

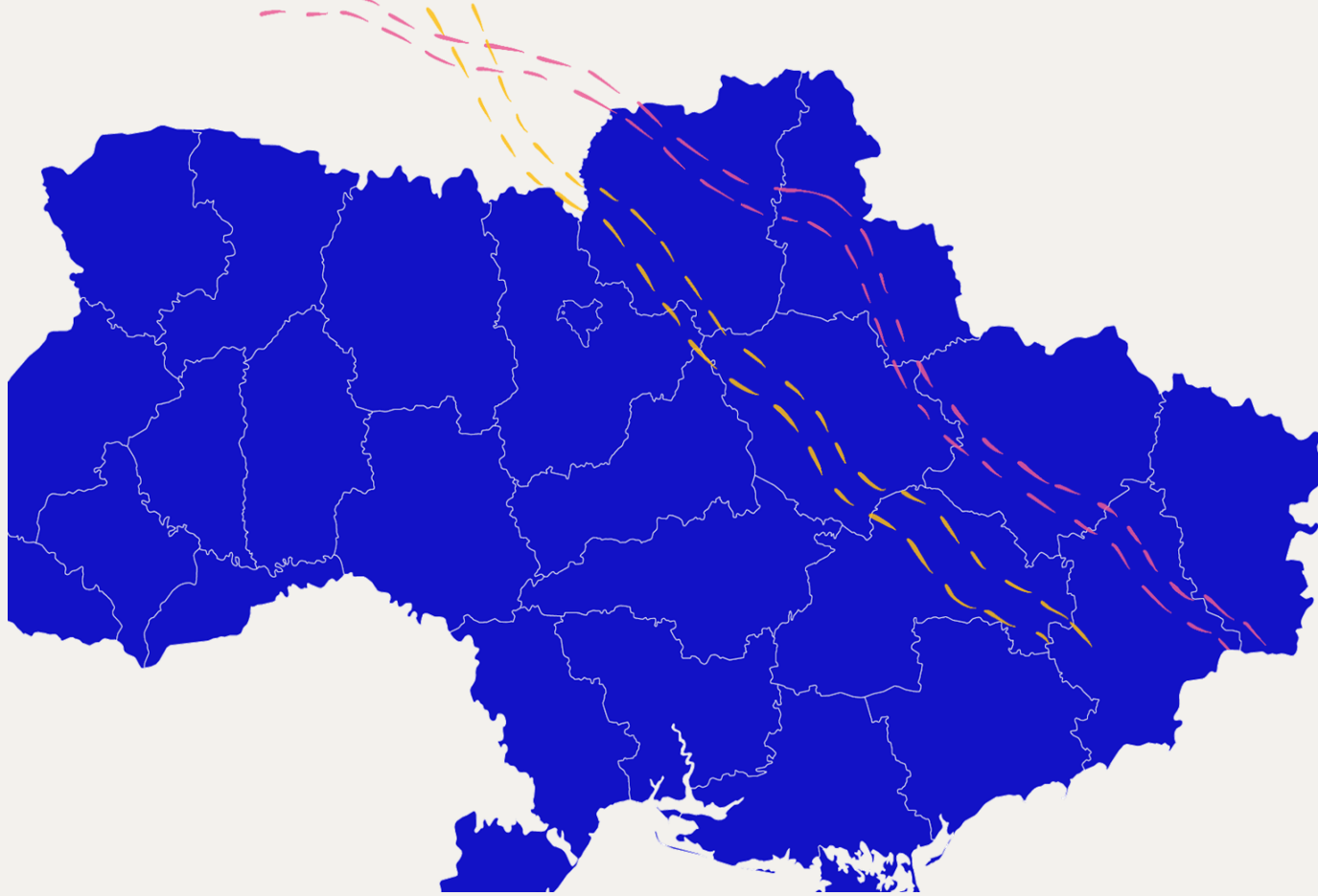


# Inside Ukraine.





# Ukraine.



*Since the war began in February 2022, the Alight Team has stood steadfast with Ukrainians*—listening, learning, and evolving to meet the immense and ever-changing needs.

In Poland, Alight provided financial support to **70 NGOs**, ensuring protection and relief for housing, health, language, and social integration programs.

In Ukraine, Alight has partnered with **84 frontline organizations**, disbursing funds to deliver food, shelter, hygiene supplies, psychological support, and legal aid.

- More than 280 impact projects launched alongside trusted partners
- Specialized programs for mental health & psychosocial support, trauma-informed care, and post-conflict rehabilitation
- Ongoing collaboration with local CBOs, women-led groups, veteran associations, and disability rights organizations

Amidst continued conflict Alight knows that Ukrainians hope to rebuild, but for millions of people—veterans, widows, and elders—**the battle within continues**. Trauma, displacement, and a future unknown are overwhelming communities across Ukraine.





**As the conflict stretches into its 4th year** and international funding declines, the toll of war has intensified—eroding resilience among those already hardest hit. **Mental health** is no longer secondary in emergency response.

**It has become a critical, lifesaving intervention to help Ukrainians persevere.**

# Compassionate Care In Action.

Alight is creating healing pathways for the most vulnerable Ukrainians—**veterans, widows, and elders**—in Kharkiv and other heavily impacted regions.

We're doing this through:

- **Veterans Support:** Mental health and psychosocial support, rehabilitation, and reintegration.
- **Widows of War:** Safe, supportive spaces for healing and purpose-building in Poland and Ukraine.
- **Elder Community Ties:** Combating loneliness and trauma through case management and creative communal activities, such as are therapy
- **Uplifting Local Community Organizations:** Strengthening 4+ local veteran and elder-serving organizations to carry this work forward.
- **Community Healing:** Led by best practices and those who've walked the same path.

**This is essential infrastructure.**

# Legacy of Light.

Alight has already served over 5,500 veterans, widows, and elders through trauma-informed services in the past year. In the next 12 months, we aim to deepen the critical support offered.

## Your Support Enables:

- **\$10,000:** Two months of holistic support for the elderly
- **\$25,000:** Fund one month of MHPSS & rehab for 100 veterans
- **\$100,000:** Sustain one full Widows of War cohort for 15 women
- **\$250,000<sup>+</sup>:** Amplify regional veterans and elderly focused partner scale-up across eastern Ukraine



## Join Us

We're not just meeting needs—we're **evolving care** amidst conflict.

Join us in **restoring resilience in Ukraine.**

### **Let's Talk:**

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