



SLEEP HEALTH SCREENING

Reclaim Your Energy

Noticing signs of obstructive sleep apnoea — a condition that often goes undiagnosed?



Snoring loudly



Waking up
frequently at night



Constantly tired

Take the first step towards better sleep, more energy and improved well-being with a home sleep study - a convenient way to assess your sleep in the comfort of your own home. Using a portable device with gentle sensors placed on your body, the study monitors your sleep quality and key physiological activities during sleep.

HOME SLEEP STUDY – LEVEL 2 PACKAGE[#]

\$2,060 NETT*

PACKAGE INCLUDES:

- **Level 2 Home Sleep Study**
 - Blood oxygen level
 - Body position
 - Brain waves
 - Breathing patterns
 - Heart rate
 - Eye movements
 - Leg and body movements
- **Pre-assessment consultation with Ear, Nose and Throat (ENT) Specialist**



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Scan Here For Priority
Appointment with Our
ENT Specialists

