

#OnlyYams Live

6-Week Challenge — Terms and Conditions

Effective Date: May 11, 2026 | Governed by the laws of the State of California

By completing your purchase or participating in the #OnlyYams Live 6-Week Challenge, you agree to be bound by these terms.

1. Eligibility

Participation is open to legal residents of the United States who are at least 18 years of age. A valid purchase through the #OnlyYams Live website is required to participate. Existing 1:1 coaching clients are automatically enrolled at no additional cost and are subject to these same terms.

2. No Refunds

All purchases are final. We do not offer refunds, exchanges, or credits for any reason, including change of mind, inability to participate, dissatisfaction with program content, or technical issues outside of our control.

3. Prize

Three (3) winners will be invited to attend the #OnlyYams Live summer glute camp in Charlotte, North Carolina on June 20, 2026, with travel and hotel covered. The following conditions apply:

1. Travel and hotel are subject to reasonable limitations determined at our sole discretion and will be coordinated and booked directly by #OnlyYams Live Coaching. No cash equivalent will be provided.
2. Winners must be available on June 20, 2026. No alternative dates will be offered.
3. If a winner is unable to attend or declines, the prize will be awarded to the next eligible runner-up.
4. The prize is non-transferable and has no cash value.
5. Winners are responsible for any personal expenses not expressly covered.

4. Winner Selection

This Challenge is a skill-based contest. It is not a sweepstakes, lottery, or game of chance. The prize is awarded solely based on participant performance. Three (3) winners will be selected based on a combination of check-in consistency, measurable progress, and community participation, weighted at our sole discretion. Winner decisions are final and not subject to appeal.

5. Media and Content Rights

By participating, you grant #OnlyYams Live Coaching a non-exclusive, royalty-free, worldwide, perpetual license to use, reproduce, display, and distribute any content you submit during the Challenge — including progress photos, testimonials, and community contributions — for marketing and promotional purposes. You retain ownership of your content but waive any right to compensation or approval for its use. This includes content captured at the live finale event on June 20, 2026. Winners attending in person are subject to a separate media release provided upon notification of winning.

6. Health Disclaimer

By participating, you represent that you are in adequate physical health to engage in a fitness program. Consult a physician before beginning. #OnlyYams Live Coaching is not responsible for any injury or health issue arising from participation.

7. Governing Law

These Terms and Conditions are governed by the laws of the State of California. Any disputes shall be subject to the exclusive jurisdiction of the courts located in the State of California.