



SHI MIAO HAI SHAOLIN KUNG FU MASTER

JOIN KUNG FU TRAINING CAMP
LEARN WITH A SHAOLIN MASTER
INCREASE POWER AND SKILLS

ALL INCLUSIVE

- ✓ 3 trainings per day
- ✓ 3 meals per day
- ✓ bed & bathroom

FULL IMMERSIVE



China - Zhengzhou
Dengfeng Shaolin District

Disciplines - barehanded
weapon - combat - qigong



shimiaohai.com



WHAT YOU DO

PRACTICE KUNG FU DISCIPLINES

barehanded & weapon taolu - sanda
boxing - shaolin qinna - qigong
taiji quan - meditation

FROM MONDAY TO SATURDAY

wednesday & saturday afternoon + sunday free



Training 1 ————— 6-7am

Training 2 ————— 9-11am

Training 3 ————— 2:30-5pm

FROM MONDAY TO SUNDAY



Breakfast ————— 7am

Lunch ————— 11am

Dinner ————— 5pm



WHERE YOU STAY

PEACEFUL ENVIRONMENT

Clean accomodations in modern residence, surrounded by nature, where you can enjoy calm and serenity.



SHARED ROOM & BATHROOM*

Shared rooms with bunk beds, chinese style mattress, pillow & blanket. Convertible air conditioning. WC, shower, sink...



**Separated room & bathroom for females*



OTHER SERVICES



washing
machine



snack
shop

15 MIN
to the city
~8€ taxi RT



wifi & RJ45
connexion



coworking
reading area

PRICE PER WEEK

1 week	3 500 ¥	9 weeks	17 500 ¥	17 weeks	29 500 ¥
2 weeks	5 500 ¥	10 weeks	19 000 ¥	18 weeks	31 000 ¥
3 weeks	7 500 ¥	11 weeks	20 500 ¥	19 weeks	32 500 ¥
4 weeks	8 500 ¥	12 weeks	22 000 ¥	20 weeks	34 000 ¥
5 weeks	10 500 ¥	13 weeks	23 500 ¥	21 weeks	35 500 ¥
6 weeks	12 500 ¥	14 weeks	25 000 ¥	22 weeks	37 000 ¥
7 weeks	14 500 ¥	15 weeks	26 500 ¥	23 weeks	38 500 ¥
8 weeks	16 000 ¥	16 weeks	28 000 ¥	24 weeks	40 000 ¥

*all prices are in Chinese Yuan (RMB)

PRICE INCLUDES

Three daily Kung-Fu classes, breakfast, lunch and dinner, accommodation, certificate of participation upon request, government taxes...

PRICE DOES NOT INCLUDE

Plain/train tickets, transfers, Application/Visa fees

APPLICATION FEES

New students: 400CNY

Visa documents: prices vary

PAYMENT

Registration in advance, the rest in China.
AliPay, WeChat or Cash on site.



STEP 1

ASK AVAILABILITIES

Send us an email (check application form PDF) with your questions and preferred dates.

STEP 2

BOOK FLIGHT

Once we respond to all your questions and we found the best period for you, book your flight.

STEP 3

FILL THE APPLICATION FORM

Fill the [application form](#) PDF* with your valid informations, then save it and send it to the email address printed on the top of the PDF.

STEP 4

CHECK FORMALITIES (VISA)

14 nights trip VISA exemption ! (check application form)

If you plan to stay more than a month, you need VISA X2 (maximum 180 days), so we will issue an Invitation Letter & Accommodation Certificate.