

## Free Health Screenings & Care Navigation at The ManKave Summit

### Know Your Numbers. Know Your Options.

At The ManKave Summit, we want to help you take the next step toward better health.

**Some services are free for everyone.** Other services are available for people who qualify based on insurance status and eligibility requirements.

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### **FREE FOR ALL ATTENDEES**

**Everyone** at the event can receive:

- Blood pressure screening
- Height measurement
- Weight measurement
- BMI (Body Mass Index) check

These screenings are available at no cost during the event.

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### **FREE COLON CANCER SCREENING SUPPORT**

#### **For Uninsured or Under-Insured Adults Ages 45–75**

The New York State Cancer Services Program (CSP) may provide **free colorectal cancer screening services for eligible community members.**

This program is funded by New York State and the federal government.

**You may qualify if:**

- You are between ages 45–75  
AND
- You do not have health insurance  
OR
- You are under-insured and cannot afford screening or follow-up care

**Important Information:**

- Not everyone will qualify
- A screening assessment must be completed first
- Eligibility will be determined before enrollment
- Eligible participants will complete a packet of intake forms during the event

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## IF YOU HAVE HEALTH INSURANCE

If you already have health insurance, you may still receive colon cancer screening using your insurance coverage.

If you do not currently have a Primary Care Provider (PCP), our team can help connect you to:

- Family Medicine providers
- Internal Medicine providers

Appointments for follow-up care can be scheduled after the event.

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## IF YOU DO NOT HAVE HEALTH INSURANCE

The Brooklyn Free Clinic will be available on-site to help uninsured and under-insured community members connect to care.

Eligible attendees may register for:

- A free annual physical appointment
- Follow-up primary care services

### Brooklyn Free Clinic Hours:

- Wednesdays
- 5:00 PM – 7:00 PM
- SUNY Downstate — Suite A

Clinic representatives will help eligible attendees schedule appointments during the Summit.

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## CHOOSE HEALTHY LIFE PROGRAM

### Free Community Lab Screening Opportunities

The Summit will also feature information and registration support through the **Choose Healthy Life program**.

**Choose Healthy Life** is a community health program that **partners with churches and community organizations** to help improve health access in Black and underserved communities. The program works together with Quest Diagnostics to provide screening opportunities and connect community members to care.

Several churches across New York City participate in this program.

### How It Works:

Eligible community members may:

- Register during the event
- Receive information about available lab screenings
- Be connected to participating church-based health programs
- Be guided through next steps for follow-up care if needed

**The Goal of the Program:**

- Increase early detection of disease
- Improve access to preventive care
- Help uninsured and underserved community members receive important health screenings
- Connect people to long-term healthcare support

Our clinical and community health teams will help guide attendees through the process and answer questions during the event.

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**WHY THIS MATTERS**

**Colon cancer is one of the most preventable cancers when found early.**

Many serious health problems can be prevented or treated early when people are connected to care. Public health programs and community partnerships help improve access, prevention, and long-term wellness.

The ManKave Summit is designed to help community members:

- Learn about their health
- Access screenings and resources
- Connect to doctors and clinics
- Receive guidance and care navigation
- Take the next step toward better health

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**Questions?**

Please visit the Screening & Registration Area during the event to speak with a member of our clinical or care navigation team.