



## Life Force Live-In Caregivers for CHC Participants

Life Force is a Pennsylvania Medicaid-enrolled provider that delivers continuous at-home coverage built around MCO-authorized PAS hours.

## Providing live-in caregivers to CHC participants since 2003

For over two decades, Life Force has specialized in 24-hour live-in caregiver services designed to help CHC members remain safely and independently in their homes.

Our 24-hour live-in caregiver model provides the continuity, compassion, and oversight that traditional shift-based care often cannot match. Each caregiver stays in the home of the care recipient, and offers consistent assistance with activities of daily living (ADLs).



## Our Unique Formula: The 24-for-16 Advantage

**What is our 24-for-16 Advantage?** We will provide a 24-hour live-in caregiver for any participant approved for 16 hours of MCO-authorized care. For the MCO this translates to a savings in cost of 8 hours of care per day for that participant.

## For Participants

A live-in caregiver provides consistency of care, dependability of service, and peace of mind. The participant is never left alone. The live-in caregiver is there at all times to address any emergency.

## All 67 Counties

Our agency has a fleet of vehicles to take our caregivers to and from the participant's homes. **This allows us to service ALL 67 COUNTIES of Pennsylvania.** This is a true door-to-door service. We do not depend on the transportation means of our caregivers. Our drivers will take our caregivers to and from the homes of the care participants.

## A Trusted Medicaid Provider for CHC Participants

As an enrolled and credentialed **Pennsylvania Medicaid provider since 2003**, Life Force provides **24-hour live-in caregivers fully compliant with Community Health Choices (CHC)** guidelines.

**Our 24-hour live-in caregiver model is built around MCO-approved Personal Assistance Services (PAS) hours**, ensuring every visit is EVV-verified, coordinated with Service Coordinators, and aligned with each participant's care plan.

## Our 24-hour live-in caregivers provide assistance with following:

### Activities of Daily Living

Life Force Live-In Caregivers are carefully selected, thoroughly screened, and fully trained to provide safe, professional assistance with Activities of Daily Living (ADLs), including **bathing, dressing, grooming, toileting, feeding, bed/chair transfers, and ambulation.**

### Instrumental Activities of Daily Living

Life Force Live-In Caregivers provide the daily structure, safety, and support that help older adults remain truly independent at home. Beyond personal care, our caregivers assist with Instrumental Activities of Daily Living (IADLs), the essential routines that keep a household running smoothly, such as **meal planning and preparation, light housekeeping, laundry, shopping, medication reminders, and transportation to appointments.**

### Support for Health Routines

Life Force Live-In Caregivers help older adults stay well by maintaining the small, essential routines that protect long-term health. Caregivers provide **medication reminders, encourage hydration and balanced nutrition, and offer simple exercise or mobility encouragement** in accordance with each care plan. These consistent, gentle prompts reduce skipped doses, dehydration, and inactivity.

## The Superior Alternative to Nursing Home Placement

This combination of personal connection and professional accountability supports better health outcomes, reduces hospital readmissions, and gives both participants and coordinators peace of mind knowing that care is steady, supervised, and fully aligned with CHC program goals.

