



SHI MIAO HAI SHAOLIN KUNG FU MASTER

JOIN KUNG FU TRAINING CAMP
LEARN WITH A SHAOLIN MASTER
INCREASE POWER AND SKILLS

ALL INCLUSIVE

- ✓ 3 trainings per day
- ✓ 3 meals per day
- ✓ bed & bathroom

FULL IMMERSIVE



China - Zhengzhou
Dengfeng Shaolin District

Disciplines - barehanded
weapon - combat - qigong

shimiaohai.com





WHAT YOU DO

PRACTICE KUNG FU DISCIPLINES

barehanded & weapon taolu - sanda

boxing - shaolin qinna - qigong

taiji quan - meditation

FROM MONDAY TO SATURDAY

wednesday & saturday afternoon + sunday free



Training 1 — 6-7am

Training 2 — 9-11am

Training 3 — 2:30-5pm

FROM MONDAY TO SUNDAY



Breakfast — 7am

Lunch — 11am

Dinner — 5pm





WHERE YOU STAY

PEACEFUL ENVIRONMENT

Clean accomodations in modern residence, surrounded by nature, where you can enjoy calm and serenity.

SHARED ROOM & BATHROOM*

Shared rooms with bunk beds, chinese style mattress, pillow & blanket. Convertible air conditioning. WC, shower, sink...

**Separated room & bathroom for females*

OTHER SERVICES



washing
machine



snack
shop

15 MIN

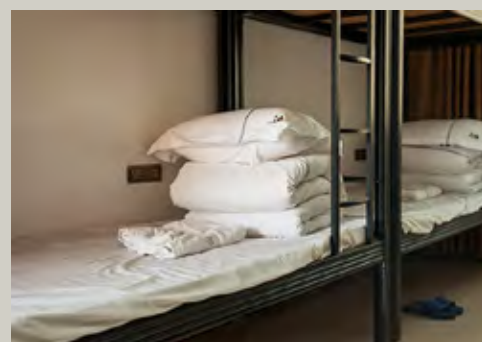
to the city
~8€ taxi RT



wifi & RJ45
connexion



coworking
reading area



PRICE PER WEEK

| | | | | | |
|---------|----------|----------|----------|----------|----------|
| 1 week | 3 500 ¥ | 9 weeks | 17 500 ¥ | 17 weeks | 29 500 ¥ |
| 2 weeks | 5 500 ¥ | 10 weeks | 19 000 ¥ | 18 weeks | 31 000 ¥ |
| 3 weeks | 7 500 ¥ | 11 weeks | 20 500 ¥ | 19 weeks | 32 500 ¥ |
| 4 weeks | 8 500 ¥ | 12 weeks | 22 000 ¥ | 20 weeks | 34 000 ¥ |
| 5 weeks | 10 500 ¥ | 13 weeks | 23 500 ¥ | 21 weeks | 35 500 ¥ |
| 6 weeks | 12 500 ¥ | 14 weeks | 25 000 ¥ | 22 weeks | 37 000 ¥ |
| 7 weeks | 14 500 ¥ | 15 weeks | 26 500 ¥ | 23 weeks | 38 500 ¥ |
| 8 weeks | 16 000 ¥ | 16 weeks | 28 000 ¥ | 24 weeks | 40 000 ¥ |

*all prices are in Chinese Yuan (RMB)

PRICE INCLUDES

Three daily Kung-Fu classes,
breakfast, lunch and dinner,
accommodation, certificate of
participation upon request,
government taxes...

PRICE DOES NOT INCLUDE

Plain/train tickets, transfers,
Application/Visa fees

APPLICATION FEES

New students: 400CNY
Visa documents: prices vary

PAYMENT

Registration in advance, the rest in China.
AliPay, WeChat or Cash on site.



STEP 1

ASK AVAILABILITIES

Send us an email (check application form PDF) with your questions and preferred dates.

BOOK FLIGHT

Once we respond to all your questions and we found the best period for you, book your flight.

STEP 2

STEP 3

FILL THE APPLICATION FORM

Fill the [application form](#) PDF* with your valid informations, then save it and send it to the email adress printed on the top of the PDF.

CHECK FORMALITIES (VISA)

14 nights trip VISA exemption ! (check application form)

If you plan to stay more than a month, you need VISA X2 (maximum 180 days), so we will issue an Invitation Letter & Accomodation Certificate.

STEP 4

