

## V&Me Spring Menu

Older school children: Mon → Fri // Lunch, Side, Dessert

V&Me does not handle Nuts or Sesame in our kitchen(s), or include them in our recipes. However, we cannot guarantee that for our suppliers, so food may contain these allergens. V&Me handles all other 11 allergens in our kitchen(s), and there is a potential risk of cross-contamination. In accepting V&Me deliveries, I confirm that I agree to the terms and conditions of sale on the V&Me website and acknowledge the aforementioned risks.

Please contact V&Me directly to discuss any other dietary requirements or allergies.

V&Me reserves the right to make suitable replacement to the menu without prior notice.

	13/4/2026	14/4/2026	15/4/2026	16/4/2026	17/4/2026
<b>13-Apr</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Lunch</b>	Beef burgers with brioche buns, potato salad & coleslaw	Teriyaki baked salmon with roasted new potatoes & broccoli	Chicken schnitzel with balkan sauce & roasted potatoes	Baked seabass with jollof rice & corn on the cob	Piri Piri Chicken with tomato pasta
<b>Side</b>		Roasted broccoli	Mixed peppers	Corn on the cob	Creamed cabbage
<b>Dessert</b>	Apricot & blueberry yoghurt pots	Fruit salad	Carrot bites	Banana & spelt flour loaf	Pear crumble
	20/04/2026	21/4/2026	22/4/2026	23/4/2026	24/4/2026
<b>20-Apr</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Lunch</b>	Slow cooked whole wheat pasta Bolognese with a vegetable medley	Chicken bun with potato salad & coleslaw	Spring lamb with peas & roasted potato	Cuban mojo chicken with black beans, rice & sweetcorn	Chicken Korma with mixed peppers
<b>Side</b>	Roasted vegetable medley		Garden peas	Sweetcorn	Mixed peppers
<b>Dessert</b>	Housemade vanilla custard	Apple crumble	Blueberry & buckwheat muffins	Cocoa loaf	Apricot and blueberry yoghurt pots
	27/04/2026	28/4/2026	29/4/2026	30/4/2026	1/5/2026
<b>27-Apr</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Lunch</b>	Chicken schnitzel with balkan sauce & roasted potatoes	Baked seabass with jollof rice & corn on the cob	Piri Piri Chicken with tomato pasta	Slow cooked whole wheat beef lasagne with rosemary & thyme roasted carrots	Beef burgers with brioche buns, potato salad & coleslaw
<b>Side</b>	Mixed peppers	Corn on the cob	Creamed cabbage	Rosemary & thyme roasted carrots	
<b>Dessert</b>	Carrot bites	Banana & spelt flour loaf	Pear crumble	Vanilla rice pudding	Apricot & blueberry yoghurt pots

	04/05/2026	5/5/2026	6/5/2026	7/5/2026	8/5/2026
<b>4-May</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Lunch</b>	Spring lamb with peas & roasted potato	Cuban mojo chicken with black beans, rice & sweetcorn	Chicken Korma with mixed peppers	Chicken stroganoff with mashed potato	Slow cooked whole wheat pasta Bolognese with a vegetable medley
<b>Side</b>	Garden peas	Sweetcorn	Mixed peppers	Cauliflower & spinach	Roasted vegetable medley
<b>Dessert</b>	Blueberry & buckwheat muffins	Cocoa loaf	Apricot and blueberry yoghurt pots	Fresh fruit salad	Housemade vanilla custard
	11/05/2026	12/5/2026	13/5/2026	14/5/2026	15/5/2026
<b>11-May</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Lunch</b>	Piri Piri Chicken with tomato pasta	Slow cooked whole wheat beef lasagne with rosemary & thyme roasted carrots	Beef burgers with brioche buns, potato salad & coleslaw	Teriyaki baked salmon with roasted new potatoes & broccoli	Chicken schnitzel with balkan sauce & roasted potatoes
<b>Side</b>	Creamed cabbage	Rosemary & thyme roasted carrots	Steamed spring greens	Roasted broccoli	mixed peppers
<b>Dessert</b>	Pear crumble	Vanilla rice pudding	Apricot & blueberry yoghurt pots	Fruit salad	Carrot bites
	18/05/2026	19/5/2026	20/5/2026	21/5/2026	22/5/2026
<b>18-May</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Lunch</b>	Cuban mojo chicken with black beans, rice & sweetcorn	Chicken Korma with mixed peppers	Chicken stroganoff with mashed potato	Slow cooked whole wheat pasta Bolognese with a vegetable medley	Chicken bun with potato salad & coleslaw
<b>Side</b>	Sweetcorn	Mixed peppers	Cauliflower & spinach	Roasted vegetable medley	Hispi cabbage
<b>Dessert</b>	Cocoa loaf	Apricot and blueberry yoghurt pots	Fresh fruit salad	Housemade vanilla custard	Apple crumble