

SHI MIAO HAI SHAOLIN KUNG FU MASTER

JOIN KUNG FU TRAINING CAMP
LEARN WITH A SHAOLIN MASTER
INCREASE POWER AND SKILLS

ALL INCLUSIVE

- ✓ 3 trainings per day
- ✓ 3 meals per day
- ✓ bed & bathroom

FULL IMMERSIVE

📍 **China** - Zhengzhou

Dengfeng Shaolin District

Disciplines - barehanded
weapon - combat - qigong

shimiaohai.com





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WHAT YOU DO

PRACTICE KUNG FU DISCIPLINES

barehanded & weapon taolu - sanda
boxing - shaolin qinna - qigong
taiji quan - meditation

FROM MONDAY TO SATURDAY

wednesday & saturday afternoon + sunday free



Training 1 — 6-7am

Training 2 — 9-11am

Training 3 — 2:30-5pm

FROM MONDAY TO SUNDAY



Breakfast — 7am

Lunch — 11am

Dinner — 5pm





WHERE YOU STAY

PEACEFUL ENVIRONMENT

Clean accomodations in modern residence, surrounded by nature, where you can enjoy calm and serenity.

SHARED ROOM & BATHROOM*

Shared rooms with bunk beds, chinese style mattress, pillow & blanket. Convertible air conditioning. WC, shower, sink...

**Separated room & bathroom for females*

OTHER SERVICES



washing machine



snack shop

15 MIN

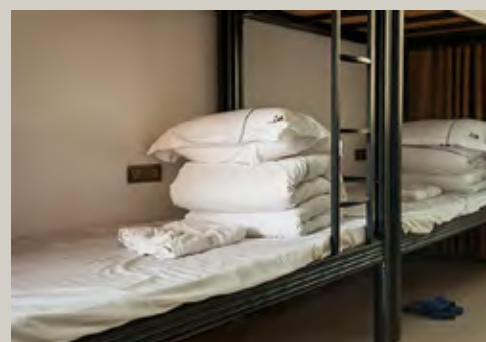
to the city
~8€ taxi RT



wifi & RJ45 connexion



coworking reading area



PRICE PER WEEK

1 week	5000 ¥	9 weeks	21000 ¥	17 weeks	37000 ¥
2 weeks	7000 ¥	10 weeks	23000 ¥	18 weeks	39000 ¥
3 weeks	9000 ¥	11 weeks	25000 ¥	19 weeks	41000 ¥
4 weeks	11000 ¥	12 weeks	27000 ¥	20 weeks	43000 ¥
5 weeks	13000 ¥	13 weeks	29000 ¥	21 weeks	45000 ¥
6 weeks	15000 ¥	14 weeks	31000 ¥	22 weeks	47000 ¥
7 weeks	17000 ¥	15 weeks	33000 ¥	23 weeks	49000 ¥
8 weeks	19000 ¥	16 weeks	35000 ¥	24 weeks	51000 ¥

*all prices are in Chinese Yuan (RMB)

PRICE INCLUDES

Three daily Kung-Fu classes,
breakfast, lunch and dinner,
accommodation, certificate of
participation upon request,
government taxes...

PRICE DOES NOT INCLUDE

Plain/train tickets, transfers,
Application/Visa fees

APPLICATION FEES 700CNY

New students: 700CNY

Visa documents:

PAYMENT

Registration in advance, the rest in China.
AliPay, WeChat or Cash on site.



STEP 1

ASK AVAILABILITIES

Send us an email (check application form PDF) with your questions and preferred dates.

BOOK FLIGHT

Once we respond to all your questions and we found the best period for you, book your flight.

STEP 2

STEP 3

FILL THE APPLICATION FORM

Fill the [application form](#) PDF* with your valid informations, then save it and send it to the email adress printed on the top of the PDF.

CHECK FORMALITIES (VISA)

14 nights trip VISA exemption ! (check application form)

If you plan to stay more than a month, you need VISA X2 (maximum 180 days), so we will issue an Invitation Letter & Accomodation Certificate.

STEP 4

