut.

## PERSONAL EQUIPMENT REQUIRED



\*Available for loan as part of trip cost

### BODY

- ☐ Underwear
- ☐ Base layer (150-200g weight, merino or polypop, no cotton. Example: [icebreaker 200 Oasis LS Crewe](#))
  - ☐ top
  - ☐ leggings
- ☐ Mid layer top (fleece or windproof)
- ☐ Insulating jacket (down or synthetic fill)
- ☐ Waterproof jacket (eg Gore Tex® or similar)
- ☐ Overpants\* (idealy Goretex with full side zips)
- ☐ Lightweight, quick drying trousers or Softshell climbing trousers
- ☐ Collared glacier/trekking shirt/sun hoody

### FEET

- ☐ Mountaineering boots\*
- ☐ Nov to Jan - Full shank, 3 season (eg La Sportiva® Nepal)
- ☐ Jan to April - 3/4 shank, 2-3 season (eg La Sportiva® Karakorum or Trango)
- ☐ Snow gaiters (to knee)\*
- ☐ 2 pairs of trekking socks (merino)

### HEAD/FACE

- ☐ Sunhat - cap
- ☐ Warm hat & neck gaiter (eg Buff®)
- ☐ Sunglasses - glacier rated category 4

### HANDS

- ☐ Warm windproof gloves
- ☐ Light gloves

### TECHNICAL EQUIPMENT

- ☐ Climbing helmet\*
- ☐ Crampons - with anti-balling plates\*
- ☐ Ice axe\*
- ☐ Ice hammer\*
- ☐ Climbing harness\*
- ☐ Belay device\*
- ☐ Sling - nylon or Dyneema®, 120cm\*
- ☐ 3x Locking Carabiners - at least 1 HMS preferred\*
- ☐ 4x Snaplock Carabiners\*
- ☐ 2x 6mm Prussiks - 1x60cm, 1x 120cm loop length\*
- ☐ Ice screw 18cm\*
- ☐ Snow Stake\*

### ACCESSORIES

- ☐ Backpack (50+ liters)\*
- ☐ Water bottles - 2 liters capacity minimum
- ☐ Head torch - and spare batteries
- ☐ Toiletries - blister kit & personal medication
- ☐ Small container of sunblock & lip screen

### AVALANCHE EQUIPMENT

- ☐ Transceiver\*
- ☐ Probe\*
- ☐ Shovel\*

### OPTIONAL - Personal Items

- ☐ Collapsible trekking poles\*
- ☐ Camera
- ☐ For accommodation in town - towel and change of clothes

Please bring all your equipment to the scheduled pre-trip meeting. If you have any equipment questions prior to your trip, please feel free to contact our team at [info@aspiringguides.com](mailto:info@aspiringguides.com)

[Watch this video for a full equipment run-through with one of our guides](#)

