From start-ups to international brands





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TENANT **REQUIREMENTS**

TENANT **REPRESENTATIVE**



Bâton Rouge

Restaurant

For just over 30 years, Bâton Rouge has been serving quality, fire-grilled food and delivering an unmatched experience with attentive service in a chic yet relaxed ambience.

batonrouge.ca

Size: 4,000 - 7,000 SF

Type: Urban streetfront, shopping centres, mixed use developments Patio preferred.

Area: Toronto (Hwy 401 to the lake and Hwy 427 to DVP)

Caitlyn Price

416.276.8279

caitlyn.price@valueinsightrealty.com



BLACK TAP

CRAFT BURGERS & BEER

Big Way Hot Pot

Restaurant

Big Way Hot Pot is a fast-growing Chinese restaurant brand known for its modern self-serve hot pot experience. With multiple locations in Vancouver and a recent expansion into Toronto, Big Way is actively growing across the GTA.

bigwayhotpot.com

Size: 2,000 - 4,000 SF

Type: Street locations, strip centres, shopping centres

Area: Toronto, Richmond Hill, Mississauga, Brampton, Etobicoke, Oakville, Burlington

Sari Samarah

416.269.6747 x 101

sari.samarah@valueinsightrealty.com

Black Tap

Restaurant

Having started as a 16-set burger restaurant in SoHo, NYC, today Blacktap is serving burgers and shakes across the globe (US, Middle East, Europe and Asia).

blacktapnyc.com

Size: 2,000 - 3,000 SF

Type: Shopping centres, enclosed malls, entertainment centres, urban streetfronts, mixed use projects

Area: Downtown Toronto, Ontario

Sari Samarah

416.269.6747 x 101

sari.samarah@valueinsightrealty.com



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TENANT **REQUIREMENTS**

TENANT REPRESENTATIVE



California Sandwiches

Restaurant

California Sandwiches was born in Toronto's Little Italy in the mid 1960s as a small grocery store and quickly transformed into Toronto's favourite sandwich spot.

eatcalifornia.ca

Size: 1,500 - 2,500 SF

Type: Shopping centres, enclosed malls, entertainment centres, urban streetfronts, mixed use projects

Area: Mississauga (Dixie and Eglinton; Tomken and Eglinton), Brampton, Airport area, and the GTA

Sari Samarah

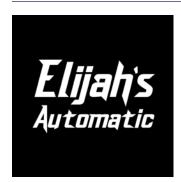
416.269.6747 x 101

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Daniel Kershen

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Elijah's Automatic Burger

Restaurant

Absolutely delicious and perfectly cooked burgers from the original founder of Burger's Priest. This iconic concept started in Toronto in the summer of 2024 and combines its offering with Harry and Heals Donuts.

eliiahsautomatic.com

Size: 800 - 2,000 SF

Type: Street locations, strip centers and shopping centers

Area: Toronto and GTA

Sari Samarah

416.269.6747 x 101

sari.samarah@valueinsightrealty.com



Guac Mexi Grill

Restaurant

Guac Mexi Grill is one of Canada's hottest new QSR concepts. Hand rolled burritos, tacos and quesadillas are all made with fresh ingredients and with traditional fire roasted techniques.

guacmexigrill.ca

Size: 1.000 - 1.600 SF

Type: Shopping centres, urban streetfronts, food courts, mixed use projects

Area: Toronto (Downtown & Midtown), Mississauga, Niagara Falls, Oshawa

Sari Samarah

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TENANT **REQUIREMENTS**

TENANT **REPRESENTATIVE**

GYUMONO

Gyumono

Restaurant

Bringing an exciting new wave of Japanese dining! Known for their all-you-can-eat sushi and grill experience, Gyumono offers a mouthwatering selection of premium Wagyu, fresh sushi, and sizzling Japanese BBQ in a lively, modern atmosphere.

gyumono.com

Size: 4,000 - 6,000 SF

Type: Street locations, strip centres, shopping centres

Area: Toronto, North York, Richmond Hill, Mississauga, Brampton, Etobicoke

Sari Samarah

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sari.samarah@valueinsightrealty.com



Harry and Heels Donuts

Café

Harry and Heels is a California style donut shop. Picture softer than Krispy Kreme, three times the size, with way more flavour. Harry and Heels features 18 tasty flavour profiles, including classic favourites like rainbow-sprinkled and chocolate-dipped.

harryandheelsdonuts.com

Size: 600 - 1,500 SF

Type: Shopping centres, urban streetfronts, mixed use projects

Area: Toronto and Downtown

Toronto

Sari Samarah

416.269.6747 x 101

sari.samarah@valueinsightrealty.com



Heal Wellness

Restaurant

Heal Wellness is a plant-based health and wellness café. Heal was created out of passion for healthy food, with the mission to serve quick, fresh plant-based wellness food that will power and fuel a busy and active lifestyle.

healwellness.ca

Size: 500 - 1,200 SF

Type: Easy access for curbside pickup and delivery. High exposure and visibility.

Area: Mississauga, Brampton, Oakville, Burlington, Hamilton, Milton, Etobicoke, Toronto, GTA and Ontario

Sari Samarah

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daniel.kershen@valueinsightrealty.com



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TENANT **REQUIREMENTS**

TENANT **REPRESENTATIVE**



iQ Food

Food & Beverages

iQ Food is a community of dreamers who believe food has the power to fuel ambitions. Through sustainable, balanced, and nutrient-dense meals, they nourish the dreams of their team, guests, and partners.

iqfoodco.com

Size: 1,000 - 2,500 SF

Type: PATH, streetfront, shopping centres, strip centres

Area: All of GTA

Sari Samarah

416.269.6747 x 101

sari.samarah@valueinsightrealty.com

Daniel Kershen

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daniel.kershen@valueinsightrealty.com

Joseph Cesario

416.269.6747 x 104

Ja Bistro

Restaurant

JaBistro, founded in 2012, brings to the world a sophisticated take on traditional Japanese sushi in an extraordinary fine dining experience environment.

Size: 1,500 - 2,500 SF

Type: Street locations, strip centres, urban or shopping centre locations

Area: Toronto, North York,

Mississauga

Sari Samarah

416.269.6747 x 101

sari.samarah@valueinsightrealty.com

Eli Vladimirsky

416.269.6747 x 105

eli.vladimirsky@valueinsightrealty.com

jabistro.com

Joey Turks Island Grill

Restaurant

Joey Turks Island Grill targets Canada's fast casual Caribbean food sector, prioritizing speed, in-house expertise, and value creation as it builds a national presence. The first corporate store is now open in Hamilton.

joeyturks.com

Size: 1,000 - 2,000 SF

Type: Street locations, shopping centres and strip centers

Area: Toronto, Scarborough,

GTA and Ontario

Joseph Cesario

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jcre416@gmail.com

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Daniel Kershen

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OEY TURKS

JaBistro



TENANT REQUIREMENTS

TENANT REPRESENTATIVE



Kinka-Izakaya

Restaurant

Kinka Izakaya, is a popular izakaya-style restaurant most famous for its bustling atmosphere. It offers an authentic dining experience of popular Japanese eateries.

kinka.com

Size: 2,000 - 3,000 SF

Type: Street-front locations, strip centres, enclosed malls, freestanding pads

Area: Mississauga

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Eli Vladimirsky

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Kinton-Ramen

Restaurant

Kinton Ramen was one of the first Japanese ramen restaurants in Toronto (2012). Kinton Ramen strive to offer guests rich and flavourful ramen and an extraordinary dining experience.

kintonramen.com

Size: 1,600 - 2,500 SF

Type: Street locations, stripcentres and shopping centres

Area: Ontario

Sari Samarah

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sari.samarah@valueinsightrealty.com

Eli Vladimirsky

416.269.6747 x 105

eli.vladimirsky@valueinsightrealty.com



Kintori Yakitori

Restaurant

Kintori Yakitori is a cozy, izakaya-style eatery specializing in authentic yakitori and premium Japanese tapas. Skewers finest meats and vegetables grilled over charcoal.

kintoriyakitori.com

Size: 1,200 – 1,800 SF

Type: Street locations, strip

centres

Area: Toronto

Sari Samarah

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sari.samarah@valueinsightrealty.com



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TENANT REQUIREMENTS

TENANT REPRESENTATIVE



La Diperie

Restaurant

La Diperie is redefining the ice cream experience with its signature dipped soft-serve creations. They offer endless flavour combinations, high-quality ingredients, and a fun, customizable treat.

Size: 500 – 1,200 SF

Type: Streetfront retail

Area: Downtown Toronto

Caitlyn Price

416.276.8279

caitlyn.price@valueinsightrealty.com

ladiperiefranchise.com



Lettuce Love Cafe

Restaurant

Lettuce Love Cafe is a premier plant-based and gluten-free restaurant focusing on healthy, fresh and whole food ingredients. Their menu features a variety of classic sandwiches & burgers made vegan, as well as brown rice bowls and smoothies.

lettucelovecafe.com

Size: 1,000 - 2,500 SF

Type: Easy access for curb-side pickup and delivery. High exposure and visibility

Area: Mississauga, Brampton, Hamilton, Milton, Etobicoke, Toronto, GTA & Ontario

Sari Samarah

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Daniel Kershen

416.269.6747 x 102

daniel.kershen@valueinsightrealty.com

Makirrito



Makirrito is a Japanese fusion cuisine restaurant. The menu showcases a mix of modern Japanese and equatorial influences.

makirrito.ca

Size: 800 - 1.800 SF

Type: shopping centres, urban streetfront, food court, mixed use

projects

Area: Toronto, North York, Markham, Richmond Hill, Thornhill, Vaughan, Mississauga, Brampton. Will also consider other territories in GTA.

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jcre416@gmail.com



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TENANT **REQUIREMENTS**

TENANT **REPRESENTATIVE**



Manchu Wok

Restaurant

Started in 1980 in Peterborough, Ontario, offering fast, quality Chinese food. Its popularity quickly spread across North America, expanding into malls, universities, and airports. By 2004, it had reached international locations, continuing its mission of authentic, chef-inspired cuisine. manchuwok.com

Size: 1,200 - 2,000 SF

Type: Urban streetfront, shopping centres, mixed use developments

Area: Toronto (Hwy 401 to the Lake and Hwy 427 to DVP)

Caitlyn Price

416.276.8279

caitlyn.price@valueinsightrealty.com



Restaurant

Founded by Master Chef Eyal Shani in 2011, the first Miznon opened in Tel Aviv and has since expanded to Paris, Vienna, Melbourne and Chelsea Market, NYC. Miznon uses fresh and seasonally inspired ingredients to create a new kind of Mediterranean street food.

miznonnvc.com

Size: 1,700 - 2,500 SF

Type: shopping centres, urban street-front, food court, mixed use projects

Area: Downtown, Midtown, North York, Forest Hill, Richmond Hill, Thornhill, Vaughan, Markham

Patio required

Sari Samarah

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sari.samarah@valueinsightrealty.com

Eli Vladimirsky

416.269.6747 x 105

eli.vladimirsky@valueinsightrealty.com

Mom's Pan-Fried Bun

Restaurant

Mom's Pan Fried Bun brings the warmth of home to every bite. Inspired by the flavours, memories and comfort of childhood, their handcrafted delicacies reflect the heart of a bustling, love-filled kitchen.

momspanfriedbun.com

Size: 1.500 - 3.000 SF

Type: Street locations, strip centres, shopping centres

Area: Mississauga, Brampton, Burlington, Oakville, Kitchener, Waterloo, Vaughan, Etobicoke, Toronto

Sari Samarah

416.269.6747 x 101

sari.samarah@valueinsightrealty.com



MIZNON



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TENANT REQUIREMENTS

TENANT **REPRESENTATIVE**



MTY Food Group

Restaurant / Café

MTY Group franchises and operates quick-service, fast casual and casual dining restaurants under more than 80 different banners in Canada, the US and internationally.

mtygroup.com

Size: 500 - 6,500 SF (Varies for each brand)

Type: Shopping centres, streetfront, mixed use projects (excluding enclosed malls and food courts)

Area: Toronto (Hwy 401 to Lake Ontario & Hwy 427 to DVP)

Caitlyn Price

416.276.8279

acaitlyn.price@valueinsightrealty.com



Neo Coffee Bar

Restaurant / Café

Neo Coffee Bar is a modern Japaneseinspired bakery and café. The space provides an award-winning and unique, out of the mold, look and feel, serving a serene experience while providing a coffee oasis away.

neocoffeebar.com

Size: 1,500 - 3,000 SF

Type: Retail café/restaurant (No venting required)

Area: Toronto (Midtown, Uptown, North York, Downtown), and the GTA

Sari Samarah

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Eli Vladimirsky

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Nord Lyon

Restaurant

Nord Lyon was founded in 2019 by Richard, a native of Lyon, France, to bring authentic French patisserie and boulangerie to Toronto. A team of expert chefs offer halal-compliant French baked goods, passionately upholding the traditions of French gastronomy.

nord-lyon.ca

Size: 1,000 - 6,000 SF

Type: Ground level retail. High visibility flagship. Flagship size can include basement or 2nd floor. Prime exposure retail in high density and growing areas of Toronto.

Area: Downtown Toronto, Yonge

and Eglinton

Caitlyn Price

416.276.8279

caitlyn.price@valueinsightrealty.com



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TENANT **REQUIREMENTS**

TENANT **REPRESENTATIVE**



PI.RHO Grill

Restaurant

PI·RHO Grill provides a wholesome dining experience with locally sourced ingredients, emphasizing natural flavors. Their chefdriven recipes focus on community and family, offering True Food with love and passion, available for dining in or catering.

Size: 1,400 - 2,500 SF

Type: Street locations, shopping centres and strip centres

Area: Toronto, GTA, Mississauga, Etobicoke, Oakville, Burlington, Hamilton, Milton, Kitchener/ Waterloo, Guelph

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jcre416@gmail.com

Daniel Kershen

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daniel.kershen@valueinsightrealty.com



Pizza Pizza

pirhogrill.com

Restaurant

Pizza Pizza is a beloved pizza chain in Canada, established in 1967 as a takeaway and delivery restaurant. With over 730 locations nationwide, they focus on shared values such as respect, pride, and diversity to unite people.

pizzapizza.ca

Size: 1,000 - 1,500 SF

Type: Streetfront, plaza, mixed

use, condo

Area: Thornhill & Richmond Hill

Sari Samarah

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Eli Vladimirsky

416,269,6747 x 105

eli.vladimirsky@valueinsightrealty.com



Purpel

Restaurant

Purpel's açaí bowls and smoothies are the ultimate fuel for Toronto's urban professionals. They offer vegan options bursting with antioxidants, fiber, and healthy fats. Delivering delicious, energizing meals, perfect for busy, health-conscious lifestyles.

purpel.ca

Size: 300 - 1.400 SF

Type: Inline and endcap retail. Open to malls and food courts.

Area: Downtown Toronto and

the GTA

Caitlyn Price

416.276.8279

caitlyn.price@valueinsightrealty.com



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ROSIE'S BURGERS

Rosie's Burgers

Restaurant

Rosie's is your neighbourhood burger shop serving up nostalgic flavours you know, love, and crave. From the smashburgers and french fries to strawberry shakes and onion rings – it's all about keeping things simple and perfecting tradition.

rosiesburgers.ca

TENANT **REQUIREMENTS**

Size: 800 - 1,500 SF

Type: Street locations, strip centers and shopping centers

Area: Toronto, Richmond Hill, Vaughan, North York, Mississauga, Oakville, Milton, Hamilton, Whitby, Oshawa, Ajax, Pickering, Kitchener-Waterloo, Niagara, Guelph, London, Ottawa and all over Ontario.

TENANT **REPRESENTATIVE**

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Daniel Kershen

- 416.269.6747 x 102
- daniel.kershen@valueinsightrealty.com

Joseph Cesario

- 416.269.6747 x 104
- jcre416@gmail.com

Smile Tiger

Café

Smile Tiger Coffee is built on the balance of bold and delicate, the tiger and the dove. Their expert team roasts in-house, sourcing ethically grown beans to highlight each coffee's unique profile.

iqfoodco.com

Size: 1.000 - 2.500 SF

Type: Easy access for curb-side pickup and delivery. High exposure and visibility

Area: All of the Greater Toronto Area and Ontario

Sari Samarah

- 416.269.6747 x 101
- sari.samarah@valueinsightrealty.com

Daniel Kershen

- 416.269.6747 x 102
- daniel.kershen@valueinsightrealty.com

Joseph Cesario

- 416.269.6747 x 104
- jcre416@gmail.com



SmileTiger

Sundays Pasta Lab

Restaurant

Sundays Pasta Lab is inspired by the flavours of childhood meals and the beauty of elevated simplicity. Crafting fresh pasta daily, using high-quality ingredients to create wholesome, delicious meals, that are accessible to everyone, at affordable prices.

sundayspastalab.ca

Size: 800 - 1.500 SF

Type: Shopping centers, retail, streetfronts, new build, universities and mixed-use projects

Area: Toronto, Mississauga, Markham and all of GTA

Sari Samarah

- 416.269.6747 x 101
- sari.samarah@valueinsightrealty.com



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TENANT **REQUIREMENTS**

TENANT **REPRESENTATIVE**



SuzyQ Doughnuts

Café

SuzyQ Doughnuts, born in 2012 in Hintonburg, has grown from a humble shack to a beloved Ottawa staple. Known for their creative twists on traditional Finnish doughnuts and nearly perfect vegan options, SuzyQ now serves three locations.

suzyq.ca

Size: 1,200 - 2,000 SF

Type: Urban streetfront &

mixed use

Area: Ossington, Entertainment District, Leslieville, Beaches

and Yorkville

Eli Vladimirsky

416.269.6747 x 105

eli.vladimirsky@valueinsightrealty.com



Tabule

Restaurant

Established in 2005, the Tabule family of restaurants, starting with the first Tabule in Midtown, has become a premier Middle Eastern dining destination in Toronto, with four venues maintaining a strong commitment to quality.

tabule.ca

Size: 1,800 - 2,500 SF

Type: Street locations, strip centres and shopping centres

Area: Downtown Toronto West, Etobicoke, Oakville, Burlington,

South Mississauga

Sari Samarah

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Daniel Kershen

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daniel.kershen@valueinsightrealty.com



Thairoomgrand

Restaurant

Thairoomgrand is the newest addition to the ThaiRoom family of restaurants. Experience authentic Thai and Malaysian cuisine.

Size: 1,500 - 3,000 SF

Type: Shopping centres, mixed use projects, urban streetfronts

Area: Greater Toronto Area

Joseph Cesario

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Sari Samarah

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thairoomgrand.com



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TENANT REQUIREMENTS

TENANT **REPRESENTATIVE**



The Fourth Man in the Fire

Restaurant

The Fourth Man in the Fire is a classical American-style pizzeria founded by Shant Mardirosian, the original owner of the biblical burger chain The Burger's Priest.

thefourthmaninthefirepizzeria.com

Size: 800 - 2,500 SF

Type: Shopping centres, enclosed malls, entertainment centres, urban streetfronts, mixed use projects

Area: Toronto, Mississauga and

Etobicoke

Sari Samarah

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sari.samarah@valueinsightrealty.com

Via Cibo

Restaurant

Via Cibo is a casual eatery offering authentic Italian food, using authentic traditional ingredients, and who are devoted to the passion and quality of Italy.

Size: 1,500 - 2,000 SF

Type: Street locations, shopping centres and strip centers

Area: Vaughan, Niagara Falls, North GTA and Ontario

Joseph Cesario

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jcre416@gmail.com

Sari Samarah

416,269,6747 x 101

sari.samarah@valueinsightrealty.com

viacibo.com

Wingstop

Restaurant

Wingstop began as a buffalo-style chicken wing restaurant. Today with 1,500 restaurants across the globe, they are one of the fastest-growing concepts in North America, attracting entrepreneurs and operators with the passion to own their own business.

wingstop.com

Size: 1.800 - 3.500 SF

Type: Easy access for curbside pickup and delivery. High exposure and visibility.

Area: Ontario (Ottawa)

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Eli Vladimirsky

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TENANT **REQUIREMENTS**

TENANT **REPRESENTATIVE**



HAPPYBELI

Yolks

Restaurant

Yolk's Breakfast, born as a 2012 food truck, now a Vancouver staple, offers street-friendly breakfasts with local, organic ingredients, renowned hollandaise, and house-made Dijon, blending fine dining with sustainability.

volks.ca

Size: 2,000 - 3,000 SF

Type: Street locations, strip centres and shopping centres

Area: Downtown Toronto & GTA

Sari Samarah

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Happy Belly Food Group

Restaurant

Helping food brands grow by providing them with resources, strategic support, experience, relationships, and capital to achieve their goals. They specialize in building emerging brands and offer high-level engagement to capture value and develop growth blueprints.

happybellyfg.com

Size: Individual Concepts:

600 - 5,000 SF

Type: Street locations, strip centres and shopping centres

Area: Toronto, GTA and Ontario

Sari Samarah

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jcre416@gmail.com



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TENANT REQUIREMENTS

TENANT REPRESENTATIVE



(f) CLUB SŪDŌ

Aren't We Naughty

Retail

Aren't We Naughty is a proud Canadian owned and operated adult toys and novelties company. The company was founded in 1983 and opened its first store in Brampton. Ontario.

arentwenaughty.com

Size: 2,000 - 4,000 SF

Type: Shopping centres, storefront, endcap, freestanding

Area: North York, Richmond Hill, Vaughan, Kingston, Oakville, Burlington, Markham, Scarborough, Newmarket, Aurora, Bradford, Collingwood, Peterborough, GTA, and Ontario

Sari Samarah

416.269.6747 x 101

sari.samarah@valueinsightrealty.com

Club Sudo

Fitness / Wellness

Blending pilates, contrast therapy and holistic recovery for strength, relaxation and connection. Expert-led sessions, sauna, cold plunge, lounge and nutrient-packed refreshments designed to restore, energize, and elevate your wellness journey.

clubsudo.com

Size: 4,500 - 6,000 SF

Type: Urban streetfront, grocery-anchored plazas, mixed use, freestanding

Area: Markham, Vaughan, Richmond Hill, North York, Midtown, Toronto, Oakville

Eli Vladimirsky

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eli.vladimirsky@valueinsightrealty.com

Sari Samarah

416.269.6747 x 101

sari.samarah@valueinsightrealty.com

Code Ninjas

Educational / Entertainment

Code Ninjas® is the world's largest and fastest-growing kids coding franchise, with hundreds of locations in the US, Canada, and the UK. Kids learn to code while building their own video games.

Size: 1,800 - 2,600 SF Type: Retail, office

Area: Etobicoke, Ajax &

Brampton East

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Daniel Kershen

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codeninjas.com



TENANT **REQUIREMENTS**

TENANT **REPRESENTATIVE**



Color Factory

Interactive Store / Exhibit

Color Factory is a collaborative interactive exhibit that debuted in San Francisco in 2017. Color Factory collaborates with a talented roster of artists, illustrators. designers and makers, local food vendors and non-profits.

colorfactory.co

Size: 10,000 - 20,000 SF

Type: Shopping centres, urban streetfronts, mixed use projects

Area: Downtown Toronto, Ontario

Sari Samarah

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sari.samarah@valueinsightrealty.com



Eyecademy

Eye-care Clinic

Provides complete eye care services, including comprehensive eye exams, contact lenses or eye frame fitting, ocular emergencies, vision therapy and more.

eyecademy.ca

Size: 1,200 - 2,500 SF

Type: Shopping centres, urban streetfronts, mixed use projects

Area: Richmond Hill, King City. Vaughan, North York, Aurora, Newmarket. East Gwillimburv. Uxbridge, Stouffville, Milton

Sari Samarah

416.269.6747 x 101

sari.samarah@valueinsightrealty.com

Fit Factory Fitness

Services

Fit Factory, Toronto's top-rated fitness studio, offers a unique blend of HIIT, strength, and military-style training in a motivating and welcoming environment. Their mission is to transform lives by making fitness fun and engaging for all.

fitfactoryfitness.com

Size: 3.500 - 5.000 SF

Type: Streetfront, base of a

residential/office

Area: Entertainment District.

Downtown Toronto

Eli Vladimirsky

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eli.vladimirsky@valueinsightrealty.com





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TENANT **REQUIREMENTS**

TENANT REPRESENTATIVE



Foundation Physiotherapy

Services

Foundation Physiotherapy brings to Toronto what no other clinic in the city provides – a modern and cutting edge facility that redefines the patient-therapist relationship.

foundationphysio.com

Size: 1,200 - 2,000 SF

Type: Leaside, Eglinton to Moore Avenue, Leslie to Bayview

Area: Greater Toronto Area

Eli Vladimirsky

416.269.6747 x 105

eli.vladimirsky@valueinsightrealty.com



Healthy 2 Planet

Funvilla

Service / Restaurant

Funvilla offers a dynamic birthday party experience with activities like jumping castles, a ninja course, and more. They have four locations and plan further expansion across Toronto and the GTA. Enjoy their fully stocked café with healthy food options.

funvilla.ca

Size: 14,000 - 25,000 SF

Type: Abundant parking and high ceiling required. High exposure and visibility.

Area: Markham, Vaughan, Richmond Hill, Brantford, Ajax, Mississauga, London, St. Catharines, Cambridge, Kitchener

Joseph Cesario

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Sari Samarah

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Dedicated to empowering healthier lives and promoting a sustainable future. Since 1995, as a small kiosk in Toronto, Healthy Planet has grown to be a trusted name in health and wellness across Canada.

Area: Ontario

mixed use, suburban plazas, freestanding

Size: 8.000 - 15.000 SF

Type: Urban streetfront.

Eli Vladimirsky

416.269.6747 x 105

eli.vladimirsky@valueinsightrealty.com

healthyplanetcanada.com



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TENANT REQUIREMENTS

TENANT **REPRESENTATIVE**



Indian Frootland

Supermarket

With over 4,000 products (and growing) from over 350 brands, Indian Frootland offers incomparable selection at the lowest possible prices.

Size: 5,000 - 20,000 SF

Type: Shopping centres, mixed use projects

Area: Ontario

Sari Samarah

416.269.6747 x 101

sari.samarah@valueinsightrealty.com

indianfrootland.com

Integrate Physiotherapy and Rehab



Services

Providing personalized, evidence-based care through expert therapists specializing in physiotherapy, massage therapy, acupuncture, osteopathy, and orthotics, ensuring effective treatment, exceptional service, and optimal health outcomes.

integratephysiotherapy.ca

Size: 1,200 - 2,000 SF

Type: Streetfront, mixed-use, grocery anchored plaza

Area: Markham

(30-40 minute radius)

Eli Vladimirsky

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eli.vladimirsky@valueinsightrealty.com

Knick Knack Paddywhack



In 2017, Knick Knack Paddywhack started in Riverdale, inspired by their pets, promoting pet happiness through curated Canadian and North American products. They've expanded to three locations.

Size: 1.400 - 2.000 SF

Type: Urban streetfront, mixed

use and condo

Area: Downtown Toronto

Eli Vladimirsky

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knickknackpaddywhack.ca



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TENANT **REQUIREMENTS**

TENANT **REPRESENTATIVE**



Lifemark Physiotherapy

Services

Lifemark is Canada's largest physiotherapy company, passionate about enriching the health of Canadians through movement, pain reduction and increased mobility.

lifemark.ca

Size: 2,000 - 6,000 SF

Type: Grocery anchored sites. High exposure and visibility.

Area: Guelph and South Barrie

Sari Samarah

416.269.6747 x 101

sari.samarah@valueinsightrealty.com

Daniel Kershen

416.269.6747 x 102

daniel.kershen@valueinsightrealty.com



Little Dribblers

Service Retail

Little Dribblers is the world's first and only children's basketball facility designed specifically for the unique needs of miniplayers ages 18 months to 7 years old with an educational spin!

littledribblers.ca

Size: 1,200 - 3,000 SF

Type: Retail, shopping centres, mixed use projects

Area: Ottawa, Toronto East End, Pickering, Peterborough, Prince Edward County, Ajax, Kingston, Niagara, St Catherine's, Milton, Branford, Kitchener, Guelph

Caitlyn Price

416.276.8279

caitlyn.price@valueinsightrealty.com

Logixx Security

Services

Logixx is a full-service security solutions provider that operates nationally across Canada specializing in protecting multisite organizations. Size: 5,000 - 20,000 SF

Type: Office space

Area: Ontario

Caitlyn Price

416,276,8279

caitlyn.price@valueinsightrealty.com



logixxsecurity.ca



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TENANT REQUIREMENTS

TENANT **REPRESENTATIVE**



ON the RUN

Retail

ON the RUN is Parkland Corporation's top convenience store brand, catering to busy customers. With 300 locations in Canada, they aim to reach 1,000 by 2024, offering industry-leading product selection and strategic partnerships.

ontherunstores.com

Size: 2,500 - 4,000 SF

Type: Urban streetfront, new or existing retail

Area: City of Toronto

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Pawz Up Play

Retail

Pawz Up Play's mission is to be Canada's most trusted and beloved dog daycare chain, where every dog is treated like family and every owner feels confident that their pet is safe, happy, and thriving in a welcoming environment.

pawznplay.ca

Size: 2,500 - 3,500 SF

Type: Shopping centres, retail plaza, urban streetfront

Area: Hamilton, Stoney Creek, Ancaster, Oakville, Mississauga, Brantford, Milton, Kitchener,

Guelph

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Rad Power Bikes



Retail

As North America's largest electric bike brand, Rad Power Bikes are actively changing the way people and goods move. Rad's extraordinary vision is a world where transportation is energy-efficient, enjoyable, and accessible to all.

radpowerbikes.ca

Size: 7,000 - 12,000 SF

Type: Retail and or quasiindustrial high traffic and destination locations

Area: Toronto, Greater Toronto

Area and Ontario

Sari Samarah

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sari.samarah@valueinsightrealty.com



7!

TENANT **REQUIREMENTS**

TENANT **REPRESENTATIVE**



Rockwood Kitchens

Services

Rockwood Kitchens has been turning dream kitchens into reality since 2010. With 10 locations and a dedicated team, they make the process stress-free and affordable.

Size: 1,000 - 1,500 SF

Type: Grocery anchored plazas, exterior pads, mall pads, urban streetfront. mixed-use

Area: Ontario, GTA

Eli Vladimirsky

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eli.vladimirsky@valueinsightrealty.com

rockwoodkitchens.ca



Tint World

Services

Tint World® is a US-based Premier Auto Styling & Window Tinting Franchise with 80+ locations in four countries. Since 1982 Tint World® has provided high-quality window tinting and vehicle accessories.

tintworld.com

Size: 3,500 - 7,000 SF

Type: Retail, industrial

Primary areas: Scarborough, Vaughan

Secondary areas: Ontario, GTA

Requirements: Drive-in door

(at least 1)

No oil changes or fluid transfers done

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Van Houtte



Retail

Van Houtte Coffee Services brings over 100 years of coffee expertise to businesses across Canada. With a national presence and local roots, they provide top-tier coffee solutions, innovative brewing systems, and exceptional service.

vhcoffeeservices.com

Size: 800 - 2,500 SF

Type: Streetfront retail

Area: Downtown Toronto, West End (Etobicoke, Mimico, etc.)

Caitlyn Price

416.276.8279

caitlyn.price@valueinsightrealty.com



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TENANT **REQUIREMENTS**

TENANT **REPRESENTATIVE**



Vie Salon

Nail & Beauty Salon

Vie is a premier salon in downtown Toronto. Conveniently located on the second floor Terrace at The Well, a vibrant live-work-shop-play community near the waterfront and entertainment districts.

viesalon.com

Size: 1,200 - 2,500 SF

Type: Streetfront, plaza, mixed use, condo, new development communities

Area: TorToronto (Yorkville,

Rosedale, Summerhill, Bloor West Village, Downtown Toronto) and GTA

Caitlyn Price

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caitlyn.price@valueinsightrealty.com

Wellwise



Retail

Wellwise is a national chain servicing the needs of aging Canadians and the objective of helping Canadians take control of how they age, stay longer in the home they love, and provide them with the help they need to make the most of every day.

www.shop.wellwise.ca

Size: 6,000 - 8,000 SF

Type: Grocery anchored sites. High exposure and visibility.

Area: Windsor

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West End Mobile



Veterinarian

West End Mobile Vet is providing integrative medicine and rehabilitation services for your pet in the comfort of your own home. Combining the best of conventional treatment with alternative and complementary therapies.

westendmobilevet.com

Size: 1,000 - 1,500 SF

Type: Commercial retail

Area: Downtown Toronto, Leslieville, Riverdale, Danforth, Junction and Leaside preferred.

Caitlyn Price

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From start-ups to international brands

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