

Equipment List

1+ DAYS **Rock Climbing Day Trip**

Throughout the summer season, a full range of conditions and temperatures can be expected in the New Zealand Mountains. Due to the remote nature of the the terrain, clients need to be suitably prepared. Your guide will do a comprehensive gear check at your pre-trip meeting.

Your trip is designed as a day trip departing from town each day. You will need to carry your personal gear and potentially might be asked to assist in carrying some small group equipment each day (such as emergency shelter, PLB or some climbing equipment).

PERSONAL EQUIPMENT REQUIRED

*Available for loan as part of trip cost

BODY
❏ Mid layer top (fleece or windproof)
❏ Insulating jacket (fleece or synthetic fill)
❏ Waterproof jacket (eg Gore Tex® or similar)
❏Lightweight, quick drying trousers or softshell climbing trousers
❏ Collared hiking shirt/light weight quick dry long sleeve shirt or T-shirt

FEET
❏ Lightweight approach shoes/hiking boots
❏ Rock climbing shoes*
❏ Hiking socks (merino)

HEAD/FACE
❏ Sunhat - cap
❏ Warm hat & neck gaiter (eg Buff®)
❏ Sunglasses - glacier rated category 4

HANDS
❏ Chalk Bag*
❏ Light gloves

TECHNICAL EQUIPMENT (FOC)
❏ Climbing helmet*
❏ Climbing harness*
❏ Belay device *
❏ Sling - nylon or Dyneema®, 120cm*
❏ 2x Locking Carabiners - at least 1 HMS preferred *
❏ 4x Snaplock Carabiners*
❏ 2x 6mm Prussiks - 1x60cm, 1x 120cm loop length *

ACCESSORIES
❏ Backpack (30+ liters)*
❏ Water bottles - 2 liters capacity
❏ Head torch - and spare batteries
❏ Toiletries - blister kit & personal medication,
❏ Small container of sunblock & lip screen

OPTIONAL - Personal preference Items
❏ Collapsible trekking poles*
❏ Camera
❏ Swiss army knife or Leatherman

Please bring all your equipment to the scheduled pre-trip meeting. If you have any equipment questions prior to your trip, please feel free to contact our team at info@aspiringguides.com