



# Would you like to build a better relationship with your horse and yourself?

## Two-day Transition Forward Workshop

Together Scott and Lindee McNaughton with Kylie Peters (Psychologist) have developed a program working with horses as a way of learning about yourself

Horses are key to helping us learn about relationships. Working with your horse is a powerful way to understand these dynamics.

Through these two days we will be working through this three-step process

1. Understanding how our horses may think and feel
2. Gaining insight into how we may think and feel
3. Putting the two together to build a stronger relationship.

By learning these steps not only will we be able to work on our relationship with our horse but also our relationship with ourselves and others in our lives.

The program is a combination of learning groundwork, time with your horse and group personal development.

This workshop is designed for you and your horse to work at your own pace.

**Limited spots: 10 – 12 horse positions**

Due to the nature of this workshop there is space for participants to attend without a horse and still be fully involved in the workshop

**Looking forward to you joining us,  
Scott, Lindee and Kylie**



August 23 - 24 2025  
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