

Equipment List

3-7 DAYS **Hut-Based Ascent**

Throughout the spring and summer seasons, a full range of conditions and temperatures can be expected in the New Zealand Mountains. Due to the remote nature of the the terrain, clients need to be suitably prepared. Your guide will do a comprehensive gear check at your pre-trip meeting.

These are usually fly-in, fly-out trips (although you may fly in and walk out, or walk in and walk out, depending on the objective). You will need to carry your personal gear and may be asked to help carry some food and group equipment from the heli-landing site to the hut. All equipment must fit into one pack per client.

PERSONAL EQUIPMENT REQUIRED

*Available for loan as part of trip cost

BODY
❏ Underwear
❏Base layer (150-200g weight, merino or polypop, no cotton. Example: icebreaker 200 Oasis LS Crewe)
- ❏ top
- ❏ leggings

❏ Mid layer top (fleece or windproof)
❏ Insulating jacket (fleece or synthetic fill)
❏ Waterproof jacket (eg Gore Tex® or similar)
❏ Over-pants* (as above)
❏ Lightweight, quick drying trousers
❏ Collared glacier/trekking shirt

FEET
❏ Mountaineering boots*
- ❏ **Nov to Jan** - Full shank, 3 season (eg La Sportiva® Nepal)
- ❏ **Jan to April** - 3/4 shank, 2-3 season (eg La Sportiva® Karakorum or Trango)

❏ Rock climbing shoes*
❏ Knee-high gaiters*
❏ 2 pairs of hiking socks (merino)

HEAD/FACE
❏ Sunhat - cap
❏ Warm hat & neck gaiter (eg Buff)
❏ Sunglasses - glacier rated category 4

HANDS
❏ Warm windproof gloves
❏ Light gloves

TECHNICAL EQUIPMENT
❏ Climbing helmet *
❏ Crampons - with anti-balling plates *
❏ Ice axe *
❏ Ice hammer*
❏ Climbing harness *
❏ Belay device *
❏ Sling - nylon or Dyneema®, 120cm *
❏ 2x Carabiners - HMS preferred *
❏ 2x 6mm Prussiks - 1x60cm, 1x 120cm loop length *
❏ Ice screw 16cm*
❏ Snow Stake*

ACCESSORIES
❏ Backpack (50+ liters)*
❏ Sleeping bag (2 season, 0°C)*
❏ Sleeping bag liner
❏ Water bottles - 2 liters capacity
❏ Head torch - and spare batteries
❏ Toiletries - blister kit & personal medication
❏ Small container of sunblock & lip screen
❏ For any time staying in town - towel and change of clothes

OPTIONAL - Personal preference Items
❏ Collapsible trekking poles*
❏ Camera
❏ Swiss army knife or leatherman
❏ Earplugs for sleeping
❏ Lightweight approach/hut shoes (eg Crocs)

Please bring all your equipment to the scheduled pre-trip meeting. If you have any equipment questions prior to your trip, please feel free to contact our team at info@aspiringguides.com