



Krav Maga Australia Gym Re-Opening Protocols for Students

Valid as of Monday 09 November 2020

General Protocols For All Students and Observers Attending the Gym

- DO NOT enter the gym or attend training if:
 - You have any cold or flu symptoms including runny nose, sore throat, a cough or fever
 - You have been in contact with anyone who has, or is suspected of having the COVID-19 virus
- As per the government restrictions, parents/observers are not allowed to watch classes.
 - There is an exception if your child specifically needs parental supervision.
- Social distancing rules to be followed in the gym by all persons.
- Masks to be worn by all persons in the gym, except students during actual class times.
- Parents please drop kids 5 minutes before the scheduled class start time and be ready for pick-up promptly at the end of the class.

When Entering The Gym

- All entry will be through the main front door into the reception area
- All persons entering the gym will be temperature checked with a contactless thermometer.
 - Any person displaying a temperature of 38°C, or over, will not be permitted to enter the gym and will be advised to see their doctor
- All persons must use the hand sanitiser upon entering
- All persons entering the gym must write their name and mobile number on the daily attendance sheet at reception.
 - This includes all students, parents, observers and must be done each and every day that you enter the gym.
- Please do not congregate in the reception area. Move straight through to the mat space unless you need to speak to the receptionist about a gym related matter.
- Students to arrive in training gear.
- Ensure that all students have a full water bottle when arriving.
- Parents dropping off kids, please wait until after they have had their temperature checked before leaving.

During Classes

- Any observers must wear masks and maintain social distancing protocols from each other and students
- Students and observers must adhere to all health and hygiene protocols as communicated by Krav Maga Australia staff and instructors

End of Class/Exiting the Gym:

- At the end of each class students will exit via the garage door.
 - Except for the last class of the night, students will exit through the main reception door.

- Kids must be accompanied by an adult before they can leave the gym
 - Parents/guardians please pick up students promptly at the end of the class, as cleaning and prep needs to be carried out before the next class starts.
- Once out on the driveway and walking to cars, students are encouraged to maintain social distancing protocols.
- Please note that students will be discouraged from socialising in the gym and encouraged to leave promptly when the class finishes.

Students Class Booking

- All students **MUST BOOK** into the class using the ClubLink app before attending. Class numbers are capped at 20 students.
 - If the app says that a class is full, please do not arrive at the gym. We will be strict in adhering to the 20 person maximum and priority will be given to students that book in via the app.
 - If you book & are then unable to make the class, please cancel your booking ASAP to open up the spot for another student.
- When you joined you would have received an email with instructions on how to download the member app.
 - The app can be found in your phones apps store and is called ClubLink
 - Once downloaded you can use the mobile number you provided to Krav Maga Australia to receive a code via sms to add your profile
 - The app icon looks like this:

