



Any questions: Sharon 214-239-7183. Menus subject to change.

HOT KOSHER MEALS — JULY 2025

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Orange Juice Onion Soup Eggplant Parmesan Yellow Squash Garlic Bread Biscotti	2 Orange Juice Waldorf Salad Halibut Couscous Spinach/Mushrooms Bread Fresh Fruit	3 Orange Juice Hamburger Lettuce/Tomato/Onion Fries Coleslaw/Pickle Bun Brownie	4 JCC CLOSED INDEPENDENCE DAY
7 Orange Juice Cuc/Tom/Onion Salad Beef Tacos Re-Fried Beans Guac/Mexican Rice Taco Shells Cinnamon/Sugar Cookie	8 Orange Juice Tomato Soup “Meat” Lasagna Broccoli Garlic Roll Blondie	9 Orange Juice Garden Salad Salmon Sweet Potato Mash Roasted Cauliflower Bread Fresh Fruit	10 Orange Juice Rueben Sandwich Coleslaw Chips Pickle Bread Peanut Butter Cookie	11 Orange Juice Matzo Ball Soup Salisbury Steak Mashed Potato Vegetable Medley Challah Orange Cake
14 Orange Juice Cucumber Salad Turkey Meatballs Ginger Garlic Pasta Green Beans Bread Brownie	15 Orange Juice Vegetable Soup Cheese/Spinach Enchilada Refried Beans Mexican Rice Tortilla Churro	16 Orange Juice Tomato Salad Tilapia Stir Fried Veggies Roast Potatoes Bread Fresh Fruit	17 Orange Juice Knockwurst Fries Coleslaw Pickle/Sauerkraut Bun Ginger Cookie	18 Orange Juice Matzo Ball Soup Chicken Cacciatore Risotto Zucchini Challah Chocolate Cake
21 Orange Juice Quinoa Salad Panko Chicken Roasted Sweet Potatoes Broccoli Bread Blueberry Pie	22 Orange Juice Bean Soup Salmon Alfredo Roasted Veggies Garlic Bread Choc/Chip Cookie	23 Orange Juice Israeli Salad Salmon Croquette Orzo Roasted Carrots Bread Watermelon	24 Orange Juice Chicken Salad Chips Lettuce/Tom/Onion Pickle Bread Apple Strudel	25 Orange Juice Matzo Ball Soup Beef Bourguignon New Potatoes Green Peas/Mushrooms Challah Mandelbrot
28 Orange Juice Corn Salad Bolognaise Spaghetti Roasted Cauliflower Garlic Bread Baked Apple	29 Orange Juice Bagel with Lox Cream Cheese Lettuce/Tom/Cucumber Onion Peach Cobbler	30 Orange Juice Quinoa Salad Halibut Orzo Mixed Veggies Bread Fresh Fruit	31 Orange Juice Tuna Salad Tom/Lettuce/Onion Pickle Chips Bread Muffin	

This program is for everyone, Age 60+. JCC membership is not required. Complete, nutritious lunch served daily in the Zale Auditorium for a suggested donation of \$4.00 (subsidized by the JCC and Dallas Area Agency on Aging).