

Equipment List

Multi-Day Summer Mountaineering

Throughout the summer season, a full range of weather conditions and temperatures can be expected in the New Zealand mountains. Due to the remote nature of the terrain, clients need to be suitably prepared. Our team will be in touch in the weeks leading up to your trips departure to confirm the details of your pre-trip meeting, which will take place either on the evening before your trip or on the morning of departure. Please ensure you bring all of your equipment and clothing to this meeting, as your guide will carry out a comprehensive gear check.

These are typically fly-in, fly-out trips based at backcountry huts. You will need to carry your personal gear and will be asked to help carry some food and technical equipment from the helicopter landing site to the hut. Please pack all of your equipment into a single backpack, as not all trips have a helicopter landing site directly beside the hut.

PERSONAL EQUIPMENT REQUIRED

***Available for loan as part of trip cost**

BODY
- ❑ Underwear
- ❑ Base layer (150-200g weight, merino or polypop, no cotton. Example: icebreaker 200 Oasis LS Crewe)
  - ❑ top
  - ❑ leggings
- ❑ Mid layer top (fleece or windproof)
- ❑ Insulating jacket (down or synthetic fill)
- ❑ Waterproof jacket (eg Gore Tex® or similar)
- ❑ Overpants (idealy Goretex with full side zips)*
- ❑ Lightweight, quick drying trousers or softshell climbing trousers
- ❑ Collared glacier/trekking shirt/sun hoody

FEET
- ❑ Mountaineering boots*
  - ❑ Nov to Jan - Full shank, 3 season* (eg La Sportiva® Nepal)
  - ❑ Jan to April - 3/4 shank, 2-3 season * (eg La Sportiva® Karakorum or Trango)
- ❑ Knee-high gaiters*
- ❑ 2 pairs of hiking socks (merino)
- ❑ Lightweight approach/hut shoes (eg Crocs®)

HEAD/FACE
- ❑ Sunhat - cap
- ❑ Warm hat & neck gaiter (eg Buff®)
- ❑ Sunglasses - glacier rated category 4

HANDS
- ❑ Warm windproof gloves
- ❑ Light gloves

TECHNICAL EQUIPMENT
- ❑ Climbing helmet *
- ❑ Crampons - with anti-balling plates*
- ❑ Ice axe *
- ❑ Ice hammer*
- ❑ Climbing harness*
- ❑ Belay device *
- ❑ Sling - nylon or Dyneema®, 120cm *
- ❑ 3x Locking Carabiners - at least 1 HMS preferred *
- ❑ 4x Snaplock Carabiners*
- ❑ 2x 6mm Prussiks - 1x60cm, 1x 120cm loop length *
- ❑ Ice screw 18cm*
- ❑ Snow Stake*

AVALANCHE SAFETY EQUIPMENT
- ❑ Transceiver*
- ❑ Probe*
- ❑ Shovel*

ACCESSORIES
- ❑ Backpack (50+ liters)*
- ❑ Sleeping bag (2 season, 0°C)*
- ❑ Sleeping bag liner
- ❑ Water bottles - 2 liters capacity minimum
- ❑ Head torch and spare batteries
- ❑ Toiletries: blister kit & personal medication, toothbrush etc.
- ❑ Small container of sunblock & lip screen
- ❑ Towel and change of clothes (for any time staying in town)

OPTIONAL - Personal preference Items
- ❑ Collapsible trekking poles*
- ❑ Camera
- ❑ Earplugs for sleeping
- ❑ Inflatable pillow

If you have any equipment questions prior to your trip, please feel free to contact our team at info@aspiringguides.com

Watch this video for a full equipment run-through with one of our guides