



July Off Ice Skills Camp Info

Price: \$175

Dates & Duration: July 7th–16th (Mon & Wed; Four 60 -min sessions)

Day 1 - Monday, July 7th

Day 2- Wednesday, July 9th

Day 3 - Monday, July 14th

Day 4 - Wednesday, July 16th

All sessions will run between 4:00 - 9:00pm

Exact times by group will be sent out prior to camp! Well in advance!

Registration Deadline: Jun 30

Location: Chetwynd Rec Centre Arena Pad

What You'll Need

- Athletic clothing & footwear suitable for rapid movement
- Hockey Helmet, Gloves, and Stick. All participants must wear a helmet and have proper shoes, running shoes are preferred, open toe shoes are not allowed.
- Water Bottle

Camp Structure & Details

Twice-weekly small-group clinic to sharpen shooting & puck-handling in the off-season. We will progress the drills as we move through the two weeks, slowly introducing more advanced techniques and drills.

Age groups

Players will be divided into age groups. Age divided into groups between the ages of 8 and 18. The age groups are 8-10, 11-12, 13-14, and 15-18.

The lowest age for registration is 8 and the oldest is 18.

Focus Areas

1. Scoring & varied shooting techniques
2. Stick handling and puck control
3. Scoring Mechanics

Additional Notes

Limited spots per age group—registration will close once full.

All camp rules apply (gear, behavior, liability waiver, no bullying, media release, refund policy).

Players will use the stands to put on helmets and gloves.

All camp updates will be posted to the @Peakhockey facebook page, so make sure to follow the page to stay up to date with any camp developments. You will also be emailed and or texted about any changes.

If you have any further questions please reach out to me or check the @PeakHockey Facebook page!